Study	TE	seTE	Di	fferenc	e	SMD	95%-CI	Weight
Shu et al. Zhang et al. Di et al.	-0.29 -0.25	0.4210 0.2595 0.3801	_			-0.29 -0.25	[-1.44; 0.21] [-0.80; 0.22] [-0.99; 0.50]	4.8% 12.7% 5.9%
Sullivan et al. Babacic et al. Shen et al. Messner-Validation et al.	-0.16 -0.15	0.2156 0.4397 0.2395			-	-0.16 -0.15	[-0.59; 0.25] [-1.02; 0.70] [-0.62; 0.32] [-0.52; 0.35]	18.3% 4.4% 14.9% 17.5%
Overmyer et al.  Messner-Discovery et al.	-0.02	0.2200 0.2164 0.5093		-	-		[-0.45; 0.40]	18.2% 3.3%
Random effects model Prediction interval Heterogeneity: $I^2 = 40\%$ , $p$	= 0.10		 	0	1	 -0.11	[-0.29; 0.07] [-0.33; 0.11]	100.0%

**Standardised Mean**