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A Real-time Pose Estimation Application for Tinikling

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A Capstone Project on Operational Technologies

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Presented to the Faculty of the

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Department of Electronics and Computer Engineering

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Gokongwei College of Engineering

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De La Salle University

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In Partial Fulfillment of the

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Operational Technologies

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by

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ABSTRACT

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Index Terms—Dance, Pose Estimation, Real-time, OpenPose .



TABLE OF CONTENTS

23	Abstract	ii
24	Table of Contents	iii
25	List of Figures	v
26	List of Tables	vi
27	Abbreviations and Acronyms	vii
28	Notations	viii
29	Glossary	ix
30	Listings	x
31	Chapter 1 INTRODUCTION	1
32	1.1 Background of the Study	2
33	1.2 Prior Studies	3
34	1.3 Problem Statement	4
35	1.4 Objectives and Deliverables	5
36	1.4.1 General Objective (GO)	5
37	1.4.2 Specific Objectives (SOs)	6
38	1.4.3 Expected Deliverables	6
39	1.5 Significance of the Study	7
40	1.5.1 Technical Benefit	8
41	1.5.2 Social Impact	8
42	1.5.3 Environmental Welfare	8
43	1.6 Assumptions, Scope, and Delimitations	9
44	1.6.1 Assumptions	9
45	1.6.2 Scope	9
46	1.6.3 Delimitations	10
47	1.7 Description and Methodology of the Capstone Project on Operational Technologies	10
48	1.8 Estimated Work Schedule and Budget	11
49	1.8.1 Milestones and Gantt Chart	11



51	1.8.2 Budget	12
52	1.9 Overview of the Capstone Project on Operational Technologies	12
53	Chapter 2 LITERATURE REVIEW	13
54	2.1 Existing Work	14
55	2.2 Lacking in the Approaches	21
56	2.3 Summary	22
57	Chapter 3 THEORETICAL CONSIDERATIONS	23
58	3.1 Summary	21
59	Chapter 4 DESIGN CONSIDERATIONS	22
60	4.1 Standards	25
61	4.2 Summary	26
62	Chapter 5 METHODOLOGY	27
63	5.1 Methodology	28
64	5.2 Design Considerations	28
65	5.2.1 Sensor choice, representation, and robustness	28
66	5.2.2 Temporal alignment and scoring	29
67	5.2.3 Real-time feedback, segmentation, and pedagogy	29
68	5.2.4 Accessibility, personalization, and evaluation	29
69	5.3 Theoretical Considerations	30
70	5.3.1 Human Pose Estimation	30
71	5.3.2 Human Action Recognition	31
72	5.4 Summary	31
73	Chapter F MEMBER SKILLSET IDENTIFICATION	33
74	Chapter G WORK BREAKDOWN STRUCTURECAPSTONE PROJECT ON	
75	OPERATIONAL TECHNOLOGIES	34
76	Chapter M VITA	108



77

LIST OF FIGURES

78	1.1 Milestone Gantt Chart for Real-time Pose Estimation Dance Software	11
79	3.1 A quadrilateral image example.	21
80	5.1 Methodology Flowchart	28
81	G.1 Work Breakdown Structure for Hans Capstone Project on Operational Tech-	
82	nologies	35
83	G.2 Work Breakdown Structure for Nathan Capstone Project on Operational Tech-	
84	nologies	36
85	G.3 Work Breakdown Structure for Gerald Capstone Project on Operational Tech-	
86	nologies	36



87

LIST OF TABLES

88	1.1	Expected Deliverables per Objective	7
89	1.2	Operational Financial Plan	12
90	2.1	Summary of Reviewed Dance Pose Estimation and Recognition Studies . . .	19
91	F.1	Team Members' Programming Skills	33



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ABBREVIATIONS



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NOTATION



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GLOSSARY



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LISTINGS



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Chapter 1

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INTRODUCTION



98 **1.1 Background of the Study**

99 Classical CV approaches used skin color segmentation, contour analysis, optical flow,
100 and handcrafted descriptors (HOG, motion history images) to detect and classify ges-
101 tures. Despite being simple and interpretable, those methods struggle with background
102 variation and scale. The deep-learning era replaced handcrafted features with CNNs that
103 learn hierarchical visual features directly from image data, yielding much higher accuracy
104 for static hand pose and short-sequence recognition tasks. Many recent capstone and
105 journal implementations pair OpenCV (for capture/preprocessing) with CNNs built and
106 trained in TensorFlow/PyTorch to recognize a fixed vocabulary of gestures in real time.
107 These hybrid pipelines are practical for capstone projects because OpenCV handles effi-
108 cient frame processing while CNNs provide generalization across users and backgrounds.
109 (<https://PMC8321080/>)

110 Instead of classifying raw images, several high-performance systems first extract skeletal
111 landmarks (e.g., MediaPipe's 21-point hand model) and feed those coordinates to a classifier
112 (small CNN, MLP, or temporal model like LSTM). Landmark-based pipelines reduce
113 sensitivity to background and scale and make models smaller and faster, which is ideal
114 for mobile or AR deployment. Markerless commercial devices such as the Leap Motion
115 Controller and Ultraleap cameras provide very accurate 3D joint data using IR illumination
116 and multi-camera setups; those give superior fidelity but add hardware cost and integration
117 work. For a capstone aiming at broad deployability, a practical approach is to prototype
118 with MediaPipe + OpenCV + CNN (or lightweight temporal model) and consider Ultraleap
119 integration later for high-precision installations. (<https://arxiv.org/abs/2006.10214>)



