Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.5374	0.5654		−2.54	[−3.65; −1.43]	23.0%
Di et al.	−0.5671	0.3855		−0.57	[−1.32; 0.19]	26.3%
Shen et al.	−0.1367	0.2394		−0.14	[−0.61; 0.33]	28.5%
Feng et al.	0.0289	0.6056		0.03	[−1.16; 1.22]	22.2%
Random effects model				**−0.76**	**[−1.86; 0.33]**	**100.0%**
Prediction interval					**[−5.74; 4.22]**	

−4 −2 0 2 4

Heterogeneity: $I^2 = 81\%$, $p < 0.01$