Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.5255	0.5643		−2.53	[−3.63; −1.42]	6.0%
Shu−Validation et al.	−0.7484	0.5090		−0.75	[−1.75; 0.25]	6.8%
Shen et al.	−0.5938	0.2445		−0.59	[−1.07; −0.11]	13.3%
Suvarna et al.	−0.5299	0.3446		−0.53	[−1.21; 0.15]	10.4%
Shu−Discovery et al.	−0.5055	0.4241		−0.51	[−1.34; 0.33]	8.5%
Byeon et al.	−0.4184	0.3121		−0.42	[−1.03; 0.19]	11.3%
Sullivan et al.	−0.1942	0.2157		−0.19	[−0.62; 0.23]	14.1%
Sahin et al.	−0.0932	0.5776		−0.09	[−1.23; 1.04]	5.8%
Spick et al.	0.1514	0.3878		0.15	[−0.61; 0.91]	9.3%
Geyer et al.	0.1636	0.3641		0.16	[−0.55; 0.88]	9.9%
Feng et al.	0.1727	0.6724		0.17	[−1.15; 1.49]	4.7%
Random effects model				**−0.42**	**[−0.75; −0.09]**	**100.0%**
Prediction interval					**[−1.38; 0.54]**	

Heterogeneity: $I^2 = 54\%$, $p = 0.02$