Study	TE	seTE	Standardised Mean Difference	SMD	95%−CI	Weight
Suvarna et al.	0.13	0.5595		0.13	[−0.96; 1.23]	15.5%
Shen et al.	0.23	0.2399		0.23	[−0.24; 0.70]	84.5%
Random effects model				**0.21**	**[−0.22; 0.64]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.88$

−1   −0.5   0   0.5   1