Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−2.4985	0.6129		−2.50	[−3.70; −1.30]	46.9%
Shu–Discovery et al.	−1.0047	0.4856		−1.00	[−1.96; −0.05]	53.1%
Random effects model				**−1.70**	**[−3.17; −0.24]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 73\%$, $p = 0.06$