Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Shu−Discovery et al.	−2.5232	0.5315		−2.52	[−3.57; −1.48]	32.5%
Suvarna et al.	−0.8856	0.4793		−0.89	[−1.83; 0.05]	34.0%
Shu−Validation et al.	−0.4397	0.5016		−0.44	[−1.42; 0.54]	33.4%
Random effects model				**−1.27**	**[−2.49; −0.04]**	**100.0%**
Prediction interval					**[−15.81; 13.27]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 78\%$, $p = 0.01$