Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Zhang et al.	−2.43	0.3020		−2.43	[−3.02; −1.84]	25.3%
Suvarna et al.	−0.47	0.3437		−0.47	[−1.14; 0.20]	25.0%
Overmyer et al.	−0.15	0.2166		−0.15	[−0.58; 0.27]	25.8%
Babacic et al.	1.39	0.4803		1.39	[0.44; 2.33]	23.9%
Random effects model				**−0.44**	**[−1.96; 1.08]**	**100.0%**
Prediction interval					**[−7.74; 6.86]**	

Heterogeneity: $I^2 = 95\%$, $p < 0.01$

-6 -4 -2 0 2 4 6