Study	TE seTE	Standardised Mean Difference	SMD	95%-CI Weight
Shen et al.	-0.22 0.3440		-0.22 [-	-0.89; 0.46] 22.4%
Shu et al.	-0.19 0.4136		-0.19 [-	-1.00; 0.62] 17.9%
Sullivan et al.	0.43 0.2174	 •	0.43	[0.00; 0.85] 34.3%
Messner-Discovery et a	. 0.70 0.3065	-	0.70	[0.10; 1.30] 25.4%
Random effects model Prediction interval Heterogeneity: $I^2 = 47\%$, $p = 0.13$			-	-0.18; 0.66] 100.0% -1.33; 1.82]
Heterogeneity. $T = 47\%$, p	= 0.13	-1.5 -1 -0.5 0 0.5 1 1.5	5	