# **Heather Tyas**

Philadelphia, PA - Email me on Indeed: indeed.com/r/Heather-Tyas/86d5f2b2aeebf697

Licensed Pennsylvania and New Jersey pharmacist with long-term care, retail, mail-order and hospital experience looking to further personal professional growth while working with a team of healthcare professionals in a setting which combines medical knowledge, critical thinking and patient-tailored therapy.

#### WORK EXPERIENCE

#### **Pharmacist**

Onco360 - Crum Lynne, PA - September 2014 to Present

- Counsels and educates patients on complicated chemotherapy regimens; reviewing common and rare but potentially life-threatening adverse effects, medication administration, important techniques useful in managing common side effects, proper handling and storage, drug-drug and drug-food interactions, and appropriate missed dose administration
- Works with physicians, nurses, pharmacists, technicians, and additional hospital or medical office staff to obtain prior authorizations, financial assistance, limited distribution medications and optimal patient outcomes
- Verifies intravenous or oral chemotherapy and auxiliary prescription orders; checking for dosage accuracy
  and appropriateness based on the indication, patient's current weight or BSA,
  available lab work, renal and hepatic function, prior therapies, and patient allergies; while screening for potential
  drug interactions, contraindications, therapy duplication, and
  unnecessary or omitted adjunctive therapies

#### **Pharmacist**

Alexa Pharmacy - Philadelphia, PA - April 2014 to September 2014

- Educated patients on how to appropriately use prescription and OTC medications; reviewing administration technique, medication onset, treatment duration (e.g. acute vs. chronic therapy), common side effects, special precautions or instructions (e.g. shake well), proper storage, possible drug-food or drug-drug interactions (e.g. separate antacid administration from levothyroxine dose by 2-3 hours), potentially serious side effects (e.g. TEN) etc.
- Monitored patient profiles for medication over and under utilization, therapeutic duplication or inappropriateness, potential drug interactions and appropriate management, suboptimal or excessively dosed therapy (e.g. total cumulative APAP dose exceeds 4 g), possible indications that patient may require additional therapy (e.g. overuse of rescue inhaler), etc.
- Maintained perpetual inventory and ensured appropriate stock of controlled and non-controlled pharmaceutical products, as well as OTC items and non-prescription medical supplies

## **Pharmacist**

Lambert's Pharmacy - Cherry Hill, NJ - December 2013 to May 2014

 Verified new and refill medication orders to ensure medication appropriateness, correct dosage, and adequate duration, while reviewing patient profiles for therapy duplication, potential drug interactions or patient contraindications, and medication overuse or suboptimal administration

- Contacted physicians for medication refills and prior authorization requests and communicated with third party plans to determine patient coverage and member eligibility
- Counseled patients on the proper usage and administration of new prescriptions and assisted patients in choosing the correct OTC product based on symptoms, concurrent medical conditions, allergies, age, and individual patient preferences

#### Pharmacy Intern

ShopRite Pharmacy - Warminster, PA - August 2013 to March 2014

- Read and interpreted prescriptions and verified that all information necessary is included and correct
- Counseled and educated patients on new and refill prescriptions, OTC products, and occasionally medical devices
- Evaluated patients' profiles and medication regimens for appropriateness, therapy duplication, drug interactions, and cost effectiveness

### Pharmacy Intern

Commonwealth Center for Herbal Medicine - Brookline, MA - March 2013 to April 2013

- Presented a new herb each week and discussed properties of the herb, including: traditional, culinary and medicinal uses; possible side effects; and potential interaction
- Attended a clinical herbalist consultation
- Participated in a dietary modification project

## **Pharmacy Intern**

Sullivan's Pharmacy - Roslindale, MA - February 2013 to March 2013

- Performed comprehensive medication reviews (CMRs) with the OutcomesMTM program
- Participated in blood pressure clinics
- Spoke at public health service events, on topics such as Parkinson's disease and diabetes

### **Pharmacy Intern**

Boston Health Care for the Homeless Program - Boston, MA - January 2013 to February 2013

- Utilized weekly patient chart reviews, to assess select patients from an HIV-infected population for concurrent medical conditions, medication use, immunization history, etc.
- Participated in pharmacy consultation sessions
- Responded to drug information questions with supportive evidence from primary literature

# **Pharmacy Intern**

Shelly's Medication Services - Bristol, PA - July 2011 to December 2012

• Filled and refilled medications for LTCF residents and mail-order patients

- Compounded capsules, solutions, creams, gels and prepared sterile IV admixtures
- Packaged medications into unit-dose preparations

# **Pharmacy Intern**

North Shore Medical Center - Salem, MA - September 2012 to November 2012

- Rounded on the cardiac and medical ICU
- Presented a review of the ASHP's Pharmacy Practice Model Initiative (PPMI) and the management of GI bleeds to members of the pharmacy staff
- Attended P & T committee meetings and biweekly pharmacy team meetings

#### **Pharmacy Intern**

Brigham & Women's Hospital - Boston, MA - August 2012 to September 2012

- Participated in patient-care rounds as a member of a multidisciplinary team
- Answered drug information questions that arose during team rounds in a timely manner
- Analyzed pharmacokinetic data and patient-specific parameters (e.g. kidney and liver function) to adjust medication dosages in order to achieve optimal therapeutic concentrations

#### **Pharmacy Intern**

Beacon Health Strategies - Woburn, MA - July 2012 to August 2012

- Analyzed health insurance plan data to establish trends in drug utilization
- · Designed programs or computer-generated algorithms for optimal medication management
- Assessed complex behavioral health regimens for potential interventions

## **EDUCATION**

#### **Doctor of Pharmacy**

Massachusetts College of Pharmacy and Health Sciences - Boston, MA August 2007 to May 2013

**SKILLS** 

MTM, ONCOLOGY, CPR CERTIFIED, COMPOUNDING

LINKS

https://www.linkedin.com/profile/view?id=320283252&trk=hp-identity-name