Study	TE	seTE	D	ifference	•	SMD	95%-CI	Weight
Zhang et al.	-1.52	0.2347	-			-1.52	[-1.98; -1.06]	9.7%
Shu et al.	-0.54	0.4190				-0.54	[-1.36; 0.28]	7.2%
Overmyer et al.	-0.22	0.2169	_			-0.22	[-0.64; 0.21]	9.9%
Suvarna et al.	-0.20	0.2644				-0.20	[-0.72; 0.32]	9.3%
Sullivan et al.	0.02	0.2153		_		0.02	[-0.40; 0.44]	9.9%
Geyer et al.	0.10	0.1900				0.10	[-0.27; 0.48]	10.2%
Messner-Discovery et al.	0.12	0.2106				0.12	[-0.29; 0.53]	10.0%
Di et al.	0.16	0.3793	_	- : -		0.16	[-0.59; 0.90]	7.7%
Shen et al.	0.29	0.2404		+	_	0.29	[-0.18; 0.76]	9.6%
Messner-Validation et al.	0.60	0.2225		-	-	0.60	[0.16; 1.04]	9.8%
Babacic et al.	0.86	0.4553			•	0.86	[-0.03; 1.75]	6.8%
Random effects model Prediction interval						-0.04	[-0.41; 0.32] [-1.36; 1.27]	
Heterogeneity: $I^2 = 83\%$, p	< 0.01							
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Standardised Mean Difference