Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.1103	0.6987		−1.11	[−2.48; 0.26]	28.3%
Shen et al.	−0.8839	0.4388		−0.88	[−1.74; −0.02]	71.7%
Random effects model				**−0.95**	**[−1.68; −0.22]**	**100.0%**

$-2 \quad -1 \quad 0 \quad 1 \quad 2$

Heterogeneity: $I^2 = 0\%$, $p = 0.78$