Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−1.2411	0.4169		−1.24	[−2.06; −0.42]	54.0%
Byeon et al.	−0.2529	0.5022		−0.25	[−1.24; 0.73]	46.0%
Random effects model				**−0.79**	**[−1.75; 0.18]**	**100.0%**

Heterogeneity: I^2 = 56%, p = 0.13