Tsinghua-Berkeley Shenzhen Institute Information Theory and Statistical Learning Fall 2020

Homework 4

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- Acknowledgments: For Problem 1, I refer to https://en.wikipedia.org/wiki/Incomplete_gamma_function for Incomplete Gamma function None
- Collaborators: I finish this homework by myself.
- I certify that all solutions are entirely in my words and that I have not looked at another student's solutions. I have credited all external sources in this write up.

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4.1. (a) Because $\mathbf{x}_i \overset{i.i.d.}{\sim} \mathcal{N}(0, \sigma^2)$, $\mathbf{y} = \sum_{i=1}^n \frac{\mathbf{x}_i^2}{\sigma^2} \sim \chi_n^2$. $\mathbb{P}(Y \geqslant n\alpha^2/\sigma^2) = \frac{\Gamma(\frac{n}{2}, \frac{n\alpha^2}{2\sigma^2})}{\Gamma(\frac{n}{2})} \text{ where } \Gamma(s, x) \text{ denotes the upper Incomplete Gamma function.}$

So

$$-\frac{1}{n}\log \mathbb{P}(\frac{1}{n}\sum_{i=1}^{n}\mathbf{x}_{i}^{2} \geqslant \alpha^{2}) = -\frac{1}{n}\log \mathbb{P}(Y \geqslant \frac{n\alpha^{2}}{\sigma^{2}})$$

$$= -\frac{1}{n}\log \frac{\Gamma(\frac{n}{2}, \frac{n\alpha^{2}}{2\sigma^{2}})}{\Gamma(\frac{n}{2})}$$
(1)

To find the asymptotic property, using Sanov's theorem,

$$\lim_{n \to \infty} -\frac{1}{n} \log \mathbb{P}\left(\frac{1}{n} \sum_{i=1}^{n} \mathbf{x}_{i}^{2} \geqslant \alpha^{2}\right) = \inf_{\mathbb{E}_{P}[X^{2}] \geqslant \alpha^{2}} D(P || \mathcal{N}(0, \sigma^{2}))$$
(2)

Suppose the distribution P has pdf f(x), it can be seen as an optimization problem with constraints, that is,

$$\begin{aligned} & \min \qquad D(P\|\mathcal{N}(0,\sigma^2)) = \int f(x) \log \frac{f(x)}{\frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{x^2}{2\sigma^2}}} \\ & \text{s.t.} \qquad \qquad \int f(x) x^2 \geqslant \alpha^2 \qquad \qquad (3) \\ & \qquad \qquad \int f(x) = 1 \end{aligned}$$

Define

$$J(f) = \int f(x) \log \frac{f(x)}{\frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{x^2}{2\sigma^2}}} + \lambda \left(\int f(x)x^2 - \alpha^2 \right) + \mu \left(\int f(x) - 1 \right)$$
(4)

And let $\frac{\partial J}{\partial f} = 0$ we have

$$\frac{\partial J}{\partial f} = \log f(x) + \lambda x^2 + \mu = 0 \tag{5}$$

So $f(x)=\exp^{-\mu-\lambda x^2}$, which is normal distribution and satisfies $\mathbb{E}[X^2]\geqslant \alpha^2$. So $P^*=\mathcal{N}(0,\alpha^2)$ and

$$\lim_{n \to \infty} -\frac{1}{n} \log \mathbb{P}(\frac{1}{n} \sum_{i=1}^{n} x_i^2 \geqslant \alpha^2) = D(P^* || \mathcal{N}(0, \sigma^2))$$

$$= \int_{\mathbb{R}} f(x) \log \frac{\frac{1}{\sqrt{2\pi\alpha^2}} e^{-\frac{x^2}{2\alpha^2}}}{\frac{1}{\sqrt{2\pi\sigma^2}} e^{-\frac{x^2}{2\sigma^2}}} dx \qquad (6)$$

$$= \ln \frac{\sigma}{\alpha} + \frac{1}{2} (\frac{\alpha^2}{\sigma^2} - 1)$$

- (b) Using the conclusion from (a), $P^* = \mathcal{N}(0, \alpha^2)$.
- 4.2. (a) To prove the following lemma,

$$\left(\frac{n}{e}\right)^n \leqslant n! \leqslant n \left(\frac{n}{e}\right)^n \tag{7}$$

