

\_1

0

1

2

-2

SMD SE(SMD)

0.2079

0.2161

0.3540

-0.3265

-0.2727

-0.1321

Study

Zhang et al.

Byeon et al.

Sullivan et al.

Heterogeneity:  $I^2 = 36\%$ , p = 0.14

Standardised Mean

**Difference** 

**SMD** 

-0.33 [-0.73; 0.08]

-0.27 [-0.70; 0.15]

-0.13 [-0.83; 0.56]

95%-CI Weight

19.6%

18.8%

9.8%