

ADM formalism of GR: Hamiltonian formulation of gravity

(Arnowitt-Deser-Misner)

$$S_{EH} = \frac{1}{K} \int_M (R - 2\lambda) \sqrt{-g} d^4x + \overset{\text{boundary term}}{\downarrow} S_{GH}, \quad \delta S_{EH} = 0 \rightarrow \text{Einstein eqn}$$

Now we want to have $S_{EH} = \int P \dot{q} - H$

so that Einstein eqn can be

cast into Hamilton's Eqn

$$\dot{q} = \frac{\partial H}{\partial p}$$

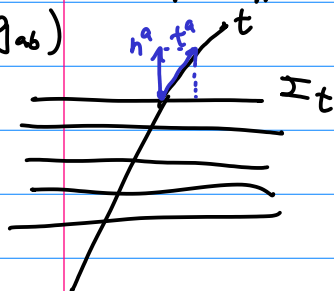
$$\dot{p} = - \frac{\partial H}{\partial q}$$

- motivation:
- we need an initial value formulation of GR
 - needed for quantization

one observation: we need to specify a time $t \rightarrow 3+1$ decomposition of spacetime (foliation)

assume $M = \mathbb{R} \times \Sigma$, $\dim(\Sigma) = 3$

(M, g_{ab})



$$t^a = \left(\frac{\partial}{\partial t} \right)^a$$

$$t^a = N n^a + N^a$$

N^a is tangent to Σ

N : lapse function > 0 $n^a n_a = -1$ normalized

N^a : shift vector

break diff. invariance of GR

but will be recovered.

Coordinate system $(t, \underbrace{x^1, x^2, x^3}_{\text{coordinate on } \Sigma})$

$$N^a = N^i \left(\frac{\partial}{\partial x^i} \right)^a \quad i=1,2,3$$

$$g_{tt} = g_{ab} \left(\frac{\partial}{\partial t} \right)^a \left(\frac{\partial}{\partial t} \right)^b$$

$$= g_{ab} (N n^a + N^a) (N n^b + N^b) = -N^2 + N^a N_a = -N^2 + N^i N_i$$

$$g_{ti} = g_{ab} \left(\frac{\partial}{\partial t} \right)^a \left(\frac{\partial}{\partial x^i} \right)^b = g_{ab} (N n^a + N^a) \left(\frac{\partial}{\partial x^i} \right)^b$$

$$= N_b \left(\frac{\partial}{\partial x^i} \right)^b = N_i$$

$$g_{ij} = g_{ab} \left(\frac{\partial}{\partial x^i} \right)^a \left(\frac{\partial}{\partial x^j} \right)^b = g_{ij} \quad \text{induce metric on } \Sigma$$

$$g_{ab} = g_{ab} + n_a n_b$$

$$g_{\mu\nu} = (N, N_i, g_{ij}), \quad 3+1 \text{ data of 4-metric.}$$

$$ds^2 = -N^2 dt^2 + g_{ij} (N^i dt + dx^i) (N^j dt + dx^j)$$

$$S_{EH} = \frac{1}{k} \int_M R \sqrt{-g} d^4x \quad \text{ignore } \Lambda \text{ and boundary term}$$

$$\sqrt{-g} = N \sqrt{\det q}$$

$$R \sqrt{-g} = N \sqrt{\det q} \left({}^3R + K_{ij} K^{ij} - K^2 \right) + \text{boundary terms}$$

3R : 3d Ricci scalar of q_{ab} on Σ

extrinsic curvature

$$K_{ij} = \frac{1}{2} N^{-1} \left(\dot{q}_{ij} - 2 D_{(i} N_{j)} \right) \quad \dot{q}_{ij} = \frac{\partial}{\partial t} q_{ij}$$

$$K = q^{ij} K_{ij}$$

D_a covariant derivation on Σ

$$D_a q_{bc} = 0$$

($K \equiv 1$)

$$S_{EH} = \int dt \int d^3x \quad N \sqrt{\det q} \left({}^3R + K_{ij} K^{ij} - K^2 \right)$$

HW derive this ↗

position variables : q_{ij}, N, N_i

momentum variables : $\left(p \equiv \frac{\delta S}{\delta \dot{q}} \right)$

$$\tilde{p}^{ij}(t, \vec{x}) \equiv \frac{\delta S_{EH}}{\delta \dot{q}_{ij}(t, \vec{x})}$$

$$\tilde{p}_N(t, \vec{x}) = \frac{\delta S_{EH}}{\delta \dot{N}(t, \vec{x})}$$

$$\tilde{p}_N^i(t, \vec{x}) = \frac{\delta S_{EH}}{\delta \dot{N}_i(t, \vec{x})}$$

functional derivative :

$$S = S[\phi_A]$$

$$\phi_A = \phi_A(x^\mu)$$

$$\delta S = \int d^Dx \quad G^A(x) \delta \phi_A(x)$$

$$\frac{\delta S}{\delta \phi_A(x)} = G^A(x)$$

$$ds = \sum_i G^A(i) d\phi_A(i)$$

$$\frac{\partial S}{\partial \phi_A(i)} = G^A(i)$$

$$\phi^A(x) = \int d^Dx' \delta^D(x-x') \delta^A_B \phi^B(x')$$

$$\delta \phi^A(x) = \int d^Dx' \delta^D(x-x') \delta^A_B \delta \phi^B(x')$$

$$\frac{\delta \phi^A(x)}{\delta \phi^B(x')} = \delta^D(x-x') \delta^A_B$$

$$\frac{\partial \phi^A(i)}{\partial \phi^B(j)} = \delta^A_B \delta^i_j$$

$$\Rightarrow \tilde{p}^{ij} = \sqrt{\det q} (K^{ij} - K q^{ij})$$

\uparrow \uparrow
 K^{ij} q^{ij}
 contain $\dot{q}_{ij}, N, N_i, q_{ij}$

• symmetric in $i \leftrightarrow j$
 • not a spatial tensor, because of $\sqrt{\det q}$

