Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−0.13	0.3791		−0.13	[−0.87; 0.62]	23.2%
Shen et al.	0.15	0.2395		0.15	[−0.32; 0.62]	58.1%
Shu et al.	0.64	0.4214		0.64	[−0.19; 1.46]	18.8%
Random effects model				**0.18**	**[−0.18; 0.53]**	**100.0%**
Prediction interval					**[−2.14; 2.49]**	
Heterogeneity: $I^2 = 0\%$, $p = 0.40$						