| Study                          | SMD                | SE(SMD)          |    | Di       | fferenc | е |   | SMD   | 95%-CI                         | Weight |
|--------------------------------|--------------------|------------------|----|----------|---------|---|---|-------|--------------------------------|--------|
| Babacic et al.<br>Spick et al. | -0.9046<br>-0.1527 | 0.6853<br>0.2622 |    | * -      |         |   |   |       | [-2.25; 0.44]<br>[-0.67; 0.36] |        |
| Random effects mode            | ıl                 |                  |    | <u> </u> |         |   |   | -0.26 | [-0.78; 0.26]                  | 100.0% |
|                                |                    |                  | -2 | -1       | 0       | 1 | 2 |       |                                |        |

Heterogeneity:  $I^2 = 5\%$ , p = 0.31

**Standardised Mean**