Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	0.23	0.4446		0.23	[−0.64; 1.10]	43.4%
Di et al.	0.70	0.3890		0.70	[−0.06; 1.46]	56.6%
Random effects model				**0.50**	**[−0.08; 1.07]**	**100.0%**
Heterogeneity: $I^2 = 0\%$, $p = 0.42$						

−1 −0.5 0 0.5 1