Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.9482	0.7759		−1.95	[−3.47; −0.43]	33.1%
Byeon et al.	−1.1672	0.5456		−1.17	[−2.24; −0.10]	66.9%
Random effects model				**−1.43**	**[−2.30; −0.55]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.41$