Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sullivan et al.	−0.1439	0.2155		−0.14	[−0.57; 0.28]	52.3%
Byeon et al.	1.0176	0.3287		1.02	[0.37; 1.66]	47.7%
Random effects model				**0.41**	**[−0.73; 1.55]**	**100.0%**

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 89\%$, $p < 0.01$