Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.7993	0.5892		−2.80	[−3.95; −1.64]	48.1%
Shen et al.	−0.1682	0.2954		−0.17	[−0.75; 0.41]	51.9%
Random effects model				**−1.43**	**[−4.01; 1.14]**	**100.0%**

Heterogeneity: $I^2 = 94\%$, $p < 0.01$