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Alberts B, Johnson A, Lewis J, et al. Molecular Biology of the Cell. 4th edition. New York: Garland Science; 2002.

The Universal Features of Cells on Earth

It is estimated that there are more than 10 million—perhaps 100 million—living species on Earth today. Each species is different, and each reproduces itself faithfully, yielding progeny that belong to the same species: the parent organism hands down information specifying, in extraordinary detail, the characteristics that the offspring shall have. This phenomenon of heredity is a central part of the definition of life: it distinguishes life from other processes, such as the growth of a crystal, or the burning of a candle, or the formation of waves on water, in which orderly structures are generated but without the same type of link between the peculiarities of parents and the peculiarities of offspring. Like the candle flame, the living organism must consume free energy to create and maintain its organization; but the free energy drives a hugely complex system of chemical processes that is specified by the hereditary information.

Most living organisms are single cells; others, such as ourselves, are vast multicellular cities in which groups of cells perform specialized functions and are linked by intricate systems of communication. But in all cases, whether we discuss the solitary bacterium or the aggregate of more than 10^{13} cells that form a human body, the whole organism has been generated by cell divisions from a single cell. The single cell, therefore, is the vehicle for the hereditary information that defines the species (Figure 1-1). And specified by this information, the cell includes the machinery to gather raw materials from the environment, and to construct out of them a new cell in its own image, complete with a new copy of the hereditary information. Nothing less than a cell has this capability.

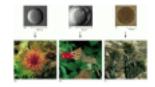


Figure 1-1

The hereditary information in the egg cell determines the nature of the whole multicellular organism. (A and B) A sea urchin egg gives rise to a sea urchin. (C and D) A mouse egg gives rise to a mouse. (E and F) An egg of the seaweed *Fucus* gives rise (more...)

All Cells Store Their Hereditary Information in the Same Linear Chemical Code (DNA)

Computers have made us familiar with the concept of information as a measurable quantity—a million bytes (corresponding to about 200 pages of text) on a floppy disk, 600 million on a CD-ROM, and so on. They have also made us uncomfortably aware that the same information can be recorded in many different physical forms. A document that is written on one type of computer may be unreadable on another. As the computer world has evolved, the discs and tapes that we used 10 years ago for our electronic archives have become unreadable on present-day machines. Living cells, like computers, deal in information, and it is estimated that they have been evolving and diversifying for over 3.5 billion years. It is scarcely to be expected that they should all store their information in the same form, or that the archives of one type of cell should be readable by the information-handling machinery of another. And yet it is so. All living cells on Earth, without

any known exception, store their hereditary information in the form of double-stranded molecules of DNA—long unbranched paired polymer chains, formed always of the same four types of monomers—A, T, C, G. These monomers are strung together in a long linear sequence that encodes the genetic information, just as the sequence of 1s and 0s encodes the information in a computer file. We can take a piece of DNA from a human cell and insert it into a bacterium, or a piece of bacterial DNA and insert it into a human cell, and the information will be successfully read, interpreted, and copied. Using chemical methods, scientists can read out the complete sequence of monomers in any DNA molecule—extending for millions of nucleotides—and thereby decipher the hereditary information that each organism contains.

All Cells Replicate Their Hereditary Information by Templated Polymerization

To understand the mechanisms that make life possible, one must understand the structure of the double-stranded DNA molecule. Each monomer in a single DNA strand—that is, each nucleotide —consists of two parts: a sugar (deoxyribose) with a phosphate group attached to it, and a base, which may be either adenine (A), guanine (G), cytosine (C) or thymine (T) (Figure 1-2). Each sugar is linked to the next via the phosphate group, creating a polymer chain composed of a repetitive sugar-phosphate backbone with a series of bases protruding from it. The DNA polymer is extended by adding monomers at one end. For a single isolated strand, these can, in principle, be added in any order, because each one links to the next in the same way, through the part of the molecule that is the same for all of them. In the living cell, however, there is a constraint: DNA is not synthesized as a free strand in isolation, but on a template formed by a preexisting DNA strand. The bases protruding from the existing strand bind to bases of the strand being synthesized, according to a strict rule defined by the complementary structures of the bases: A binds to T, and C binds to G. This base-pairing holds fresh monomers in place and thereby controls the selection of which one of the four monomers shall be added to the growing strand next. In this way, a double-stranded structure is created, consisting of two exactly complementary sequences of As, Cs, Ts, and Gs. The two strands twist around each other, forming a double helix (Figure 1-2E).





