Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.87	0.8284		−2.87	[−4.50; −1.25]	45.3%
Di et al.	−0.57	0.4289		−0.57	[−1.41; 0.27]	54.7%
Random effects model				**−1.61**	**[−3.86; 0.64]**	**100.0%**

Heterogeneity: $I^2 = 84\%$, $p = 0.01$

−4 −2 0 2 4