Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−3.6680	0.7235		−3.67	[−5.09; −2.25]	7.8%
Babacic et al.	−3.6399	0.6736		−3.64	[−4.96; −2.32]	8.1%
Shu–Discovery et al.	−1.2242	0.4437		−1.22	[−2.09; −0.35]	9.3%
Feng et al.	−0.8256	0.6055		−0.83	[−2.01; 0.36]	8.5%
Byeon et al.	−0.8140	0.3216		−0.81	[−1.44; −0.18]	9.9%
Suvarna et al.	−0.5250	0.3754		−0.53	[−1.26; 0.21]	9.6%
Sullivan et al.	−0.3583	0.2168		−0.36	[−0.78; 0.07]	10.2%
Shen et al.	−0.2532	0.2401		−0.25	[−0.72; 0.22]	10.2%
Sahin et al.	−0.1808	0.8191		−0.18	[−1.79; 1.42]	7.3%
Spick et al.	0.2536	0.3707		0.25	[−0.47; 0.98]	9.7%
Ciccosanti et al.	0.6306	0.3962		0.63	[−0.15; 1.41]	9.5%
Random effects model				**−0.89**	**[−1.66; −0.11]**	**100.0%**
Prediction interval					**[−3.77; 2.00]**	

Heterogeneity: $I^2 = 83\%$, $p < 0.01$