Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−1.6092	0.7740		−1.61	[−3.13; −0.09]	33.3%
Byeon et al.	−1.1918	0.5474		−1.19	[−2.26; −0.12]	66.7%
Random effects model				**−1.33**	**[−2.21; −0.45]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 0\%$, $p = 0.66$