Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Sullivan et al.	−0.36	0.2168		−0.36	[−0.79; 0.06]	71.8%
Suvarna et al.	−0.13	0.5170		−0.13	[−1.15; 0.88]	16.1%
Babacic et al.	0.56	0.6025		0.56	[−0.62; 1.75]	12.1%
Random effects model				**−0.21**	**[−0.63; 0.21]**	**100.0%**
Prediction interval					**[−3.39; 2.96]**	

Heterogeneity: $I^2 = 7\%$, $p = 0.34$

−3 −2 −1 0 1 2 3