Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Validation et al.	−2.7094	0.6380		−2.71	[−3.96; −1.46]	39.6%
Babacic et al.	−1.9452	0.5171		−1.95	[−2.96; −0.93]	60.4%
Random effects model				**−2.25**	**[−3.04; −1.46]**	**100.0%**

−2   0   2

Heterogeneity: $I^2 = 0\%$, $p = 0.35$