Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Messner–Discovery et al.	−1.08	0.2209		−1.08	[−1.51; −0.65]	15.0%
Messner–Validation et al.	−0.94	0.2293		−0.94	[−1.39; −0.49]	14.8%
Geyer et al.	−0.23	0.1902		−0.23	[−0.60; 0.15]	15.6%
Overmyer et al.	0.11	0.2165		0.11	[−0.31; 0.53]	15.1%
Suvarna et al.	0.19	0.2643		0.19	[−0.32; 0.71]	14.1%
Sullivan et al.	0.22	0.2158		0.22	[−0.20; 0.65]	15.1%
Babacic et al.	0.25	0.4405		0.25	[−0.62; 1.11]	10.3%
Random effects model				**−0.23**	**[−0.66; 0.19]**	**100.0%**
Prediction interval					**[−1.68; 1.21]**	

Heterogeneity: $I^2 = 83\%$, $p < 0.01$

−1.5 −1 −0.5 0 0.5 1 1.5