Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.33	0.5819		−0.33	[−1.47; 0.81]	36.3%
Babacic et al.	0.06	0.4392		0.06	[−0.80; 0.92]	63.7%
Random effects model				**−0.08**	**[−0.77; 0.61]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.60$