Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Messner–Discovery et al.	−0.5549	0.2376		−0.55	[−1.02; −0.09]	15.3%
Feng et al.	−0.4395	0.5855		−0.44	[−1.59; 0.71]	8.0%
Sullivan et al.	−0.3289	0.2165		−0.33	[−0.75; 0.10]	15.8%
Shen et al.	−0.2946	0.4198		−0.29	[−1.12; 0.53]	11.0%
Spick et al.	−0.1016	0.2637		−0.10	[−0.62; 0.42]	14.7%
Suvarna et al.	0.2368	0.3810		0.24	[−0.51; 0.98]	11.9%
Byeon et al.	0.9829	0.3274		0.98	[0.34; 1.62]	13.2%
Babacic et al.	1.0450	0.4630		1.05	[0.14; 1.95]	10.1%
Random effects model				**0.04**	**[−0.38; 0.47]**	**100.0%**
Prediction interval					**[−1.30; 1.39]**	

Heterogeneity: $I^2 = 70\%$, $p < 0.01$