Which is equivalent to,

$$n \ln n - n \leqslant \ln(n!) \leqslant (n+1) \ln n - n \tag{8}$$

For the left part, notice that $\ln(1+\frac{1}{i})<\frac{1}{i}$ for $i\geqslant 1$ which leads to,

$$(i+1)\ln(i+1) - i\ln i - 1 < \ln(i+1) \tag{9}$$

Sum for $i = 1, 2, \dots, n - 1$, we have

$$n \ln n - (n-1) < \sum_{i=1}^{n-1} \ln(i+1) = \ln(n!)$$
 (10)

For the right part, it holds only when $n \geqslant 7$. It is easy to check n=7. So $\ln(7!) \leqslant 8 \ln 7 - 7$

And for $n\geqslant 8$, because $\ln(1+x)>\frac{x}{x+1}$ for x>0, $\ln(1+\frac{1}{i})>\frac{1}{i+1}$, $\ln i<(i+1)\ln(i+1)-i\ln i-1$.

Sum for $i = 7, \dots, n-1$

$$\ln(6!) + \sum_{i=7}^{n-1} \ln i + \ln n < 7 \ln 7 - 7 + n \ln n + -7 \ln 7 + \ln n - (n-7) = (n+1) \ln n - n$$
(11)

So

$$\left(\frac{n}{e}\right)^n \leqslant n! \leqslant n \left(\frac{n}{e}\right)^n \tag{12}$$

(b) From (a) we have that as $n \to \infty$,

$$\frac{\ln(n!)}{n} \sim \ln \frac{n}{e} \tag{13}$$

Therefore

$$\lim_{n \to \infty} \frac{1}{n} \log \binom{n}{k} = \lim_{n \to \infty} \frac{1}{n} \log \frac{n!}{k!(n-k)!}$$

$$= \lim_{n \to \infty} \log \frac{n}{e} - p \log \frac{pn}{e} - (1-p) \log \frac{(1-p)n}{e}$$

$$= -p \log p - (1-p) \log (1-p) = H(p)$$
(14)

Another explanation using Sanov's theorem, suppose $X_1, X_2, \cdots, X_n \overset{i.i.d}{\sim} Bernoulli(\frac{1}{2})$ consider

$$\lim_{n \to \infty} -\frac{1}{n} \log \mathbb{P}\left(\frac{1}{n} \sum_{i=1}^{n} X_i = p\right) \tag{15}$$

On the one hand, $\sum_{i=1}^{n} X_i \sim Binomial(n, \frac{1}{2})$, so

$$\lim_{n \to \infty} -\frac{1}{n} \log \mathbb{P}\left(\frac{1}{n} \sum_{i=1}^{n} X_i = p\right) = \lim_{n \to \infty} -\frac{1}{n} \log \left[\binom{n}{k} \frac{1}{2^n}\right] = 1 - \lim_{n \to \infty} \frac{1}{n} \log \binom{n}{k}$$
(16)

On the other hand, using Sanov's theorem,

$$\lim_{n \to \infty} -\frac{1}{n} \log \mathbb{P}(\frac{1}{n} \sum_{i=1}^{n} X_i = p) = D(Bernoulli(p) || Bernoulli(\frac{1}{2}))$$

$$= p \log 2p + (1-p) \log(2(1-p))$$

$$= 1 + p \log p + (1-p) \log(1-p)$$

$$= 1 - H(p)$$
(17)

Also we can get

$$\lim_{n \to \infty} \frac{1}{n} \log \binom{n}{k} = H(p) \tag{18}$$

Using the same way but using categorical and multinomial distribution instead of Bernoulli and bionomial distribution.

$$\lim_{n \to \infty} \frac{1}{n} \log \left(\frac{n}{\lfloor np_1 \rfloor \lfloor np_2 \rfloor \cdots \lfloor np_{m-1} \rfloor} \left(n - \sum_{i=1}^{m-1} \lfloor np_i \rfloor \right) \right) = -\sum_{i=1}^{m} p_i \log p_i$$
where $\sum_{i=1}^{m} p_i = 1$.

4.3. (a) $\mathbb{E}_p[y] = 0$ means that $p_0 = 1, p_1 = p_2 = 0$. So \mathcal{L}_0 is just a single point (1, 0, 0).

