Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−1.1421	0.3188		−1.14	[−1.77; −0.52]	34.2%
Babacic et al.	−0.2306	0.4403		−0.23	[−1.09; 0.63]	31.7%
Byeon et al.	0.9881	0.3276		0.99	[0.35; 1.63]	34.1%
Random effects model				**−0.13**	**[−1.37; 1.11]**	**100.0%**
Prediction interval					**[−15.50; 15.25]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 91\%$, $p < 0.01$