Shu et al.	-1.91	0.4846				-1.91	[-2.86; -	-0.96]	7.6%
Messner-Discovery et al.	-0.66	0.2285		-	<u>:</u>	-0.66	[-1.11; -	-0.21]	11.0%
Di et al.	-0.50	0.4596		-		-0.50	[-1.40;	0.40]	7.9%
Sullivan et al.	-0.49	0.2220		-	<u>:</u> -	-0.49	[-0.93; -	-0.06]	11.0%
Suvarna et al.	-0.37	0.2665		-	<u>.</u>	-0.37	[-0.89;	0.15]	10.5%
Messner-Validation et al.	-0.35	0.2469			<del>                                      </del>	-0.35	[-0.83;	0.13]	10.7%
Babacic et al.	-0.06	0.4392			-	-0.06	[-0.92;	0.80]	8.2%
Geyer et al.	0.09	0.1929		; ;		0.09	[-0.29;	0.47]	11.4%
Overmyer et al.	0.21	0.2168				0.21	[-0.21;	0.64]	11.1%
Shen et al.	0.96	0.2527			-	0.96	[ 0.46;	1.45]	10.7%
Random effects model					<u> </u>	-0.26	[-0.67;	0.16]	100.0%
Prediction interval			-		<del></del>		[-1.72;	1.20]	
Heterogeneity: $I^2 = 80\%$ , p	< 0.01								
			_2	_1	0 1 2				

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Study

**Standardised Mean** 

Difference

SMD

95%-CI Weight