Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	0.1901	0.2706		0.19	[−0.34; 0.72]	30.3%
Byeon et al.	1.1317	0.5429		1.13	[0.07; 2.20]	23.3%
Babacic et al.	1.9665	0.5187		1.97	[0.95; 2.98]	24.0%
Shu−Validation et al.	2.0723	0.5794		2.07	[0.94; 3.21]	22.4%
Random effects model				**1.26**	**[0.33; 2.19]**	**100.0%**
Prediction interval					**[−2.81; 5.32]**	

Heterogeneity: $I^2 = 80\%$, $p < 0.01$