Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−2.15	0.9567		−2.15	[−4.02; −0.27]	37.1%
Babacic et al.	−0.48	0.4443		−0.48	[−1.35; 0.39]	62.9%
Random effects model				**−1.10**	**[−2.68; 0.48]**	**100.0%**

Heterogeneity: $I^2 = 60\%$, $p = 0.11$

−4 −2 0 2 4