Random effects mode	I		-0.98 [-1.72; -0.25]	100.0%
Zhang et al. Byeon et al.	–1.2537 –0.4676	0.2497	-1.25 [-1.74; -0.76] -0.47 [-1.46; 0.53]	
71	4.0507	0.0407	4.05 [.4.74, 0.70]	05.00/

Standardised Mean

Difference

SMD

95%-CI Weight

Heterogeneity: $I^2 = 48\%$, p = 0.16

Study

SMD SE(SMD)