

BOYS TENNIS: ORDER ON THE COURT

The Boys Tennis team had an astounding year between their matches and teamwork they were able to push themselves to work harder than ever before. They pushed through meets with a competitive team dynamic. As Alex Li (12) put it, "I really like our team dynamic because people know each other on the team and it's a lot of fun." They continued to practice as much as they could to improve themselves. The team engaged in intensive warmups and drills in order to prepare for their upcoming games. Saathvik Pai (12) declared, "I think that is really important especially since we would do dynamic stretching that incorporates the elements of running and cardio with stretching which is a great way to strengthen the body and improve flexibility".

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BOYS TENNIS



Jaden Tu (11) gets ready to make his play, thinking, "What will my next play be?"



Lucas Payne (11) returns the ball.



Ziyao Qu (9) ready to hit, while Yann Chevan (11) watches his teammate.



David Zhang (11) gets ready to counter his opponent's attack.

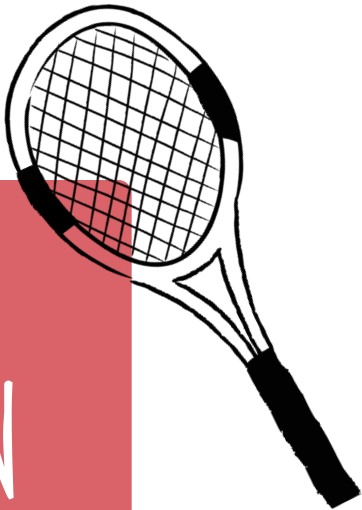


Arin Soneji (9) performs a dramatic overhand serve.

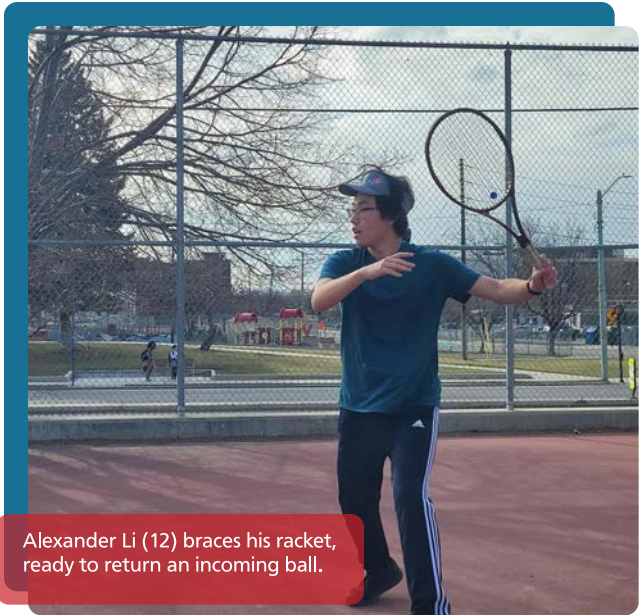


Left to right: Ziyao Qu, Joshua Joseph, Yann Chevan, and Coach Casey. Coach shows his players a new move. Will they use it in their next match?

SERVING UP PERFECTION



It wasn't just teamwork that allowed for progression on the boys tennis team to win, but also creating your own distinct playstyle though lots of hard work and dedication. As Max Shuman (12) put it, "It's a lot of practice for sure, we thankfully have a lot of great players on the team that are super willing to help out less experienced players so just really going through the motion in the practices every day and you can come to win games." Improving these abilities allowed for a better understanding of tennis, creating a whole new level of camaraderie and team building between the boys.



Alexander Li (12) braces his racket, ready to return an incoming ball.



"I THINK THE UNIQUE THING ABOUT HIGH SCHOOL TENNIS TO ME IS THE UNITY AND TEAM SPIRIT."
- Saathvik Pai (12)



PLAYER SPOTLIGHT

Saathvik Pai had an astounding year of tennis. This was his 3rd year playing tennis for West, but he has been swinging the racket since the age of 4. He has really enjoyed being on the team because "it's a great way to build connections and meet new people whether on the team or on other teams," he said. He believes team spirit is a primary driving force of his passion for the sport and he really enjoys the people on the team. As he put it, "there is a lot of team spirit that unifies the team and motivates you to do better and helps build some camaraderie that's motivating to the entire team. I think that's something that really appeals to me beyond just like playing tennis and other tournaments". As team spirit drives the team to do better, Saathvik strives to be a better person for the boys tennis team and help teach everyone else.