| Study | TE | seTE | Standardised Mean Difference | SMD | 95%-CI | Weight |
|-------|-----|------|------------------------------|------|--------|--------|
| Shu et al. | −1.23 | 0.4648 | | −1.23 | [−2.14; −0.32] | 22.4% |
| Babacic et al. | −0.48 | 0.4444 | | −0.48 | [−1.35; 0.39] | 23.2% |
| Di et al. | −0.13 | 0.4159 | | −0.13 | [−0.95; 0.68] | 24.2% |
| Shen et al. | 0.49 | 0.2427 | | 0.49 | [ 0.01; 0.96] | 30.2% |
| | | | | | | |
| **Random effects model** | | | | **−0.27** | **[−1.00; 0.45]** | **100.0%** |
| **Prediction interval** | | | | | **[−3.41; 2.86]** | |
| Heterogeneity: $I^2 = 76\%$, $p < 0.01$ | | | | | | |



Standardised Mean Difference axis: −3 −2 −1 0 1 2 3