



Carlos Pena Saavedra (12) and Will Tran (12) pose with their Senior Night posters, signed lovingly by members of the team.



Natalie Germanov (12), Katie Kim (12), and Molly Johnson (12) celebrate with candy garlands at Swim Senior Night.



Swimmers prepare to dive at Senior Night. Credit: Molly Johnson (12)

Student swimmers worked hard to compete at breaking times, set new records, and facing off with other schools. The team perfected their technique by honing their form. The form is one of the most important parts of swimming — a good stance helps you swim faster and more efficiently. The team also practiced dives from the diving board to start races strong, and drilled sets to build up physical endurance. The team shared very strong bonds and a lot of great chemistry, and enjoyed an amazing swimming season. “My favorite part is going to swim meets, they’re really fun and you get to enjoy a team bonding experience,” said Gideon Steele (9).

SWIMMING



The team energetically cheers before a meet! Clockwise from left: Natalie Germanov (12), Robert Rassner (10), Samuel Andrews (9), Oliver Lin (10), Tiergan Enniss (9), Neil Raman (9), Kai Gerton (12), Coach Casey Jackson, Gideon Steele (9), Molly Johnson (12). Credit: Molly Johnson (12)



Swimmers dive into the pool at the sound of the buzzer.

SWIM STROKES



Butterfly

Also known as a “fly” stroke, both arms move in sync with the hips and chest, followed by a kick of the legs.



Freestyle

Formally called the “front crawl”, the arms alternate strokes followed by scissor kicks in a face-down position.



Breast Stroke

Chest down, the arms and legs move in a circular motion, much like the motion of a frog.

The swim team’s annual holiday party, this year hosted by Natalie Germanov (12).



Yaxin Zhuo (11) and Avery Jones (11) pose for a selfie by the pool.



Molly Johnson (12) takes a selfie with Natalie Germanov (12), Katie Kim (12), Will Tran (12), and Carlos Pena Saavedra (12).



Molly Johnson (12) performs a butterfly stroke.



MAKING MEMORIES

Regardless of the wins or losses, the team enjoyed creating memories together. The team carpools to practice, spending time chatting, listening to music and enjoying a good laugh. New team members would always be introduced and welcomed, given guidance from the captains and veteran swimmers. Facing challenges and competition may have been stressing to some student swimmers, but they were always there for each other. “I really like the community; I think the team is a really great place to meet new people and to form some connection,” said swimmer Kai Gerton (12). The team always found a way to have fun and enjoy an incredible experience from practices to meets to get together. Overall, the students had a very dedicated season, and looked forward to more bonding experiences.