Study	TE	seTE	Standardised Mean Difference	SMD	95%−CI	Weight
Shen et al.	−0.19	0.2397		−0.19	[−0.66; 0.28]	17.7%
Sullivan et al.	−0.14	0.2155		−0.14	[−0.56; 0.29]	17.8%
Geyer et al.	0.28	0.3751		0.28	[−0.46; 1.01]	16.8%
Suvarna et al.	0.60	0.3079		0.60	[0.00; 1.21]	17.3%
Babacic et al.	1.65	0.4963		1.65	[0.67; 2.62]	15.8%
Shu et al.	3.35	0.6067		3.35	[2.16; 4.54]	14.7%

Random effects model 0.84 [−0.18; 1.87] 100.0%
Prediction interval [−2.84; 4.52]

Heterogeneity: $I^2 = 88\%$, $p < 0.01$