Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−2.6628	0.6269		−2.66	[−3.89; −1.43]	3.9%
Messner–Validation et al.	−2.1989	0.2751		−2.20	[−2.74; −1.66]	6.0%
Babacic et al.	−2.0132	0.5222		−2.01	[−3.04; −0.99]	4.5%
Ahern et al.	−1.6579	0.2387		−1.66	[−2.13; −1.19]	6.2%
Shu–Discovery et al.	−1.4024	0.4529		−1.40	[−2.29; −0.51]	4.9%
Byeon et al.	−0.9971	0.3279		−1.00	[−1.64; −0.35]	5.7%
Mohammed et al.	−0.9117	0.2158		−0.91	[−1.33; −0.49]	6.3%
Overmyer et al.	−0.6626	0.2204		−0.66	[−1.09; −0.23]	6.2%
Ciccosanti et al.	−0.6167	0.3958		−0.62	[−1.39; 0.16]	5.3%
Geyer et al.	−0.5783	0.1915		−0.58	[−0.95; −0.20]	6.4%
Sullivan et al.	−0.2998	0.2178		−0.30	[−0.73; 0.13]	6.3%
Feng et al.	−0.2426	0.5798		−0.24	[−1.38; 0.89]	4.2%
Sahin et al.	−0.1978	0.5274		−0.20	[−1.23; 0.84]	4.5%
Shen et al.	−0.1912	0.2397		−0.19	[−0.66; 0.28]	6.2%
Di et al.	−0.1622	0.3793		−0.16	[−0.91; 0.58]	5.4%
Messner–Discovery et al.	−0.0851	0.2128		−0.09	[−0.50; 0.33]	6.3%
Spick et al.	0.0511	0.2670		0.05	[−0.47; 0.57]	6.0%
Suvarna et al.	0.4223	0.2663		0.42	[−0.10; 0.94]	6.0%
Random effects model				**−0.76**	**[−1.13; −0.38]**	**100.0%**
Prediction interval					**[−2.35; 0.84]**	

Heterogeneity: $I^2 = 85\%$, $p < 0.01$