Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.3222	0.4486		−1.32	[−2.20; −0.44]	8.0%
Shu–Validation et al.	−1.0050	0.5180		−1.00	[−2.02; 0.01]	7.0%
Messner–Validation et al.	−0.8206	0.2371		−0.82	[−1.29; −0.36]	11.8%
Babacic et al.	−0.5509	0.6684		−0.55	[−1.86; 0.76]	5.2%
Overmyer et al.	−0.3883	0.2178		−0.39	[−0.82; 0.04]	12.1%
Byeon et al.	−0.1156	0.3089		−0.12	[−0.72; 0.49]	10.4%
Suvarna et al.	0.0511	0.3597		0.05	[−0.65; 0.76]	9.5%
Sullivan et al.	0.0802	0.2153		0.08	[−0.34; 0.50]	12.1%
Shen et al.	0.2893	0.2404		0.29	[−0.18; 0.76]	11.7%
Messner–Discovery et al.	0.6079	0.2138		0.61	[0.19; 1.03]	12.2%
Random effects model				−0.24	[−0.61; 0.14]	100.0%
Prediction interval					[−1.48; 1.00]	

−2   −1   0   1   2

Heterogeneity: I^2 = 75%, $p < 0.01$