Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Shen et al.	−0.56	0.4261		−0.56	[−1.39; 0.28]	20.2%
Sullivan et al.	−0.03	0.2153		−0.03	[−0.45; 0.40]	34.9%
Suvarna et al.	−0.01	0.3248		−0.01	[−0.64; 0.63]	26.5%
Babacic et al.	1.01	0.4616		1.01	[0.11; 1.92]	18.4%
Random effects model				**0.06**	**[−0.44; 0.56]**	**100.0%**
Prediction interval					**[−1.89; 2.01]**	

Heterogeneity: $I^2 = 54\%$, $p = 0.09$