Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.4220	0.4539		−1.42	[−2.31; −0.53]	44.9%
Byeon et al.	−0.3878	0.3116		−0.39	[−1.00; 0.22]	55.1%
Random effects model				**−0.85**	**[−1.86; 0.16]**	**100.0%**

Heterogeneity: $I^2 = 72\%$, $p = 0.06$