Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.87	0.5114		−1.87	[−2.87; −0.86]	34.0%
Shen et al.	−0.39	0.3321		−0.39	[−1.04; 0.27]	42.2%
Di et al.	−0.36	0.7721		−0.36	[−1.87; 1.16]	23.8%
Random effects model				**−0.88**	**[−1.89; 0.12]**	**100.0%**
Prediction interval					**[−12.10; 10.34]**	

Heterogeneity: $I^2 = 68\%$, $p = 0.04$

−10 −5 0 5 10