Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−0.7020	0.6538		−0.70	[−1.98; 0.58]	20.8%
Suvarna et al.	−0.3966	0.3351		−0.40	[−1.05; 0.26]	79.2%
Random effects model				**−0.46**	**[−1.04; 0.12]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.68$