Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−0.5909	0.6035		−0.59	[−1.77; 0.59]	14.4%
Spick et al.	−0.4939	0.2850		−0.49	[−1.05; 0.06]	64.7%
Byeon et al.	−0.2369	0.5020		−0.24	[−1.22; 0.75]	20.9%
Random effects model				**−0.45**	**[−0.90; −0.01]**	**100.0%**
Prediction interval					**[−3.37; 2.46]**	

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 0\%$, $p = 0.88$