Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Feng et al.	−2.0381	0.8193		−2.04	[−3.64; −0.43]	16.3%
Suvarna et al.	−1.1142	0.4177		−1.11	[−1.93; −0.30]	21.2%
Spick et al.	0.2376	0.2983		0.24	[−0.35; 0.82]	22.3%
Babacic et al.	1.1374	0.4673		1.14	[0.22; 2.05]	20.6%
Byeon et al.	1.2134	0.5491		1.21	[0.14; 2.29]	19.7%
Random effects model				**−0.04**	**[−1.20; 1.12]**	**100.0%**
Prediction interval					**[−4.36; 4.28]**	

−4 −2 0 2 4

Heterogeneity: I^2 = 84%, $p < 0.01$