Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Shen et al.	−1.10	0.3173		−1.10	[−1.73; −0.48]	57.2%
Suvarna et al.	−0.78	0.3669		−0.78	[−1.50; −0.06]	42.8%
Random effects model				**−0.97**	**[−1.44; −0.49]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.51$

−1.5 −1 −0.5 0 0.5 1 1.5