Figure 1-2

DNA and its building blocks. (A) DNA is made from simple subunits, called nucleotides, each consisting of a sugarphosphate molecule with a nitrogen-containing sidegroup, or base, attached to it. The bases are of four types (adenine, guanine, cytosine, (more...)

The bonds between the <u>base</u> pairs are weak compared with the <u>sugar</u>-phosphate links, and this allows the two <u>DNA</u> strands to be pulled apart without breakage of their backbones. Each strand then can serve as a template, in the way just described, for the synthesis of a fresh DNA strand <u>complementary</u> to itself—a fresh copy, that is, of the hereditary information (Figure 1-3). In different types of cells, this process of **DNA replication** occurs at different rates, with different controls to start it or stop it, and different auxiliary molecules to help it along. But the basics are universal: DNA is the information store, and *templated polymerization* is the way in which this information is copied throughout the living world.

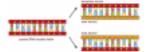


Figure 1-3

The duplication of genetic information by DNA replication. In this process, the two strands of a DNA double helix are pulled apart, and each serves as a template for synthesis of a new complementary strand.

All Cells Transcribe Portions of Their Hereditary Information into the Same Intermediary Form (RNA)

To carry out its information-storage function, <u>DNA</u> must do more than copy itself before each cell division by the mechanism just described. It must also express its information, putting it to use so as to guide the synthesis of other molecules in the cell. This also occurs by a mechanism that is the same in all living organisms, leading first and foremost to the production of two other key classes of polymers: RNAs and proteins. The process begins with a templated polymerization called <u>transcription</u>, in which segments of the DNA sequence are used as templates to guide the synthesis of shorter molecules of the closely related polymer <u>ribonucleic</u> acid, or <u>RNA</u>. Later, in the more <u>complex</u> process of <u>translation</u>, many of these RNA molecules serve to direct the synthesis of polymers of a radically different chemical class—the *proteins* (Figure 1-4).

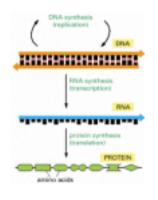


Figure 1-4

From DNA to protein. Genetic information is read out and put to use through a two-step process. First, in *transcription*, segments of the DNA sequence are used to guide the synthesis of molecules of RNA. Then, in *translation*, the RNA molecules are used (more...)

In RNA, the backbone is formed of a slightly different sugar from that of DNA—ribose instead of deoxyribose—and one of the four bases is slightly different—uracil (U) in place of thymine (T); but the other three bases—A, C, and G—are the same, and all four bases pair with their complementary counterparts in DNA—the A, U, C, and G of RNA with the T, A, G, and C of DNA. During transcription, RNA monomers are lined up and selected for polymerization on a template strand of DNA in the same way that DNA monomers are selected during replication. The outcome is therefore a polymer molecule whose sequence of nucleotides faithfully represents a part of the cell's genetic information, even though written in a slightly different alphabet, consisting of RNA monomers instead of DNA monomers.

The same segment of <u>DNA</u> can be used repeatedly to guide the synthesis of many identical <u>RNA</u> transcripts. Thus, whereas the cell's archive of genetic information in the form of <u>DNA</u> is fixed and sacrosanct, the <u>RNA</u> transcripts are mass-produced and disposable (Figure 1-5). As we shall see, the primary role of most of these transcripts is to serve as intermediates in the transfer of genetic information: they serve as messenger <u>RNA</u> (**mRNA**) to guide the synthesis of proteins according to the genetic instructions stored in the <u>DNA</u>.



Figure 1-5

How genetic information is broadcast for use inside the cell.

Each cell contains a fixed set of DNA molecules—its archive of genetic information. A given segment of this DNA serves to guide the synthesis of many identical RNA transcripts, which (more...)

