

## ***Precor 537 Manual***

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**Precor 537 Manual**

maintenance tasks as described in this manual. The EFX does not contain any user-serviceable parts that require lubrication. For information about product operation or service, see the Precor web site at [www.precor.com](http://www.precor.com). Should you need more information regarding customer support numbers or a list of Precor authorized service centers,

**OM 5.37 Cover - Precor**

You should not attempt to service the EFX except for maintenance tasks as described in this manual. The EFX does not contain any user-serviceable parts that require lubrication. For information about product operation or service, see the Precor web site at [www.precor.com](http://www.precor.com).

**Precor 5.37 User Manual - manualmachine.com**

For the most current information, go to the product page and select the manual from the dropdown menu under Brochures and Manuals at the bottom of the product page. If you cannot find the manual for your Precor equipment, please contact Precor Customer Service at 1-800-786-8404.

**Service Manual - Precor - Fitness Equipment**

Precor 537 Manual A previous version, the Precor EFX 5.21si once was the best Precor home elliptical available. The 5.21si is an economical choice yet has many of the programs and options of the more expensive Precor elliptical home units. Precor EFX 5.21si Elliptical | Used Precor Ellipticals

**Precor 537 Manual - eastindiayouth.co.uk**

MANUAL. INTERVAL WEIGHT. VARIETY. 1. While the Precor banner scrolls, repeatedly press one of the PROGRAMS menu keys to review its list of programs. Choose the program you want, and then press OK. For a description of each program, refer to Programs or review Table 3 with the PROGRAMS Keypad.

**Precor 5.37 User Manual. Page 4 - manualmachine.com**

Precor EFX5.37 Manuals & User Guides. User Manuals, Guides and Specifications for your Precor EFX5.37 Elliptical Trainer. Database contains 1 Precor EFX5.37 Manuals (available for free online viewing or downloading in PDF): Instruction manual .

**Precor EFX5.37 Manuals and User Guides, Elliptical Trainer ...**

The Precor EFX 5.37 elliptical crosstrainer comes with a Touch Sensitive display to customize workouts. Programs include 2 HR, 2 Custom, Cross Training, Fat Burner, Fitness Test, Gluteal, Hill Climb, 3 Interval, 3 Weight Loss, and Manual. The Biofeedback center with SmartRate® provides dedicated readings on heart rate and calorie burn rate.

**Precor EFX 5.37 Elliptical Crosstrainer Review - Seriously ...**

Owner's manual; Precor EFX 532 Owner's Manual . Commercial efx series. ... Note: If your customers are interested in the learning more about the EFX, you may wish to direct them to the manual available on Precor's web site ([www.precor.com](http://www.precor.com)). (The manual that appears on the web site does not contain the information found in this section.)

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**Service Manuals - Precor**

Product Owner's Manual: Important Safety Instructions 5 Radio Frequency Interference (RFI) This Precor exercise equipment conforms to the following national standards defining acceptable limits for radio frequency interference (RFI). Federal Communications Commission, Part 15 . This equipment has been tested and found to comply with the

**Product Owner's Manual - Precor**

537\_Owners Manual.book Page 1 Monday, August 6, 2007 9:08 AM Important Safety Instructions When using the EFX, always take basic precautions, including the following: • Read all instructions before using the EFX. These instructions are written for your safety and to protect the unit.

**Precor EFX 5.37 premium series - SlideShare**

The Precor EFX 5.37 elliptical trainer offers incredible workout flexibility in your own home. You'll enjoy a comfortable, rewarding workout with CrossRamp technology for variable incline and stride length, Convertible Arms for workout variety, and sophisticated customization programs (15 in total) that track your progress.

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We Review and COMPARE Precor EFX 5.37 with 100's of elliptical trainers. The Precor 5.37 Elliptical Crosstrainer is a club-level elliptical machine with automatic CrossRamp that adjusts from 15 to 40 degrees allowing you to focus on select muscle groups or all major lower body muscle groups for a custom workout every time

**Precor EFX 5.37 Elliptical Review | COMPARE Precor 5.37**

The Precor EFX 5.33 elliptical offers 10 workout programs. Preset programs include: Aerobic Endurance, Cross Trainer, Gluteal, Heart Rate, Hill Climb, Interval, Manual and Weight Loss. Two user IDs allow you to enter and store personal preferences, ideal if the trainer is used by more than one household member.

**Precor EFX 5.33 Elliptical Review (Pros + Cons)**

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