Y'all have to LOCK IN junior year. Your GPA junior year is literally free money worse than senioritis. But, you have to struggle through, ROCK THE ACT, and you will slay your senior year. (Please

Maggie Fowler (12) & Liz Bennion (12)

Get on stuff early. You'll feel better and it'll keep your opportunities open

Don't stop the flow of traffic in the hallways. You will be trampled and nobody will feel bad for you. Literally keep moving.

Don't try to grow up too quick, enjoy being young. You'll wanna go back to these days some day.

Anonymous

Focus on what really matters in your life. Don't ever let a boy take anything away from you, it's never worth it.

- Vivien Preciado (12)

Set a schedule & stick with it. Make sure you leave some time to allow yourself some self care whether that be with friends, family, or even just alone. As you go throughout high school, have fun and don't worry about what everyone else is thinking. Serenity Lafo (12)

stressed. Sometimes you just need to

Make use of your time in high school. It feels like an eternity, but everything comes to an end. Meet people, enjoy, cry, feel your emotions and embrace them. Take not of all of your changes and growth in high school. TALK TO - Veronica Takenaka (12) TEACHERS.

Run for what you want without dropping what you have.

to be a teenager

Students share advice on school, work, life, and anything it takes

- Anonymous

Make sure you have good friends or are around good people, you might not realize this but majority of the time they have a big impact on the decisions you make!

- Julie Gruhot (12)

Don't spit into the wind. - Nico Munro-Holzner (9) "Don't date. Join robotics"

WISDOM

WORDS OF

Focus on doing things that you like in high school, while also trying to try out as many new things as possible. Don't let other people tell you what classes to take, and don't take classes for sake of being with a friend. By learning to choose what YOU want, you'll have more motivation and you will have an easier time in college if you choose to pursue that route. If you choose to not attend college, you'll learn how to have a good work/life balance and work

Get involved! Be in as many clubs, sports, academics, etc as you can be without overwhelming yourself.

With stress management it can be difficult I admit I struggle with stress almost 24/7 but a way I deal with it is to let myself take a break. Sometimes for things I can't take a break but it's important even if it's for 5 minutes taking the time to just breathe and recollect yourself is very important.

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