Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	0.3367	0.2703		0.34	[−0.19; 0.87]	54.0%
Babacic et al.	1.8756	0.5120		1.88	[0.87; 2.88]	46.0%
Random effects model				**1.04**	**[−0.46; 2.55]**	**100.0%**

Heterogeneity: $I^2 = 86\%$, $p < 0.01$