| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Spick et al. | −0.1269 | 0.3603 | | −0.13 | [−0.83; 0.58] | 64.5% |
| Zhang et al. | 0.2442 | 0.4852 | | 0.24 | [−0.71; 1.20] | 35.5% |
| **Random effects model** | | | | **0.00** | **[−0.56; 0.57]** | **100.0%** |

−1    −0.5    0    0.5    1

Heterogeneity: $I^2 = 0\%$, $p = 0.54$