Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−3.6674	0.9606		−3.67	[−5.55; −1.78]	31.5%
Shu–Validation et al.	−3.5990	1.1270		−3.60	[−5.81; −1.39]	29.0%
Byeon et al.	−0.5089	0.3138		−0.51	[−1.12; 0.11]	39.6%
Random effects model				**−2.40**	**[−4.61; −0.19]**	**100.0%**
Prediction interval					**[−29.00; 24.20]**	

−20 −10   0   10   20

Heterogeneity: $I^2 = 87\%$, $p < 0.01$