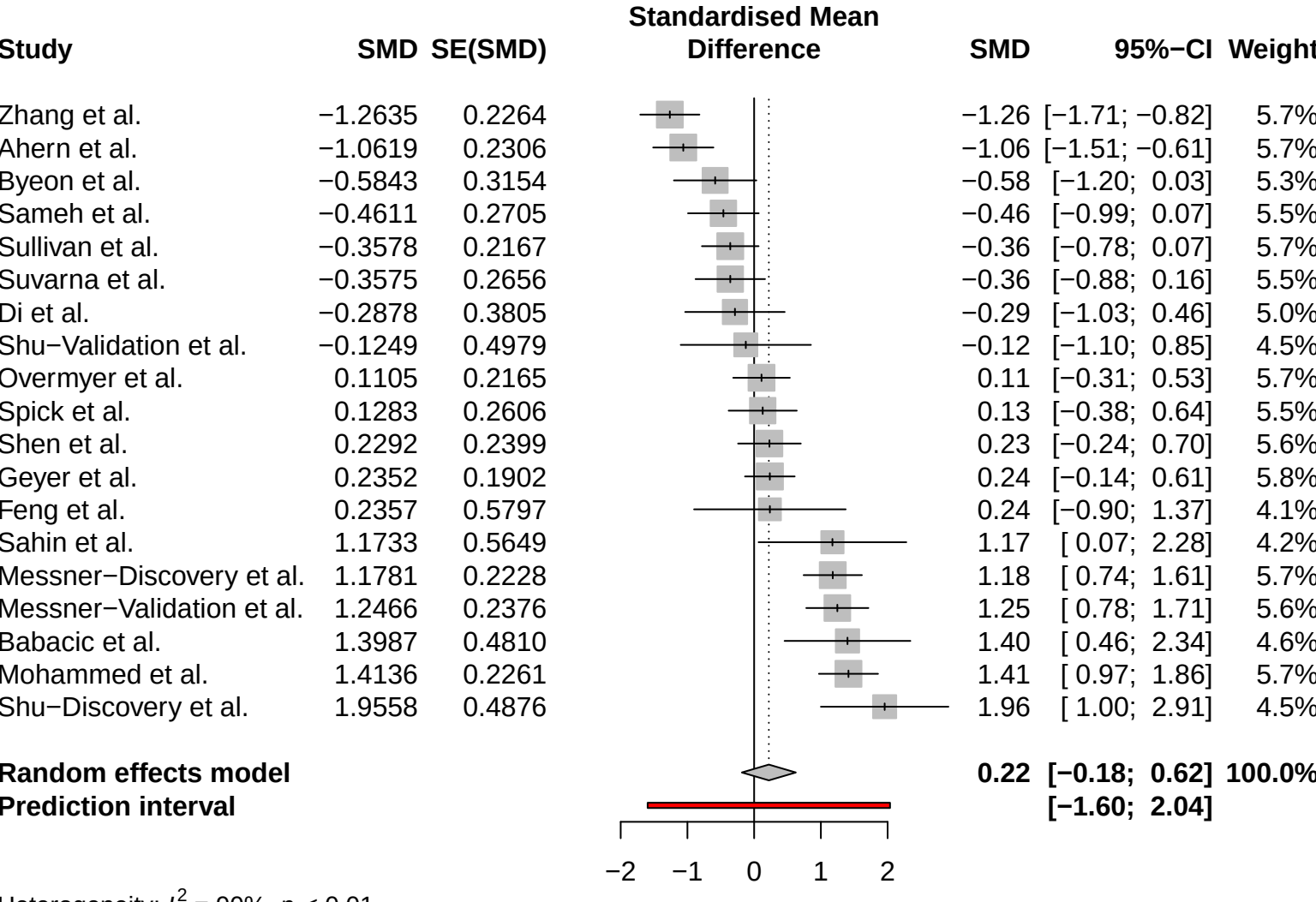

Heterogeneity: I^2 = 90%, p < 0.01