Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.08	0.4645		−1.08	[−1.99; −0.17]	48.3%
Shen et al.	−0.09	0.4266		−0.09	[−0.92; 0.75]	51.7%
Random effects model				**−0.57**	**[−1.54; 0.40]**	**100.0%**

Heterogeneity: $I^2 = 59\%$, $p = 0.12$

−1   0   1