Study TE	seTE	Standardise Differen		SMD	95%-CI	Weight
Sullivan et al. 0.04 0	0.2158	<u> </u>		0.04	[-0.39; 0.46]	28.0%
Messner-Validation et al. 0.46 0	0.2232	-	<u> </u>	0.46	[0.02; 0.89]	27.7%
Shu et al. 1.12 0	0.4388	_	-	1.12	[0.26; 1.98]	18.2%
Messner-Discovery et al. 1.15 0	0.2597		-	1.15	[0.64; 1.66]	26.0%
Random effects model Prediction interval			<u>></u>		[0.10; 1.18] [-1.72; 3.00]	100.0%
Heterogeneity: $I^2 = 77\%$, $p < 0.01$	Г				[-1.72, 3.00]	
Heterogeneity. $T = TT / 6$, $p < 0.01$	-2	2 –1 0	1 2			