Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Tepasse et al.	−0.1006	0.4106		−0.10	[−0.91; 0.70]	19.2%
Spick et al.	0.2549	0.2711		0.25	[−0.28; 0.79]	44.2%
Shen et al.	0.2955	0.6094		0.30	[−0.90; 1.49]	8.7%
Babacic et al.	0.4012	0.4427		0.40	[−0.47; 1.27]	16.5%
Byeon et al.	1.0208	0.5352		1.02	[−0.03; 2.07]	11.3%
Random effects model				**0.30**	**[−0.05; 0.65]**	**100.0%**
Prediction interval					**[−0.27; 0.87]**	

Heterogeneity: $I^2 = 0\%$, $p = 0.58$