Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.11	0.7286		−2.11	[−3.53; −0.68]	31.1%
Zhang et al.	−1.01	0.2721		−1.01	[−1.54; −0.47]	68.9%
Random effects model				**−1.35**	**[−2.35; −0.35]**	**100.0%**

Heterogeneity: $I^2 = 50\%$, $p = 0.16$

−3 −2 −1 0 1 2 3