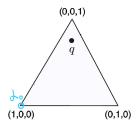


Figure 1: \mathcal{L}_0

(b) $\mathbb{E}_p[y] = \frac{1}{2}$ means $\mathcal{L}_{\frac{1}{2}} = \{p = (p_0, p_1, p_2) : p_0 + p_1 + p_2 = 1, p_1 + 2p_2 = \frac{1}{2}\}$ which is a line passing $(\frac{1}{2}, \frac{1}{2}, 0)$ and $(\frac{3}{4}, 0, \frac{1}{4})$.

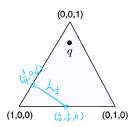


Figure 2: $\mathcal{L}_{\frac{1}{2}}$

- (c) The exponential family is $\mathcal{E} = \left\{ \tilde{q} : \tilde{q} = q e^{sf(y) \alpha(s)} \right\}$. Following Pythagoras's Identity, let f(y) = y so \mathcal{E} is orthogonal to $\mathcal{L}_{\frac{1}{2}}$. $\mathcal{E} = \left\{ \tilde{q} : \tilde{q} = q e^{sy \alpha(s)} \right\}$. Denote $\lambda = e^s$, so $\tilde{q}_0 = \frac{1}{1 + \lambda + 4\lambda^2}, \tilde{q}_1 = \frac{\lambda}{1 + \lambda + 4\lambda^2}, \tilde{q}_2 = \frac{4\lambda^2}{1 + \lambda + 4\lambda^2}$. Notice that \mathcal{E} passes (1,0,0) and (0,0,1) and $\tilde{q}_1 \leqslant \frac{1}{5}$.
- (d) Using the Lagrange-Multiplier method we can induce that the I-projection p^* of q onto $\mathcal{L}_{\frac{1}{2}}$ belongs to \mathcal{E} . So $p^* \in \mathcal{L}_{\frac{1}{2}} \cap \mathcal{E}$. By $\tilde{q}_1 + 2\tilde{q}_2 = \frac{1}{2}$ we can solve $\lambda = \frac{1}{4}$, $p^* = (\frac{2}{3}, \frac{1}{6}, \frac{1}{6})$
- (e) As figure 5

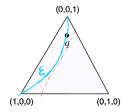


Figure 3: \mathcal{E}

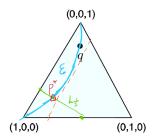


Figure 4: p^*

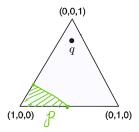


Figure 5: $\mathcal P$

(f) First, for any $p \in \mathcal{P}$, it belongs to some $\mathcal{L}_{\gamma} = p : \mathbb{E}_p[y] = \gamma$ and $\gamma \leqslant \frac{1}{2}$. So $D(p||q) \geqslant D(p_{\gamma}^*||q)$ where p_{γ}^* is the I-projection of q onto \mathcal{L}_{γ} . And $p_{\gamma}^* \in \mathcal{E}$. Thus,

$$p^* = \arg\min_{p \in \mathcal{P}} D(p||q) = \arg\min_{p \in \mathcal{P} \cap \mathcal{E}} D(p||q)$$
 (20)

For $\tilde{q}_s \in \mathcal{P} \cap \mathcal{E}$, $\gamma = \mathbb{E}_{\tilde{q}}[y] = \tilde{q}_1 + 2\tilde{q}_2 = \frac{\lambda + 8\lambda^2}{1 + \lambda + 4\lambda^2}$, $\lambda = e^s$.

$$\frac{d\gamma}{d\lambda} = \frac{1 + 16\lambda + 4\lambda^2}{(1 + \lambda + 4\lambda^2)^2} \geqslant 0 \tag{21}$$

So γ strictly increases with λ , then γ strictly increases with s, vice versa. And when $\gamma = \frac{1}{2}, \lambda = \frac{1}{4}, s = -\ln 4$ And $D(\tilde{q}_s || q) = s \mathbb{E}_{\tilde{q}_s}[y] - \alpha(s)$.

$$\frac{\partial D(\tilde{q}_s || q)}{\partial s} = s \operatorname{Var}_{\tilde{q}_s}[y] \leqslant 0, \quad \text{for } s \leqslant -\ln 4 < 0$$
 (22)

So $\frac{\partial D(\tilde{q}_s \| q)}{\partial \gamma} \leqslant 0$ for $\gamma \leqslant \frac{1}{2}$. To minimize $D(\tilde{q}_s \| q)$, $\gamma^* = \frac{1}{2}, p^* = (\frac{2}{3}, \frac{1}{6}, \frac{1}{6})$

