Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.56	0.3637		−0.56	[−1.27; 0.15]	59.5%
Babacic et al.	−0.24	0.4404		−0.24	[−1.10; 0.63]	40.5%
Random effects model				**−0.43**	**[−0.98; 0.12]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.57$