Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Messner–Validation et al.	−0.8025	0.2466		−0.80	[−1.29; −0.32]	10.3%
Shu–Validation et al.	−0.7440	0.5089		−0.74	[−1.74; 0.25]	5.2%
Shen et al.	−0.2343	0.2400		−0.23	[−0.70; 0.24]	10.4%
Suvarna et al.	−0.0768	0.5502		−0.08	[−1.16; 1.00]	4.7%
Babacic et al.	0.0692	0.4393		0.07	[−0.79; 0.93]	6.3%
Geyer et al.	0.1817	0.1903		0.18	[−0.19; 0.55]	11.6%
Byeon et al.	0.2461	0.3098		0.25	[−0.36; 0.85]	8.8%
Shu–Discovery et al.	0.2718	0.4144		0.27	[−0.54; 1.08]	6.7%
Feng et al.	0.3468	0.7371		0.35	[−1.10; 1.79]	3.1%
Sullivan et al.	0.3715	0.2169		0.37	[−0.05; 0.80]	11.0%
Messner–Discovery et al.	0.5617	0.2141		0.56	[0.14; 0.98]	11.0%
Overmyer et al.	0.6479	0.2202		0.65	[0.22; 1.08]	10.9%
Random effects model				**0.10**	**[−0.19; 0.39]**	**100.0%**
Prediction interval					**[−0.81; 1.01]**	

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 64\%$, $p < 0.01$