Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	0.0880	0.3203		0.09	[−0.54; 0.72]	31.1%
Di et al.	0.1761	0.4612		0.18	[−0.73; 1.08]	21.4%
Shu–Validation et al.	0.4277	0.6455		0.43	[−0.84; 1.69]	13.5%
Byeon et al.	0.9053	0.4131		0.91	[0.10; 1.72]	24.3%
Babacic et al.	2.1148	0.7951		2.11	[0.56; 3.67]	9.7%
Random effects model				**0.55**	**[0.01; 1.09]**	**100.0%**
Prediction interval					**[−0.92; 2.02]**	

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 45\%$, $p = 0.12$