Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.1837	0.4695		−1.18	[−2.10; −0.26]	15.6%
Feng et al.	−0.5447	0.5898		−0.54	[−1.70; 0.61]	11.8%
Zhang et al.	−0.5175	0.2135		−0.52	[−0.94; −0.10]	27.7%
Di et al.	−0.3703	0.3960		−0.37	[−1.15; 0.41]	18.5%
Shen et al.	0.2896	0.2404		0.29	[−0.18; 0.76]	26.3%
Random effects model				**−0.39**	**[−0.87; 0.10]**	**100.0%**
Prediction interval					**[−1.95; 1.18]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 63\%$, $p = 0.03$