Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Shen et al.	−0.9342	0.2794		−0.93	[−1.48; −0.39]	24.3%
Suvarna et al.	−0.6526	0.4719		−0.65	[−1.58; 0.27]	15.4%
Babacic et al.	0.1043	0.4394		0.10	[−0.76; 0.97]	16.6%
Spick et al.	0.1362	0.4693		0.14	[−0.78; 1.06]	15.5%
Feng et al.	0.2255	0.6735		0.23	[−1.09; 1.55]	9.7%
Byeon et al.	0.2339	0.3937		0.23	[−0.54; 1.01]	18.6%
Random effects model				−0.22	[−0.70; 0.26]	100.0%
Prediction interval					[−1.55; 1.10]	

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 49\%$, $p = 0.08$