Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−1.12	0.3602		−1.12	[−1.83; −0.42]	51.0%
Babacic et al.	0.78	0.4527		0.78	[−0.10; 1.67]	49.0%
Random effects model				**−0.19**	**[−2.06; 1.68]**	**100.0%**

Heterogeneity: $I^2 = 91\%$, $p < 0.01$

−2 −1 0 1 2