Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.7993	0.5892		−2.80	[−3.95; −1.64]	21.4%
Byeon et al.	−0.7938	0.3679		−0.79	[−1.51; −0.07]	25.5%
Suvarna et al.	−0.6135	0.3144		−0.61	[−1.23; 0.00]	26.4%
Shen et al.	−0.1682	0.2954		−0.17	[−0.75; 0.41]	26.7%
Random effects model				**−1.01**	**[−2.05; 0.03]**	**100.0%**
Prediction interval					**[−5.83; 3.81]**	

Heterogeneity: $I^2 = 81\%$, $p < 0.01$