Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.4887	0.7761		−2.49	[−4.01; −0.97]	46.8%
Spick et al.	0.0606	0.4379		0.06	[−0.80; 0.92]	53.2%
Random effects model				**−1.13**	**[−3.63; 1.36]**	**100.0%**

Heterogeneity: $I^2 = 88\%$, $p < 0.01$