Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Validation et al.	−3.2635	0.7463		−3.26	[−4.73; −1.80]	42.6%
Shu−Discovery et al.	−2.4766	0.6425		−2.48	[−3.74; −1.22]	57.4%
Random effects model				**−2.81**	**[−3.77; −1.86]**	**100.0%**

−4 −2 0 2 4

Heterogeneity: $I^2 = 0\%$, $p = 0.42$