

Heterogeneity:  $I^2 = 60\%$ , p = 0.04

**Standardised Mean** 

-1.31 [-2.26; -0.37] **-1.19** [**-2.27**; **-0.12**]

-0.91 [-2.11; 0.28] 0.20 [-0.81; 1.21]

0.31 [-0.56; 1.17]

-0.55 [-1.26; 0.16] 100.0%

[-2.85; 1.74]

95%-CI Weight

22.5%

21.1% 19.1%

17.2%

20.1%