Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Shen et al.	−1.3362	0.2938		−1.34	[−1.91; −0.76]	38.5%
Byeon et al.	−0.6937	0.5166		−0.69	[−1.71; 0.32]	20.0%
Babacic et al.	−0.6384	0.4482		−0.64	[−1.52; 0.24]	24.3%
Suvarna et al.	−0.1491	0.5710		−0.15	[−1.27; 0.97]	17.3%
Random effects model				**−0.83**	**[−1.37; −0.30]**	**100.0%**
Prediction interval					**[−2.68; 1.01]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 32\%$, $p = 0.22$