Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−0.58	0.4466		−0.58	[−1.45; 0.30]	31.0%
Shen et al.	−0.48	0.2993		−0.48	[−1.07; 0.10]	69.0%
Random effects model				**−0.51**	**[−1.00; −0.03]**	**100.0%**
Heterogeneity: $I^2 = 0\%$, $p = 0.86$						

−1 −0.5 0 0.5 1