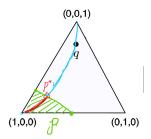


Figure 6: p^*

4.4. (a) $\forall p \in \mathcal{P}$

$$D(q||p) = \sum_{x=0}^{\infty} q(x) \log \frac{q(x)}{p(x)}$$
(23)

For $x \ge M$, q(x) > 0, q(x) = 0, $q(x) \log \frac{q(x)}{p(x)} = \infty$, so $D(q||p) = \infty$

(b) $\forall p \in \mathcal{P}$

$$D(p||q) = \sum_{x=0}^{\infty} p(x) \log \frac{p(x)}{q(x)}$$
(24)

For $x\geqslant M$, q(x)>0, q(x)=0, $p(x)\log\frac{p(x)}{q(x)}=0$. For x< M, $p(x)\log\frac{p(x)}{q(x)}<\infty$, so $D(p\|q)<\infty$

(c) To find the I-projection,

min
$$\sum_{i=0}^{M-1} p_i \log \frac{p_i}{q_i}$$
s.t.
$$\sum_{i=0}^{M-1} p_i = 1$$
 (25)

Using Lagrange Multiplier,

$$L = \sum_{i=0}^{M-1} p_i \log \frac{p_i}{q_i} + \lambda (\sum_{i=0}^{M-1} p_i - 1)$$
 (26)

$$\frac{\partial L}{\partial p_i} = 1 + \log \frac{p_i}{q_i} + \lambda = 0, \quad i = 0, 1, 2, \cdot, M - 1$$
 (27)

So

$$p_i = \frac{q_i}{\sum_{i=0}^{M-1} q_i} = \frac{q_i}{Q(M-1)}$$
 (28)

And

$$D(p^*||q) = \sum_{i=0}^{M-1} p_i \log \frac{p_i}{q_i} = -\log Q(M-1)$$
 (29)

(d)

min
$$\sum_{i=0}^{\infty} p_i \log \frac{p_i}{q_i}$$
s.t.
$$\sum_{i=0}^{M-1} p_i = 1 - \varepsilon,$$
 (30)
$$\sum_{i=M}^{\infty} p_i = \varepsilon$$

Using Lagrange Multiplier,

$$L = \sum_{i=0}^{\infty} p_i \log \frac{p_i}{q_i} + \lambda \left(\sum_{i=0}^{M-1} p_i - 1 + \varepsilon\right) + \mu \left(\sum_{i=M}^{\infty} p_i - \varepsilon\right)$$
(31)

$$\frac{\partial L}{\partial p_i} = 1 + \log \frac{p_i}{q_i} + \lambda = 0, \quad i = 0, 1, 2, \cdot, M - 1$$

$$\frac{\partial L}{\partial p_i} = 1 + \log \frac{p_i}{q_i} + \mu = 0, \quad i = M, \cdot$$
(32)

So

$$p_{i} = \begin{cases} \frac{(1-\varepsilon)q_{i}}{Q(M-1)}, & i = 0, 1, 2, \cdot, M-1\\ \frac{\varepsilon q_{i}}{1 - Q(M-1)}, & i = M, \dots \end{cases}$$
(33)

And

$$D(p_{\varepsilon}^* \| q) = (1 - \varepsilon) \log \frac{1 - \varepsilon}{Q(M - 1)} + \varepsilon \log \frac{\varepsilon}{1 - Q(M - 1)}$$
 (34)

$$\lim_{\varepsilon \to 0} D(p_{\varepsilon}^* || q) = -\log Q(M - 1) = D(p^* || q)$$
(35)

- (e) Define a indication function $f(y) = \mathbf{1}(y \ge M)$, then $\mathcal{P}_{\varepsilon} = \{p : \mathbb{E}_p[f(y)] = \epsilon\}$ is a linear family.
- (f) Because $\mathcal{P}_{\varepsilon}$ is a linear family, the I-projection p_{ϵ}^* belongs to a exponential family $\mathcal{E} = \{\tilde{q} = qe^{sf(y)-\alpha(s)}\}$. And because $f(y) = \mathbf{1}(y \ge M)$. So $\tilde{q}_i = e^{-\alpha(s)}q_i, i = 0, 1, \dots, M-1$ and $\tilde{q}_i = e^{s-\alpha(s)}q_i, i = M, \dots$. Comparing with the result in (4), the corresponding parameter

$$s^* = \log \frac{\varepsilon Q(M-1)}{(1-\varepsilon)(1-Q(M-1))}$$
(36)

