Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Overmyer et al.	−0.01	0.2164		−0.01	[−0.43; 0.42]	61.1%
Babacic et al.	0.84	0.4547		0.84	[−0.05; 1.73]	38.9%
Random effects model				**0.32**	**[−0.49; 1.13]**	**100.0%**

Heterogeneity: $I^2 = 65\%$, $p = 0.09$

−1.5 −1 −0.5 0 0.5 1 1.5