Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sullivan et al.	−0.3630	0.2168		−0.36	[−0.79; 0.06]	36.7%
Shu−Validation et al.	−0.1831	0.4983		−0.18	[−1.16; 0.79]	14.9%
Suvarna et al.	0.0583	0.3774		0.06	[−0.68; 0.80]	21.7%
Byeon et al.	0.5073	0.3137		0.51	[−0.11; 1.12]	26.7%
Random effects model				**−0.01**	**[−0.45; 0.43]**	**100.0%**
Prediction interval					**[−1.63; 1.61]**	

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 44\%$, $p = 0.15$