4.5. (a)
$$K_{\mathbf{x}} = \operatorname{cov}(\underline{\mathbf{x}}) = \mathbb{E}\left[\left(\underline{\mathbf{x}} - \mathbb{E}[\underline{\mathbf{x}}]\right)\left(\underline{\mathbf{x}} - \mathbb{E}[\underline{\mathbf{x}}]\right)^{T}\right] = \mathbb{E}\left[\underline{\mathbf{x}}\underline{\mathbf{x}}^{T}\right]$$
(37)

And $\mathbb{E}[x_1^2] = \mathbb{E}[x_2^2] = \sigma^2, \mathbb{E}[x_1x_2] = \rho_x\sigma^2$, so

$$K_{\mathbf{x}} = \sigma^2 \begin{bmatrix} 1 & \rho_{\mathbf{x}} \\ \rho_{\mathbf{x}} & 1 \end{bmatrix} \tag{38}$$

Because $y = A\underline{x}$

$$K_{\mathbf{y}} = \mathbf{cov}(\underline{\mathbf{y}}) = \mathbb{E}\left[\left(\underline{\mathbf{y}} - \mathbb{E}[\underline{\mathbf{y}}]\right)\left(\underline{\mathbf{y}} - \mathbb{E}[\underline{\mathbf{y}}]\right)^{T}\right] = AK_{\mathbf{x}}A^{T} = \sigma^{2}\begin{bmatrix}1 - \rho_{\mathbf{x}}^{2} & 0\\ 0 & 1\end{bmatrix}$$
(39)

(b) First we prove that for joint Gaussian distribution (X,Y), if $\rho(X,Y)=0$ then x,y are independent. Because

$$f(x,y) = \frac{1}{2\pi\sigma_1\sigma_2\sqrt{1-\rho^2}} \times \exp\left[-\frac{1}{2(1-\rho^2)} \left(\frac{(x-\mu_1)^2}{\sigma_1^2} - \frac{2\rho(x-\mu_1)(y-\mu_2)}{\sigma_1\sigma_2} + \frac{(y-\mu_2)^2}{\sigma_2^2}\right)\right]$$
(40)

Let $\rho = 0$ we have,

$$f(x,y) = \frac{1}{\sqrt{2\pi\sigma_1^2}} e^{-\frac{(x-\mu_1)^2}{2\sigma_1^2}} \times \frac{1}{\sqrt{2\pi\sigma_2^2}} e^{-\frac{(y-\mu_2)^2}{2\sigma_2^2}}$$
$$= f(x)f(y)$$
(41)

So if $\rho(x,y)=0$, x,y are independent. Using this conclusion, y_1,y_2 are independent. Using the conclusion from Homework 1, $\forall f,g$, $\rho(f(\mathbf{y}_1),g(\mathbf{y}_2))=0$. So $\rho(\mathbf{y}_1,g(\mathbf{y}_2))=0$

(c)
$$y_1 = x_1 - \rho_x x_2, y_2 = x_2$$
. So $\mathbb{E}\left[\left(x_1 - \rho_x x_2\right)^2\right] \leqslant \mathbb{E}\left[\left(x_1 - g\left(x_2\right)\right)^2\right]$ is equivalent to

$$\mathbb{E}\left[y_1^2\right] \leqslant \mathbb{E}\left[\left(y_1 - g(y_2)\right)^2\right] \quad (g'(y_2) = g(y_2) - \rho_x y_2)$$
 (42)

Because $\rho(y_1, g(y_2)) = 0$, $\mathbb{E}[y_1 g(y_2)] = \mathbb{E}[y_1] \mathbb{E}[g(y_2)]$

$$\mathbb{E}\left[\left(\mathbf{y}_{1}-g\left(\mathbf{y}_{2}\right)\right)^{2}\right] = \mathbb{E}\left[\mathbf{y}_{1}^{2}\right] + \mathbb{E}\left[g(\mathbf{y}_{2})^{2}\right] - 2\mathbb{E}\left[\mathbf{y}_{1}g(\mathbf{y}_{2})\right]$$

$$= \mathbb{E}\left[\mathbf{y}_{1}^{2}\right] + \mathbb{E}\left[g(\mathbf{y}_{2})^{2}\right] \geqslant \mathbb{E}\left[\mathbf{y}_{1}^{2}\right]$$
(43)