120 1.2 Prior Studies

121 MediaPipe Hands (Zhang et al., Google / arXiv; MediaPipe docs). MediaPipe Hands
122 presents a two-stage on-device pipeline (palm detector + hand-landmark regressor) that
123 extracts 21 hand landmarks from a single RGB frame and runs in real time on mobile
124 GPUs; the architecture and open implementation are widely used as a practical basis for
125 gesture recognition because they offer compact, robust landmark outputs that are easier
126 to classify than raw images. This work is especially relevant to mobile or cross-platform
127 deployment without extra hardware. (<https://arxiv.org/abs/2006.10214>) Ultraleap / Leap
128 Motion surveys and reviews. Reviews and vendor docs show that Ultraleap's IR stereo
129 cameras and LED illumination give very precise 3D joint tracking and low latency, making
130 them popular for VR/installation work; academic comparisons find Leap/Ultraleap and
131 MediaPipe are both capable, with trade-offs in precision versus hardware requirements.
132 Ultraleap or similar IR camera hardware is a practical choice for professional installation
133 quality (amusement park kiosk, VR attraction). (docs.ultraleap.com) Sign-language &
134 gesture recognition studies (landmark + CNN/LSTM). ASL and other sign recognition
135 papers demonstrate that combining landmark features (from MediaPipe or depth sensors)
136 with temporal models (LSTM/CNN temporal stacks) yields state-of-the-art results for
137 complex hand sequences. These studies emphasize the importance of considering variable
138 visibility conditions as spellcasting often requires temporal tracing (drawing shapes), and
139 not just static poses. This also provides insight into dataset design and labeling strategies.
140 (<https://arxiv.org/html/2406.03729v1>) A comparative study of advanced technologies and
141 methods in hand gesture analysis and recognition systems (Rahman et.al, 2025) Hand
142 gesture recognition is advancing as a key technology for human-machine interaction. This



143 study reviews both non-vision (e.g., sensor-based) and vision-based approaches, examining
144 tools such as hidden Markov models, finite state machines, color modeling, naive Bayes,
145 deep networks, histogram features, and fuzzy clustering. Methods are categorized into
146 detection, tracking, and recognition phases, with comparisons across static and dynamic
147 gestures. The review highlights current technologies, their advantages and limitations, and
148 identifies directions for future research. Hand Gesture Recognition Based on Computer
149 Vision: A Review of Techniques (Oudah, Al-Naji, & Chahl, 2020) Hand gestures, as a
150 form of nonverbal communication, are applied in fields such as HCI, assistive commu-
151 nication, robotics, home automation, and healthcare. Research spans sensor-based and
152 vision-based methods, with gestures categorized as static, dynamic, or hybrid. This paper
153 reviews literature on gesture recognition, comparing techniques in terms of segmentation,
154 classification, datasets, gesture types, camera use, detection range, and performance. It
155 provides a comprehensive overview of methods, their merits and limitations, and potential
156 applications.

157 1.3 Problem Statement

158 Immersive interactive systems in gaming, AR, amusement parks, and accessibility still
159 rely heavily on handheld controllers, touchscreens, or specialized hardware that break
160 immersion, add cost, or exclude users with differing motor abilities. Markerless, camera-
161 based hand-gesture recognition promises touchless, expressive input suitable for “magical”
162 metaphors (casting spells, tracing runes) that are intuitive and socially engaging. However,
163 real-world deployment is challenged by variable lighting, occlusion, noisy backgrounds, and
164 latency. These problems make accuracy and robustness the central obstacles for any spell-



165 casting CV system. Modern solutions that combine real-time hand-lmark extraction and
166 convolutional neural networks (CNNs) have narrowed the gap, but careful design is required
167 to meet the high level competency goals for responsiveness, cross-platform deployment, and
168 accessibility. (<https://PMC8321080/>) A persuasive problem
169 statement from a contextualized and intended-audience-awareness perspective consists of:

170 1. PS1: description of the ideal scenario for your intended audience
171 • Describe the goals, desired state, or the values that your audience considers
172 important and that are relevant to the problem.
173 2. PS2: reality of the situation
174 • Describe a condition that prevents the goal, state, or value discussed in PS1
175 from being achieved or realized at the present time.
176 • It is imperative to make the audience feel the pain point.
177 3. PS3: consequences for the audience
178 • Using specific details, show how the situation contains a little promise of
179 improvement unless something is done.

180 1.4 Objectives and Deliverables

181 1.4.1 General Objective (GO)

- 182 • GO: To design and implement a real-time pose estimation-based tinikling learning
183 application that provides immediate feedback and scoring to users based on their
184 performance of tinikling dance routines;



185 **1.4.2 Specific Objectives (SOs)**

- 186 • SO1: To implement a real-time pipeline that captures camera frames, extracts ro-
187 bust hand features (landmarks or processed images), and classifies gestures into a
188 configurable spell vocabulary with low latency (30 fps target) and high accuracy;;
- 189 • SO2: To make the model robust to lighting, background clutter, and user variation
190 through data augmentation and landmark-based representations ;
- 191 • SO3: To design the system to be deployable across desktop, mobile, and simple AR
192 setups using cross-platform libraries (OpenCV, MediaPipe, TensorFlow/TensorFlow
193 Lite) ;
- 194 • SO4: To make the interaction ergonomically accessible by supporting alternative
195 gestures and calibration for users with different ranges of motion ;
- 196 • SO5: On UX side, to make spells feel immediately meaningful (clear mapping
197 between motion and effect), provide instant feedback when a spell is recognized, and
198 allow easy extension of the spell set. ;

199 **1.4.3 Expected Deliverables**

200 Table 1.1 shows the outputs, products, results, achievements, gains, realizations, and/or
201 yields of the Capstone Project on Operational Technologies.



