Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sameh et al.	−2.2486	0.3418		−2.25	[−2.92; −1.58]	12.5%
Shu–Validation et al.	−1.9185	0.5684		−1.92	[−3.03; −0.80]	7.7%
Ciccosanti et al.	−1.4508	0.4325		−1.45	[−2.30; −0.60]	10.4%
Overmyer et al.	−1.0832	0.2268		−1.08	[−1.53; −0.64]	15.6%
Byeon et al.	−0.9378	0.3258		−0.94	[−1.58; −0.30]	13.0%
Suvarna et al.	−0.7978	0.2724		−0.80	[−1.33; −0.26]	14.4%
Sullivan et al.	−0.6901	0.2207		−0.69	[−1.12; −0.26]	15.8%
Shu–Discovery et al.	−0.5464	0.4192		−0.55	[−1.37; 0.28]	10.7%
Random effects model				**−1.15**	**[−1.55; −0.75]**	**100.0%**
Prediction interval					**[−2.40; 0.09]**	

Heterogeneity: $I^2 = 66\%$, $p < 0.01$