| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Byeon et al. | −0.1934 | 0.6343 | | −0.19 | [−1.44; 1.05] | 52.4% |
| Babacic et al. | 0.4640 | 0.6655 | | 0.46 | [−0.84; 1.77] | 47.6% |
| **Random effects model** | | | | **0.12** | **[−0.78; 1.02]** | **100.0%** |



Heterogeneity: $I^2 = 0\%$, $p = 0.47$