Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.83	0.6975		−1.83	[−3.20; −0.46]	27.9%
Zhang et al.	−0.42	0.2394		−0.42	[−0.89; 0.05]	43.7%
Suvarna et al.	0.48	0.6861		0.48	[−0.87; 1.82]	28.3%
Random effects model				**−0.56**	**[−1.69; 0.57]**	**100.0%**
Prediction interval					**[−13.48; 12.37]**	

Heterogeneity: $I^2 = 65\%$, $p = 0.06$

−10 −5 0 5 10