Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−1.1230	0.3602		−1.12	[−1.83; −0.42]	36.4%
Babacic et al.	0.7831	0.4527		0.78	[−0.10; 1.67]	34.4%
Byeon et al.	0.9411	0.6740		0.94	[−0.38; 2.26]	29.2%
Random effects model				**0.14**	**[−1.21; 1.48]**	**100.0%**
Prediction interval					**[−16.17; 16.44]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 86\%$, $p < 0.01$