Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Byeon et al.	−1.1614	0.5451		−1.16	[−2.23; −0.09]	16.1%
Babacic et al.	−0.4023	0.4428		−0.40	[−1.27; 0.47]	24.5%
Spick et al.	−0.2018	0.3026		−0.20	[−0.79; 0.39]	52.4%
Sahin et al.	0.4098	0.8298		0.41	[−1.22; 2.04]	7.0%
Random effects model				**−0.36**	**[−0.79; 0.07]**	**100.0%**
Prediction interval					**[−1.31; 0.58]**	

Heterogeneity: $I^2 = 9\%$, $p = 0.35$