Mechanical Self

The Struggle of Becoming

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Concept

The MBTI (Myers–Briggs Type Indicator) is a self-report questionnaire that categorizes people into 16 personality types. It assigns a binary value across four categories: introversion (I) vs. extraversion (E), sensing (S) vs. intuition (N), thinking (T) vs. feeling (F), and judging (J) vs. perceiving (P). A four-letter code, like "INFP" or "ESTJ," represents the result.

https://www.16personalities.com/personality-types

MTBI PERSONALITY TYPES KEY

E EXTROVERTS
are energized by people, enjoy a variety of tasks, a quick pace and are good at multitasking

I INTROVERTS
often like working alone or in small groups, prefer a more deliberate pace, and like to focus on one task at a time

T THINKERS
tend to make decisions using logical analysis, objectively weigh pros and cons, and value honesty, consistency and fairness

F FEELERS
tend to be sensitive and cooperative, and decide based on their own personal values and how others will be affected by their actions

S SENSORS
are realistic people who like to focus on the facts and details, and apply commonsense and past experience to come up with practical solutions

N INTUITIVES
are energized by people, enjoy a variety of tasks, a quick pace and are good at multitasking

J JUDGERS
tend to be organized and prepared, like to make and stick to plans, and are comfortable following most rules

P PERCEIVERS
prefer to keep their options open, like to be able to act spontaneously and like to be flexible with making plans

