Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Mohammed et al.	−0.2183	0.2086		−0.22	[−0.63; 0.19]	40.3%
Byeon et al.	−0.0517	0.5001		−0.05	[−1.03; 0.93]	25.4%
Suvarna et al.	1.1405	0.7274		1.14	[−0.29; 2.57]	16.9%
Babacic et al.	1.2584	0.7097		1.26	[−0.13; 2.65]	17.4%
Random effects model				**0.31**	**[−0.43; 1.05]**	**100.0%**
Prediction interval					**[−2.57; 3.19]**	

Heterogeneity: $I^2 = 55\%$, $p = 0.08$