Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Babacic et al.	−2.12	0.5306		−2.12	[−3.16; −1.08]	9.1%
Overmyer et al.	−0.87	0.2232		−0.87	[−1.31; −0.44]	10.6%
Suvarna et al.	−0.71	0.2706		−0.71	[−1.24; −0.18]	10.5%
Messner−Validation et al.	−0.62	0.2228		−0.62	[−1.06; −0.19]	10.6%
Zhang et al.	−0.60	0.2694		−0.60	[−1.13; −0.08]	10.5%
Shen et al.	−0.53	0.2434		−0.53	[−1.01; −0.05]	10.6%
Sullivan et al.	−0.22	0.2158		−0.22	[−0.64; 0.20]	10.7%
Di et al.	−0.08	0.7075		−0.08	[−1.47; 1.31]	8.0%
Messner−Discovery et al.	0.65	0.2423		0.65	[0.17; 1.12]	10.6%
Shu et al.	3.00	0.5736		3.00	[1.88; 4.13]	8.8%
Random effects model				**−0.24**	**[−0.99; 0.51]**	**100.0%**
Prediction interval					**[−3.04; 2.56]**	

Heterogeneity: $I^2 = 88\%$, $p < 0.01$