Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Discovery et al.	−0.8392	0.4340		−0.84	[−1.69; 0.01]	69.7%
Shu−Validation et al.	−0.7949	0.6575		−0.79	[−2.08; 0.49]	30.3%
Random effects model				**−0.83**	**[−1.54; −0.12]**	**100.0%**

−2 −1 0 1 2

Heterogeneity: $I^2 = 0\%$, $p = 0.96$