Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Di et al.	−0.49	0.5915		−0.49	[−1.65; 0.67]	15.0%
Shen et al.	−0.08	0.2950		−0.08	[−0.66; 0.50]	29.9%
Overmyer et al.	0.21	0.2168		0.21	[−0.22; 0.63]	35.3%
Babacic et al.	1.20	0.4704		1.20	[0.28; 2.12]	19.8%
Random effects model				**0.21**	**[−0.34; 0.76]**	**100.0%**
Prediction interval					**[−1.96; 2.39]**	

Heterogeneity: $I^2 = 56\%$, $p = 0.08$

−2 −1 0 1 2