Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Shu–Discovery et al.	−1.8672	0.4815		−1.87	[−2.81; −0.92]	21.9%
Shu–Validation et al.	−1.0564	0.5201		−1.06	[−2.08; −0.04]	20.6%
Sameh et al.	−0.3988	0.2696		−0.40	[−0.93; 0.13]	29.5%
Byeon et al.	−0.1930	0.3094		−0.19	[−0.80; 0.41]	28.1%
Random effects model				**−0.80**	**[−1.52; −0.08]**	**100.0%**
Prediction interval					**[−3.90; 2.30]**	

−2   0   2

Heterogeneity: $I^2 = 70\%$, $p = 0.02$