Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.26	0.7466		−2.26	[−3.72; −0.79]	44.1%
Di et al.	−0.70	0.5205		−0.70	[−1.72; 0.32]	55.9%
Random effects model				**−1.39**	**[−2.90; 0.13]**	**100.0%**

Heterogeneity: $I^2 = 66\%$, $p = 0.09$