Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.5597	0.4618		−1.56	[−2.46; −0.65]	12.6%
Shu–Validation et al.	−1.0265	0.5189		−1.03	[−2.04; −0.01]	11.6%
Suvarna et al.	−0.9112	0.5117		−0.91	[−1.91; 0.09]	11.7%
Byeon et al.	−0.6102	0.3160		−0.61	[−1.23; 0.01]	15.5%
Ciccosanti et al.	−0.4532	0.3919		−0.45	[−1.22; 0.32]	14.0%
Sullivan et al.	0.2475	0.2160		0.25	[−0.18; 0.67]	17.3%
Overmyer et al.	0.4547	0.2183		0.45	[0.03; 0.88]	17.3%
Random effects model				**−0.46**	**[−1.01; 0.09]**	**100.0%**
Prediction interval					**[−2.25; 1.33]**	

−2   −1   0   1   2

Heterogeneity: I^2 = 79%, $p < 0.01$