Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.1596	0.4569		−0.16	[−1.06; 0.74]	54.6%
Byeon et al.	−0.1535	0.5008		−0.15	[−1.14; 0.83]	45.4%
Random effects model				**−0.16**	**[−0.82; 0.50]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.99$