Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Overmyer et al.	−0.16	0.2167		−0.16	[−0.58; 0.27]	35.2%
Suvarna et al.	−0.13	0.3207		−0.13	[−0.76; 0.50]	27.8%
Di et al.	−0.03	0.5075		−0.03	[−1.02; 0.97]	17.6%
Babacic et al.	1.13	0.4671		1.13	[0.22; 2.05]	19.4%
Random effects model				**0.12**	**[−0.41; 0.65]**	**100.0%**
Prediction interval					**[−1.97; 2.21]**	

Heterogeneity: $I^2 = 54\%$, $p = 0.09$