Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−2.1603	0.5026		−2.16	[−3.15; −1.18]	13.9%
Suvarna et al.	−0.8508	0.3107		−0.85	[−1.46; −0.24]	17.3%
Shu–Validation et al.	−0.6227	0.5055		−0.62	[−1.61; 0.37]	13.9%
Byeon et al.	0.0084	0.3086		0.01	[−0.60; 0.61]	17.3%
Overmyer et al.	0.0378	0.2164		0.04	[−0.39; 0.46]	18.8%
Sullivan et al.	0.2009	0.2157		0.20	[−0.22; 0.62]	18.8%
Random effects model				**−0.49**	**[−1.14; 0.17]**	**100.0%**
Prediction interval					**[−2.74; 1.76]**	

Heterogeneity: $I^2 = 80\%$, $p < 0.01$