Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.8136	0.5143		−0.81	[−1.82; 0.19]	49.1%
Byeon et al.	0.0781	0.5002		0.08	[−0.90; 1.06]	50.9%
Random effects model				**−0.36**	**[−1.23; 0.51]**	**100.0%**

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 35\%$, $p = 0.21$