Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.3487	0.4500		−1.35	[−2.23; −0.47]	12.9%
Suvarna et al.	−0.6816	0.2766		−0.68	[−1.22; −0.14]	18.2%
Shu–Validation et al.	−0.4891	0.5025		−0.49	[−1.47; 0.50]	11.6%
Overmyer et al.	0.0120	0.2164		0.01	[−0.41; 0.44]	20.1%
Byeon et al.	0.1455	0.3090		0.15	[−0.46; 0.75]	17.1%
Sullivan et al.	0.2888	0.2162		0.29	[−0.14; 0.71]	20.1%
Random effects model				**−0.27**	**[−0.73; 0.20]**	**100.0%**
Prediction interval					**[−1.76; 1.22]**	

Heterogeneity: $I^2 = 70\%$, $p < 0.01$