RNA molecules have distinctive structures that can also give them other specialized chemical capabilities. Being single-stranded, their backbone is flexible, so that the polymer chain can bend back on itself to allow one part of the molecule to form weak bonds with another part of the same molecule. This occurs when segments of the sequence are locally complementary: a ...GGGG... segment, for example, will tend to associate with a ...CCCC... segment. These types of internal associations can cause an RNA chain to fold up into a specific shape that is dictated by its sequence (Figure 1-6). The shape of the RNA molecule, in turn, may enable it to recognize other molecules by binding to them selectively—and even, in certain cases, to catalyze chemical changes in the molecules that are bound. As we see later in this book, a few chemical reactions catalyzed by RNA molecules are crucial for several of the most ancient and fundamental processes in living cells, and it has been suggested that more extensive catalysis by RNA played a central part in the early evolution of life (discussed in Chapter 6).



Figure 1-6

The conformation of an RNA molecule. (A) Nucleotide pairing between different regions of the same RNA polymer chain causes the molecule to adopt a distinctive shape. (B) The three-dimensional structure of an actual RNA molecule, from hepatitis delta virus, (more...)

All Cells Use Proteins as Catalysts

Protein molecules, like DNA and RNA molecules, are long unbranched polymer chains, formed by the stringing together of monomeric building blocks drawn from a standard repertoire that is the same for all living cells. Like DNA and RNA, they carry information in the form of a linear sequence of symbols, in the same way as a human message written in an alphabetic script. There are many different protein molecules in each cell, and—leaving out the water—they form most of the cell's mass.

The monomers of protein, the amino acids, are quite different from those of DNA and RNA, and there are 20 types, instead of 4. Each amino acid is built around the same core structure through which it can be linked in a standard way to any other amino acid in the set; attached to this core is a side group that gives each amino acid a distinctive chemical character. Each of the protein molecules, or polypeptides, created by joining amino acids in a particular sequence folds into a precise three-dimensional form with reactive sites on its surface (Figure 1-7A). These amino acid polymers thereby bind with high specificity to other molecules and act as enzymes to catalyze reactions in which covalent bonds are made and broken. In this way they direct the vast majority of chemical processes in the cell (Figure 1-7B). Proteins have a host of other functions as well—maintaining structures, generating movements, sensing signals, and so on—each protein molecule performing a specific function according to its own genetically specified sequence of amino acids. Proteins, above all, are the molecules that put the cell's genetic information into action.



Figure 1-7

How a protein molecule acts as catalyst for a chemical reaction. (A) In a protein molecule the polymer chain folds up to into a specific shape defined by its amino acid sequence. A groove in the surface of this particular folded molecule, the enzyme lysozyme, (more...)

Thus, polynucleotides specify the amino acid sequences of proteins. Proteins, in turn, catalyze many chemical reactions, including those by which new <u>DNA</u> molecules are synthesized, and the genetic information in DNA is used to make both RNA and proteins. This feedback loop is the basis of the autocatalytic, self-reproducing behavior of living organisms (Figure 1-8).



Figure 1-8

Life as an autocatalytic process. Polynucleotides (nucleotide polymers) and proteins (amino acid polymers) provide the sequence information and the catalytic functions that serve—through a complex set of chemical reactions—to bring about (more...)

All Cells Translate RNA into Protein in the Same Way

The translation of genetic information from the 4-letter alphabet of polynucleotides into the 20-letter alphabet of proteins is a <u>complex</u> process. The rules of this translation seem in some respects neat and rational, in other respects strangely arbitrary, given that they are (with minor exceptions) identical in all living things. These arbitrary features, it is thought, reflect frozen accidents in the early history of life—chance properties of the earliest organisms that were passed on by heredity and have become so deeply embedded in the constitution of all living cells that they cannot be changed without wrecking cell organization.

The information in the sequence of a messenger RNA molecule is read out in groups of three nucleotides at a time: each triplet of nucleotides, or \underline{codon} , specifies (codes for) a single \underline{amino} acid in a corresponding protein. Since there are 64 (= $4 \times 4 \times 4$) possible codons, but only 20 amino acids, there are necessarily many cases in which several codons correspond to the same amino acid. The code is read out by a special class of small RNA molecules, the $\underline{transfer}$ RNAs (\underline{tRNAs}). Each type of \underline{tRNA} becomes attached at one end to a specific amino acid, and displays at its other end a specific sequence of three nucleotides—an $\underline{anticodon}$ —that enables it to recognize, through \underline{base} -pairing, a particular codon or subset of codons in \underline{mRNA} (Figure 1-9).



