Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.8848	0.7689		−1.88	[−3.39; −0.38]	44.6%
Byeon et al.	−0.1155	0.5005		−0.12	[−1.10; 0.87]	55.4%
Random effects model				**−0.90**	**[−2.63; 0.82]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: I^2 = 73%, p = 0.05