Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Zhang et al.	−1.22	0.4228		−1.22	[−2.05; −0.39]	7.9%
Suvarna et al.	−0.77	0.2719		−0.77	[−1.31; −0.24]	10.6%
Sullivan et al.	−0.19	0.2157		−0.19	[−0.62; 0.23]	11.6%
Overmyer et al.	−0.09	0.2165		−0.09	[−0.52; 0.33]	11.6%
Messner−Validation et al.	0.18	0.2181		0.18	[−0.25; 0.60]	11.5%
Babacic et al.	0.18	0.4399		0.18	[−0.68; 1.04]	7.6%
Shen et al.	0.31	0.2406		0.31	[−0.16; 0.78]	11.1%
Shu et al.	0.43	0.4168		0.43	[−0.39; 1.25]	8.0%
Di et al.	0.51	0.3841		0.51	[−0.25; 1.26]	8.5%
Messner−Discovery et al.	0.79	0.2203		0.79	[0.36; 1.22]	11.5%
Random effects model				**0.03**	**[−0.33; 0.38]**	**100.0%**
Prediction interval					**[−1.18; 1.23]**	

Heterogeneity: $I^2 = 74\%$, $p < 0.01$