| Study                                    | TE     | seTE   |    | D          | ifferenc | е     |                    | SMD   | 959       | %–CI  | Weight |
|--|--------|--------|----|------------|----------|-------|--------------------|-------|-----------|-------|--------|
| Shu et al.                               | -1.34  | 0.4498 |    |            | - :      |       |                    | -1.34 | [-2.23; - | 0.46] | 6.3%   |
| Di et al.                                | -0.28  | 0.4001 |    |            |          |       |                    | -0.28 | [-1.06;   | 0.50] | 8.0%   |
| Overmyer et al.                          | -0.02  | 0.2164 |    |            |          |       |                    | -0.02 | [-0.44;   | 0.41] | 27.4%  |
| Geyer et al.                             | -0.01  | 0.2022 |    |            | _        |       |                    | -0.01 | [-0.40;   | 0.39] | 31.4%  |
| Shen et al.                              | 0.06   | 0.2392 |    |            | _        |       |                    | 0.06  | [-0.41;   | 0.53] | 22.4%  |
| Messner-Validation et al.                | 0.26   | 0.5413 |    | _          | -        |       |                    | 0.26  | [-0.80;   | 1.32] | 4.4%   |
| Random effects model Prediction interval |        |        |    |            |          | -0.09 | [-0.31;<br>[-0.40; | _     | 100.0%    |       |        |
| Heterogeneity: $I^2 = 45\%$ , p          | = 0.10 |        | -2 | <b>–</b> 1 | 0        | 1     | 2                  |       |           |       |        |

**Standardised Mean**