Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Babacic et al.	−2.0337	0.5237		−2.03	[−3.06; −1.01]	48.7%
Shen et al.	0.4006	0.3417		0.40	[−0.27; 1.07]	51.3%
Random effects model				**−0.78**	**[−3.17; 1.60]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: $I^2 = 93\%$, $p < 0.01$