| <b>.</b>                      | Standardised Mean |         |    |            |   |      |               |        |
|-------------------------------|-------------------|---------|----|------------|---|------|---------------|--------|
| Study                         | SMD S             | SE(SMD) | L  | Difference |   | SMD  | 95%–CI        | Weight |
| Spick et al.                  | 0.0718            | 0.2670  |    |            |   | 0.07 | [-0.45; 0.60] | 42.9%  |
| Byeon et al.                  | 0.5948            | 0.3156  |    | -          |   | 0.59 | [-0.02; 1.21] | 38.9%  |
| Babacic et al.                | 1.5526            | 0.6695  |    | -          |   | 1.55 | [ 0.24; 2.86] | 18.2%  |
| Random effects mode           | ·I                |         |    | ÷          |   | 0.54 | [-0.13; 1.22] | 100.0% |
| Prediction interval           |                   |         |    |            |   |      | [-6.70; 7.79] |        |
|                               |                   |         | -5 | 0          | 5 |      |               |        |
| Heterogeneity: $I^2 = 59\%$ , | p = 0.09          |         |    |            |   |      |               |        |