Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.9058	0.4938		−1.91	[−2.87; −0.94]	15.5%
Suvarna et al.	−0.9393	0.7156		−0.94	[−2.34; 0.46]	12.2%
Shu–Validation et al.	−0.0205	0.4976		−0.02	[−1.00; 0.95]	15.4%
Byeon et al.	0.3662	0.3113		0.37	[−0.24; 0.98]	18.2%
Sullivan et al.	0.4330	0.2174		0.43	[0.01; 0.86]	19.3%
Overmyer et al.	0.6308	0.2200		0.63	[0.20; 1.06]	19.3%
Random effects model				**−0.14**	**[−0.91; 0.63]**	**100.0%**
Prediction interval					**[−2.78; 2.50]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 81\%$, $p < 0.01$