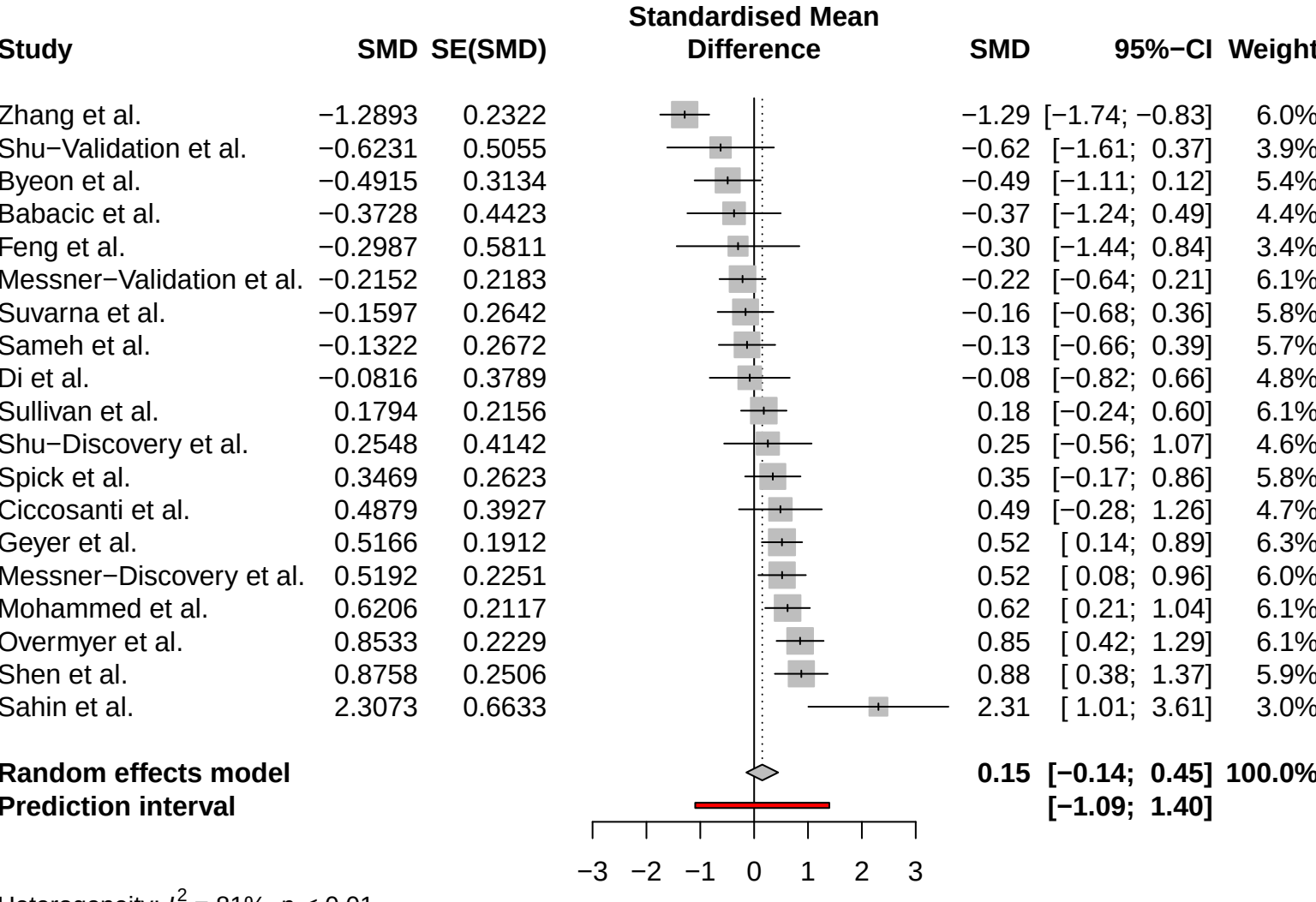

Heterogeneity: I^2 = 81%, p < 0.01