Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−2.48	0.6425		−2.48	[−3.74; −1.22]	29.4%
Babacic et al.	−2.14	0.5324		−2.14	[−3.19; −1.10]	33.5%
Shen et al.	−0.73	0.4415		−0.73	[−1.60; 0.13]	37.1%
Random effects model				**−1.72**	**[−2.80; −0.63]**	**100.0%**
Prediction interval					**[−14.04; 10.61]**	

Heterogeneity: $I^2 = 70\%$, $p = 0.03$

−10   −5   0   5   10