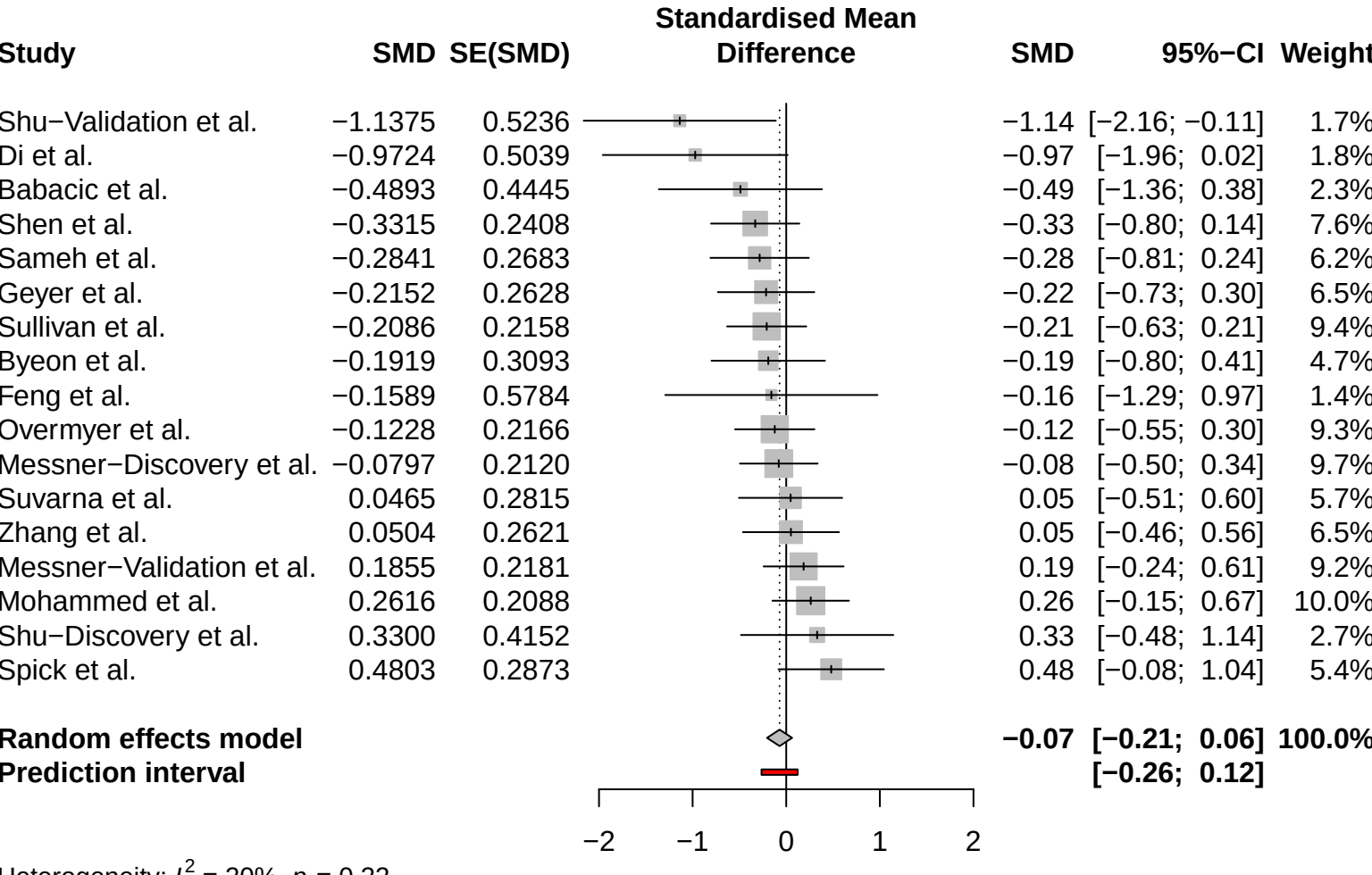

Heterogeneity: I^2 = 20%, p = 0.22