Study	TE seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Shu et al.	-2.45 0.5589		-2.45 [- 3	3.55; –1.36]	22.9%
Babacic et al.	-1.62 0.4943		-1.62 [- :	2.59; -0.65]	24.0%
Suvarna et al.	-0.35 0.4015	-	-0.35 [-	-1.14; 0.44]	25.5%
Shen et al.	0.10 0.2393	-	0.10 [-	-0.37; 0.57]	27.7%
Random effects me Prediction interval Heterogeneity: $I^2 = 87$	_	3 -4 -2 0 2 4	-	2.15; 0.13] 6.28; 4.27]	100.0%