Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	0.3297	0.2621		0.33	[−0.18; 0.84]	61.7%
Babacic et al.	1.1264	0.4667		1.13	[0.21; 2.04]	38.3%
Random effects model				**0.63**	**[−0.12; 1.39]**	**100.0%**

−2 −1 0 1 2

Heterogeneity: $I^2 = 55\%$, $p = 0.14$