Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.5427	0.2743		−0.54	[−1.08; −0.01]	26.3%
Sullivan et al.	−0.3608	0.2168		−0.36	[−0.79; 0.06]	27.2%
Byeon et al.	0.2044	0.3933		0.20	[−0.57; 0.98]	24.0%
Shu−Discovery et al.	1.6603	0.4680		1.66	[0.74; 2.58]	22.5%
Random effects model				**0.18**	**[−0.75; 1.11]**	**100.0%**
Prediction interval					**[−4.14; 4.50]**	

−4 −2 0 2 4

Heterogeneity: I^2 = 84%, $p < 0.01$