Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Byeon et al.	−0.9813	0.5326		−0.98	[−2.03; 0.06]	47.2%
Suvarna et al.	−0.5750	0.5031		−0.58	[−1.56; 0.41]	52.8%
Random effects model				**−0.77**	**[−1.48; −0.05]**	**100.0%**

−2 −1 0 1 2

Heterogeneity: $I^2 = 0\%$, $p = 0.58$