Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.7897	0.5883		−2.79	[−3.94; −1.64]	49.9%
Shen et al.	0.1381	0.5782		0.14	[−1.00; 1.27]	50.1%
Random effects model				**−1.32**	**[−4.19; 1.55]**	**100.0%**

Heterogeneity: $I^2 = 92\%$, $p < 0.01$