Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Overmyer et al.	−0.1589	0.2167		−0.16	[−0.58; 0.27]	60.8%
Suvarna et al.	−0.1316	0.3207		−0.13	[−0.76; 0.50]	27.7%
Shu−Validation et al.	−0.0764	0.4977		−0.08	[−1.05; 0.90]	11.5%
Random effects model				**−0.14**	**[−0.47; 0.19]**	**100.0%**
Prediction interval					**[−2.29; 2.00]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 0\%$, $p = 0.99$