Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	0.0725	0.6585		0.07	[−1.22; 1.36]	12.9%
Spick et al.	0.3320	0.3122		0.33	[−0.28; 0.94]	57.2%
Byeon et al.	0.7532	0.5195		0.75	[−0.26; 1.77]	20.7%
Di et al.	1.4923	0.7788		1.49	[−0.03; 3.02]	9.2%
Random effects model				**0.49**	**[0.03; 0.96]**	**100.0%**
Prediction interval					**[−0.52; 1.51]**	

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 0\%$, $p = 0.46$