# REGULARIZATION

### The learning problem

- Given a set of examples (the training set) :  $\{(x_i, y_i) \in \mathbb{R}^d \times \mathbb{R}\}_{i=1}^n$
- Find f such that:  $f(x) \sim y$
- We need a function with good *generalization* 
  - A function that performs well on new unseen data
- To evaluate model generalization, we need to measure errors
- Cost function measures the performance of a Machine Learning model for given data.

### Cost functions

- Cost function quantifies the error between predicted values and expected values and presents it in the form of a single real number.
- We have various measures of model error
- Mean Absolute Error (MAE)

$$MAE = \frac{1}{N} \sum_{i=1}^{N} |y_i - \hat{y}|$$

• Mean Square Error (MSE)

$$MSE = \frac{1}{N} \sum_{i=1}^{N} (y_i - \hat{y})^2$$

• Root Mean Square Error (RMSE)

$$RMSE = \sqrt{MSE} = \sqrt{\frac{1}{N}} \sum_{i=1}^{N} (y_i - \hat{y})^2$$

### An optimization problem

- Building a model is an optimization problem
- Machine learning goal
  - learn f(x) such that the cost function  $J(yi, f(x_i))$  is minimized
- For parametric models:
  - ullet find the optimal configuration of model parameters  $w_i$  that minimizes the cost function J
- Example of linear regression  $(f_w(x) = w^T x + w_0)$

$$\min_{w,w_0} J(w,w_0) = \frac{1}{N} \sum_{i=1}^{N} (f_w(x_i) - y_i)^2$$

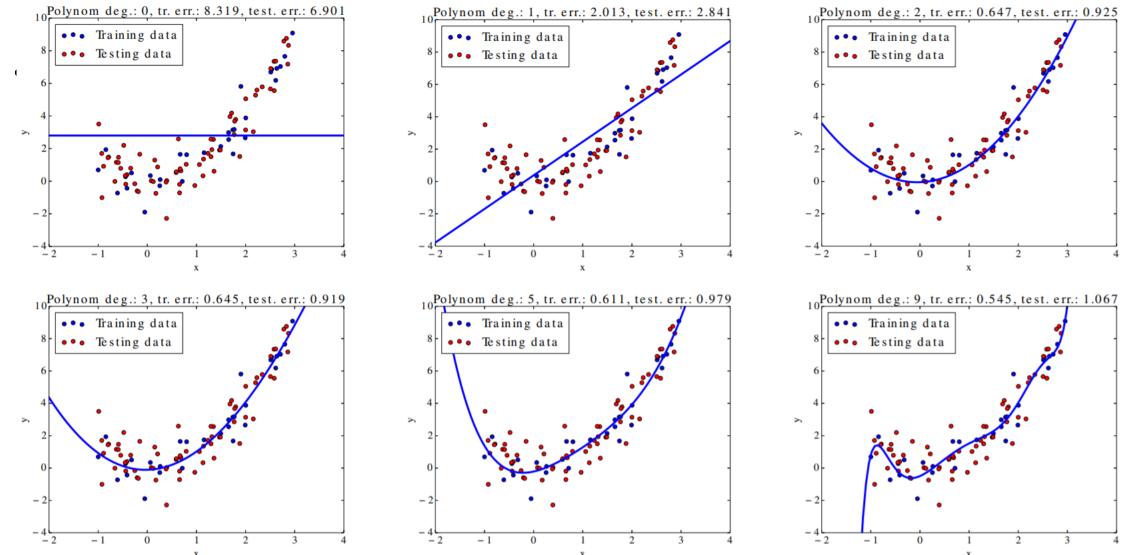
## Training and testing error

• Example:

