Study	TE	seTE	Standard Diffe	ised Mea rence	nn SMD	95%-CI	Weight
Shen et al.	-0.13	0.2394	-	 	-0.13	[-0.59; 0.34]	25.7%
Sullivan et al.	-0.04	0.2153	-		-0.04	[-0.47; 0.38]	26.6%
Overmyer et al.	0.23	0.2169	_		0.23	[-0.20; 0.65]	26.6%
Messner-Discovery et al.	1.26	0.3567		-	1.26	[0.56; 1.96]	21.1%
Random effects model			<		0.28	[-0.28; 0.84]	100.0%
Prediction interval						[-2.23; 2.79]	
Heterogeneity: $I^2 = 75\%$, p	< 0.01		1 1	1 1	I		
			-2 -1	0 1	2		