Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.52	0.7320		−1.52	[−2.95; −0.08]	46.2%
Zhang et al.	0.96	0.2562		0.96	[0.46; 1.46]	53.8%
Random effects model				**−0.18**	**[−2.61; 2.24]**	**100.0%**

Heterogeneity: $I^2 = 90\%$, $p < 0.01$

−2 −1 0 1 2