Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−2.6725	0.6278		−2.67	[−3.90; −1.44]	30.8%
Shu–Discovery et al.	−1.4963	0.4581		−1.50	[−2.39; −0.60]	35.2%
Byeon et al.	−0.2691	0.5025		−0.27	[−1.25; 0.72]	34.0%
Random effects model				**−1.44**	**[−2.76; −0.12]**	**100.0%**
Prediction interval					**[−17.22; 14.34]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 78\%$, $p = 0.01$