| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shu–Validation et al. | −1.0245 | 0.5188 | | −1.02 | [−2.04; −0.01] | 26.3% |
| Shu–Discovery et al. | −0.7671 | 0.4252 | | −0.77 | [−1.60; 0.07] | 32.3% |
| Byeon et al. | 0.0705 | 0.3087 | | 0.07 | [−0.53; 0.68] | 41.5% |
| **Random effects model** | | | | **−0.49** | **[−1.18; 0.20]** | **100.0%** |
| **Prediction interval** | | | | | **[−7.78; 6.81]** | |

−5  0  5

Heterogeneity: $I^2$ = 56%, $p$ = 0.11