Concept
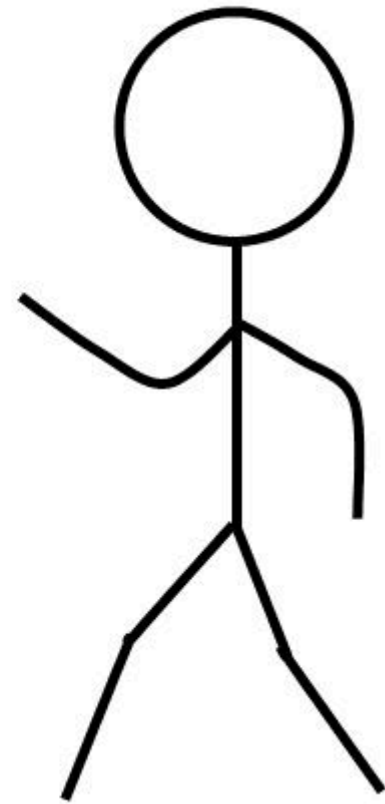
Judgers
like to plan
and act first
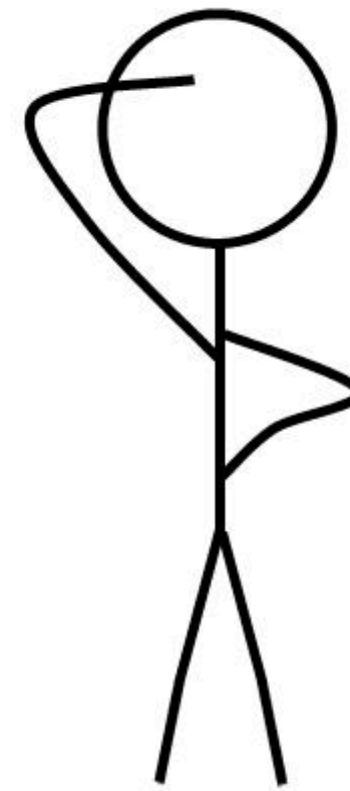
Perceivers
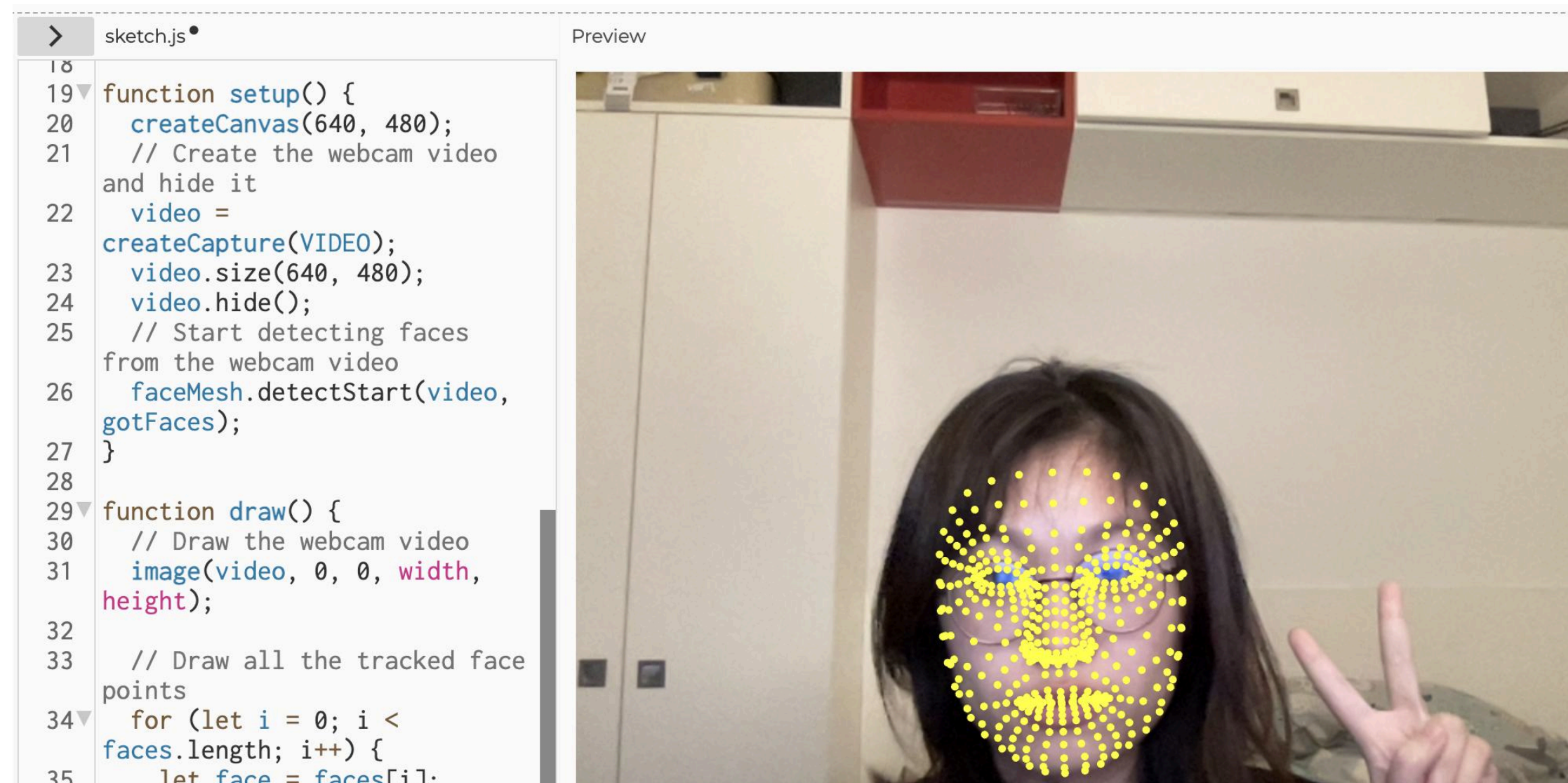like to explore
and respond

