Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Babacic et al.	−2.4732	0.8398		−2.47	[−4.12; −0.83]	27.0%
Byeon et al.	−1.0604	0.5379		−1.06	[−2.11; −0.01]	34.1%
Spick et al.	0.1553	0.3119		0.16	[−0.46; 0.77]	38.8%
Random effects model				**−0.97**	**[−2.41; 0.47]**	**100.0%**
Prediction interval					**[−18.20; 16.26]**	

−15 −10 −5 0 5 10 15

Heterogeneity: $I^2 = 81\%$, $p < 0.01$