Byeon et al.	0.7012	0.5169			-	<del> </del>	
Random effects model Prediction interval		_		<			
. rounding miles run							
			-4	-2	0	2	
Heterogeneity: $I^2 = 75\%$ , p	< 0.01						

SMD SE(SMD)

0.7322

0.2985

0.7019

-2.1373

-0.5430

0.5187

Study

Babacic et al.

Shu-Validation et al.

Spick et al.

-0.54 [-1.13; 0.04] 0.52 [-0.86; 1.89] 0.70 [-0.31; 1.71]

-2.14 [-3.57; -0.70]

-0.33 [-1.50; 0.84] 100.0% [-5.54; 4.88]

**SMD** 

95%-CI Weight

21.8%

29.9%

22.3%

26.0%

**Standardised Mean** 

**Difference**