Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.8117	0.5074		−1.81	[−2.81; −0.82]	50.2%
Byeon et al.	−0.5877	0.5119		−0.59	[−1.59; 0.42]	49.8%
Random effects model				**−1.20**	**[−2.40; −0.00]**	**100.0%**

Heterogeneity: $I^2 = 65\%$, $p = 0.09$