Inspiration

Fly
Una Margrét Árnadóttir
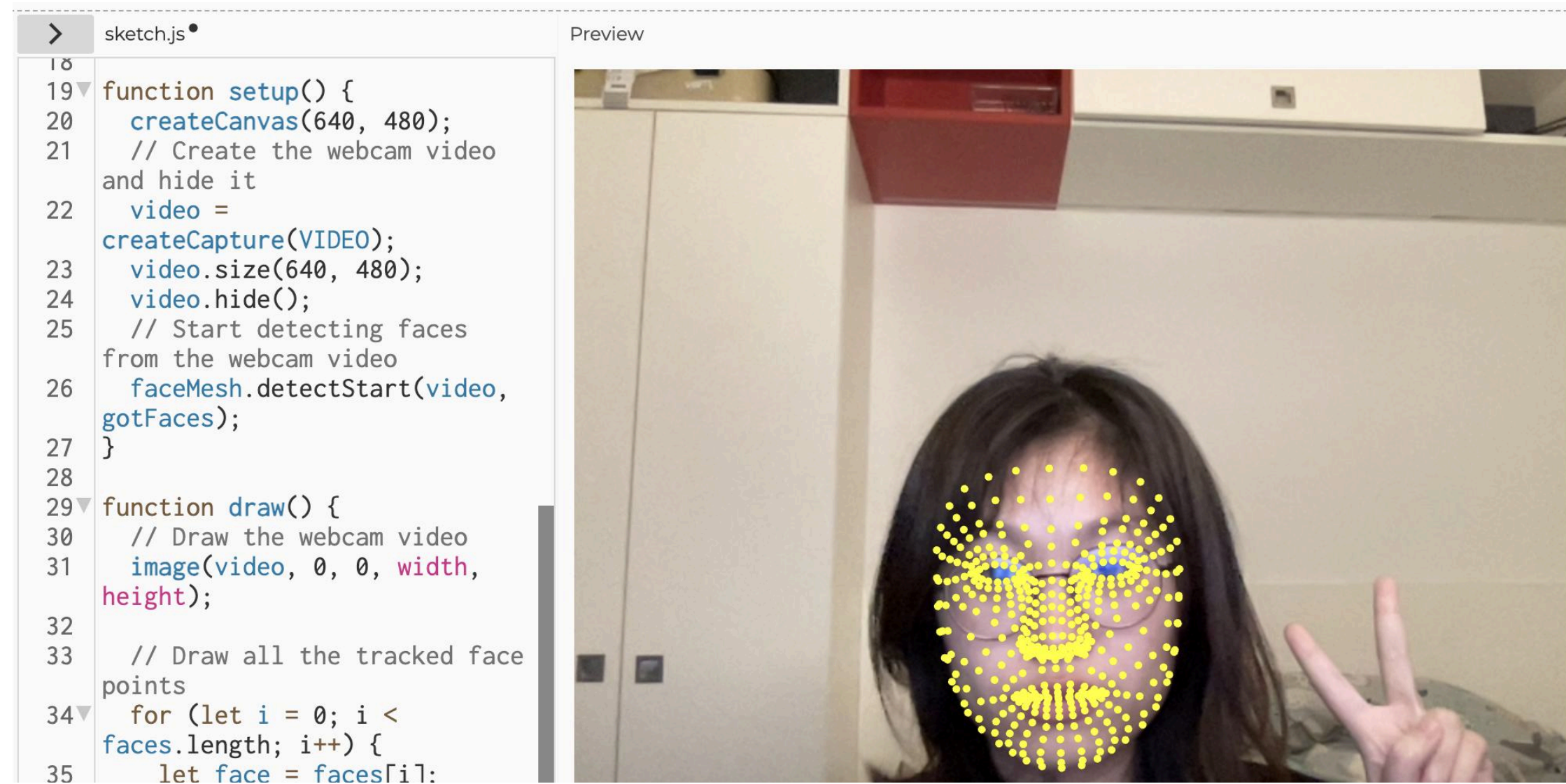