$$\begin{cases} \tilde{p}_N = 0 \\ \tilde{p}_N^i = 0 \end{cases}$$

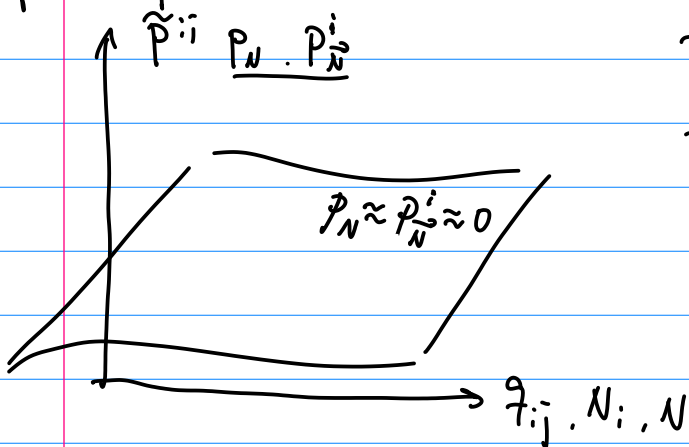
HW derive them.

$$\det q \rightarrow \det q' \left(\det \frac{\partial x}{\partial x'} \right)^2$$

"tensor density of weight 1"

→ primary constraints

phase space



$f = 0$ equal to zero on entire phase space.

$f \approx 0$ equal to zero on constraint surface

solve \dot{q}_{ij} from \tilde{p}^{ij} : $\dot{q}_{ij} = \frac{2N}{\sqrt{\det q}} \left(\tilde{p}_{ij} - \frac{1}{2} \tilde{p} q_{ij} \right) + 2 D_{(i} N_{j)}$ (*)

$$\tilde{p} = \tilde{p}_{ij} q^{ij}$$

HW derive this.

Legendre transf. $R \rightarrow S$

$$S_{EH} = \frac{1}{k} \int dt d^3x \underset{\substack{\uparrow \\ \text{Lagrangian density}}}{\mathcal{L}_{EH}} \equiv \frac{1}{k} \int dt d^3x \left(\tilde{p}^{ij} \dot{q}_{ij} - \underset{\substack{\uparrow \\ \text{Hamiltonian density}}}{\mathcal{H}}(\tilde{p}^{ij}, \tilde{q}_{ij}, N, N_i) \right)$$

$$\mathcal{H} = \left(\tilde{p}^{ij} \dot{q}_{ij} - \mathcal{L}_{EH} \right) \Big|_{(*)}$$

HW derive this →

$$= N \left[-\sqrt{\det q} {}^3R + \frac{1}{\sqrt{\det q}} \left(\tilde{p}^{ij} \tilde{p}_{ij} - \frac{1}{2} \tilde{p}^2 \right) \right] + 2 \tilde{p}^{ij} D_{(i} N_{j)} \quad (a)$$

Hamiltonian $H = \frac{1}{k} \int_{\Sigma} d^3x \mathcal{H} = \int_{\Sigma} d^3x [N C + N_i C^i] + \text{boundary terms.}$

$$C = \frac{1}{k} \left[\frac{1}{\sqrt{\det q}} (\tilde{p}^{ij} \tilde{p}_{ij} - \frac{1}{2} p^2) - \sqrt{\det q} {}^3R \right] \quad (6)$$

$$C^i = -\frac{2}{k} D_i \tilde{p}^{ij}$$

HW derive (a) and (b)

(n, l) tensor density of weight m covariant derivation of tensor density

$$\overset{(m)}{T}_{a_1 \dots a_n}^{b_1 \dots b_l} = (\sqrt{|\det g|})^m \overset{(m)}{T}_{a_1 \dots a_n}^{b_1 \dots b_l} \quad \text{is a } (n, l) \text{ tensor, } m \in \mathbb{Z}$$

$$\nabla_{\mu} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l} = \partial_{\mu} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l} + \sum_j T_{\mu \mu_j}^{\nu_j} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l} - \sum_j T_{\mu \mu_j}^{\nu_j} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l}$$

Covariant derivation of densities

$$- \sum_j T_{\mu \mu_j}^{\nu_j} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l} - m T_{\mu \mu_j}^{\nu_j} \overset{(m)}{T}_{\mu_1 \dots \mu_n}^{\nu_1 \dots \nu_l}$$

$$\mathcal{L}_v \overset{(m)}{T}_{a_1 \dots a_n}^{b_1 \dots b_l} = (\text{ordinary Lie derivative as if } \overset{(m)}{T} \text{ was a tensor}) + m \overset{(m)}{T}_{a_1 \dots a_n}^{b_1 \dots b_l} \nabla_a v^a \quad \text{for all } \nabla_a$$

guarantee $\nabla_{\mu} (\text{tensor density}) = (\text{tensor density})$

$\mathcal{L}_v (\text{tensor density}) = (\text{tensor density})$

$$\overset{(m)}{T}_{\nu}^{\mu} = \left| \det \left(\frac{\partial x'}{\partial x} \right) \right|^m \frac{\partial x'^{\mu}}{\partial x^{\sigma}} \frac{\partial x^{\rho}}{\partial x'^{\nu}} \overset{(m)}{T}_{\rho}^{\sigma}$$