| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%−CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Shen et al. | −0.4310 | 0.3423 | | −0.43 | [−1.10; 0.24] | 34.9% |
| Spick et al. | −0.0622 | 0.3022 | | −0.06 | [−0.65; 0.53] | 38.5% |
| Babacic et al. | 0.7533 | 0.4517 | | 0.75 | [−0.13; 1.64] | 26.6% |
| **Random effects model** | | | | **0.03** | **[−0.58; 0.64]** | **100.0%** |
| **Prediction interval** | | | | | **[−6.43; 6.48]** | |



−6  −4  −2  0  2  4  6

Heterogeneity: $I^2 = 54\%$, $p = 0.11$