Study	TE	seTE	Difference	SMD	95%-CI	Weight
Zhang et al. Messner–Validation et al. Sullivan et al. Shu et al. Messner–Discovery et al. Shen et al. Suvarna et al.	-0.47 0.03 0.16 0.35 0.90	0.2162 0.2206 0.2153 0.4134 0.2118 0.2511 0.2787		-0.47 0.03	[0.40; 1.39]	14.9% 11.8% 15.0% 14.4%
Random effects model Prediction interval Heterogeneity: $I^2 = 88\%$, $p < 10$	< 0.01		-1 0 1	0.15 -	[-0.37; 0.68] [-1.66; 1.97]	100.0%

Standardised Mean