Polynomial regression with varying degree

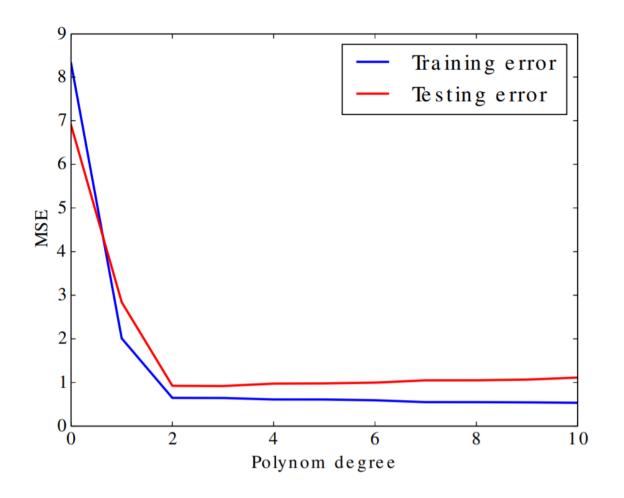
$$X \sim U(-1,3)$$
$$Y \sim X^2 + N(0,1)$$

### Training and testing error



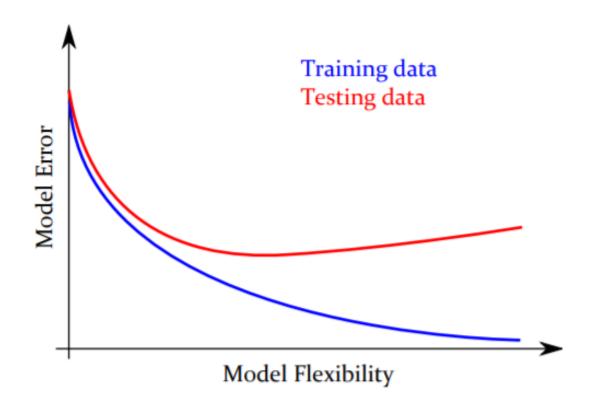
## Training and Testing Errors

- The training error decreases with increasing model flexibility (the curviness).
- The testing error is minimal for certain degree of model flexibility.

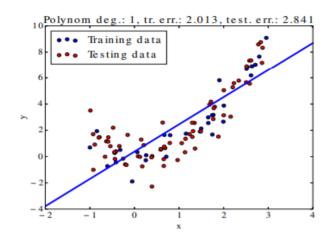


## Overfitting

- Overfitting is a general phenomenon affecting all kinds of inductive learning.
- When overfitted, the model works well for the training data, but fails for new (testing) data.



### Bias vs Variance

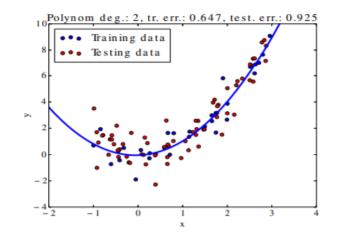


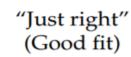
High bias: model not flexible enough (Underfit)

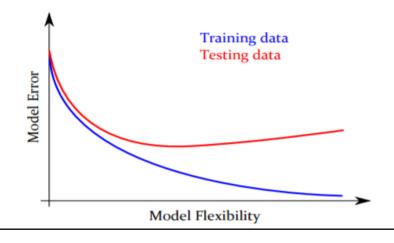
High bias problem:

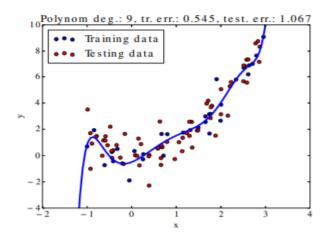
Err<sub>Tr</sub> is high

 $\blacksquare$  Err<sub>Tst</sub>  $\approx$  Err<sub>Tr</sub>









High variance: model flexibility too high (Overfit)

#### **High variance problem:**

- $\blacksquare$  Err<sub>Tr</sub> is low
- $\blacksquare$  Err<sub>Tst</sub> >> Err<sub>Tr</sub>

### Bias-Variance Tradeoff

 To get good predictions, we need to find a balance of Bias and Variance that minimizes total error

