Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.1286	0.4668		−1.13	[−2.04; −0.21]	22.2%
Feng et al.	−0.5564	0.5903		−0.56	[−1.71; 0.60]	16.6%
Spick et al.	−0.5412	0.2802		−0.54	[−1.09; 0.01]	34.7%
Byeon et al.	0.2954	0.3945		0.30	[−0.48; 1.07]	26.5%
Random effects model				**−0.45**	**[−1.03; 0.12]**	**100.0%**
Prediction interval					**[−2.63; 1.72]**	

Heterogeneity: I^2 = 48%, p = 0.12