Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−0.83	0.3929		−0.83	[−1.60; −0.06]	68.4%
Shen et al.	−0.13	0.5781		−0.13	[−1.26; 1.00]	31.6%
Random effects model				**−0.61**	**[−1.24; 0.03]**	**100.0%**
Heterogeneity: $I^2 = 0\%$, $p = 0.32$						

−1.5 −1 −0.5 0 0.5 1 1.5