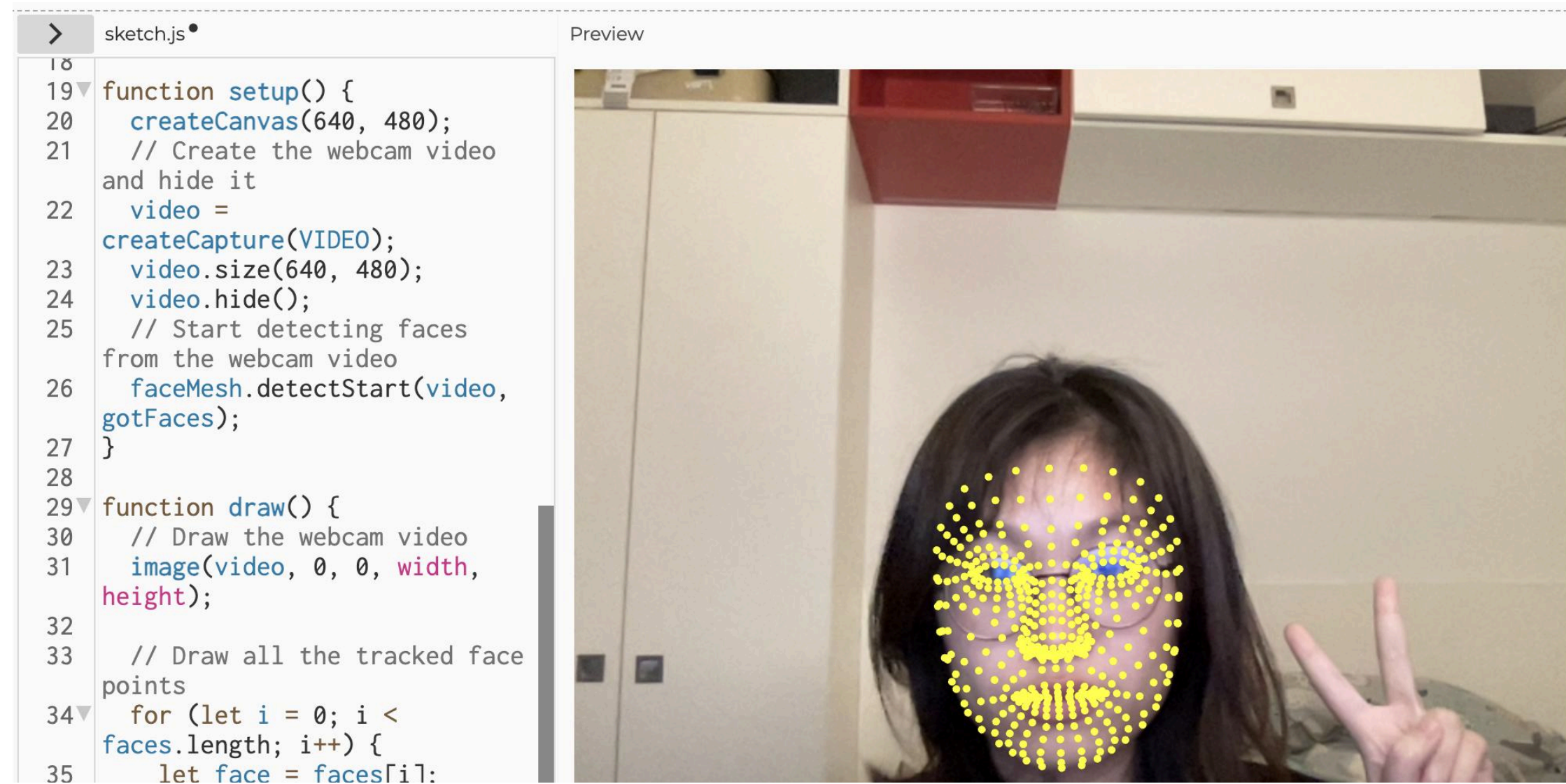
How It Works

