Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Suvarna et al.	−0.66	0.4079		−0.66	[−1.46; 0.14]	20.9%
Babacic et al.	−0.26	0.5939		−0.26	[−1.42; 0.91]	16.7%
Shen et al.	0.06	0.2887		0.06	[−0.50; 0.63]	23.6%
Shu et al.	0.63	0.4211		0.63	[−0.20; 1.45]	20.6%
Messner−Validation et al.	1.70	0.5191		1.70	[0.69; 2.72]	18.3%
Random effects model				**0.27**	**[−0.49; 1.04]**	**100.0%**
Prediction interval					**[−2.43; 2.98]**	

Heterogeneity: $I^2 = 73\%$, $p < 0.01$