

A Book About The First Love Story

I can sit there for a very long time to read a good book.

Today, I finished reading this book and have to say that, it is my favorite best seller so far.

Also it's worthy to share my feelings toward this book.

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New York Times Bestselling Author of
Walking the Bible and *Abraham*
Bruce Feiler
The First Love Story
Adam, Eve, and Us



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The author starts to tell the story from the time when he went to Iraq in 2004, a place surrounded by terrorism threats.

There, he found the Garden of Eden, the one recorded in Bible. Also there, a group of people planned to rob him because he is an American. On his way to escape, bullets were flying around his car. However, later, a local young girl gave him 2 olive branches.

From that moment, I have realized that I like this book.

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I also love the art story this book talks about. Especially the part related to Michelangelo's paintings in Sistine Chapel. The way this artist chose to depict Adam & Eve's story, the position he put each paint on that ceiling all opened my eyes. I even did more research related to those stories.



The book also make me understand feminism in a new way. I used to think feminism means women are tend to be stronger than men. But in fact, the female leaders who stared feminism movement just wanted the world to embrace them as who they are, at the time when women had much less social rights.

Therefore, consider the time when Charlotte wrote Jane Eyre, now I have more respect toward her character Jane.

My favorite example must be Frankenstein. When Mary finished this story, she had to use a man's name to publish it. Moreover, this horror story contains much more philosophy than I thought. In the story, the creation of the monster is like the creation of Adam, however, the monster felt lonely, hoping to get a partner. Sadly, at the end, he didn't.



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*You think it's insane for
Frankenstein to get a bride?*

*But people all like the story of
Beauty & The Beast.*



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Through out the whole book, you can always find discussions, examples and the thinking about love, as well as togetherness.

I love the real world examples in the book with the inspiration got from the first couple. For example, in modern time, after some family lost their children, it could lead to divorce. In Bible, after Cain killed Abel, Adam didn't talk to Eve more than 100 years. HOWEVER, finally they chose to be together and gave birth to Seth and more children.

It seems that every family could suffer incidents that will break the relationship, but the meaning of "family" is to choose to be together, from both sides.

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*A researcher also have analyzed the active brain parts of those happy couples. They all share 3 active parts which control: **Empathy, Control of Emotion, and Positive Illusion.** (I think with these , people can also be happy in the workplace)*

Positive Illusion means, you don't have to fully agree, but should have enough positive memories about your partner.

*In China, our philosophy for togetherness and family is mainly about **Tolerance.***

However, I think it is easier to achieve the 3 things above, because it is more based on understanding. Without empathy, it is difficult to tolerate for the rest of your life.