Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	−0.1978	0.4039		−0.20	[−0.99; 0.59]	61.0%
Byeon et al.	0.3910	0.5053		0.39	[−0.60; 1.38]	39.0%
Random effects model				**0.03**	**[−0.59; 0.65]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.36$