TABLE 1.1 EXPECTED DELIVERABLES PER OBJECTIVE

Objectives	Expected Deliverables
GO: To develop a real-time pose estimation-based Tinikling learning application.	<ul style="list-style-type: none"> Prototype of Tinikling learning application. Documentation and user manual.
SO1: To develop a real-time pose estimation pipeline that captures the movement of dancers through a webcam, detects skeletal keypoints, and analyzes poses for Tinikling steps with low latency and high accuracy.	<ul style="list-style-type: none"> Optimized skeletal keypoints detection for Tinikling steps. Implementation of webcam-based pose estimation pipeline. Performance evaluation results.
SO2: To make the pose estimation model robust to lighting, background clutter, and user variation through dataset collection, augmentation, and landmark-based representations.	<ul style="list-style-type: none"> Augmented dataset covering varied lighting, backgrounds, and user types. Enhanced landmark-based model with robustness improvements. Comparative performance evaluation report.
SO3: To design and integrate a scoring and feedback system that evaluates users' dance accuracy in a post-performance review by aligning user poses with reference choreographies.	<ul style="list-style-type: none"> Scoring and feedback algorithm. Tinikling choreography database. Post-performance scoring output with accuracy metrics.
SO4: To evaluate the system's performance and usability through controlled testing with dancers or students, measuring accuracy, latency, and user experience for future refinement and educational deployment.	<ul style="list-style-type: none"> Conducted controlled testing with participants. Collected performance and usability metrics. Evaluation report with recommendations for improvement.

1.5 Significance of the Study

This capstone project focuses on the development of a tinikling learning application through the integration of pose estimation and human action recognition. The setup consists of a webcam, laptop, and two bamboo sticks for the tinikling dance. Such a setup offers affordability and accessibility benefits for users. Ultimately, it contributes to the field of both pose estimation and human action recognition by demonstrating a successful integration of the two in a live setup.

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209 **1.5.1 Technical Benefit**

- 210 1. Enables real-time pose estimation and post-performance feedback, improving accuracy and efficiency throughout the learning process.
- 212 2. Low-cost software-based learning tool which uses a webcam and desktop computer rather than expensive motion capture equipment.
- 213

214 **1.5.2 Social Impact**

- 215 Promotes cultural preservation by making Tinikling more accessible through interactive applications.
- 217 Student engagement and participation in cultural education through gamifying the learning experience.
- 219 Supports remote or in-classroom instruction through allowing instructors to integrate technology with dance education.
- 220

221 **1.5.3 Environmental Welfare**

- 222 Utilizes existing and widely available hardware such as webcams and desktop new specialized equipment, which ultimately lessens electronic waste.
- 224 Encourages digital preservation of cultural heritage, lessening reliance on physical materials be it through either physical archives or infrastructure.
- 225



226 **1.6 Assumptions, Scope, and Delimitations**

227 **1.6.1 Assumptions**

- 228 1. Pose landmarks from consumer-grade RGB cameras or low-cost depth sensors
229 provide sufficient fidelity to represent tinikling movements for temporal alignment
230 and scoring.
- 231 2. Choreography can be divided into short, labeled segments that enable reliable match-
232 ing and targeted feedback.
- 233 3. Dynamic Time Warping or a constrained variant will handle tempo variation robustly
234 for temporal alignment.
- 235 4. A brief per-user calibration step will improve scoring consistency.

236 **1.6.2 Scope**

- 237 1. Cover automatic pose estimation, sequence alignment, and segment-level scoring for
238 tinikling.
- 239 2. Accept landmark or depth inputs and provide immediate on-device cues during
240 performance.
- 241 3. Produce a higher-precision final score after a more detailed pass.
- 242 4. Use self-sourced tinikling videos for model training when no public dataset exists.
- 243 5. Benchmark against general dance datasets where appropriate.



- 244 6. Report sensor-based metrics and simple user measures such as perceived accuracy
245 and engagement.

246 **1.6.3 Delimitations**

- 247 1. Will not perform detailed facial or hand mesh reconstruction.
248 2. Will not replace multi-camera motion capture for research-grade kinematics.
249 3. Will not guarantee reliable results under heavy occlusion, very low light, extreme
250 off-axis views, or when clothing blends with the background.
251 4. Will not attempt full generalization to all body shapes without additional data and
252 tuning.
253 5. Limits reflect known sensor and algorithm constraints and the aim to produce a
254 practical, lightweight prototype.

255 **1.7 Description and Methodology of the Capstone
256 Project on Operational Technologies**

- 257 1. Phase 1: Model Development serves a precursor for Phase 2 wherein the specifics
258 of the model, libraries, and environment to use are defined. In total, Phase 1 would
259 last 4 weeks spanning from week 4 to 7. The bulk of the research for the project
260 would be carried out during this phase. The dataset to be used for training would be
261 collected during this phase as well.



- 262 2. Phase 2: Model Training consists of training the model using the dataset collected
 263 in the previous phase. This phase will largely consist of testing and improving the
 264 resulting model. Tests would be conducted using the group members as dancers.
 265 This phase also includes the optimization of the model for real-time detection simulta-
 266 neously with the music. In total, this phase would last 4 weeks spanning from week
 267 8 to 11.
- 268 3. Phase 3: UI/EX Development consists of the integration of the trained model with
 269 a user interface. Once integrated final testing and refinement of the final program
 270 would be carried out. The final output would be presented as well during this phase
 271 along with the finalization of the documentation. This phase would last for 3 weeks
 272 spanning from week 11 to 13

273 **1.8 Estimated Work Schedule and Budget**

274 **1.8.1 Milestones and Gantt Chart**

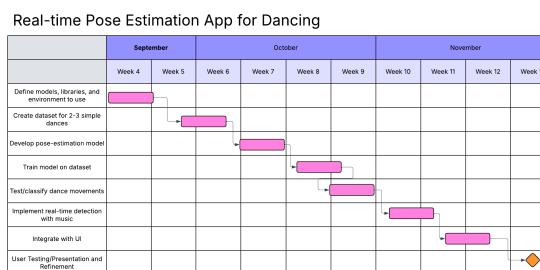


Fig. 1.1 Milestone Gantt Chart for Real-time Pose Estimation Dance Software



275 **1.8.2 Budget**

276 Given that the capstone project largely consists of software, apart from the use of a laptop
 277 for both programming, as well as actual implementation and usage of the dance program,
 278 the only expense to consider would be for that of a Webcam, which is already owned.

