Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Validation et al.	−1.1888	0.5259		−1.19	[−2.22; −0.16]	29.2%
Shu–Discovery et al.	−0.7972	0.4443		−0.80	[−1.67; 0.07]	40.9%
Byeon et al.	−0.7427	0.5189		−0.74	[−1.76; 0.27]	30.0%
Random effects model				**−0.90**	**[−1.45; −0.34]**	**100.0%**
Prediction interval					**[−4.50; 2.71]**	

−4   −2   0   2   4

Heterogeneity: $I^2 = 0\%$, $p = 0.80$