| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shu–Validation et al. | −0.3422 | 0.5000 | | −0.34 | [−1.32; 0.64] | 4.8% |
| Di et al. | −0.1407 | 0.3792 | | −0.14 | [−0.88; 0.60] | 7.7% |
| Shu–Discovery et al. | −0.1078 | 0.4290 | | −0.11 | [−0.95; 0.73] | 6.2% |
| Byeon et al. | −0.0532 | 0.3087 | | −0.05 | [−0.66; 0.55] | 10.7% |
| Overmyer et al. | −0.0104 | 0.2164 | | −0.01 | [−0.43; 0.41] | 17.4% |
| Feng et al. | 0.0664 | 0.5775 | | 0.07 | [−1.07; 1.20] | 3.7% |
| Sullivan et al. | 0.1679 | 0.2156 | | 0.17 | [−0.25; 0.59] | 17.5% |
| Shen et al. | 0.1852 | 0.2397 | | 0.19 | [−0.28; 0.65] | 15.3% |
| Messner–Discovery et al. | 0.8445 | 0.2704 | | 0.84 | [ 0.31; 1.37] | 12.9% |
| Sahin et al. | 0.9567 | 0.5522 | | 0.96 | [−0.13; 2.04] | 4.0% |
| **Random effects model** | | | | **0.17** | **[−0.06; 0.39]** | **100.0%** |
| **Prediction interval** | | | | | **[−0.31; 0.65]** | |



Heterogeneity: $I^2 = 23\%$, $p = 0.23$