Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Validation et al.	−3.2620	0.7461		−3.26	[−4.72; −1.80]	48.8%
Suvarna et al.	−0.7448	0.6382		−0.74	[−2.00; 0.51]	51.2%
Random effects model				**−1.97**	**[−4.44; 0.49]**	**100.0%**

Heterogeneity: $I^2 = 85\%$, $p = 0.01$