Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.23	0.7079		−1.23	[−2.62; 0.15]	45.3%
Suvarna et al.	0.41	0.4984		0.41	[−0.57; 1.39]	54.7%
Random effects model				**−0.34**	**[−1.94; 1.27]**	**100.0%**
Heterogeneity: $I^2 = 72\%$, $p = 0.06$						

−2 −1 0 1 2