Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−0.4210	0.4054		−0.42	[−1.22; 0.37]	53.0%
Shen et al.	−0.3815	0.4306		−0.38	[−1.23; 0.46]	47.0%
Random effects model				**−0.40**	**[−0.98; 0.18]**	**100.0%**

−1   −0.5   0   0.5   1

Heterogeneity: $I^2 = 0\%$, $p = 0.95$