Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−0.97	0.4598		−0.97	[−1.87; −0.07]	33.6%
Shen et al.	−0.31	0.4292		−0.31	[−1.15; 0.53]	34.6%
Shu et al.	1.00	0.5183		1.00	[−0.02; 2.01]	31.7%
Random effects model				**−0.12**	**[−1.22; 0.99]**	**100.0%**
Prediction interval					**[−13.17; 12.93]**	

Heterogeneity: $I^2 = 76\%$, $p = 0.02$