Study	TE se	ΓΕ		ardised ifferenc		SM	D 95%–C	l Weight
Shen et al. Sullivan et al. Geyer et al.	-0.15 0.33 -0.09 0.21 -0.08 0.30	54	<u></u>			-0.0	5 [-0.80; 0.51] 9 [-0.51; 0.34] 8 [-0.69; 0.52]	52.6%
Random effects model Prediction interval Heterogeneity: $I^2 = 0\%$ , $p = 0.99$				0	1 1	<b>-0.1</b>	0 [-0.40; 0.21 <u>]</u> [-2.08; 1.89 <u>]</u>	-