| Study | TE | seTE | Standardised Mean Difference | SMD | 95%-CI | Weight |
|---|---|---|---|---|---|---|
| Shu et al. | −3.24 | 0.5956 | | −3.24 | [−4.40; −2.07] | 14.0% |
| Babacic et al. | −1.72 | 0.5012 | | −1.72 | [−2.70; −0.74] | 15.3% |
| Shen et al. | −1.04 | 0.2550 | | −1.04 | [−1.54; −0.54] | 18.1% |
| Overmyer et al. | −0.85 | 0.2229 | | −0.85 | [−1.29; −0.41] | 18.4% |
| Suvarna et al. | −0.33 | 0.3156 | | −0.33 | [−0.95; 0.29] | 17.5% |
| Di et al. | −0.04 | 0.3814 | | −0.04 | [−0.79; 0.71] | 16.7% |
| **Random effects model** | | | | **−1.13** | **[−1.96; −0.29]** | **100.0%** |
| **Prediction interval** | | | | | **[−4.06; 1.81]** | |

Heterogeneity: $I^2 = 81\%$, $p < 0.01$