Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Validation et al.	−4.1803	0.8619		−4.18	[−5.87; −2.49]	23.5%
Babacic et al.	−2.2649	0.5421		−2.26	[−3.33; −1.20]	25.9%
Shen et al.	0.1258	0.6062		0.13	[−1.06; 1.31]	25.4%
Byeon et al.	0.6092	0.6502		0.61	[−0.67; 1.88]	25.1%
Random effects model				**−1.38**	**[−3.51; 0.74]**	**100.0%**
Prediction interval					**[−11.43; 8.66]**	

Heterogeneity: $I^2 = 89\%$, $p < 0.01$