TABLE 1.2 OPERATIONAL FINANCIAL PLAN

Item	Price
Webcam	₱1,850
Total	₱1,850

279 **1.9 Overview of the Capstone Project on Operational 280 Technologies**

281 This capstone project focuses on developing a real-time pose estimation-based learning
 282 application for Tinikling, the Philippine national dance. It integrates computer vision
 283 and machine learning techniques in order to create an interactive learning platform that
 284 performance scoring to users. The project utilizes of webcams, MediaPipe-based skeletal
 285 landmark extraction to analyze users' movements relative to reference choreography. Unlike
 286 expensive motion capture systems, this setup uses low-cost and accessible hardware, making
 287 the system practical for classroom, cultural, and home use. The system emphasizes cultural
 288 preservation by modernizing Tinikling education through technology. It enables students
 289 to learn and practice the dance interactively, provides technical benefits such as real-time
 290 feedback without costly sensors, and supports social and environmental goals through
 291 cultural engagement and sustainable use of existing hardware.



292

Chapter 2

293

LITERATURE REVIEW



294 **2.1 Existing Work**

295 A study by Venkatrayappa et al., 2024 focused on surveying the various existing 3D
296 human body pose and shape estimation techniques, given its crucial nature in fields such
297 as augmented or virtual reality, healthcare and fitness technology, and virtual retail. The
298 solutions explored consisted of mainly three types of inputs, which were single images,
299 multi-view images, and videos. Various issues pertaining to dance, such as fast motion,
300 occlusion, and unusual poses were analyzed to see how each affected the performance
301 of each method. The specific models consisted of SMPL -A, SMPL -X, MANO, STAR,
302 FLAME, which are optimization-based models, as well as HMR, VIBE, SPIN, PARE,
303 EXPOSE, and PHALP, which are deep learning-based models. SMPL was found to be
304 beneficial in terms of realistic body representation, efficiency for real time applications, and
305 wide availability, however it has limitations in areas pertaining to facial and hand modeling,
306 as well as representation of ethnic diversity. SMPL -X proved to provide several advantages
307 such as facial expressions, hand gestures, and improved expressiveness. Its limitations,
308 however, consisted of simplified hand modeling and its limited pose variability. MANO
309 offers detailed hand gesture modeling and realistic hand deformations, but has limitations
310 due to its focus being exclusively on the modeling of hands, as well as computational
311 challenges. STAR leverages sparse coding and temporal modeling, which allowed for
312 a much more powerful framework for pose estimation., depicting state-of-the-art results
313 throughout various benchmarks and practical implementations in sports analysis, human-
314 computer interaction, and VR. FLAME was advantageous when it comes to computational
315 efficiency, which made it suitable for real-time applications of pose estimation. As for its
316 limitations, it primarily focuses on facial and lip modeling, which introduces complexity



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317 and potential computational challenges. MANO, HMR produces richer and more useful
318 mesh representation, which is parameterized by shape and 3D joint angles. The network
319 implicitly learns the angle limits of each joint. As such its use is discouraged for people
320 with unusual body shapes. Its re-projection loss is highly under-constrained and it needs
321 adversarial supervision in order to avoid unrealistic outputs. VIBE makes use of CNNs,
322 RNNs and GANs, as well as a self-attention layer in order to achieve state-of-the-art
323 results. A motion discriminator is used to help produce more realistic motion. Ultimately,
324 the model is a standard SMPL body model format with sequences of poses and shape
325 parameters. SPIN makes use of a self improving loop wherein better fits allow the network
326 to train in a much more efficient manner while better initial estimates from the network
327 aids the optimization routine in order to result in better fits. PARE consists of a guided
328 attention mechanism which exploits information on visibility of individual body parts all
329 the while leveraging information from neighboring body parts in order to predict parts
330 which are occluded. EXPOSE includes body, face, and hand estimation. It is able to
331 estimate expressive 3D humans in a much more accurate manner in comparison to existing
332 optimization methods at only a fraction of the computational costs. PHALP out performs
333 all of the aforementioned methods. Despite this, it still has its limitations as well such as its
334 reliance on a single camera, which may lead to issues such as occlusion and motion blur. It
335 may also not work well in low-light conditions or when a person's clothes is a similar color
336 to that of the background. Lastly, it also requires a significant amount of computational
337 resources, which may make it not suitable for real-time applications.

338 A study by Protopapadakis et al., 2018, analyzes the effectiveness of various classifica-
339 tion techniques in recognizing different dance types based on motion-capture skeleton data.
340 Classifiers explored consisted of k-Nearest Neighbors (k-NN), Naïve Bayes, Discriminant



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341 Analysis, Classification Trees, Random Forests (TreeBagger), Support Vector Machines
342 (SVMs), and Ensemble Classifiers. Poses are identified through the use of body joints via
343 Kinect sensor. The data set used consisted of various dances such as Enteka, Kalamatianos,
344 Syrtos (Two-beat), Sytros (Three-beat). The kinect was used to capture skeletal joining
345 data, to which feature extraction techniques such as principal component analysis and frame
346 differencing were used in order to improve the classification accuracy. Ultimately, results
347 showed that k-nearest neighbors and random forests are the best-performing classifiers
348 among those that were explored. It was also proposed that the use of mulit-sensor or
349 multimodal data may serve as a potential solution for issues specific to pose recognition in
350 dance such as occlusion and complex movement patterns.

351 A study by Zhao et al., 2025, looks into dance pose estimation and introduces the model
352 DanceFormer. DanceFormer is a transformer-based model for dance pose estimation which
353 makes use of the Vision Transformer, Time Series Transformer, and an edge computation
354 layer in order to achieve a deep fusion of multimodal features and to overall increase
355 its accuracy and real-time performance. The AIST and DanceTrack datasets were used
356 throughout the experimentation. Results showed that DanceFormer out performs other
357 models, with it achieving a pose estimation accuracy or MPJPE of 18.4mm and 20.1mm,
358 as well as a multi-object tracking accuracy or MOTA of 92.3% and 89.5%. It is also
359 suitable for real-time processing in even low-resource with an average latency of 35.2ms.
360 Ultimately, it serves as an efficient, precise and real time solution for rather complex dance
361 scenarios. It also has applications in a much more broad sense be it in dance education or
362 in real-time motion analysis.

