Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.7133	0.5007		−1.71	[−2.69; −0.73]	50.9%
Suvarna et al.	−1.3788	0.5100		−1.38	[−2.38; −0.38]	49.1%
Random effects model				**−1.55**	**[−2.25; −0.85]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.64$