Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sahin et al.	−1.6828	0.7825		−1.68	[−3.22; −0.15]	23.6%
Di et al.	−0.7495	0.3904		−0.75	[−1.51; 0.02]	76.4%
Random effects model				**−0.97**	**[−1.75; −0.19]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: I^2 = 12%, p = 0.29