Figure 1-9

Transfer RNA. (A) A tRNA molecule specific for the amino acid tryptophan. One end of the tRNA molecule has tryptophan attached to it, while the other end displays the triplet nucleotide sequence CCA (its anticodon), which recognizes the tryptophan codon (more...)

For synthesis of protein, a succession of tRNA molecules charged with their appropriate amino

acids have to be brought together with an <u>mRNA</u> molecule and matched up by <u>base</u>-pairing through their anticodons with each of its successive codons. The amino acids then have to be linked together to extend the growing protein chain, and the tRNAs, relieved of their burdens, have to be released. This whole <u>complex</u> of processes is carried out by a giant multimolecular machine, the <u>ribosome</u>, formed of two main chains of <u>RNA</u>, called <u>ribosomal RNAs</u> (**rRNAs**), and more than 50 different proteins. This evolutionarily ancient molecular juggernaut latches onto the end of an mRNA molecule and then trundles along it, capturing loaded tRNA molecules and stitching together the amino acids they carry to form a new protein chain (Figure 1-10).

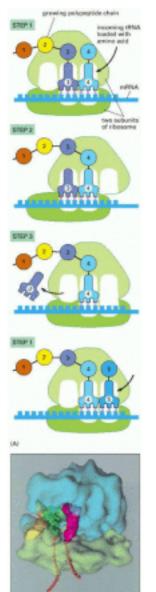


Figure 1-10

A ribosome at work. (A) The diagram shows how a ribosome moves along an mRNA molecule, capturing tRNA molecules that match the codons in the mRNA and using them to join amino acids into a protein chain. The mRNA specifies the sequence of amino acids. (more...)

The Fragment of Genetic Information Corresponding to One Protein Is One Gene

DNA molecules as a rule are very large, containing the specifications for thousands of proteins. Segments of the entire DNA sequence are therefore transcribed into separate <u>mRNA</u> molecules, with each segment coding for a different protein. A gene is defined as the segment of DNA sequence corresponding to a single protein (or to a single catalytic or structural RNA molecule for those genes that produce RNA but not protein).

In all cells, the <u>expression</u> of individual genes is regulated: instead of manufacturing its full repertoire of possible proteins at full tilt all the time, the cell adjusts the rate of transcription and translation of different genes independently, according to need. Stretches of <u>regulatory DNA</u> are interspersed among the segments that code for protein, and these noncoding regions bind to special protein molecules that control the local rate of transcription (Figure 1-11). Other noncoding DNA is also present, some of it serving, for example, as punctuation, defining where the information for an individual protein begins and ends. The quantity and organization of the regulatory and other noncoding DNA vary widely from one class of organisms to another, but the

<u>basic</u> strategy is universal. In this way, the <u>genome</u> of the cell—that is, the total of its genetic information as embodied in its complete DNA sequence—dictates not only the nature of the cell's proteins, but also when and where they are to be made.

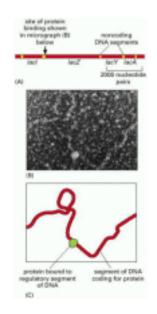


Figure 1-11

(A) A diagram of a small portion of the genome of the bacterium Escherichia coli, containing genes (called *lacI*, *lacZ*, *lacY*, and *lacA*) coding for four different proteins. The protein-coding DNA segments (*red*) have regulatory and other noncoding DNA segments (more...)

Life Requires Free Energy

A living cell is a system far from chemical <u>equilibrium</u>: it has a large internal free energy, meaning that if it is allowed to die and decay towards chemical equilibrium, a great deal of energy is released to the environment as heat. For the cell to make a new cell in its own image, it must take in free energy from the environment, as well as raw materials, to drive the necessary synthetic reactions. This consumption of free energy is fundamental to life. When it stops, a cell dies. Genetic information is also fundamental to life. Is there any connection?

