Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Feng et al.	−1.7920	0.7003		−1.79	[−3.16; −0.42]	19.8%
Shen et al.	−1.5676	0.2987		−1.57	[−2.15; −0.98]	29.2%
Babacic et al.	−0.1419	0.4396		−0.14	[−1.00; 0.72]	26.0%
Di et al.	0.2312	0.4845		0.23	[−0.72; 1.18]	24.9%
Random effects model				**−0.79**	**[−1.77; 0.18]**	**100.0%**
Prediction interval					**[−5.11; 3.52]**	

Heterogeneity: $I^2 = 80\%$, $p < 0.01$