| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Babacic et al. | −0.1670 | 0.6592 | | −0.17 | [−1.46; 1.13] | 18.9% |
| Spick et al. | 0.1902 | 0.3187 | | 0.19 | [−0.43; 0.81] | 81.1% |
| **Random effects model** | | | | **0.12** | **[−0.44; 0.68]** | **100.0%** |

−1  −0.5  0  0.5  1

Heterogeneity: $I^2 = 0\%$, $p = 0.63$