Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.89	0.6403		−0.89	[−2.15; 0.36]	21.9%
Babacic et al.	−0.79	0.6788		−0.79	[−2.12; 0.54]	19.5%
Di et al.	−0.24	0.3920		−0.24	[−1.00; 0.53]	58.5%
Random effects model				**−0.49**	**[−1.07; 0.10]**	**100.0%**
Prediction interval					**[−4.30; 3.32]**	

Heterogeneity: $I^2 = 0\%$, $p = 0.60$

−4 −2 0 2 4