Random effects model Prediction interval			[-2.65; 0.77]	
			-0.94 [-1.46; -0.41] 100.0%	
Suvarna et al.	0.0251	0.2902	 0.03 [-0.54; 0.59] 15.7%	
Ciccosanti et al.	-0.4107	0.3911	-0.41 [-1.18; 0.36] 13.6%	
Sullivan et al.	-0.7971	0.2225	 -0.80 [-1.23; -0.36] 17.0%	
Byeon et al.	-0.8797	0.3237	 -0.88 [-1.51; -0.25] 15.0%	

SMD SE(SMD)

0.5104

0.5665

0.2251

-2.2616

-1.8908

-0.9865

Study

Shu-Discovery et al.

Shu-Validation et al.

Heterogeneity: $I^2 = 72\%$, p < 0.01

Overmyer et al.

Standardised Mean

Difference

0

2

3

SMD

-2.26 [-3.26; -1.26]

-1.89 [-3.00; -0.78]

-0.99 [-1.43; -0.55]

95%-CI Weight

11.3%

10.3%

17.0%