Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Zhang et al.	−0.35	0.2106		−0.35	[−0.76; 0.06]	9.7%
Di et al.	−0.30	0.3807		−0.30	[−1.05; 0.44]	8.3%
Suvarna et al.	−0.23	0.2645		−0.23	[−0.75; 0.29]	9.3%
Babacic et al.	0.01	0.4392		0.01	[−0.85; 0.87]	7.8%
Messner−Validation et al.	0.15	0.2180		0.15	[−0.27; 0.58]	9.7%
Overmyer et al.	0.21	0.2168		0.21	[−0.21; 0.64]	9.7%
Sullivan et al.	0.36	0.2168		0.36	[−0.06; 0.79]	9.7%
Geyer et al.	0.62	0.1921		0.62	[0.24; 0.99]	9.9%
Messner−Discovery et al.	0.90	0.2242		0.90	[0.46; 1.34]	9.6%
Shen et al.	1.76	0.2824		1.76	[1.20; 2.31]	9.2%
Shu et al.	2.47	0.5268		2.47	[1.43; 3.50]	7.0%
Random effects model				**0.47**	**[0.00; 0.95]**	**100.0%**
Prediction interval					**[−1.31; 2.25]**	

Heterogeneity: $I^2 = 86\%$, $p < 0.01$