Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.24	0.4137		−0.24	[−1.05; 0.57]	19.8%
Overmyer et al.	−0.10	0.2165		−0.10	[−0.53; 0.32]	72.1%
Di et al.	0.16	0.6467		0.16	[−1.11; 1.43]	8.1%
Random effects model				**−0.11**	**[−0.47; 0.25]**	**100.0%**
Prediction interval					**[−2.44; 2.23]**	

Heterogeneity: $I^2 = 0\%$, $p = 0.87$

−2 −1 0 1 2