Part 01: Transformation begins

```
sketch.js
18
19  function setup() {
20    createCanvas(640, 480);
21    // Create the webcam video
      and hide it
22    video =
      createCapture(VIDEO);
23    video.size(640, 480);
24    video.hide();
25    // Start detecting faces
      from the webcam video
26    faceMesh.detectStart(video,
      gotFaces);
27  }
28
29  function draw() {
30    // Draw the webcam video
31    image(video, 0, 0, width,
      height);
32
33    // Draw all the tracked face
      points
34    for (let i = 0; i <
      faces.length; i++) {
35      let face = faces[i];
```

https://docs.ml5js.org/#/

How It Works

Part 02: Struggle

https://docs.ml5js.org/#/

How It Works

Part 03: Reprogramming

https://docs.ml5js.org/#/
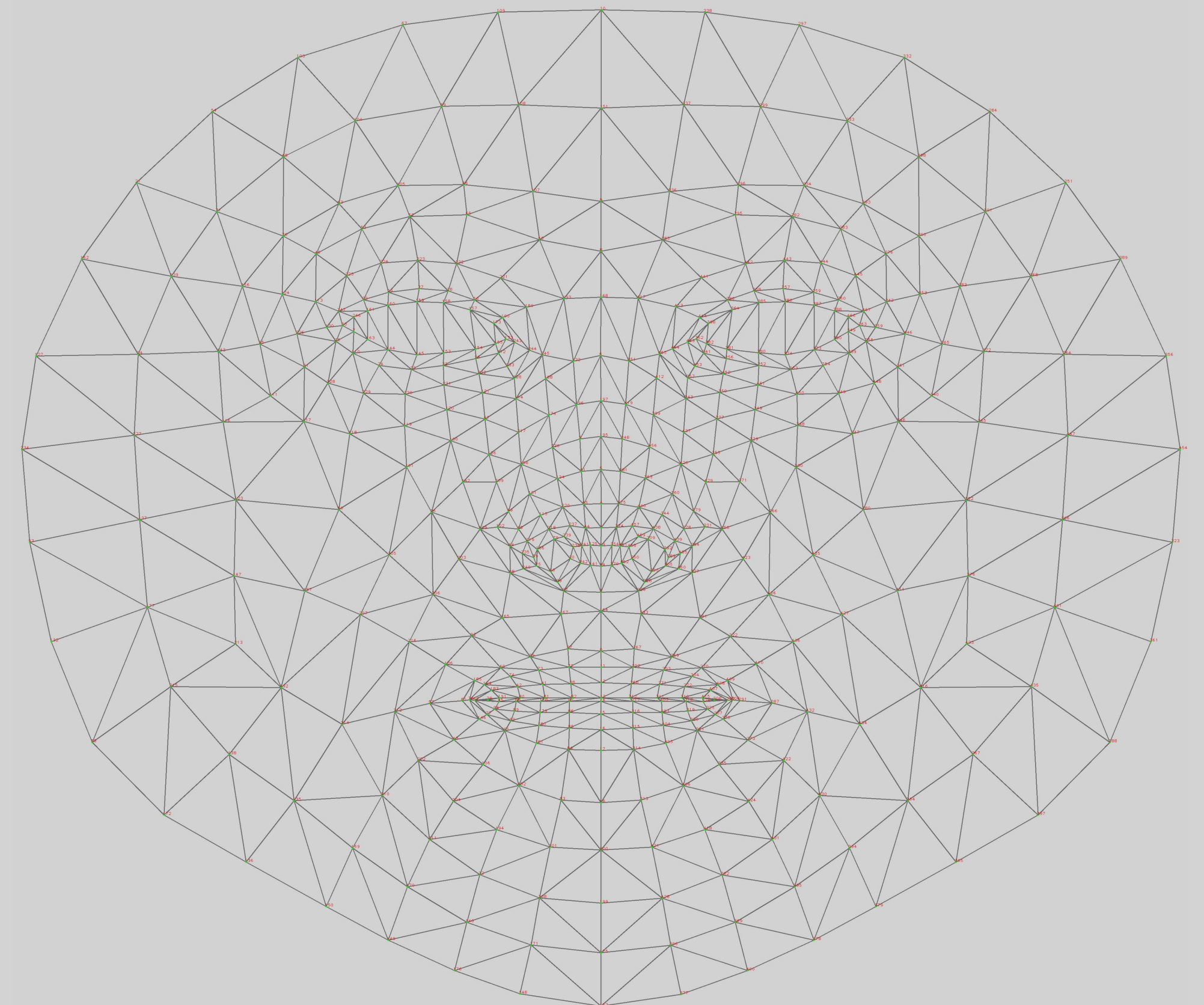
Why It Matters

- In a world that values efficiency over individuality, are we improving ourselves or just losing who we are?

- If being "optimized" means suppressing what makes us unique, is it really worth it?

Why It Matters

❌

Can I be more
structured?

✅

What do I lose in
the process?

End

Thank you