The answer is yes: free energy is required for the propagation of information, and there is, in fact, a precise quantitative relationship between the two entities. To specify one bit of information—that is, one yes/no choice between two equally probable alternatives—costs a defined amount of free energy (measured in joules), depending on the temperature. The proof of this abstract general principle of statistical thermodynamics is quite arduous, and depends on the precise definition of the term "free energy" (discussed in Chapter 2). The <u>basic</u> idea, however, is not difficult to understand intuitively in the context of <u>DNA</u> synthesis.

To create a new DNA molecule with the same sequence as an existing DNA molecule, nucleotide monomers must be lined up in the correct sequence on the DNA strand that is used as the template. At each point in the sequence, the selection of the appropriate nucleotide depends on the fact that the correctly matched nucleotide binds to the template more strongly than mismatched nucleotides. The greater the difference in binding energy, the rarer are the occasions on which a mismatched nucleotide is accidentally inserted in the sequence instead of the correct nucleotide. A high-fidelity match, whether it is achieved through the direct and simple mechanism just outlined, or in a more complex way, with the help of a set of auxiliary chemical reactions, requires that a lot of free energy be released and dissipated as heat as each correct nucleotide is slotted into its place in the structure. This cannot happen unless the system of molecules carries a large store of free energy at the outset. Eventually, after the newly recruited nucleotides have been joined together to form a new DNA strand, a fresh input of free energy is required to force the matched nucleotides apart again, since each new strand has to be separated from its old template strand to allow the next round of replication.

The cell therefore requires free energy, which has to be imported somehow from its

surroundings, to replicate its genetic information faithfully. The same principle applies to the synthesis of most of the molecules in cells. For example, in the production of RNAs or proteins, the existing genetic information dictates the sequence of the new <u>molecule</u> through a process of molecular matching, and free energy is required to drive forward the many chemical reactions that construct the monomers from raw materials and link them together correctly.

All Cells Function as Biochemical Factories Dealing with the Same Basic Molecular Building Blocks

Because all cells make DNA, RNA, and protein, and these macromolecules are composed of the same set of subunits in every case, all cells have to contain and manipulate a similar collection of small molecules, including simple sugars, nucleotides, and amino acids, as well as other substances that are universally required for their synthesis. All cells, for example, require the phosphorylated nucleotide *ATP* (adenosine triphosphate) as a building block for the synthesis of DNA and RNA; and all cells also make and consume this molecule as a carrier of free energy and phosphate groups to drive many other chemical reactions.

Although all cells function as biochemical factories of a broadly similar type, many of the details of their small-molecule transactions differ, and it is not as easy as it is for the informational macromolecules to point out the features that are strictly universal. Some organisms, such as plants, require only the simplest of nutrients and harness the energy of sunlight to make from these almost all their own small organic molecules; other organisms, such as animals, feed on living things and obtain many of their organic molecules ready-made. We return to this point below.

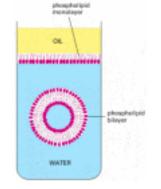
All Cells Are Enclosed in a Plasma Membrane Across Which Nutrients and Waste Materials Must Pass

There is, however, at least one other feature of cells that is universal: each one is bounded by a membrane—the plasma membrane. This container acts as a selective barrier that enables the cell to concentrate nutrients gathered from its environment and retain the products it synthesizes for its own use, while excreting its waste products. Without a plasma membrane, the cell could not maintain its integrity as a coordinated chemical system.

This membrane is formed of a set of molecules that have the simple physico-chemical property of being *amphipathic*—that is, consisting of one part that is hydrophobic (water-insoluble) and another part that is hydrophilic (water-soluble). When such molecules are placed in water, they aggregate spontaneously, arranging their hydrophobic portions to be as much in contact with one another as possible to hide them from the water, while keeping their hydrophilic portions exposed. Amphipathic molecules of appropriate shape, such as the phospholipid molecules that comprise most of the plasma membrane, spontaneously aggregate in water to form a *bilayer* that creates small closed vesicles (Figure 1-12). The phenomenon can be demonstrated in a test tube by simply mixing phospholipids and water together; under appropriate conditions, small vesicles form whose aqueous contents are isolated from the external medium.

Figure 1-12

Formation of a membrane by amphipathic phospholipid molec a hydrophilic (water-loving, phosphate) head group and a hydr



avoiding, hydrocarbon) tail. At an interface between oil and w themselves as a single (more...)

