Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.0139	0.4342		−1.01	[−1.86; −0.16]	23.4%
Overmyer et al.	−0.0757	0.2165		−0.08	[−0.50; 0.35]	43.2%
Byeon et al.	0.0293	0.3086		0.03	[−0.58; 0.63]	33.5%
Random effects model				**−0.26**	**[−0.79; 0.27]**	**100.0%**
Prediction interval					**[−5.84; 5.32]**	

−4 −2 0 2 4

Heterogeneity: $I^2 = 54\%$, $p = 0.11$