Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Suvarna et al.	−0.9112	0.5656		−0.91	[−2.02; 0.20]	20.7%
Shen et al.	0.1489	0.2608		0.15	[−0.36; 0.66]	28.9%
Byeon et al.	0.5222	0.3140		0.52	[−0.09; 1.14]	27.6%
Babacic et al.	1.4419	0.4835		1.44	[0.49; 2.39]	22.9%
Random effects model				0.33	[−0.51; 1.17]	100.0%
Prediction interval					[−3.39; 4.05]	

−4 −2 0 2 4

Heterogeneity: $I^2 = 73\%$, $p = 0.01$