Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.1421	0.6349		−1.14	[−2.39; 0.10]	32.5%
Spick et al.	−0.1804	0.2814		−0.18	[−0.73; 0.37]	67.5%
Random effects model				**−0.49**	**[−1.38; 0.39]**	**100.0%**

Heterogeneity: $I^2 = 48\%$, $p = 0.17$