

03 Review of Report.

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* Ways to reduce the violations issues from common man point of view.

⇒ Citizens & government can do following things:

1) Promote awareness and Education.

→ Educating oneself & others about fundamental human rights such as right to equality, freedom of expression & right to live with dignity.

→ Advocating for human rights topic in school curriculum helps create awareness from an early age.

2) Support marginalized groups:

→ Engage with vulnerable communities will offer moral & material support to communities facing systemic discrimination or poverty.

→ Encourage workplaces, schools & public spaces to adopt inclusive policies that promote diversity & counter bias.

3) Stand against Discrimination:

→ Actively support equality & oppose casteism, sexism in daily life by raising awareness.

→ Practicing fairness & equal treatment to all citizens.

4) Report violations:

→ Identify & document human rights abuses such as domestic violence, child labor.

→ Use social platforms to bring attention to human rights issues while maintaining the confidentiality of victims.

5) Encourage community dialogue:

- Create safe space for open dialogue between different community groups to reduce tensions.
- Encourage mediation & peaceful resolution of disputes instead of resorting to exclusion.

6) Volunteer & support NGOs.

- Contribute & volunteering with organizations working in areas like child rights, women's safety & refugee support.
- Support initiative financially or through resource collection drives to aid victims of human rights abuse.

7) Advocate for fair policies.

- Engage in campaigns to demand stronger human rights policies.
- Encouraging transparency & call for better accountability from local authorities, police & judicial system.

8) Challenge Victim-Blaming Culture.

- Instead of blaming victims of violence or discrimination, understand their situation.
- Promote the idea that perpetrators are responsible, not the victims, to shift social attitudes.

9) Empower Legal Protection:

- Help others understand the legal rights available for protection against discrimination
- Guide victims in seeking legal recourse by connecting them with lawyers

10) Raise Voices through collective action.

- Stand against unjust practices by joining protests or signing petitions
- Share stories & amplify voices of victims using digital platform to reach broader audience.