

BOYS VOLLEYBALL

HITTING NEW HEIGHTS

The Boys Volleyball team was a brand new sport this year! “It’s like a family bonding, community building type of thing since it’s the first year; we’re building it up to leave a mark on West High,” said Codah Fouse (12). All the players enjoyed having fun at the practices and meeting all the new players. “With the little amount of time we’ve been together, we’re really unified already. Everyone’s getting to know each other. I’m making new friends, I’m meeting younger people, older people. It’s really cool,” said Jeremy Diaz (12). Their season kicked off to an amazing start with a stunning 3-0 win against Granger High School.

Volleyball is a team sport that requires lots of effective communication to score points, as the players can only touch the ball once each before the other team touches it. If they can’t communicate they can’t pass. At practice they work on they’re endurance and various skills they need to play. “We do practice on skills and techniques. We do conditioning just to get ourselves warmed up. Also, stretching is important too,” said Moroni Fu’e (12).



Terrel Smith (12) practices spiking the ball.



The boys volleyball team played against Granger High School on March 5, netting a brilliant 3-0 victory.



Dylan Banks (12) ready to spike!

Aisea Vainuku (10) goes for the point!



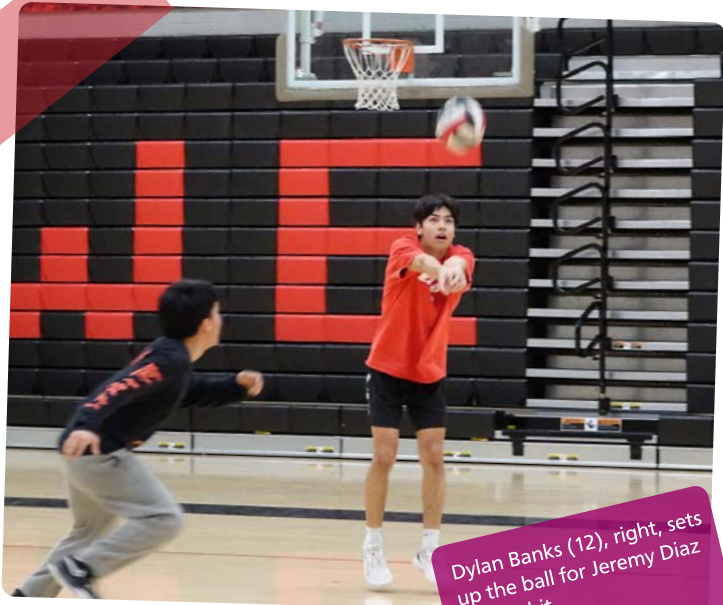


The team congratulates Logan Figueroa (12), second from right, after he scores a brilliant spike during a game.

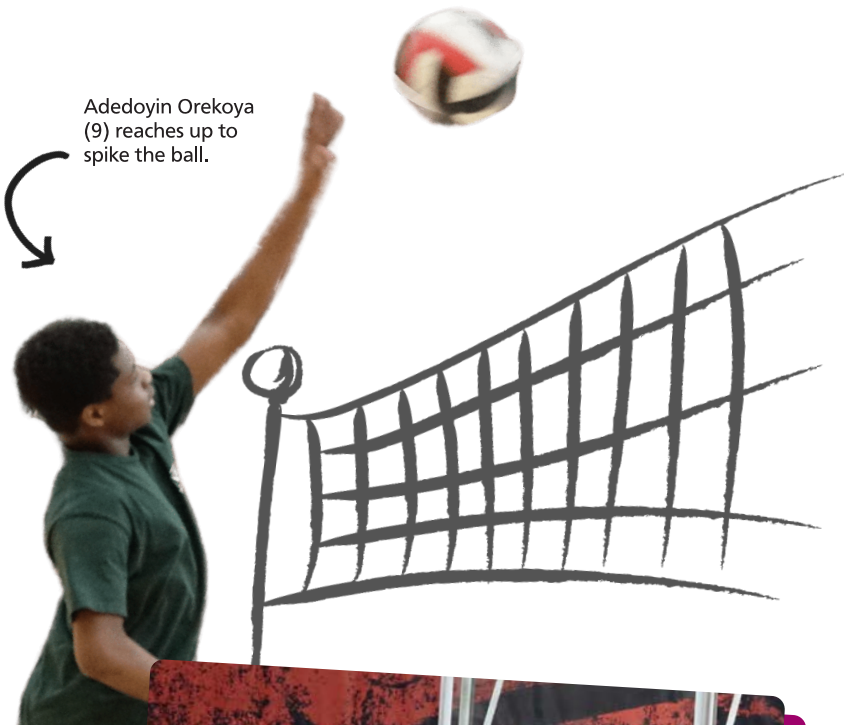
LOVE IS ON THE TEAM!

A boys volleyball team was a long time coming. Interest in the sport began as a lunchtime activity, where anyone could join and play a small game of fun. Now the players are officially supported by the school and sanctioned by the Utah High School Activities Association (UHSA). "I like the idea of having a team, and having a support system behind me, and going through the wins and the losses with them. We celebrate the ups, and help each other through the downs," said player Dylan Banks (12)

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Dylan Banks (12), right, sets up the ball for Jeremy Diaz (12) to hit.



Adedoyin Orekoya (9) reaches up to spike the ball.

THE COURT IS IN SESSION

Boys volleyball was a brand-new team to West this year. Volleyball is a game of 2 teams going head-to-head, 6 players on each side. The goal is to score points on the other team by hitting a ball over the net and making it hit the ground on the opponent's side. There are 6 different positions in volleyball. Outside hitter, right side hitter, opposite hitter, setter, middle blocker, and libero. Each position is crucial to the team as they all play a different role. Once the players are set and ready, the ball gets served. The teams hit the ball from one side to the other, making sure it does not touch their side of the court ground. To win the game you must gain 25 points, with a two-point difference.



Robert Robinson (11) setting the ball!