Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	0.3453	0.5195		0.35	[−0.67; 1.36]	50.9%
Byeon et al.	0.9243	0.5290		0.92	[−0.11; 1.96]	49.1%
Random effects model				**0.63**	**[−0.10; 1.36]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.43$