Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.4271	0.4827		−1.43	[−2.37; −0.48]	43.4%
Shen et al.	−0.5072	0.3487		−0.51	[−1.19; 0.18]	56.6%
Random effects model				**−0.91**	**[−1.80; −0.01]**	**100.0%**

Heterogeneity: $I^2 = 58\%$, $p = 0.12$