Study	TE se	eΤΕ		ardised ifferend			SMD	95%-CI	Weight
Babacic et al.	-2.97 0.8		1	L			-	4.62; –1.32]	
Shen et al.	0.32 0.4	203		-	-		0.32 [-	-0.50; 1.14]	52.5%
Random effects model Heterogeneity: $I^2 = 92\%$ , $p < 0.01$		_	<u> </u>		<del></del>		-1.24 [-	4.46; 1.97]	100.0%
,	•	-4	-2	0	2	4			