Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Shen et al.	−4.1917	1.0920		−4.19	[−6.33; −2.05]	30.3%
Shu−Validation et al.	−0.3003	0.5650		−0.30	[−1.41; 0.81]	34.5%
Babacic et al.	0.8393	0.4547		0.84	[−0.05; 1.73]	35.2%
Random effects model				**−1.08**	**[−3.94; 1.78]**	**100.0%**
Prediction interval					**[−36.94; 34.78]**	

−30 −20 −10 0 10 20 30

Heterogeneity: $I^2 = 89\%$, $p < 0.01$