Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.2909	0.8165		−2.29	[−3.89; −0.69]	44.4%
Spick et al.	0.0127	0.2666		0.01	[−0.51; 0.54]	55.6%
Random effects model				**−1.01**	**[−3.25; 1.23]**	**100.0%**

Heterogeneity: $I^2 = 86\%$, $p < 0.01$