Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.65	0.5751		−2.65	[−3.77; −1.52]	50.4%
Shen et al.	1.27	0.6737		1.27	[−0.05; 2.59]	49.6%
Random effects model				**−0.71**	**[−4.54; 3.13]**	**100.0%**

Heterogeneity: $I^2 = 95\%$, $p < 0.01$

−4 −2 0 2 4