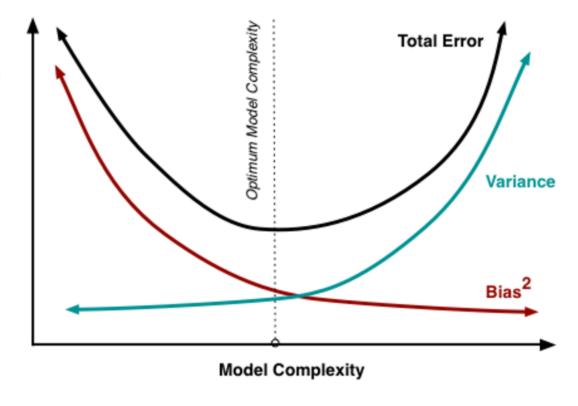
$$Err(x) = \left(E[\hat{f}\left(x
ight)] - f(x)
ight)^2 + E\left[\left(\hat{f}\left(x
ight) - E[\hat{f}\left(x
ight)]
ight)^2
ight] + \sigma_e^2$$

 $Err(x) = Bias^2 + Variance + Irreducible Error$ 

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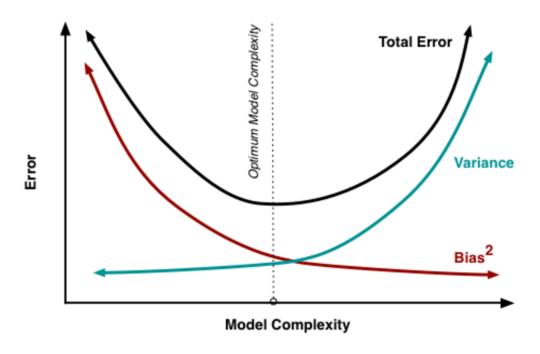
#### For error decomposition proof:

https://robjhyndman.com/files/2-biasvardecomp.pdf



## Regularization

- Reduce model variance at the cost of introducing some bias.
- A regularization technique is a penalty mechanism which applies shrinkage (driving them closer to zero) of coefficient to build a more robust and parsimonious model.
  - Reduce model complexity

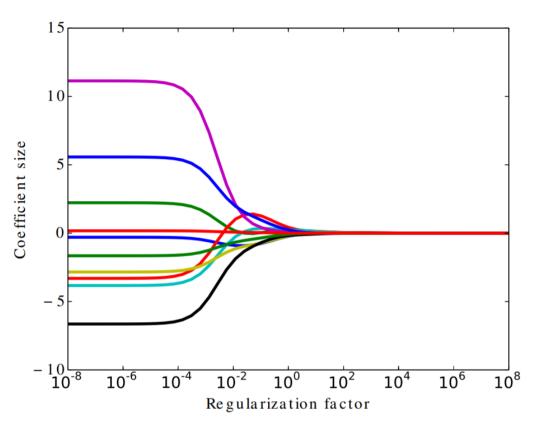


## Ridge regularization (L2 regularization)

- Ridge regularization imposes a penalty on the size of the model coefficients.
- The penalty is equal to the sum of the squared value of the coefficients  $w_i$

$$Error_{Ridge} = Error + \alpha \sum_{i=1}^{d} w_i^2$$

- $\alpha$  is the regularization parameter
- Ridge forces the parameters to be relatively small
- The bigger the penalization, the smaller (and the more robust) the coefficients are.



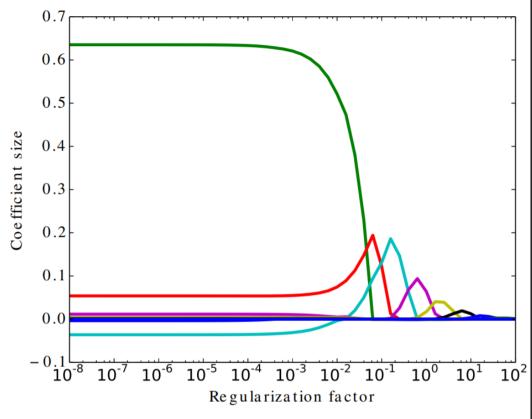
- $\alpha \to 0$ ,  $w^{ridge} \to w^{Error}$
- $\alpha \to \infty$ ,  $w^{ridge} \to 0$

## Lasso regularization (L1 regularization)

- Like ridge, Lasso regularization penalizes the size of the model coefficients.
- The penalty is equal to the sum of the absolute value of the coefficients  $w_i$

$$Error_{Lasso} = Error + \alpha \sum_{i=1}^{d} |w_i|$$

- Lasso regularization will **shrink some parameters to zero**.
- It can be seen as a way to select features in a model.

