Study 1	ΓΕ seTE	Standardised Mean Difference	SMD 95%-CI Weight
Overmyer et al0.3 Shen et al0.3 Shu et al. 0.3 Messner-Discovery et al. 1.0	86 0.4554 39 0.2178 12 0.2394 30 0.4148 00 0.2386 32 0.3272		-0.86 [-1.75; 0.03] 14.4% -0.39 [-0.82; 0.04] 18.2% -0.12 [-0.59; 0.35] 17.9% 0.30 [-0.51; 1.12] 15.1% 1.00 [0.54; 1.47] 17.9% 1.32 [0.68; 1.96] 16.6%
Random effects model Prediction interval Heterogeneity: $I^2 = 87\%$, $p < 0.0$	1	-2 -1 0 1 2	0.23 [-0.43; 0.88] 100.0% [-2.06; 2.52]