

Patient Health Report:

Risk Predictions:

- Heart Disease: Low
- Obesity: High

Key Risk Factors:

trestbps, age

Patient Profile:

age	53
sex	male
cp	non-anginal
trestbps	155
chol	184
fbs	0
restecg	normal
thalach	185
exang	1
gender	male
height	1.55
weight	65.8
calorie_intake	1926
physical_activity_level	medium
smoking	0

alcohol_consumption high

family_history_obesity 0

Advice:

Based on the risks and health factors above, write a personalized health improvement plan.