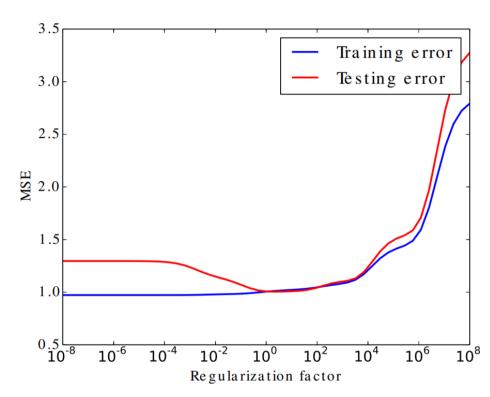


•  $\alpha \to 0$ ,  $w^{Lasso} \to w^{Error}$ 

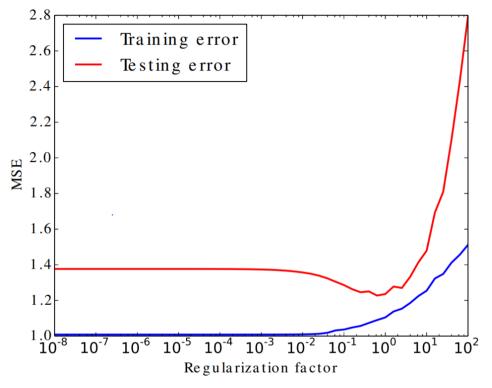
• 
$$\alpha \rightarrow \infty$$
,  $w^{Lasso} = 0$ 

### Ridge vs Lasso

• Evolution of error vs regularization factor



Ridge (L2 regularization)



Lasso (L1 regularization)

### When the LASSO fails?

- In the p > n case, the lasso can select at most n variables before it saturates
- If there is a group of variables with very high pairwise correlations, the lasso tends to select only one variable from the group, not caring which one
- For usual n > p situations, if there are high correlations between predictors, the prediction performance of lasso is poor with respect to ridge.

### Elastic-net

- The lasso sometimes does not perform well with highly correlated variables, and often performs worse than ridge in prediction
- Elastic-net is a mix of **both Ridge and Lasso regularizations**.

$$Error_{Elastic} = Error + \alpha \left(\rho \sum_{i=1}^{d} |w_i| + \left(\frac{1-\rho}{2}\right) \sum_{i=1}^{d} w_i^2\right)$$

- $\alpha$  is a shared penalization parameter
- ullet ho is a mixing parameter, it sets the ratio between ridge (L2) and lasso (L1) regularization
  - $\rho = 0$ : Ridge regularization
  - $\rho = 1$ : Lasso regularization

### Summary

- Ridge: regularization
  - Shrink coefficients to zero but can not produce a parsimonious model
  - Similar estimated coefficient for highly correlated predictors
  - Exactly identical variables will have same coefficients
- LASSO: regularization + variable selection
  - Unlike Ridge, can set variables exactly to zero
  - If p>>n, select n variables only
  - Can not do grouped selection; select one variable if highly correlated variables
- **Elastic-net**: regularization + variable selection
  - Overcomes LASSO limitations by borrowing strength from Ridge
  - Allow selecting more than n variables
  - Allow selection of groups of correlated variables

### Summary

#### Criteria to choose regularization method:

- Ridge Regression
  - > When all the features you have are important to your model
  - > When you don't want to do feature selection as well as feature removing
- Lasso Regression
  - > When you have too many features
  - > And you know some of them don't have any significance to your model
  - > When you want to remove the features with less importance
- Elastic Net Regression
  - > When you don't know whether all the features have significance or not
  - > when there are strong correlations between features