Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.53	0.4954		−0.53	[−1.50; 0.44]	44.2%
Babacic et al.	−0.29	0.4410		−0.29	[−1.15; 0.58]	55.8%
Random effects model				**−0.40**	**[−1.04; 0.25]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.71$

−1.5 −1 −0.5 0 0.5 1 1.5