Depression

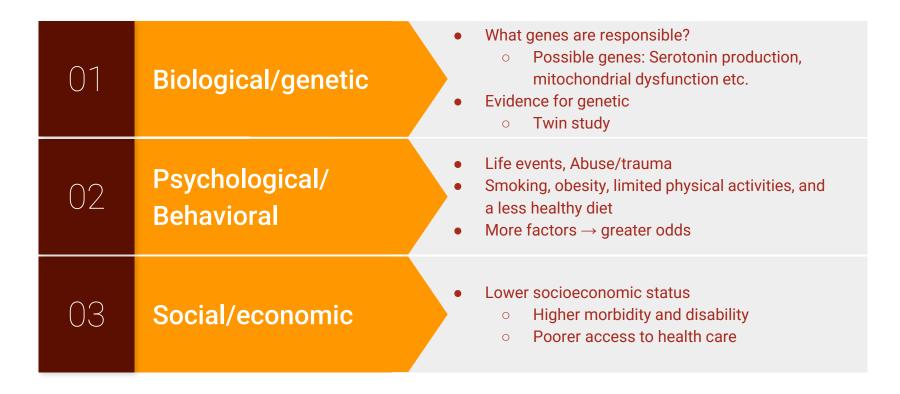
Hantong Hu

What is depression?

- Mood disorder
- Affect cognition and daily activities
- High prevalence and impairment

https://www.nimh.nih.gov/health/topics/depression/index.shtml

Risk factors



Preventions and Impact on biostatistics

Primary

Relax, socialize, and take good care of yourself

Secondary

Depression screening

- PHQ-9
- CES-D

Tertiary

Medication Cognitive therapy

- Biostatisticians may be focusing on clinical trials and medical researches, but it is important to understand health is not only about medication
- It is also important to consider health disparity before making conclusions