Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Zhang et al.	-1.2635	0.2264	-		[-1.71; -0.82]	
Ahern et al.	-1.0619	0.2306			[-1.51; -0.61]	
Byeon et al.	-0.5843	0.3154		-0.58	[-1.20; 0.03]	5.3%
Sameh et al.	-0.4611	0.2705	<del></del>	-0.46	[-0.99; 0.07]	5.5%
Sullivan et al.	-0.3578	0.2167		-0.36	[-0.78; 0.07]	5.7%
Suvarna et al.	-0.3575	0.2656	<del></del>	-0.36	[-0.88; 0.16]	5.5%
Di et al.	-0.2878	0.3805	<del></del>	-0.29	[-1.03; 0.46]	5.0%
Shu-Validation et al.	-0.1249	0.4979		-0.12	[-1.10; 0.85]	4.5%
Overmyer et al.	0.1105	0.2165	-	0.11	[-0.31; 0.53]	5.7%
Spick et al.	0.1283	0.2606	<del>-       -       -     -</del>	0.13	[-0.38; 0.64]	5.5%
Shen et al.	0.2292	0.2399	-	0.23	[-0.24; 0.70]	5.6%
Geyer et al.	0.2352	0.1902	<del>                                      </del>	0.24	[-0.14; 0.61]	5.8%
Feng et al.	0.2357	0.5797		0.24	[-0.90; 1.37]	4.1%
Sahin et al.	1.1733	0.5649	<del></del>	1.17	[ 0.07; 2.28]	4.2%
Messner-Discovery et al.	1.1781	0.2228		1.18	[ 0.74; 1.61]	5.7%
Messner-Validation et al.	1.2466	0.2376		1.25	[ 0.78; 1.71]	5.6%
Babacic et al.	1.3987	0.4810		1.40	[ 0.46; 2.34]	4.6%
Mohammed et al.	1.4136	0.2261	-	1.41	[ 0.97; 1.86]	5.7%
Shu-Discovery et al.	1.9558	0.4876	-	- 1.96	[ 1.00; 2.91]	4.5%
Random effects model				0.22	[-0.18; 0.62]	100.0%
Prediction interval					[-1.60; 2.04]	
			-2 -1 0 1 2			
Heterogeneity: $I^2 = 90\%$ , $p < 1$	< 0.01					