Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.8583	0.4671		−0.86	[−1.77; 0.06]	45.8%
Byeon et al.	0.0194	0.3922		0.02	[−0.75; 0.79]	54.2%
Random effects model				**−0.38**	**[−1.24; 0.47]**	**100.0%**

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 52\%$, $p = 0.15$