Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.3797	0.4799		−1.38	[−2.32; −0.44]	13.0%
Shu−Validation et al.	−1.1888	0.5259		−1.19	[−2.22; −0.16]	11.8%
Shen et al.	−0.8259	0.3076		−0.83	[−1.43; −0.22]	19.2%
Shu−Discovery et al.	−0.7972	0.4443		−0.80	[−1.67; 0.07]	14.1%
Byeon et al.	−0.7427	0.5189		−0.74	[−1.76; 0.27]	11.9%
Spick et al.	0.1100	0.2702		0.11	[−0.42; 0.64]	20.7%
Feng et al.	0.3011	0.6368		0.30	[−0.95; 1.55]	9.2%
Random effects model				**−0.63**	**[−1.09; −0.17]**	**100.0%**
Prediction interval					**[−1.91; 0.66]**	

Heterogeneity: $I^2 = 55\%$, $p = 0.04$