Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	0.2720	0.6153		0.27	[−0.93; 1.48]	40.2%
Byeon et al.	0.3481	0.5042		0.35	[−0.64; 1.34]	59.8%
Random effects model				**0.32**	**[−0.45; 1.08]**	**100.0%**

−1 −0.5 0 0.5 1

Heterogeneity: $I^2 = 0\%$, $p = 0.92$