Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.1675	0.4687		−1.17	[−2.09; −0.25]	45.6%
Spick et al.	−0.2628	0.3844		−0.26	[−1.02; 0.49]	54.4%
Random effects model				**−0.68**	**[−1.56; 0.21]**	**100.0%**

Heterogeneity: $I^2 = 55\%$, $p = 0.14$