Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.45	0.3427		−0.45	[−1.12; 0.22]	51.8%
Di et al.	0.46	0.3831		0.46	[−0.29; 1.21]	48.2%
Random effects model				**−0.01**	**[−0.90; 0.87]**	**100.0%**

Heterogeneity: $I^2 = 68\%$, $p = 0.08$

−1 −0.5 0 0.5 1