Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Validation et al.	−2.1265	0.5834		−2.13	[−3.27; −0.98]	11.5%
Shu−Discovery et al.	−2.0776	0.4964		−2.08	[−3.05; −1.10]	12.6%
Byeon et al.	−1.3153	0.3415		−1.32	[−1.98; −0.65]	14.4%
Sameh et al.	−0.4085	0.2697		−0.41	[−0.94; 0.12]	15.1%
Sullivan et al.	−0.2733	0.2161		−0.27	[−0.70; 0.15]	15.6%
Suvarna et al.	0.1441	0.2641		0.14	[−0.37; 0.66]	15.2%
Overmyer et al.	0.2476	0.2170		0.25	[−0.18; 0.67]	15.6%
Random effects model				**−0.74**	**[−1.44; −0.04]**	**100.0%**
Prediction interval					**[−3.19; 1.71]**	

Heterogeneity: $I^2 = 85\%$, $p < 0.01$