Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Babacic et al.	−2.53	0.5643		−2.53	[−3.63; −1.42]	12.7%
Shen et al.	−0.59	0.2445		−0.59	[−1.07; −0.11]	18.9%
Suvarna et al.	−0.53	0.3446		−0.53	[−1.21; 0.15]	17.0%
Shu et al.	−0.51	0.4241		−0.51	[−1.34; 0.33]	15.4%
Sullivan et al.	−0.19	0.2157		−0.19	[−0.62; 0.23]	19.4%
Geyer et al.	0.16	0.3641		0.16	[−0.55; 0.88]	16.6%
Random effects model				**−0.61**	**[−1.23; 0.01]**	**100.0%**
Prediction interval					**[−2.70; 1.47]**	

Heterogeneity: $I^2 = 73\%$, $p < 0.01$

−3 −2 −1 0 1 2 3