Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	0.06	0.4129		0.06	[−0.75; 0.87]	8.9%
Sullivan et al.	0.35	0.2166		0.35	[−0.08; 0.77]	9.3%
Di et al.	0.41	0.3823		0.41	[−0.34; 1.16]	9.0%
Overmyer et al.	0.54	0.2190		0.54	[0.11; 0.97]	9.3%
Zhang et al.	0.54	0.2103		0.54	[0.13; 0.96]	9.3%
Shen et al.	0.79	0.2484		0.79	[0.30; 1.27]	9.2%
Suvarna et al.	0.84	0.2733		0.84	[0.31; 1.38]	9.2%
Geyer et al.	1.33	0.1977		1.33	[0.94; 1.71]	9.3%
Babacic et al.	1.95	0.5175		1.95	[0.94; 2.97]	8.7%
Messner–Validation et al.	4.87	0.4312		4.87	[4.02; 5.71]	8.9%
Messner–Discovery et al.	5.43	0.3978		5.43	[4.65; 6.21]	9.0%
Random effects model				**1.54**	**[0.45; 2.62]**	**100.0%**
Prediction interval					**[−2.72; 5.80]**	

Heterogeneity: $I^2 = 96\%$, $p < 0.01$