Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.3565	0.5497		−2.36	[−3.43; −1.28]	15.3%
Shu−Validation et al.	−1.7267	0.5557		−1.73	[−2.82; −0.64]	15.2%
Byeon et al.	−0.9500	0.5306		−0.95	[−1.99; 0.09]	15.5%
Shu−Discovery et al.	−0.9487	0.4316		−0.95	[−1.79; −0.10]	17.0%
Geyer et al.	0.0930	0.3748		0.09	[−0.64; 0.83]	17.7%
Shen et al.	0.2945	0.2405		0.29	[−0.18; 0.77]	19.3%
Random effects model				**−0.86**	**[−1.68; −0.03]**	**100.0%**
Prediction interval					**[−3.69; 1.98]**	

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 84\%$, $p < 0.01$