Although the chemical details vary, the hydrophobic tails of the predominant membrane molecules in all cells are <u>hydrocarbon</u> polymers (-CH₂-CH₂-CH₂-), and their spontaneous assembly into a bilayered <u>vesicle</u> is but one of many examples of an important general principle: cells produce molecules whose chemical properties cause them to *self-assemble* into the structures that a cell needs.

The boundary of the cell cannot be totally impermeable. If a cell is to grow and reproduce, it must be able to import raw materials and export waste across its plasma membrane. All cells therefore have specialized proteins embedded in their membrane that serve to transport specific molecules from one side to the other (Figure 1-13). Some of these *membrane transport proteins*, like some of the proteins that catalyze the fundamental small-molecule reactions inside the cell, have been so well preserved over the course of evolution that one can recognize the family resemblances between them in comparisons of even the most distantly related groups of living organisms.

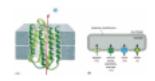


Figure 1-13

Membrane transport proteins. (A) Structure of a molecule of bacteriorhodopsin, from the archaean (archaebacterium) *Halobacterium halobium*. This transport protein uses the energy of absorbed light to pump protons (H⁺ ions) out of the cell. The polypeptide (more...)

The transport proteins in the <u>membrane</u> largely determine which molecules enter the cell, and the catalytic proteins inside the cell determine the reactions that those molecules undergo. Thus, by specifying the set of proteins that the cell is to manufacture, the genetic information recorded in the <u>DNA</u> sequence dictates the entire chemistry of the cell; and not only its chemistry, but also its form and its behavior, for these too are chiefly constructed and controlled by the cell's proteins.

A Living Cell Can Exist with Fewer Than 500 Genes

The <u>basic</u> principles of biological information transfer are simple enough, but how <u>complex</u> are real living cells? In particular, what are the minimum requirements? We can get a rough indication by considering the species that has the smallest known <u>genome</u>—the bacterium *Mycoplasma genitalium* (Figure 1-14). This organism lives as a parasite in mammals, and its environment provides it with many of its small molecules ready-made. Nevertheless, it still has to make all the large molecules—<u>DNA</u>, RNAs, and proteins—required for the basic processes of heredity. It has only 477 genes in its genome of 580,070 <u>nucleotide</u> pairs, representing 145,018 bytes of information—about as much as it takes to record the text of one chapter of this book. Cell biology may be complicated, but it is not impossibly so.

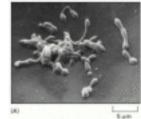


Figure 1-14



(A) Scanning electron micrograph showing the irregular shape of this small bacterium, reflecting the lack of any rigid wall. (B) Cross section (transmission electron micrograph) of a *Mycoplasma* cell. Of the 477 genes of *Mycoplasma* genitalium, 37 code (more...)

The minimum number of genes for a viable cell in today's environments is probably not less than 200–300. As we shall see in the next <u>section</u>, when we compare the most widely separated branches of the tree of life, we find that a core set of over 200 genes is common to them all.

Summary

Living organisms reproduce themselves by transmitting genetic information to their progeny. The individual cell is the minimal self-reproducing unit, and is the vehicle for transmission of the genetic information in all living species. Every cell on our planet stores its genetic information in the same chemical form—as double-stranded DNA. The cell replicates its information by separating the paired DNA strands and using each as a template for polymerization to make a new DNA strand with a complementary sequence of nucleotides. The same strategy of templated polymerization is used to transcribe portions of the information from DNA into molecules of the closely related polymer, RNA. These in turn guide the synthesis of protein molecules by the more complex machinery of translation, involving a large multimolecular machine, the ribosome, which is itself composed of RNA and protein. Proteins are the principal catalysts for almost all the chemical reactions in the cell; their other functions include the selective import and export of small molecules across the plasma membrane that forms the cell's boundary. The specific function of each protein depends on its amino acid sequence, which is specified by the nucleotide sequence of a corresponding segment of the DNA—the gene that codes for that protein. In this way, the genome of the cell determines its chemistry; and the chemistry of every living cell is fundamentally similar, because it must provide for the synthesis of DNA, RNA, and protein. The simplest known cells have just under 500 genes.

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