

SMD SE(SMD)

0.3169

0.5442

-0.4341

1.1495

Study

Spick et al.

Byeon et al.

Heterogeneity: $I^2 = 88\%$, p < 0.01

Standardised Mean

Difference

SMD

-0.43 [-1.06; 0.19]

1.15 [0.08; 2.22]

95%-CI Weight

27.5%

24.2%