Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Shu–Discovery et al.	−0.9799	0.4329		−0.98	[−1.83; −0.13]	6.9%
Shu–Validation et al.	−0.4188	0.5012		−0.42	[−1.40; 0.56]	5.9%
Shen et al.	−0.3075	0.2406		−0.31	[−0.78; 0.16]	10.4%
Geyer et al.	−0.2412	0.1902		−0.24	[−0.61; 0.13]	11.4%
Babacic et al.	−0.2013	0.4401		−0.20	[−1.06; 0.66]	6.8%
Byeon et al.	−0.0766	0.3087		−0.08	[−0.68; 0.53]	9.1%
Sullivan et al.	0.1335	0.2155		0.13	[−0.29; 0.56]	10.9%
Overmyer et al.	0.2581	0.2170		0.26	[−0.17; 0.68]	10.9%
Di et al.	0.2947	0.3806		0.29	[−0.45; 1.04]	7.7%
Feng et al.	0.2960	0.5810		0.30	[−0.84; 1.43]	5.0%
Messner–Discovery et al.	1.0125	0.2196		1.01	[0.58; 1.44]	10.8%
Sahin et al.	1.4225	0.6458		1.42	[0.16; 2.69]	4.3%
Random effects model				**0.08**	**[−0.24; 0.40]**	**100.0%**
Prediction interval					**[−0.97; 1.13]**	

Heterogeneity: $I^2 = 70\%$, $p < 0.01$