Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.6894	0.4991		−1.69	[−2.67; −0.71]	44.0%
Shen et al.	−0.4633	0.2643		−0.46	[−0.98; 0.05]	56.0%
Random effects model				**−1.00**	**[−2.20; 0.19]**	**100.0%**

Heterogeneity: I^2 = 79%, p = 0.03