

What:    OilerWELL Annual Health Assessments

Who:     All eligible full-time employees and spouses\*

When:   November 5-November 9, 2018

             6:30am-10:30am

Where:  Alumni Memorial Union

RSVP: Starting TODAY!

\*As a reminder, to be eligible for the $25/month Health Saver Discount, participants need to meet the following:

1.   All:  One Adult Tetanus with pertussis (every 10 years)

2.   All:  Non-Smoking

3.   Men age 50 and over:

* Screening colonoscopy (we can help make appointments)
* Annual physical exam including prostate health discussion (as directed by your physician)

4.  Women age 50 and over:

* Screening colonoscopy (we can help make appointments)

5.  Women age 40 and over:

* Annual mammogram

6.  Women age 21 and over:

* Annual exam with screening PAP (as directed by your physician)

Make note of your dates.  You will need to provide them the day of your screening.