Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−4.2860	0.7447		−4.29	[−5.75; −2.83]	24.2%
Shen et al.	−0.9879	0.2536		−0.99	[−1.48; −0.49]	26.6%
Di et al.	−0.7909	0.3917		−0.79	[−1.56; −0.02]	26.1%
Feng et al.	1.5030	0.9005		1.50	[−0.26; 3.27]	23.1%
Random effects model				**−1.16**	**[−3.38; 1.06]**	**100.0%**
Prediction interval					**[−11.72; 9.40]**	

−10 −5 0 5 10

Heterogeneity: I^2 = 89%, $p < 0.01$