

ADHD Triage Report

Re: Hammad Ahmad 2019-07-06:

Based on Hammad's recent online triage, we have generated the report below. In it we will explore 4 aspects of behaviour in relation to ADHD traits:

- How Hammad performs tasks
- What Hammad's activity levels are
- How Hammad pays attention and concentration
- How Hammad is in social situations.

And at the end we will examine severity across key domains of life and compare this to official WHO ICD 11 diagnostic criteria.

Performing Tasks:

Hammad is never able to complete projects, whether for work, hobbies or home life.

Hammad is never able to start tasks on time - including those that require some thought

When a task requires organisation Hammad is never able to organise and order things accordingly

Hammad is never able to keep appointments

Levels of Activity:

Hammad never fidgets and squirms with hands or feet

Hammad never feels overly active and compelled to do things

Hammad never leaves the seat when in meetings or other situations when expected to remain seated

Hammad never has difficulty relaxing or unwinding when there is free time

Attention and Concentration:

Hammad never finds difficulty keeping my attention on anything you're doing

Hammad never becomes easily distracted by noises or activity around you

Hammad never makes careless mistakes

ADHD

Hammad never misplaces or has difficulty finding things

Social Interactions:

Hammad never finds difficulty concentrating on what people are saying

Hammad never experiences the feeling of talking too much in social occasions

Hammad never experiences finishing the sentences of other people when talking to them

Hammad never has difficulty waiting in turn - when in a situation where turn taking is required

Hammad never interrupts other people when they are busy

In terms of the severity of these symptoms and their impact on life Hammad did not receive warnings and persistent negative reports from teachers at school - across all or most subjects - about under performance due to lack of focus and concentration in class. Hammad also was not disciplined or dismissed from work in the past due to bad performance as a result of poor focus and concentration. Finally, Hammad has not experienced at least one breakdown of a relationship because a partner thought Hammad was always distracted, forgetting and ignoring them and what's important.

These latter severity dimensions are particularly important as, according to the WHO's Clinical Descriptions And Diagnostic Requirements (CDDR) for ICD-11, "Attention deficit hyperactivity disorder manifests in early or middle childhood and that symptoms often significantly limit academic achievement... Adults with attention deficit hyperactivity disorder often find it difficult to hold down a demanding job, and may be disproportionately underemployed or unemployed. Attention deficit hyperactivity disorder can also strain interpersonal relationships across the lifespan, including those with family members, peers and romantic partners."

In accordance with these criteria, our triage found that Hammad therefore is not likely to have met the full threshold for a formal diagnosis of ADHD and, as a result, our system recommendation is for Hammad to be removed from the waiting list by sending them the attached discharge letter, with details of our free ADHD Assistant app, which they can then use to continue working on the underlying traits of ADHD which (first name) does, nevertheless, possess and so will benefit from this input.