| Study | SMD | SE(SMD) | | Dif | feren | се | | SMD | 95%-CI | Weight |
|------------------------------|-------------------|------------------|----|---------------|-------|-----|---|-------|--------------------------------|--------|
| Byeon et al. Spick et al. | -0.2694 0.0449 | 0.5025 0.3119 | | - | | | | | [-1.25; 0.72] [-0.57; 0.66] | |
| Random effects model | I | | _ | $\overline{}$ | | _ | | -0.04 | [-0.56; 0.48] | 100.0% |
| | | | -1 | -0.5 | 0 | 0.5 | 1 | | | |

Heterogeneity: $I^2 = 0\%$, p = 0.60

Standardised Mean