Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.2071	0.4428		−1.21	[−2.08; −0.34]	33.4%
Shu–Validation et al.	−0.5525	0.5039		−0.55	[−1.54; 0.44]	29.0%
Byeon et al.	−0.0544	0.3923		−0.05	[−0.82; 0.71]	37.6%
Random effects model				**−0.58**	**[−1.28; 0.11]**	**100.0%**
Prediction interval					**[−7.60; 6.43]**	

−6 −4 −2 0 2 4 6

Heterogeneity: $I^2 = 47\%$, $p = 0.15$