Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Sullivan et al.	−0.33	0.2166		−0.33	[−0.76; 0.09]	75.4%
Di et al.	−0.02	0.3788		−0.02	[−0.77; 0.72]	24.6%
Random effects model				**−0.26**	**[−0.63; 0.11]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.48$

−0.6   −0.2 0 0.2 0.4 0.6