Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.23	0.5391		−2.23	[−3.28; −1.17]	29.5%
Shu et al.	−1.50	0.4581		−1.50	[−2.39; −0.60]	32.1%
Shen et al.	−0.40	0.2416		−0.40	[−0.87; 0.07]	38.4%
Random effects model				**−1.29**	**[−2.36; −0.22]**	**100.0%**
Prediction interval					**[−14.11; 11.53]**	

Heterogeneity: $I^2 = 83\%$, $p < 0.01$

−10 −5 0 5 10