| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shen et al. | −0.0071 | 0.2889 | | −0.01 | [−0.57; 0.56] | 48.2% |
| Byeon et al. | 0.3169 | 0.5035 | | 0.32 | [−0.67; 1.30] | 24.1% |
| Babacic et al. | 0.9109 | 0.4574 | | 0.91 | [ 0.01; 1.81] | 27.7% |
| **Random effects model** | | | | **0.33** | **[−0.24; 0.89]** | **100.0%** |
| **Prediction interval** | | | | | **[−4.90; 5.55]** | |



Heterogeneity: $I^2$ = 31%, $p$ = 0.24