

RECIPE COLLECTION

Traditional Cooking Methods

Recipe: Beef Goulash Variation 6

Region: Western Mexico

Cooking Time: 1.5 hours

Difficulty: Easy

Serves: 4-6

INGREDIENTS:

- 2 lbs beef chuck
- 2 onions
- 3 tbsp paprika
- 2 cups beef broth

INSTRUCTIONS:

1. Brown the beef in oil
2. Add onions and cook until soft
3. Add paprika and broth
4. Simmer for 1.5 hours