| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Shu–Validation et al. | −1.0585 | 0.5202 | | −1.06 | [−2.08; −0.04] | 48.4% |
| Shu–Discovery et al. | 0.6378 | 0.4214 | | 0.64 | [−0.19; 1.46] | 51.6% |
| **Random effects model** | | | | **−0.18** | **[−1.84; 1.48]** | **100.0%** |

−2  −1  0  1  2

Heterogeneity: $I^2 = 84\%$, $p = 0.01$