Study	TE	seTE	Standardised Mean Difference	SMD	95%−CI	Weight
Babacic et al.	−1.35	0.4781		−1.35	[−2.28; −0.41]	44.5%
Suvarna et al.	−0.39	0.3588		−0.39	[−1.10; 0.31]	55.5%
Random effects model				**−0.82**	**[−1.75; 0.11]**	**100.0%**

Heterogeneity: $I^2 = 61\%$, $p = 0.11$

−2 −1 0 1 2