



**Al Ahmed Continental**  
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Al Ahmed Continental is a Bangalore-based proprietorship firm engaged in the trading and supply of high-quality TMT steel bars, specializing in Fe500 and Fe 550 grades. Operating across Karnataka, the firm caters to the structural steel requirements of builders, contractors, and real estate developers involved in residential, commercial, and infrastructure projects.

With a focus on quality, consistency, and timely delivery, Al Ahmed Continental sources TMT steel bars from reputed manufacturers, ensuring compliance with IS standards and suitability for RCC construction. The company supports bulk and project-based supplies with transparent pricing, flexible quantities, and reliable logistics.

Driven by professional business practices and market knowledge, Al Ahmed Continental aims to be a dependable steel supply partner, adding value through competitive rates, technical clarity on grades and sizes, and responsive customer service.







**TMT BAR Fe 500, Fe  
550, Fe 550D**









