Study	TE	seTE	Difference	SMD	95%-CI	Weight
Zhang et al.	-0.31	0.2077		-0.31	[-0.71; 0.10]	12.1%
Suvarna et al.	-0.27	0.2649	<del>-    </del>	-0.27	[-0.79; 0.25]	10.0%
Messner-Discovery et al.	-0.06	0.2117	<del></del>	-0.06	[-0.47; 0.35]	12.0%
Shu et al.	0.01	0.4129	<del></del>	0.01	[-0.80; 0.82]	6.1%
Sullivan et al.	0.01	0.2178		0.01	[-0.42; 0.43]	11.7%
Overmyer et al.	0.39	0.2178	<del>                                     </del>	0.39	[-0.04; 0.81]	11.7%
Geyer et al.	0.48	0.1910	<del></del>	0.48	[ 0.11; 0.86]	12.8%
Messner-Validation et al.	0.56	0.2218		0.56	[ 0.12; 0.99]	11.6%
Di et al.	0.74	0.3902	-	0.74	[-0.02; 1.51]	6.6%
Babacic et al.	0.95	0.4591	-	0.95	[ 0.05; 1.85]	5.3%
Random effects model				0.20	[-0.05; 0.45]	100.0%
Prediction interval					[-0.54: 0.94]	

Heterogeneity:  $I^2 = 59\%$ , p < 0.01

**Standardised Mean** 

-1.5 -1 -0.5 0 0.5 1 1.5