| Study | TE | seTE | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Babacic et al. | −2.79 | 0.8168 | | −2.79 | [−4.39; −1.19] | 47.1% |
| Suvarna et al. | −0.95 | 0.6879 | | −0.95 | [−2.30; 0.40] | 52.9% |
| **Random effects model** | | | | **−1.82** | **[−3.62; −0.01]** | **100.0%** |

Heterogeneity: $I^2 = 66\%$, $p = 0.08$

−4  −2  0  2  4