Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Feng et al.	−0.6457	0.5947		−0.65	[−1.81; 0.52]	14.3%
Shen et al.	−0.1299	0.4179		−0.13	[−0.95; 0.69]	28.9%
Suvarna et al.	0.0977	0.4045		0.10	[−0.70; 0.89]	30.9%
Babacic et al.	0.3459	0.4418		0.35	[−0.52; 1.21]	25.9%
Random effects model				−0.01	[−0.45; 0.43]	100.0%
Prediction interval					[−0.98; 0.96]	

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 0\%$, $p = 0.58$