Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Byeon et al.	−0.9633	0.5315		−0.96	[−2.00; 0.08]	51.9%
Suvarna et al.	−0.3200	0.5523		−0.32	[−1.40; 0.76]	48.1%
Random effects model				**−0.65**	**[−1.40; 0.10]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.40$