Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Babacic et al.	−1.9670	0.5187		−1.97	[−2.98; −0.95]	28.8%
Suvarna et al.	−1.2926	0.8194		−1.29	[−2.90; 0.31]	12.7%
Shu−Discovery et al.	−0.9026	0.5000		−0.90	[−1.88; 0.08]	30.6%
Shu−Validation et al.	−0.8391	0.5298		−0.84	[−1.88; 0.20]	27.8%
Random effects model				**−1.24**	**[−1.84; −0.65]**	**100.0%**
Prediction interval					**[−2.86; 0.38]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 0\%$, $p = 0.39$