Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.08	0.5275		−2.08	[−3.12; −1.05]	25.2%
Shu et al.	−2.06	0.5239		−2.06	[−3.09; −1.03]	25.3%
Shen et al.	0.02	0.4174		0.02	[−0.80; 0.83]	26.8%
Suvarna et al.	0.48	0.6826		0.48	[−0.86; 1.81]	22.8%
Random effects model				**−0.93**	**[−2.24; 0.37]**	**100.0%**
Prediction interval					**[−6.90; 5.04]**	

Heterogeneity: $I^2 = 84\%$, $p < 0.01$

−6 −4 −2 0 2 4 6