363 A study by Lei, Li, and Liu (2023) discusses dance movement recognition based on
364 gesture. A low accuracy traditional dance movement recognition algorithm based on human



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365 posture estimation was proposed. PAFs algorithm was used in order to recognize the spatial
366 skeleton nodes and connections of joints in the human body. The pose of the body is
367 estimated based on the movement of the spatial skeleton. Once the information on the
368 detected posture is preprocessed and its features are extracted, LTSM time series algorithm
369 was used in order to classify and recognize certain dance movements. Ultimately, results
370 showed that the proposed algorithm has the capacity to reliably identify dance movements
371 based on the skeleton nodes. It was able to achieve a recognition accuracy and recall rate
372 upwards of 85% for the different movement categories. As for its recognition accuracy of
373 curtsey movement, it achieved upwards of 95.2%.

374 Tölgessy et al. present a detailed evaluation of Kinect v1, Kinect v2, and Azure Kinect
375 skeleton tracking, analyzing joint-level error distributions and repeatability across distances
376 and orientations. Their results highlight degradation in accuracy under occlusion, off-axis
377 angles, and larger working distances, conditions typical of casual living-room dance setups.
378 The findings underline both the potential and the limits of Kinect-class sensors, suggesting
379 that practical applications often require either sensor fusion and smoothing to handle jitter
380 or a focus on more reliable joints for robust real-time scoring. (<https://www.mdpi.com/2076-3417/11/12/5756>)

382 Lin et al. investigate how interactive feedback design influences user motivation in
383 the context of Just Dance. Their study demonstrates that timely, clear cues significantly
384 improve engagement, perceived competence, and sustained participation, with direct effects
385 on physical activity outcomes. These findings show that feedback modalities and latency
386 are as critical as recognition accuracy in shaping the player experience, emphasizing
387 the importance of immediate, multimodal responses in dance or pose-based teaching
388 applications. (<https://doi.org/10.1089/g4h.2014.0092>)



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389 Yu and Xiong propose and validate a Dynamic Time Warping method for evaluating
390 rehabilitation exercises tracked with Kinect. Their algorithm successfully aligns
391 noisy, tempo-varying motion with reference trajectories, producing reliable correctness
392 scores even with partial occlusion. Applied to dance or short choreographies, DTW
393 offers a robust foundation for handling tempo shifts and timing variation, supporting
394 sequence-based scoring that is more forgiving than strict frame-to-frame comparison.
395 (<https://PMC6651850/>)

396 Rallis et al. compare Kinect II with the high-precision Vicon system in the context of
397 choreography retrieval and analysis, using trajectory similarity measures such as DTW.
398 While Kinect data contain noise and smoothing artifacts, the study shows that trajectory-
399 level patterns remain useful when algorithms are designed to tolerate sensor bias. Their
400 results support the use of low-cost consumer sensors, including RGB landmark pipelines, in
401 applications where robust temporal alignment and trajectory modeling can offset hardware
402 limitations. (<https://doi.org/10.3390/technologies7030056>)

403 Human pose estimation (HPE) has become an important area of study due to its applica-
404 tions in action recognition, sports, and performing arts. Xu, Zou, and Lin (2022) introduced
405 the Adaptive Hypergraph Neural Network (AD-HNN), which captures high-order semantic
406 dependencies among joints to improve multi-person pose estimation, particularly in han-
407 dling occlusion and pose variability. In dance analysis, Ju (2025) applied deep learning with
408 ResNet-152 and HR-Net to enhance dance pose recognition, addressing class imbalance
409 and improving classification accuracy through global-local feature fusion.

410 For cultural preservation, motion capture (MoCap) has been widely adopted. Rizhan
411 et al. (2025) demonstrated the use of MoCap to develop authentic motion templates for
412 Malay folk dances, ensuring accuracy and authenticity in preserving intangible cultural
413 heritage. In addition, Büyükgökoğlan and Uğuz (2025) developed a performance evaluation
414 system for Turkish folk dances using deep learning-based pose estimation (e.g., Mediapipe,



415 YOLO, LSTM), enabling objective assessment compared to traditional jury scoring.

TABLE 2.1 SUMMARY OF REVIEWED DANCE POSE ESTIMATION AND RECOGNITION STUDIES

Paper	Focus	Methodology	Results
<i>Survey of 3D Human Body Pose and Shape Estimation Methods for Contemporary Dance Applications</i> (Venkatrayappa et al., 2024)	Evaluates 3D human pose & shape estimation techniques for dance	Compares SMPL(-A/X), MANO, STAR, FLAME (optimization-based) and HMR, VIBE, SPIN, PARE, EX-POSE, PHALP (deep learning). Uses single image, multi-view, and video inputs	PHALP outperforms others; SMPL-X improves expressiveness; STAR excels in temporal modeling but PHALP limited by occlusion, lighting, and compute needs
<i>Dance Pose Identification from Motion Capture Data: A Comparison of Classifiers</i> (Protopapadakis et al., 2018)	Identifies dance types using skeletal data	Kinect skeletal data for Enteka, Kalambanianos, Syrtos; PCA + frame differencing; classifiers: k-NN, Naïve Bayes, DA, Trees, Random Forest, SVM, Ensembles	k-NN & Random Forest best; multimodal data recommended to handle occlusion
<i>DanceFormer: Hybrid Transformer Model for Real-time Dance Pose Estimation and Feedback</i> (Zhao et al., 2025)	Real-time pose estimation for complex dances	Hybrid Vision Transformer + Time Series Transformer; trained on AIST & Dance-Track datasets	MPJPE: 18.4mm/20.1mm; MOTA: 92.3%/89.5%; latency 35.2 ms (real-time capable)
<i>Dance Movement Recognition Based on Gesture</i> (Lei et al., 2023)	Improves low-accuracy traditional dance recognition	PAFs for skeleton node detection; LSTM for movement classification	>85% accuracy overall; 95.2% for curtsey movements

