Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.3330	0.5478		−2.33	[−3.41; −1.26]	28.8%
Shen et al.	−0.8208	0.2714		−0.82	[−1.35; −0.29]	37.2%
Di et al.	−0.4175	0.3824		−0.42	[−1.17; 0.33]	34.0%
Random effects model				**−1.12**	**[−2.17; −0.07]**	**100.0%**
Prediction interval					**[−13.77; 11.53]**	

−10 −5 0 5 10

Heterogeneity: $I^2 = 77\%$, $p = 0.01$