Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−1.00	0.4336		−1.00	[−1.85; −0.15]	6.4%
Messner−Discovery et al.	−0.84	0.2168		−0.84	[−1.26; −0.41]	12.5%
Messner−Validation et al.	−0.79	0.2259		−0.79	[−1.23; −0.34]	12.2%
Zhang et al.	−0.78	0.2143		−0.78	[−1.20; −0.36]	12.6%
Babacic et al.	−0.38	0.4424		−0.38	[−1.25; 0.49]	6.2%
Overmyer et al.	−0.23	0.2169		−0.23	[−0.66; 0.19]	12.5%
Sullivan et al.	−0.20	0.2157		−0.20	[−0.62; 0.22]	12.5%
Shen et al.	0.03	0.2392		0.03	[−0.44; 0.50]	11.7%
Geyer et al.	0.05	0.1899		0.05	[−0.33; 0.42]	13.5%
Random effects model				**−0.43**	**[−0.70; −0.16]**	**100.0%**
Prediction interval					**[−1.24; 0.38]**	

Heterogeneity: $I^2 = 64\%$, $p < 0.01$

−1.5 −1 −0.5 0 0.5 1 1.5