Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Babacic et al.	−1.8322	0.7632		−1.83	[−3.33; −0.34]	27.4%
Byeon et al.	0.0762	0.5002		0.08	[−0.90; 1.06]	35.3%
Spick et al.	0.4418	0.4326		0.44	[−0.41; 1.29]	37.3%
Random effects model				**−0.31**	**[−1.57; 0.95]**	**100.0%**
Prediction interval					**[−14.94; 14.32]**	

−10 −5   0   5   10

Heterogeneity: $I^2 = 71\%$, $p = 0.03$