Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−4.2883	1.1183		−4.29	[−6.48; −2.10]	48.2%
Spick et al.	0.9450	0.5110		0.95	[−0.06; 1.95]	51.8%
Random effects model				**−1.58**	**[−6.70; 3.55]**	**100.0%**

−6 −4 −2 0 2 4 6

Heterogeneity: $I^2 = 94\%$, $p < 0.01$