Study	TE seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Messner–Discovery et al Suvarna et al. Sullivan et al.	-0.26 0.2647 0.16 0.2156		-0.26 0.16	[-0.78; 0.26] [-0.26; 0.58]	25.5% 28.2%
Shu et al.  Random effects model Prediction interval Heterogeneity: $I^2 = 74\%$ , $p$	0.42 0.4166 < 0.01	-2 -1 0 1 3	-0.15	[-0.39; 1.24] [-0.65; 0.34] [-2.28; 1.97]	18.1% <b>100.0%</b>