Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−0.5459	0.5934		−0.55	[−1.71; 0.62]	13.3%
Shen et al.	−0.1698	0.3436		−0.17	[−0.84; 0.50]	31.4%
Zhang et al.	0.3022	0.2077		0.30	[−0.10; 0.71]	55.3%
Random effects model				**0.04**	**[−0.42; 0.50]**	**100.0%**
Prediction interval					**[−4.16; 4.24]**	

−4 −2 0 2 4

Heterogeneity: $I^2 = 27\%$, $p = 0.25$