| Study | TE | seTE | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Babacic et al. | −1.97 | 0.7782 | | −1.97 | [−3.49; −0.44] | 42.5% |
| Di et al. | −0.23 | 0.3957 | | −0.23 | [−1.01; 0.54] | 57.5% |
| **Random effects model** | | | | **−0.97** | **[−2.65; 0.71]** | **100.0%** |

Heterogeneity: $I^2 = 75\%$, $p = 0.05$

−3  −2  −1  0  1  2  3