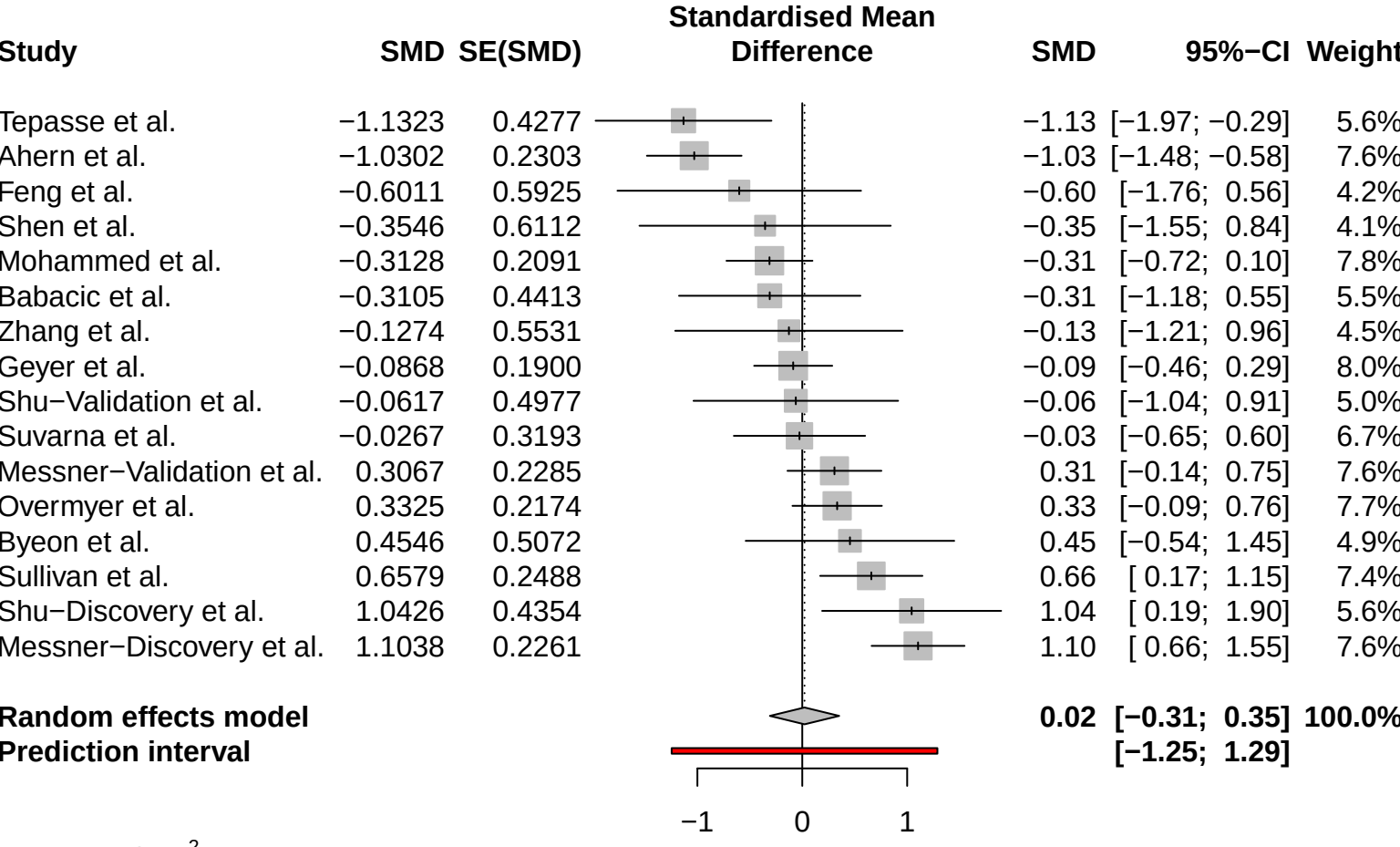

Heterogeneity: I^2 = 79%, p < 0.01