Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Tepasse et al.	−0.2310	0.4112		−0.23	[−1.04; 0.57]	10.5%
Di et al.	−0.2218	0.3798		−0.22	[−0.97; 0.52]	12.3%
Feng et al.	−0.1015	0.5778		−0.10	[−1.23; 1.03]	5.3%
Zhang et al.	−0.0277	0.2065		−0.03	[−0.43; 0.38]	41.5%
Shen et al.	0.3641	0.2412		0.36	[−0.11; 0.84]	30.4%
Random effects model				**0.04**	**[−0.22; 0.30]**	**100.0%**
Prediction interval					**[−0.38; 0.47]**	

−1 −0.5 0 0.5 1

Heterogeneity: $I^2 = 0\%$, $p = 0.58$