Continued on next page



Table 2.1 (continued)

Paper	Focus	Methodology	Results
<i>The Application of Deep Learning in Dance Movement Design</i> (Ju, 2025)	DL for designing & recognizing dance poses	ResNet-152 + HR-Net; global-local feature fusion; handles class imbalance	Accuracy 0.9870, precision 0.9851, sensitivity 0.9873, F-measure 0.9861, Kappa 0.9841
<i>Adaptive Hypergraph Neural Network for Multi-Person Pose Estimation</i> (Xu, Zou, and Lin, 2022)	Multi-person pose estimation from single images	Two-stage AD-HNN (Keypoint Localization + Adaptive Hypergraph); SIC module; end-to-end training	SOTA on MS-COCO, MPII, and CrowdPose datasets
<i>Skeleton Tracking Accuracy and Precision Evaluation of Kinect V1, Kinect V2, and Azure Kinect</i> (Tölgessy et al., 2021)	Evaluate joint-level accuracy and repeatability	Robotic manipulator (500 measurements/-position); tested Kinect v1, v2, Azure Kinect (NFOV/W-FOV)	Azure NFOV highest accuracy (0.8–1.9 mm SD); joint failures 15–30% under occlusion; performance drops at long range
<i>Just Dance Feedback Effects on Engagement and Physical Activity</i> (Lin et al., 2015)	Feedback & controller effects on dance exergames	2×2×2 factorial (feedback×controller×sex); 129 participants; 12-min sessions	Mean HR 109 bpm; clear feedback increased engagement & competence; multimodal cues improved participation
<i>A Dynamic Time Warping Based Algorithm to Evaluate Kinect-Enabled Home Rehabilitation</i> (Yu & Xiong, 2019)	DTW-based rehabilitation scoring	8 bone vectors + body orientation; converts DTW distance to 0–100% score; 21 participants (Tai Chi)	Scores correlated with experts ($r=0.86$); robust to tempo variation & occlusion

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Table 2.1 (continued)

Paper	Focus	Methodology	Results
<i>Choreographic Pattern Analysis from Heterogeneous Motion Capture Systems</i> (Rallis et al., 2019)	Choreography pattern analysis via Kinect vs. Vicon	DTW trajectory similarity; choreography retrieval; assessed sensor bias & smoothing	Kinect noisier but DTW mitigates bias; smoothing & joint selection improved accuracy
<i>Dance Movement Pose Estimation in Complex Scenes Based on Improved High-Resolution Networks</i> (2025)	Pose estimation in complex dance scenes	Enhanced HRNet backbone; improved feature extraction; robust under clutter	More reliable under occlusion; improved keypoint accuracy
<i>Development of a Performance Evaluation System in Turkish Folk Dance Using Deep Learning-Based Pose Estimation</i> (Büyükgökoğlan & Uğuz, 2025)	Deep learning-based scoring for Turkish folk dance	Webcam capture; MediaPipe/YOLO pose extraction; DTW, TLCC, LSTM, Siamese models	LSTM: 68.43 score (MSE 56.11); DTW: 60.64 (MSE 139.32); feasible but sensitive to camera angle

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2.2 Lacking in the Approaches

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These studies show the potential of pose estimation and deep learning for advancing both modern dance movement design and traditional folk dance preservation. However, there is little to no research in the Philippines that applies pose estimation to folk dances—particularly Tinikling—representing a significant gap and opportunity for future exploration.

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2.3 Summary

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Research on human pose estimation (HPE) spans multiple applications including AR/VR, healthcare, and dance. Optimization- and deep learning-based models (e.g., SMPL, SMPL-X, HMR, VIBE, SPIN, PARE, EXPOSE, PHALP) have been studied for realistic 3D body reconstruction (Venkatrayappa et al., 2024). Dance classification has been explored using skeleton data and machine learning classifiers like k-NN and Random Forest (Protopapadakis et al., 2018). Transformer-based models such as DanceFormer achieve high accuracy and real-time performance in dance pose estimation (Zhao et al., 2025), while PAF- and LSTM-based algorithms improve movement recognition (Lei et al., 2023). Kinect studies reveal both potential and limits in low-cost motion capture (Tölgessy et al., 2021; Rallis et al., 2019), while feedback and sequence-alignment approaches (Lin et al., 2015; Yu Xiong, 2019) highlight the importance of interactivity and temporal robustness.

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Chapter 3

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THEORETICAL CONSIDERATIONS



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Chapter 4

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DESIGN CONSIDERATIONS



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Chapter 5

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METHODOLOGY

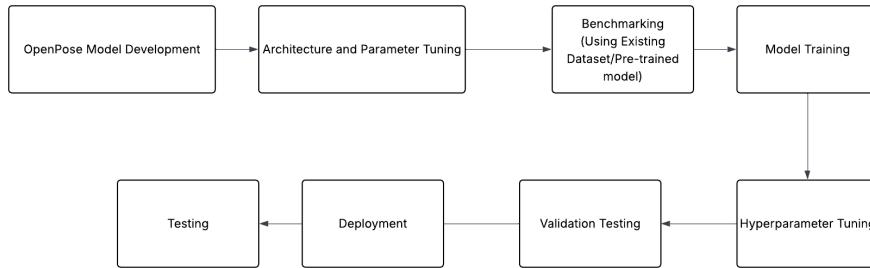


Fig. 5.1 Methodology Flowchart

5.1 Methodology

5.2 Design Considerations

5.2.1 Sensor choice, representation, and robustness

A study by Tölgessy, Dekan, and Chovanec (2021) demonstrated that Kinect-family depth sensors produce explicit 3D skeletons and give higher joint fidelity in controlled settings, but the accuracy falls with occlusion, off-axis views, and increased distance. Zhang et al. (2020) described MediaPipe, which yields compact 2D/3D landmark coordinates from ordinary RGB cameras and runs in real time on mobile devices. Therefore, designers often choose landmarks for rapid, lightweight prototypes and mobile deployment, and reserve depth or IR systems for installation-grade fidelity when hardware is available. To reduce real-world failure modes, practitioners apply photometric and background augmentation and synthetic occlusions during training, and they add a short calibration step so system metrics align with an individual user's range of motion.



