Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.7678	0.6314		−0.77	[−2.01; 0.47]	46.1%
Di et al.	0.8236	0.4480		0.82	[−0.05; 1.70]	53.9%
Random effects model				**0.09**	**[−1.46; 1.64]**	**100.0%**

−2 −1 0 1 2

Heterogeneity: $I^2 = 76\%$, $p = 0.04$