

The Oestanas perform a patriotic halftime football show! From left to right: Gabriela Bustamante, Marisol Quezada, Lillian Hall, Iris Quetzaly Guadiana, Aileen Silva Tule, Khloe Talbot, Gardenia Arellano, Marisa Segura.



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DRILL

OESTANAS

Drill practice was an intense yet joyous time for the team. It took place in the early morning at 6:00 a.m. and required lots of exercise. The team ran through football and competition routines and worked hard to perfect their techniques. They put a lot of love into their dances and had a fun time bonding with each other. "It's tiring, it's so early in the morning that sometimes it can get hard, but we have a lot of fun times. We goof around but we get stuff done", says Drill Captain Iris Guadiana (12).

WHAT ARE "OESTANAS"?
"Oestanas" is a Spanish word that translates to "women of the West".



DANCE WITH YOUR HEART
The styles of dance Drill performed were contemporary, jazz, lyrical, hip-hop, and military. Military is specific to Drill and is a sharp, hard-hitting style of dance. The most favored styles among the team were hip-hop, lyrical, and military.



The Oestanas at their last competition before regionals. From left to right: Gabriela Guadiana Sanchez, Fatima Ortiz, Mayra Maldonado-Barron, Marisa Segura, Iris Guadiana, Aileen Silva Tule, Khloe Talbot, Nadia Gutierrez, Lillian Hall, Marisol Quezada.

Most of us have seen Drill performances at school assemblies and football games, but Drill was so much more than that — it was a great community that allowed people to come together and let loose. They also performed at community fundraisers such as the Murray Haunted Woods, a family-friendly Halloween attraction whose funds went towards preventing child abuse. They were the only Drill team in the Salt Lake City School District, and have won many awards and prizes. “It’s so fun. I think every school should have a Drill team,” said Khloe Talbot (10).

The Oestanas volunteered at the Murray Haunted Woods event, by performing dances and providing entertainment.



ALWAYS BETTER TOGETHER

The Drill Team was very close-knit. “All those girls are like my sisters”, said Marisa Segura (11). They spent a large amount of time together which helped them work cooperatively. They evolved and built stronger relationships with each other during summer practices and camp. They were really supportive of one another and put their all into Drill.

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DRILL MAKES THE DIFFERENCE

SPLIT LEAP:

A split leap or split jump is where you take on a split position in the air after leaping or jumping off the floor.



DRILL DISCOURSE



The Oestanas perform a dance at the Winter Assembly.