Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−1.04	0.4008		−1.04	[−1.82; −0.25]	32.2%
Shen et al.	−0.21	0.3392		−0.21	[−0.88; 0.45]	39.4%
Babacic et al.	−0.13	0.4396		−0.13	[−0.99; 0.73]	28.4%
Random effects model				**−0.46**	**[−1.01; 0.10]**	**100.0%**
Prediction interval					**[−5.63; 4.72]**	

Heterogeneity: $I^2 = 37\%$, $p = 0.21$

−4 −2 0 2 4