

-1.5 -1 -0.5 0

0.5

SMD SE(SMD)

0.2188

0.2446

-0.9844

-0.6027

Study

Zhang et al.

Shen et al.

Heterogeneity: $I^2 = 67\%$, p < 0.01

Standardised Mean

Difference

SMD

-0.98 [-1.41; -0.56]

-0.60 [-1.08; -0.12]

95%-CI Weight

18.6%

17.7%