Study	TE	seTE	Standardised Mean Difference	SMD	95%−CI	Weight
Shu et al.	−1.32	0.4701		−1.32	[−2.24; −0.40]	14.0%
Babacic et al.	−0.67	0.6069		−0.67	[−1.86; 0.52]	9.1%
Zhang et al.	−0.55	0.2104		−0.55	[−0.97; −0.14]	38.9%
Sullivan et al.	−0.23	0.2159		−0.23	[−0.66; 0.19]	38.0%
Random effects model				**−0.55**	**[−0.94; −0.16]**	**100.0%**
Prediction interval					**[−1.87; 0.77]**	

Heterogeneity: $I^2 = 36\%$, $p = 0.19$

−2 −1 0 1 2