19 Russling Rd

Hackettstown, NJ 07840

(908) 674-3166

hamilton33099@gmail.com

Objective

• To obtain a college degree, creating a professional profile, while still maintaining an income.

Skills

- MS Office Certified
- Hardware & OS Troubleshooting
- Weight Management, Strength & Conditioning

Experience

September 2022-January 2023

United Parcel Service, Mt Olive Nj -Seasonal Package Handler

- Sort and group packages according to their intended destinations.
- Learns and properly executes UPS package handling methods.
- Loads and unloads UPS packages into trailers or package cars.

May 2021 - January 2022

Element P.T, Whippany Nj -Personal Trainer

- Write and execute workouts based on clients needs.
- Tidy and Prospect Gym Floor.
- Maintain a positive relationship with clients to help reach their goals.

March 2021 - August 2021

Gold's Gym, Flanders Nj - Front Desk

- Greet and Direct Members, Guest, and Staff.
- Provide assistance to members along with inquiries about gym operations and policies.
- Perform various administrative duties.

April 2019 - February 2021

BJ's Wholesale, Flemington Nj - Signage/Receiving Clerk

- Responsible for posting price changes daily.
- Maintaining standards related to organization, cleanliness, submitting receiving reports.
- Provide members with prompt, courteous service and assistance.

April 2018 - January 2019

Target, Phillipsburg Nj - Flow Team Member

- Responsible for unloading, moving, and stocking freight.
- Assisting other departments with their duties.
- Maintaining a positive attitude and assisting customers as needed.

Education

February 2022 - February 2023

County College of Morris, Morristown NJ -Student

- Aspiring to obtain a Business A.S. Degree
- CompTIA+ Certificate Program

March 2021

National Academy Of Sports Medicine- Certified Personal Trainer-Certificate ID:(1210591385)

March 2021

American Red Cross- CPR/AED Certification-Certificate ID:(ooI6G6S)

September 2013 - June 2017

Warren Hills Regional High School, Washington Township NJ - High School Diploma