Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Geyer et al.	−0.33	0.6486		−0.33	[−1.60; 0.94]	14.8%
Shen et al.	−0.32	0.2407		−0.32	[−0.79; 0.15]	24.4%
Suvarna et al.	−0.04	0.3157		−0.04	[−0.66; 0.57]	22.7%
Babacic et al.	1.28	0.4743		1.28	[0.35; 2.21]	18.7%
Shu et al.	1.28	0.4466		1.28	[0.41; 2.16]	19.4%
Random effects model				**0.35**	**[−0.37; 1.07]**	**100.0%**
Prediction interval					**[−2.18; 2.88]**	

Heterogeneity: $I^2 = 76\%$, $p < 0.01$

−2 −1 0 1 2