| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shu−Validation et al. | −1.1364 | 0.5235 | | −1.14 | [−2.16; −0.11] | 3.7% |
| Sullivan et al. | −0.2255 | 0.2159 | | −0.23 | [−0.65; 0.20] | 22.0% |
| Overmyer et al. | −0.1552 | 0.2166 | | −0.16 | [−0.58; 0.27] | 21.8% |
| Byeon et al. | −0.0349 | 0.3086 | | −0.03 | [−0.64; 0.57] | 10.8% |
| Shu−Discovery et al. | 0.1081 | 0.4131 | | 0.11 | [−0.70; 0.92] | 6.0% |
| Suvarna et al. | 0.1764 | 0.2643 | | 0.18 | [−0.34; 0.69] | 14.7% |
| Sameh et al. | 0.1956 | 0.2676 | | 0.20 | [−0.33; 0.72] | 14.3% |
| Ciccosanti et al. | 0.3282 | 0.3897 | | 0.33 | [−0.44; 1.09] | 6.7% |
| **Random effects model** | | | | **−0.05** | **[−0.25; 0.15]** | **100.0%** |
| **Prediction interval** | | | | | **[−0.29; 0.20]** | |

Heterogeneity: $I^2 = 11\%$, $p = 0.34$