| Byeon et al. Spick et al. | -1.0671 0.1801 | 0.5383 - 0.4605 | | - | | | - | -1.07 0.18 |
|------------------------------|-------------------|--------------------|----|------------|---|---|---|---------------|
| Random effects mod | el | | _ | | | _ | | -0.41 |
| | | _ | -2 | – 1 | 0 | 1 | 2 | |

SMD SE(SMD)

Standardised Mean

Difference

SMD

95%-CI Weight

[-2.12; -0.01] 47.5%

[-0.72; 1.08] 52.5%

[-1.63; 0.81] 100.0%

Study

Heterogeneity: $I^2 = 68\%$, p = 0.08