| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Di et al. | −0.8285 | 0.3929 | | −0.83 | [−1.60; −0.06] | 68.4% |
| Shen et al. | −0.1295 | 0.5781 | | −0.13 | [−1.26; 1.00] | 31.6% |
| **Random effects model** | | | | **−0.61** | **[−1.24; 0.03]** | **100.0%** |



Heterogeneity: $I^2 = 0\%$, $p = 0.32$