Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−0.68	0.4495		−0.68	[−1.57; 0.20]	48.4%
Di et al.	−0.21	0.4349		−0.21	[−1.07; 0.64]	51.6%
Random effects model				**−0.44**	**[−1.05; 0.17]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.45$

−1.5 −1 −0.5 0 0.5 1 1.5