Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−1.22	0.4437		−1.22	[−2.09; −0.35]	45.5%
Sullivan et al.	0.06	0.2153		0.06	[−0.36; 0.48]	54.5%
Random effects model				**−0.52**	**[−1.78; 0.73]**	**100.0%**
Heterogeneity: $I^2 = 85\%$, $p < 0.01$						