Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.3841	0.4802		−1.38	[−2.33; −0.44]	30.6%
Byeon et al.	−0.1831	0.5012		−0.18	[−1.17; 0.80]	29.7%
Spick et al.	0.0916	0.2828		0.09	[−0.46; 0.65]	39.7%
Random effects model				**−0.44**	**[−1.32; 0.44]**	**100.0%**
Prediction interval					**[−10.56; 9.68]**	

−10   −5   0   5   10

Heterogeneity: I^2 = 72%, p = 0.03