Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−0.23	0.4140		−0.23	[−1.04; 0.58]	12.4%
Shen et al.	−0.05	0.2392		−0.05	[−0.52; 0.41]	17.5%
Messner–Validation et al.	−0.01	0.2426		−0.01	[−0.49; 0.46]	17.4%
Geyer et al.	0.32	0.1935		0.32	[−0.06; 0.70]	18.9%
Overmyer et al.	0.64	0.2201		0.64	[0.21; 1.07]	18.1%
Messner–Discovery et al.	1.33	0.3022		1.33	[0.74; 1.92]	15.6%
Random effects model				**0.34**	**[−0.09; 0.78]**	**100.0%**
Prediction interval					**[−1.10; 1.78]**	

Heterogeneity: $I^2 = 74\%$, $p < 0.01$

−1.5 −1 −0.5 0 0.5 1 1.5