Study	TE	seTE	S	tanda Di	rdised feren		n	SMD	95%-CI	Weight
					·I					
Shu et al.	-0.68	0.4227			• ;			-0.68	[-1.51; 0.15]	24.5%
Di et al.	-0.17	0.3794			_			-0.17	[-0.91; 0.58]	28.1%
Messner-Discovery et a	al. 0.20	0.2165						0.20	[-0.22; 0.63]	47.4%
Random effects model Prediction interval Heterogeneity: $I^2 = 46\%$, $p = 0.16$			\rightarrow					-0.12	[-0.62; 0.39]	100.0%
								•	[-5.22; 4.98]	
			1	ı	l	ı	ı			
,	'		-4	-2	0	2	4			