| Shu et al. | -1.71 0.4711 - | - | | -1.71 | [-2.63; -0 |).79] | 8.5% |
|--|------------------|----------|-----|-------|------------|-------|--------|
| Messner-Validation e | t al1.67 0.2725 | | | -1.67 | [-2.20; -1 | 1.13] | 10.7% |
| Di et al. | -0.63 0.4219 | | | -0.63 | [-1.46; (| 0.20] | 9.0% |
| Overmyer et al. | -0.49 0.2186 | - | | -0.49 | [-0.92; -0 | 0.06] | 11.2% |
| Messner-Discovery e | et al0.45 0.2602 | - | | -0.45 | [-0.96; (| 0.06] | 10.8% |
| Shen et al. | -0.17 0.2396 | - | | -0.17 | [-0.64; (| 0.30] | 11.0% |
| Babacic et al. | -0.04 0.4392 | | _ | -0.04 | [-0.90; 0 | 0.82] | 8.8% |
| Sullivan et al. | 0.15 0.2155 | - | | 0.15 | [-0.27; (|).57] | 11.2% |
| Geyer et al. | 0.33 0.2162 | + - | _ | 0.33 | [-0.09; (| 0.76] | 11.2% |
| Suvarna et al. | 1.02 0.5457 | <u> </u> | | 1.02 | [-0.05; 2 | 2.09] | 7.7% |
| | | | | | | | |
| Random effects model | | | | -0.37 | [-0.86; 0 |).11] | 100.0% |
| Prediction interval | | | | | [-2.10; 1 | .36] | |
| Heterogeneity: $I^2 = 84\%$, $p < 0.01$ | | | | | | | |
| | | -2 -1 0 | 1 2 | | | | |

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Study

Standardised Mean

Difference

SMD

95%-CI Weight