| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shen et al. | −0.7197 | 0.3545 | | −0.72 | [−1.41; −0.02] | 60.4% |
| Byeon et al. | 0.4573 | 0.6425 | | 0.46 | [−0.80; 1.72] | 39.6% |
| **Random effects model** | | | | **−0.25** | **[−1.38; 0.88]** | **100.0%** |

−1.5  −1  −0.5  0  0.5  1  1.5

Heterogeneity: $I^2$ = 61%, $p$ = 0.11