Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−2.7412	0.8118		−2.74	[−4.33; −1.15]	28.1%
Babacic et al.	−2.0369	0.5240		−2.04	[−3.06; −1.01]	35.7%
Byeon et al.	−0.3304	0.5038		−0.33	[−1.32; 0.66]	36.2%
Random effects model				**−1.62**	**[−3.02; −0.21]**	**100.0%**
Prediction interval					**[−18.05; 14.82]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 77\%$, $p = 0.01$