Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.1577	0.5334		−2.16	[−3.20; −1.11]	22.0%
Zhang et al.	−0.2290	0.2389		−0.23	[−0.70; 0.24]	28.5%
Shen et al.	−0.1134	0.2393		−0.11	[−0.58; 0.36]	28.5%
Feng et al.	0.0416	0.5774		0.04	[−1.09; 1.17]	21.0%
Random effects model				**−0.56**	**[−1.49; 0.36]**	**100.0%**
Prediction interval					**[−4.74; 3.61]**	

Heterogeneity: $I^2 = 77\%$, $p < 0.01$