Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.38	0.4801		−1.38	[−2.32; −0.44]	43.2%
Shen et al.	−0.25	0.2401		−0.25	[−0.72; 0.22]	56.8%
Random effects model				**−0.74**	**[−1.84; 0.35]**	**100.0%**

Heterogeneity: $I^2 = 77\%$, $p = 0.04$