Project Report
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1. Objective

To research, analyze, and document AI-based models for mental health detection, evaluating their methodologies, effectiveness, and future directions.

2. TASKS

Phase	Tasks Covered
Phase 1: Finding Research & Literature Review	Topic finalization, finding relevant papers, background reading
Phase 2: Model Understanding	In-depth review of Ellipsis Health, Woebot, and MHDeep models
Phase 3: Writing Phase	Drafting report sections (framework, models, comparison, conclusion)
Phase 4: Editing & Finalization	Proofreading, formatting, citation verification, polishing
Phase 5: Slide Creation	Creating time framework slide and visual summary
Phase 6: Writing Time Report	Writing this structured 80-hour project report