| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Ciccosanti et al. | −0.9685 | 0.4081 | | −0.97 | [−1.77; −0.17] | 13.2% |
| Sullivan et al. | −0.0494 | 0.2153 | | −0.05 | [−0.47; 0.37] | 22.8% |
| Suvarna et al. | 0.0312 | 0.3919 | | 0.03 | [−0.74; 0.80] | 13.9% |
| Overmyer et al. | 0.1528 | 0.2166 | | 0.15 | [−0.27; 0.58] | 22.7% |
| Shu−Validation et al. | 0.5505 | 0.5038 | | 0.55 | [−0.44; 1.54] | 10.2% |
| Byeon et al. | 0.6116 | 0.3160 | | 0.61 | [−0.01; 1.23] | 17.2% |
| | | | | | | |
| **Random effects model** | | | | **0.06** | **[−0.32; 0.44]** | **100.0%** |
| **Prediction interval** | | | | | **[−1.04; 1.17]** | |

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 54\%$, $p = 0.06$