Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.53	0.4889		−1.53	[−2.49; −0.57]	47.0%
Shen et al.	−0.10	0.3432		−0.10	[−0.78; 0.57]	53.0%
Random effects model				**−0.77**	**[−2.17; 0.62]**	**100.0%**

Heterogeneity: $I^2 = 82\%$, $p = 0.02$

−2 −1 0 1 2