Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.5155	0.4025		−0.52	[−1.30; 0.27]	33.8%
Shu−Validation et al.	0.5592	0.5066		0.56	[−0.43; 1.55]	29.8%
Byeon et al.	1.0747	0.3309		1.07	[0.43; 1.72]	36.5%
Random effects model				**0.38**	**[−0.57; 1.34]**	**100.0%**
Prediction interval					**[−10.86; 11.62]**	

−10 −5 0 5 10

Heterogeneity: $I^2 = 79\%$, $p < 0.01$