

unleavened

FRESH KITCHEN

DIPS

Handcrafted in-house and served with
grilled flatbread, house chips, or raw veggies

HUMMUS 5.00

Chickpea Mash, Roasted Garlic,
Tahini, Lemon, Toasted Sumac

ROASTED EGGPLANT 5.50

Tahini, Lemon, Parsley, Capers,
Roasted Red Onion

SPICY AVOCADO 6.50

Avocado Mash, Roasted
Garlic, Yellowbird

HOUSE GUEST

Ask about our Seasonal Feature

WRAPS or GREENS

Served wrapped with your choice of
complement, or on a bed of greens

UNLEAVENED 11.25

Chicken Salad, Currants, Golden Raisins,
Celery, Chia, Leaf Lettuce, Shaved Carrot,
Garden Sprouts, Tomato, Ranch

CLUBHOUSE 11.75

House-Roasted Turkey, Pepper Bacon,
Leaf Lettuce, Garden Sprouts, Tomato,
Avocado Mash, Harissa Crema

SEASIDE 11.75

Skinny Tuna Salad, Arugula, Garden
Sprouts, Tomato, Pickled Onion, Shaved
Carrot, Avocado Mash, Green Goddess

DEEP SOUTH 11.75

Bourbon-Glazed Pulled Pork,
Chopped Horseradish Pickle, Shaved Kale,
Pickled Onion, Ranch

EPIC 11.75

Grilled Chicken, Arugula, Pico de
Gallo, Feta, Kalamata Olive, Cucumber
Dill, Balsamic Vinaigrette

HOUSE GUEST

Ask about our Seasonal Feature

COMPLEMENTS

Hot

HOPPIN' JUAN 4.00

Mexican Chorizo, Cotija,
Black-Eyed Peas, Shaved Kale

GRILLED SWEET CORN 4.00

Fresh-Shucked Corn,
Shallot, Harissa Crema, Lime,
Ancho, Cilantro, Cotija

CHIPS 2.50

DAILY HOUSE-MADE SOUP

Cup 4.00 | Bowl 6.00

HOUSE GUEST

Ask about our Seasonal Feature

Cold

FRESH FRUIT 4.00

Seasonal Selection

BROCCOLI SLAW 4.00

Chopped Broccoli,
Red Cabbage, Carrot, Raisins,
Chia, Sunflower Seeds, Green Goddess

HOUSE SALAD 4.00

Seasonal Selection,
Balsamic Vinaigrette

QUINOA & FARRO SALAD 4.00

Quinoa, Farro, Shaved Golden Beet,
Dried Cranberries, Smoked
Pecans, Lemon

DRINKS

SOFT DRINKS, ICED TEA 2.50

COFFEE, COLD BREW, HOT TEA 2.50

BEER A.Q.

WINE ON TAP A.Q.

SWEETS

ICE CREAM SANDWICH 4.50

POPSICLE 3.25

HOUSE-MADE TRAIL MIX 3.00

COOKIE 2.00

Kiddos

Served with fresh fruit or chips and kid's drink
– 12 and under –

LIBERTY 6.75

Shaved Cheddar

DELANEY 6.75

Grilled Cheese

WYNNE 6.75

Peanut Butter,

Sliced Strawberries

CHICKEN LITTLE 6.75

Tenders (fried or grilled)

Ranch or Honey Mustard

RUTH 6.75

Pizza Sauce

Chicken, Shaved Cheddar,
Sour Cream



Good morning
sunshine

WRAPS or HASH

Served wrapped or on potato hash;
accompanied by fresh fruit

DAGWOOD 9.25

Pepper Bacon, Egg, Potato,
Arugula, Shaved Cheddar

EARLY BIRD 9.25

Turkey Sausage, Egg White,
Spinach, Arugula, Swiss

MARKET OFFER 9.25

Veggie Sausage, Egg,
Garden Sprouts, Tomato,
Avocado Mash

BORDER TOWN 9.25

Mexican Chorizo, Egg,
Cotija, Avocado Mash

HOUSE GUEST

Ask about our Seasonal Feature

À LA CARTE

STEEL-CUT OATMEAL 7.50

Berries, Chia Mix

AÇAÍ BOWL 8.25

Açaí, Strawberries, Banana,
Agave, Granola, Peanut Butter,
Almond Milk, Chia Mix

SPLIT GRAPEFRUIT BRÛLÉE 7.50

Blackberries

QUINOA PORRIDGE 7.50

Smoked Pecans, Almond
Milk, Strawberries

FRESH SEASONAL FRUIT 4.00

Oats, Farina, Almonds, Citrus,
Chia Mix, Seasonal Fruit

SUPER MUESLI 7.50

House Granola 6.25

Greek Yogurt, Berries, Agave

A.M. Kiddos

Served with fresh fruit and kid's drink
– 12 and under –

MINI DAGWOOD 5.75

Bacon, Egg, Potato,

BABY BIRD 5.75

Turkey Sausage, Egg,
Shaved Cheddar

ASK ABOUT CATERING
unleavened.com

GLUTEN-FREE

VEGETARIAN

VEGAN

Available upon request

Try Our
New Warm
Bowls!

LEMON PESTO

\$8.50

Portabello,
Zucchini,
Tomato, Sauteed Spinach,
Crimson Lentils, Arugula,
House Pesto, Grilled Lemon



CASHEW SESAME

\$8.50

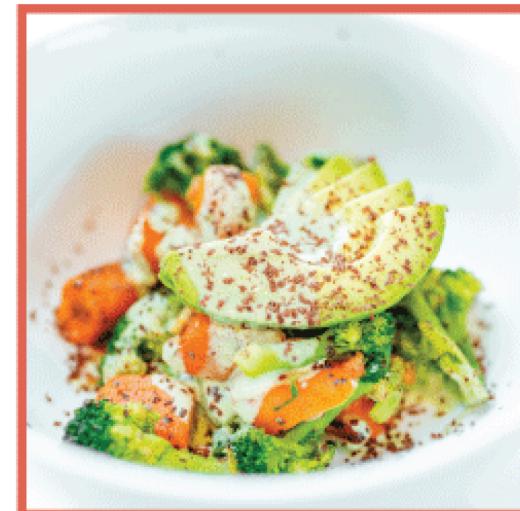
Curried
Cauliflower,
Brown
Fried Rice,
Asian Slaw,
Chopped Cashews



MOLÈ VERDE

\$8.50

Garlic Charred Broccoli,
Roasted Sweet Potato,
Pico,
Sliced Avocado,
Poblano
Feta Sauce,
Shaved Chocolate



ADD PROTEIN:

GRILLED CHICKEN — \$4.00

SUSTAINABLE SALMON — \$5.00

CENTER-CUT SIRLOIN — \$4.00

ROASTED PORTABELLO CAP — \$3.00

SMOOTHIES

STRAWBERRY BANANA - \$5.25

Strawberry, Banana, Greek Yogurt, Agave

KALE-YEAH - \$5.25

Kale, Greek Yogurt, Banana, Fresh Lemon

COCOA COLD BREW - \$5.25

Banana, Almond Milk, Cold-Brew Coffee,
Greek Yogurt, Agave, Cocoa

SUNRISE - \$5.25

Mango, Pineapple, Carrot, Greek Yogurt,
Orange Juice, Turmeric

BOOST OPTIONS

Collagen, Protein or Extra Greens \$2.00

Peanut Butter or Agave \$0.50