**Phases:**

* Entry:
  + The participant enters the ID # they received from SurveyMonkey. This ID allows Jillian to pair the participants with their demographic information. This ID is also stored for the participant in the database.
* Baseline:
  + The participant creates a sleeping environment for their infant by answering questions about the environment they would make. The image on the screen updates as they make their choices. They can change their answers as they proceed.
* Generalization:
  + The participant is shown 3 pictures of bad infant sleep environments, one at a time, with a checklist of options of what is wrong with that environment. The same 3 pictures are always used.
* Instruction:
  + The participant is shown guidelines from the American Academy of Pediatrics. This is just text, and it is the same in all conditions.
* Modelling:
  + The participant is shown one example of a good sleep environment that can be made using the choices in the Baseline section. (This environment could be one of many.)
* Rehearsal & Feedback:
  + This section is identical to Baseline, except when the participant answers a question about their desired infant sleep environment, they receive some feedback regarding their answers.