

Study

Suvarna et al.

Shu-Validation et al.

Byeon et al.

Heterogeneity:  $I^2 = 86\%$ , p < 0.01

0.5004

0.3100

SMD SE(SMD)

-0.95950.2672

0.3792

0.5006



Standardised Mean

**Difference** 



**SMD** 

-0.96 [-1.94; 0.02]

0.27 [-0.34; 0.87]

0.38 [-0.60; 1.36]

22.6% 28.1%

22.6%

26.7%

95%-CI Weight