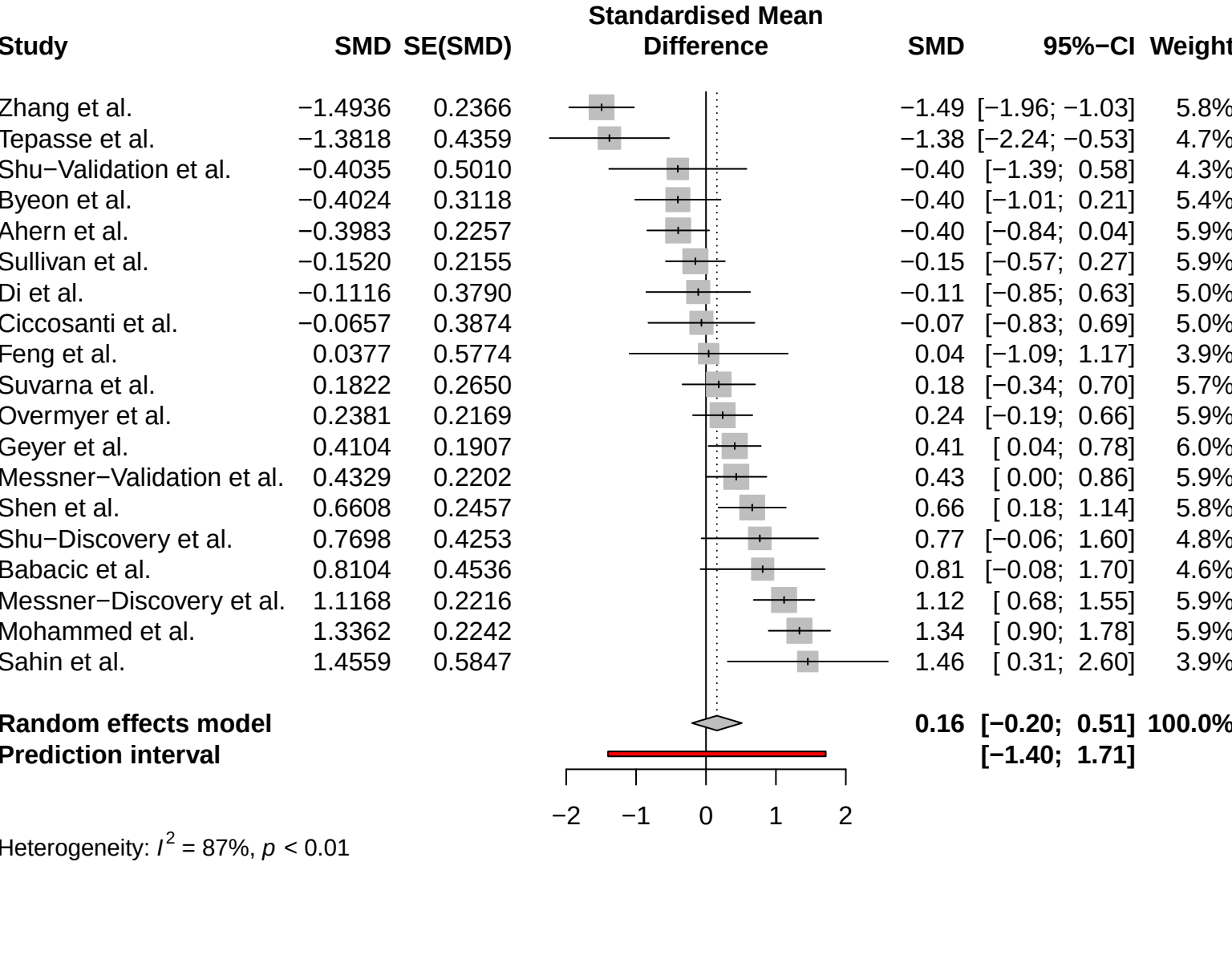

Heterogeneity: I^2 = 87%, p < 0.01