Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Shen et al.	−1.34	0.2938		−1.34	[−1.91; −0.76]	44.4%
Babacic et al.	−0.64	0.4482		−0.64	[−1.52; 0.24]	31.6%
Suvarna et al.	−0.15	0.5710		−0.15	[−1.27; 0.97]	24.0%
Random effects model				**−0.83**	**[−1.52; −0.14]**	**100.0%**
Prediction interval					**[−8.03; 6.37]**	

Heterogeneity: $I^2 = 52\%$, $p = 0.12$

−5   0   5