Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Babacic et al.	−0.6826	0.4495		−0.68	[−1.56; 0.20]	31.5%
Spick et al.	−0.4347	0.4705		−0.43	[−1.36; 0.49]	30.5%
Byeon et al.	0.6471	0.3169		0.65	[0.03; 1.27]	38.0%
Random effects model				**−0.10**	**[−0.95; 0.75]**	**100.0%**
Prediction interval					**[−9.80; 9.60]**	

−5　0　5

Heterogeneity: $I^2 = 72\%$, $p = 0.03$