Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.08	0.4176		−0.08	[−0.89; 0.74]	51.3%
Babacic et al.	1.40	0.4809		1.40	[0.45; 2.34]	48.7%
Random effects model				**0.64**	**[−0.80; 2.08]**	**100.0%**

Heterogeneity: $I^2 = 81\%$, $p = 0.02$