Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−1.8115	0.5612		−1.81	[−2.91; −0.71]	8.5%
Byeon et al.	−0.7644	0.3201		−0.76	[−1.39; −0.14]	12.7%
Shu–Discovery et al.	−0.7163	0.4237		−0.72	[−1.55; 0.11]	10.8%
Sameh et al.	−0.3078	0.2685		−0.31	[−0.83; 0.22]	13.7%
Sullivan et al.	−0.1919	0.2157		−0.19	[−0.61; 0.23]	14.6%
Overmyer et al.	−0.1021	0.2165		−0.10	[−0.53; 0.32]	14.6%
Ciccosanti et al.	0.0481	0.3874		0.05	[−0.71; 0.81]	11.4%
Suvarna et al.	0.8101	0.2726		0.81	[0.28; 1.34]	13.6%
Random effects model				**−0.30**	**[−0.76; 0.16]**	**100.0%**
Prediction interval					**[−1.81; 1.21]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 74\%$, $p < 0.01$