

Let's break it down. How was your performance of the musical score?

	Pulse and Rhythm	Pitch	Articulation	Dynamics	Body Feeling
Level 4	My pulse control helped to tell a story.	I played all the notes correctly.	My articulation helped to tell a story.	My dynamics helped to tell a story.	All my movements flowed easily and enjoyably.
Level 3	I played with a clear meter pulse.	I played almost all the notes correctly.	I demonstrated all the marked articulation.	I demonstrated the marked dynamics.	All my movements flowed easily.
Level 2	I played with a clear beat pulse.	I played many of the notes correctly.	I demonstrated most of the marked articulation.	I demonstrated most of the marked dynamics.	Most of my movements flowed easily.
Level 1	I played with a somewhat clear beat pulse.	I played some of the notes correctly.	I demonstrated some of the marked articulation.	I played some of the marked dynamics.	A few of my movements flowed easily.
Level 0	I played incorrect rhythms.	I played none of the notes correctly.	I demonstrated none of the marked articulation.	I did not play any of the marked dynamics.	None of my movements flowed easily.

Pulse and Rhythm	Pitch	Articulation	Dynamics	Body Feeling
<p><b>Beat Pulse</b> refers to beats that are even and predictable which is important because it is the foundation of fluency. <b>Rhythm</b> is about the subdivisions of your pulsing beats. <b>Meter Pulse</b> refers to a discernible hierarchy of beats according to the time signature. Artistic judgement will be required to create exceptional flow.</p>	<p><b>Pitch</b> refers to the wave frequency of a note which is important because the combination of notes affects the harmony.</p>	<p><b>Articulation</b> can be thought of as how clearly your music "speaks". It is about how you join or separate your tones. How are you using articulation to create musical interest and meaning?</p>	<p><b>Dynamics</b> refers to the relative volume of your notes. How are you using volume to guide your pulse? How are you using volume to tell your story? How are you using volume to create layers?</p>	<p>The piano is a machine that is moved by the <b>human body</b>. Refined muscle coordination and clear musical ideas enable students to perform with confidence, control, and longevity. <b>Interoception</b> and <b>proprioception</b> are key skills for this element.</p>

Aim for... quality first, then quantity! Wishing you a great practice session.