Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sullivan et al.	0.1281	0.2155		0.13	[−0.29; 0.55]	61.8%
Byeon et al.	0.8467	0.4105		0.85	[0.04; 1.65]	38.2%
Random effects model				**0.40**	**[−0.28; 1.09]**	**100.0%**

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 58\%$, $p = 0.12$