| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shu−Validation et al. | −0.7484 | 0.5090 | | −0.75 | [−1.75; 0.25] | 7.8% |
| Suvarna et al. | −0.5299 | 0.3446 | | −0.53 | [−1.21; 0.15] | 17.0% |
| Shu−Discovery et al. | −0.5055 | 0.4241 | | −0.51 | [−1.34; 0.33] | 11.2% |
| Byeon et al. | −0.4184 | 0.3121 | | −0.42 | [−1.03; 0.19] | 20.7% |
| Sullivan et al. | −0.1942 | 0.2157 | | −0.19 | [−0.62; 0.23] | 43.3% |
| | | | | | | |
| **Random effects model** | | | | **−0.38** | **[−0.65; −0.10]** | **100.0%** |
| **Prediction interval** | | | | | **[−0.83; 0.08]** | |

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 0\%$, $p = 0.82$