Zhang et al.	-1.5181	0.2387		-1.52	[-1.99; -1.05]	62.4%
Byeon et al.	-0.6083	0.5128		-0.61	[-1.61; 0.40]	37.6%
			:			

Standardised Mean

Difference

SMD

95%-CI Weight

Study

Random effects model -1.18 [-2.04; -0.31] 100.0% 0 2

SMD SE(SMD)

Heterogeneity: $I^2 = 61\%$, p = 0.11

Heterogeneity:
$$I^2 = 61\%$$
, $p = 0.1$