Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−4.5266	0.7288		−4.53	[−5.96; −3.10]	31.9%
Shu–Validation et al.	−1.4999	0.5420		−1.50	[−2.56; −0.44]	33.5%
Byeon et al.	−0.3182	0.3949		−0.32	[−1.09; 0.46]	34.6%
Random effects model				**−2.06**	**[−4.48; 0.36]**	**100.0%**
Prediction interval					**[−32.60; 28.49]**	

−30 −20 −10 0 10 20 30

Heterogeneity: I^2 = 92%, p < 0.01