Babacic et al. Messner–Validation et al. Shu et al. Suvarna et al.	-1.58 -1.42		-	— ————————————————————————————————————	_		-1.58 -1.42	[-4.87; -2.26] [-2.08; -1.09] [-2.31; -0.53] [-1.93; -0.80]	9.0%
Overmyer et al.	-1.19	0.2289		-	-		-1.19	[-1.64; -0.74]	10.6%
Shen et al.	-0.60	0.2445		- 1	+		-0.60	[-1.08; -0.12]	10.5%
Geyer et al.	-0.52	0.1912			-		-0.52	[-0.90; -0.15]	10.8%
Di et al.	-0.38	0.3818		<u>:</u> :	-		-0.38	[-1.13; 0.37]	9.6%
Sullivan et al.	-0.20	0.2167		:			-0.20	[-0.62; 0.23]	10.7%
Messner-Discovery et al.	0.45	0.2181			-		0.45	[ 0.02; 0.87]	10.7%
Random effects model Prediction interval Heterogeneity: $I^2 = 88\%$ , $p < 10$	< 0.01		_ <b></b> _4	-2	0	2	 -0.95	[-1.53; -0.36] [-3.10; 1.20]	100.0%

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Study

**Standardised Mean** 

Difference

SMD

95%-CI Weight