Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.2460	0.4727		−1.25	[−2.17; −0.32]	26.1%
Suvarna et al.	−1.0117	0.5304		−1.01	[−2.05; 0.03]	25.3%
Byeon et al.	0.9391	0.6738		0.94	[−0.38; 2.26]	23.0%
Di et al.	1.3158	0.5108		1.32	[0.31; 2.32]	25.6%
Random effects model				**−0.03**	**[−1.33; 1.27]**	**100.0%**
Prediction interval					**[−5.97; 5.91]**	

−4 −2 0 2 4

Heterogeneity: $I^2 = 84\%$, $p < 0.01$