| Study | TE | seTE | Standardised Mean Difference | SMD | 95%-CI | Weight |
|--|--------------|----------------------------|---------------------------------|-------|---|------------------------|
| Di et al. Shu et al. Overmyer et al. | -0.11 | 0.3792 0.4290 0.2164 | | -0.11 | [-0.88; 0.60] [-0.95; 0.73] [-0.43; 0.41] | 10.6% 8.7% 21.9% |
| Sullivan et al. Shen et al. Messner–Discovery et al. | 0.17 0.19 | 0.2156 0.2397 0.2704 | | 0.17 | [-0.25; 0.59] [-0.28; 0.65] | 22.0% |
| Random effects model Prediction interval Heterogeneity: $I^2 = 37\%$, p | = 0.16 | | -1 -0.5 0 0.5 1 | 0.19 | [-0.09; 0.47] [-0.51; 0.89] | 100.0% |