468 **5.2.2 Temporal alignment and scoring**

469 Dance is a temporal activity and should be compared as a sequence rather than as isolated
470 frames. Yu and Xiong (2019) demonstrate that Dynamic Time Warping (DTW) can align
471 noisy, tempo-varying Kinect skeleton sequences and convert DTW distances into mean-
472 ingful performance scores. Rallis et al. (2019) apply DTW to choreographic trajectories
473 and show it can match patterns across high-precision (VICON) and low-cost (Kinect)
474 capture systems. Thus, a practical scoring pipeline first aligns sequences with DTW (or a
475 constrained variant) and then evaluates local spatial metrics such as joint-angle differences
476 or normalized trajectory distances to produce interpretable, per-segment correctness scores.

477 **5.2.3 Real-time feedback, segmentation, and pedagogy**

478 Lin (2015) finds that immediate, clear feedback in dance exergames improves engagement
479 and supports learning. Zhang et al. (2020) show that on-device landmark extraction can
480 run at real-time rates suitable for low-latency feedback. Combining these results suggests
481 a two-tier runtime design: use a fast, coarse matcher (enabled by on-device landmarks)
482 for instant cues, and run a slower, higher-precision alignment and scoring pass for final
483 grading. Breaking choreography into short labeled segments also simplifies alignment and
484 reduces error accumulation; Rallis et al. (2019) illustrate that segment- or trajectory-level
485 matching better supports choreographic retrieval and per-segment feedback.

486 **5.2.4 Accessibility, personalization, and evaluation**

487 Yu and Xiong (2019) convert DTW distances into calibrated percentage scores, which
488 supports per-user calibration and comparison against an individualized baseline. Tölgessy



489 et al. (2021) recommend measuring sensor-level metrics such as joint error and dropout rates
490 when choosing a capture modality. Therefore, system designs should include adjustable
491 sensitivity, alternate gesture mappings, and user profiles, and evaluation should combine
492 sensor metrics (joint error, dropout, latency) with human-centered measures (perceived
493 accuracy, engagement, and learning gain) to justify architecture and scoring choices.

494 **5.3 Theoretical Considerations**

495 **5.3.1 Human Pose Estimation**

496 Human pose estimation is the process of predicting the pose of human body parts. The
497 data are typically stemming from RBD images or videos. Given that certain motions are
498 motivated by human actions, detecting poses is a critical aspect of human action recognition
499 (Song et al., 2021). It has a wide range of applications such as human-computer interaction,
500 motion analysis, augmented reality, and virtual reality. The resulting output of human pose
501 estimation is a skeleton-like representation of the human body consisting of nodes and
502 limbs (Zheng et al, 2020)). There are 2 main types of human pose estimation, namely 2D
503 and 3D. 2D pose estimation consists of predicting the posture of each of the body's key
504 points in a 2D plane, considering the X and Y axis. As for 3D pose estimation, it considers
505 the Z axis, situating each point in a 3D space. It goes without saying that the 3D estimation
506 would be much more difficult in comparison to 2D estimation in process or complexity due
507 to underlying issues which may manifest such as noisy backgrounds, clothing, lighting,
508 undetected joints, or occlusion (Ben Gamra Akhloufi, 2021).



509 **5.3.2 Human Action Recognition**

510 Human action recognition, otherwise known as HAR, is the process of detecting human
511 actions in order to classify them through single sensor data, RGB image or video data, or
512 three-dimensional depth and inertial data (Sakar et al., 2022). In the field of computer vision,
513 one of the most challenging aspects of it is the automatic and precise identification of human
514 activity. Over the years, there has been a significant increase in feature learning-based
515 representations for human action recognition as a result of the widespread utilization of deep
516 learning-based features. There are various applications of Human action recognition. For
517 instance, automated surveillance systems make use of AI and machine learning algorithms
518 in order to identify human actions for the sake of safety and security. Such a task, however,
519 is made difficult due to various factors such as changing online environments, occlusion,
520 different viewpoints, execution pace and biometric change. Not only this, but the human
521 body also varies from person to person in factors such as size, appearances, and shapes.
522 However, advancements in Convolutional Neural Networks, otherwise known as CNNs,
523 resulted in significant progress for human action recognition through improvements on
524 classification, segmentation and object detection. This largely applies more on image-
525 related tasks rather than videos as neural network models struggle to capture temporal
526 information in videos due to a lack of substantial datasets (Morshed et al., 2022).

527 **5.4 Summary**

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Chapter F MEMBER SKILLSET IDENTIFICATION

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TABLE F.1 TEAM MEMBERS' PROGRAMMING SKILLS

Member	Model Dev.	UI Design	Source Control (GitHub)	Problem Solving & Opt.	Python
Hans	Intermediate	Novice	Expert	Intermediate	Intermediate
Gerald	Intermediate	Basic	Novice	Intermediate	Intermediate
Nathan	Intermediate	Novice	Novice	Intermediate	Intermediate



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Chapter G

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WORK BREAKDOWN

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STRUCTURECAPSTONE PROJECT ON OPERATIONAL TECHNOLOGIES

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G. Work Breakdown Structure Capstone Project on Operational Technologies



