Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−3.06	0.6141		−3.06	[−4.26; −1.86]	48.8%
Shen et al.	−0.10	0.4177		−0.10	[−0.92; 0.72]	51.2%
Random effects model				**−1.55**	**[−4.44; 1.35]**	**100.0%**

Heterogeneity: $I^2 = 94\%$, $p < 0.01$

−4   −2   0   2   4