Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.24	0.5404		−2.24	[−3.30; −1.19]	28.9%
Shen et al.	−1.29	0.3222		−1.29	[−1.92; −0.66]	37.9%
Suvarna et al.	−0.46	0.4331		−0.46	[−1.31; 0.38]	33.3%
Random effects model				**−1.29**	**[−2.23; −0.36]**	**100.0%**
Prediction interval					**[−12.13; 9.54]**	

Heterogeneity: $I^2 = 70\%$, $p = 0.04$