Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.41	0.4816		−1.41	[−2.35; −0.46]	48.4%
Di et al.	−0.34	0.4409		−0.34	[−1.20; 0.52]	51.6%
Random effects model				**−0.86**	**[−1.90; 0.19]**	**100.0%**

Heterogeneity: $I^2 = 63\%$, $p = 0.10$