4.6. (a) i. Because

$$\mathbb{E}\left[(\mathbf{y} - \alpha)^2\right] = \alpha^2 - 2\alpha \mathbb{E}[\mathbf{y}] + \mathbb{E}[\mathbf{y}^2]$$
$$= (\alpha - \mathbb{E}[\mathbf{y}])^2 + \mathbb{E}[\mathbf{y}^2] - (\mathbb{E}[\mathbf{y}])^2$$
(44)

Thus,

$$\mathbb{E}[y] = \underset{\alpha \in \mathbb{R}}{\operatorname{arg\,min}} \mathbb{E}\left[(y - \alpha)^2 \right]$$
 (45)

ii. As we can see, when $\alpha = \mathbb{E}[y]$, the corresponding MSE is

$$\mathbb{E}[y^2] - (\mathbb{E}[y])^2 = \text{var}(y) = \min_{\alpha \in \mathbb{R}} \mathbb{E}\left[(y - \alpha)^2 \right]$$
 (46)

(b) i. To minimize $\mathbb{E}\left[(y-f(x))^2\right]$, we can minimize $\mathbb{E}\left[(y-f(x))^2|x=x\right]$ for every x. Since f(x) is a constant given x=x

$$\mathbb{E}\left[(\mathbf{y} - f(\mathbf{x}))^2 | \mathbf{x} = x \right] = (f(x))^2 - 2f(x)\mathbb{E}\left[\mathbf{y} | x \right] + \mathbb{E}\left[\mathbf{y}^2 | x \right]$$
$$= (f(x) - \mathbb{E}\left[\mathbf{y} | x \right])^2 + \mathbb{E}\left[\mathbf{y}^2 | x \right] - (\mathbb{E}\left[\mathbf{y} | x \right])^2$$
$$= (f(x) - \mathbb{E}\left[\mathbf{y} | x \right])^2 + \text{var}(\mathbf{y} | x)$$
(47)

Thus,

$$\mathbb{E}[\mathbf{y} \mid \mathbf{x}] = \underset{f: \mathcal{X} \to \mathbb{R}}{\operatorname{arg min}} \mathbb{E}\left[(\mathbf{y} - f(\mathbf{x}))^2 \right]$$
 (48)

- ii. For every x, the standard error is $\text{var}(\mathbf{y}|x)$, so the MSE is $\mathbb{E}[\text{var}(\mathbf{y}|x)]$.
- (c) If x, y are independent, var(y) = var(y|x) so $var(y) = \mathbb{E}[var(y|x)]$.

$$x \perp y \Longrightarrow MSE(\mathbb{E}[y]) = MSE(\mathbb{E}[y \mid x])$$
 (49)

And Using the Law of Total Variance,

$$var(y) = \mathbb{E}\left[var(y|x)\right] + var(\mathbb{E}\left[y|x\right]) \tag{50}$$

 $var(\mathbb{E}[y|x]) = 0$, which means $\mathbb{E}[y|x]$ is a constant, so $\mathbb{E}[y|x] = \mathbb{E}[\mathbb{E}[y|x]] = \mathbb{E}[y]$. So

$$\mathbb{E}[f(\mathbf{x})\mathbf{y}] = \mathbb{E}[\mathbb{E}[f(\mathbf{x})\mathbf{y}|\mathbf{x}]]$$

$$= \mathbb{E}[f(\mathbf{x})\mathbb{E}[\mathbf{y}|\mathbf{x}]]$$

$$= \mathbb{E}[f(\mathbf{x})\mathbb{E}[\mathbf{y}]]$$

$$= \mathbb{E}[f(\mathbf{x})]\mathbb{E}[\mathbf{y}]$$
(51)

So

$$MSE(\mathbb{E}[y]) = MSE(\mathbb{E}[y \mid x]) \Longrightarrow \forall f, \rho(f(\mathbf{x}), \mathbf{y}) = 0$$
 (52)

In general $\operatorname{var}(\mathbb{E}\left[\mathbf{y}|\mathbf{x}\right])\geqslant0$, so

$$MSE(\mathbb{E}[y]) = var(y) = \mathbb{E}[var(y|x)] + var(\mathbb{E}[y|x])$$

$$\geq \mathbb{E}[var(y|x)] = MSE(\mathbb{E}[y|x])$$
(53)