Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.7898	0.8168		−2.79	[−4.39; −1.19]	19.1%
Tepasse et al.	−1.6036	0.4443		−1.60	[−2.47; −0.73]	28.7%
Suvarna et al.	−0.9470	0.6879		−0.95	[−2.30; 0.40]	22.1%
Spick et al.	−0.2192	0.3946		−0.22	[−0.99; 0.55]	30.1%
Random effects model				**−1.27**	**[−2.28; −0.26]**	**100.0%**
Prediction interval					**[−5.57; 3.03]**	

Heterogeneity: I^2 = 72%, p = 0.01