Study	TE se	ΤE	Difference	SMD	95%-CI	Weight
Shu et al. Geyer et al. Sullivan et al. Di et al. Overmyer et al. Babacic et al. Suvarna et al. Shen et al. Messner–Validation et al. Messner–Discovery et al.	-0.16 0.41 0.04 0.20 0.12 0.21 0.15 0.37 0.26 0.21 0.27 0.44 0.27 0.36 0.27 0.24 1.48 0.25 2.14 0.25	04 54 93 70 07 10 03		0.04 0.12 0.15 0.26 0.27 0.27	[-0.97; 0.65] [-0.36; 0.43] [-0.30; 0.54] [-0.59; 0.90] [-0.17; 0.69] [-0.60; 1.13] [-0.43; 0.98] [-0.20; 0.75] [ 0.97; 1.98] [ 1.63; 2.65]	8.8% 11.0% 10.9% 9.1% 10.9% 8.5% 9.4% 10.6% 10.5% 10.4%
Random effects model Prediction interval Heterogeneity: $I^2 = 87\%$ , $p < 10$					[ 0.04; 0.97] [-1.17; 2.18]	

**Standardised Mean** 

-2 -1 0 1 2