Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sahin et al.	−1.9942	0.8485		−1.99	[−3.66; −0.33]	4.6%
Messner−Validation et al.	−1.6214	0.2744		−1.62	[−2.16; −1.08]	12.2%
Mohammed et al.	−0.9244	0.2228		−0.92	[−1.36; −0.49]	13.1%
Babacic et al.	−0.6238	0.4478		−0.62	[−1.50; 0.25]	9.2%
Messner−Discovery et al.	−0.6109	0.2302		−0.61	[−1.06; −0.16]	12.9%
Byeon et al.	−0.2553	0.5023		−0.26	[−1.24; 0.73]	8.4%
Geyer et al.	−0.1296	0.2028		−0.13	[−0.53; 0.27]	13.4%
Overmyer et al.	0.0034	0.2164		0.00	[−0.42; 0.43]	13.2%
Sullivan et al.	0.1393	0.2155		0.14	[−0.28; 0.56]	13.2%
Random effects model				−0.57	[−0.99; −0.14]	100.0%
Prediction interval					[−1.98; 0.85]	

−3 −2 −1 0 1 2 3

Heterogeneity: I^2 = 81%, $p < 0.01$