Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.73	0.5831		−2.73	[−3.88; −1.59]	30.8%
Shu et al.	−2.33	0.5406		−2.33	[−3.39; −1.27]	31.7%
Shen et al.	−0.58	0.2443		−0.58	[−1.06; −0.10]	37.5%
Random effects model				**−1.80**	**[−3.16; −0.44]**	**100.0%**
Prediction interval					**[−18.38; 14.78]**	

Heterogeneity: $I^2 = 89\%$, $p < 0.01$

−15 −10 −5 0 5 10 15