Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.42	0.4130		−0.42	[−1.23; 0.39]	26.5%
Sullivan et al.	−0.01	0.2153		−0.01	[−0.43; 0.41]	49.9%
Babacic et al.	0.75	0.4517		0.75	[−0.13; 1.64]	23.5%
Random effects model				**0.06**	**[−0.46; 0.58]**	**100.0%**
Prediction interval					**[−5.09; 5.21]**	
Heterogeneity: $I^2 = 47\%$, $p = 0.15$						