Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.48	0.4239		−0.48	[−1.31; 0.35]	65.7%
Di et al.	0.19	0.5871		0.19	[−0.96; 1.34]	34.3%
Random effects model				**−0.25**	**[−0.93; 0.42]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.35$

−1 −0.5 0 0.5 1