1: Node Should be installed

2: npm install -g expo-cli

(If we need to eject project in future then we have command of expo eject/npm eject)

2: expo init projectName

3: cd projectName

4: npm start

**For Navigation**

Install the following packages

* npm install @react-navigation/native
* npm install @react-navigation/native-stack
* npm install react-native-screens