De La Salle University

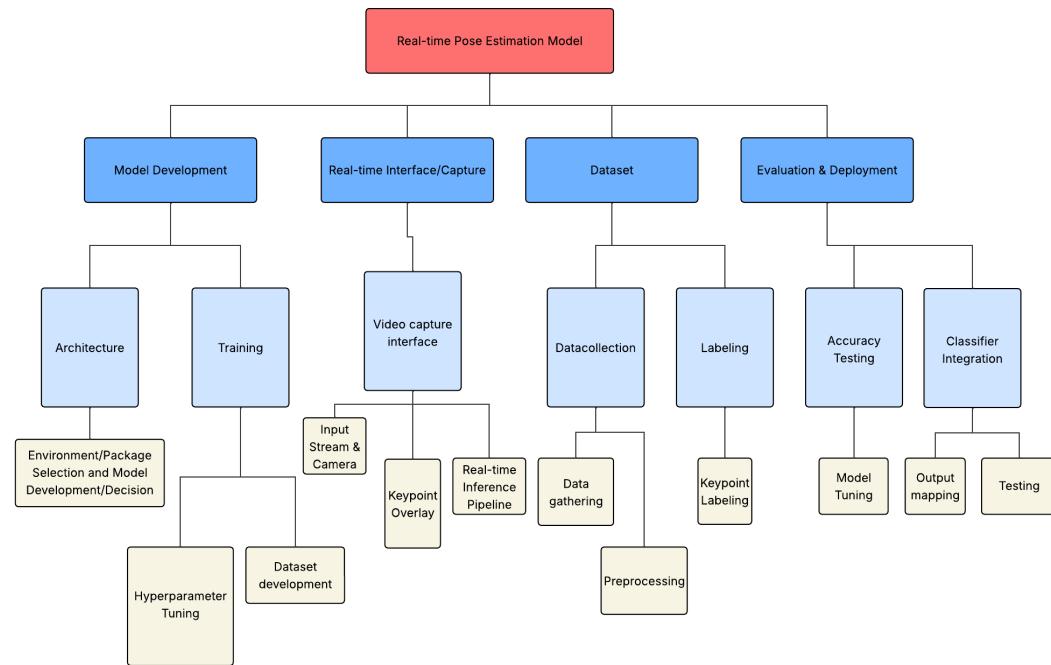


Fig. G.1 Work Breakdown Structure for Hans Capstone Project on Operational Technologies

G. Work Breakdown Structure Capstone Project on Operational Technologies



De La Salle University

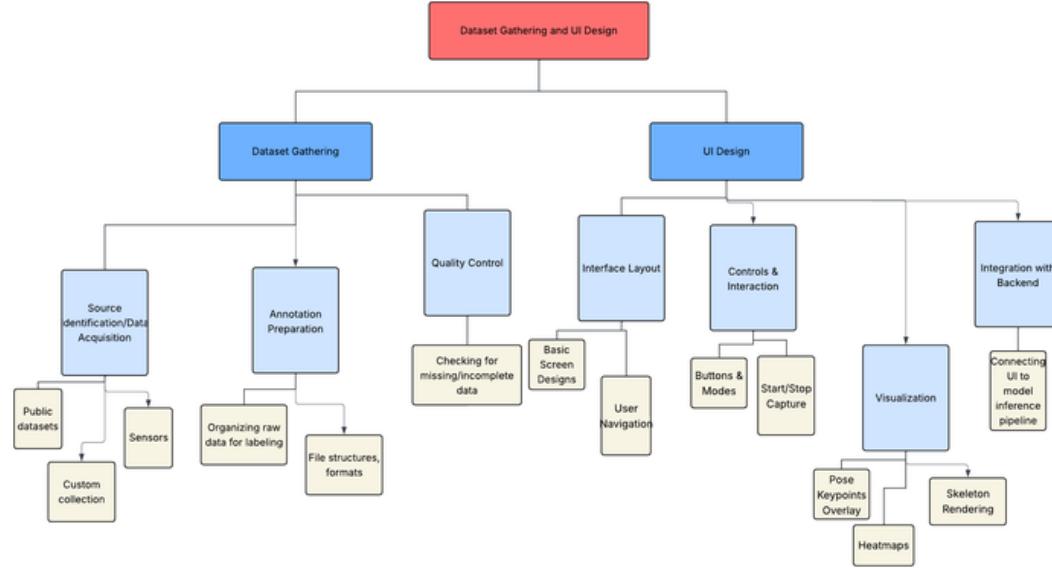


Fig. G.2 Work Breakdown Structure for Nathan Capstone Project on Operational Technologies

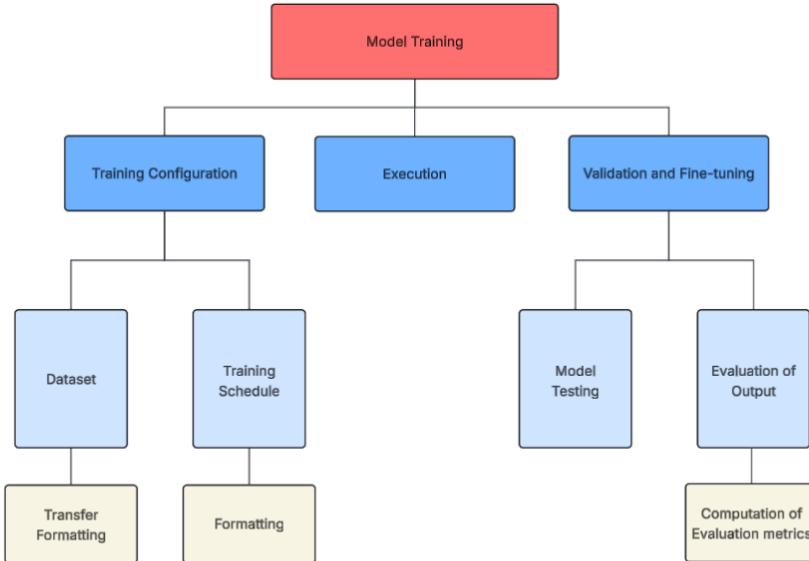


Fig. G.3 Work Breakdown Structure for Gerald Capstone Project on Operational Technologies