Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.91	0.5147		−1.91	[−2.92; −0.90]	46.7%
Shu et al.	−0.84	0.4340		−0.84	[−1.69; 0.01]	53.3%
Random effects model				**−1.34**	**[−2.39; −0.29]**	**100.0%**

Heterogeneity: $I^2 = 61\%$, $p = 0.11$

−2 −1 0 1 2