Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Tepasse et al.	−0.6832	0.4168		−0.68	[−1.50; 0.13]	26.5%
Byeon et al.	−0.2045	0.5015		−0.20	[−1.19; 0.78]	24.4%
Spick et al.	−0.2002	0.2815		−0.20	[−0.75; 0.35]	29.5%
Babacic et al.	1.9279	0.7081		1.93	[0.54; 3.32]	19.6%
Random effects model				**0.09**	**[−0.89; 1.06]**	**100.0%**
Prediction interval					**[−4.23; 4.41]**	

Heterogeneity: $I^2 = 71\%$, $p = 0.02$