Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Tepasse et al.	−1.4412	0.4380		−1.44	[−2.30; −0.58]	14.0%
Di et al.	−0.8135	0.3924		−0.81	[−1.58; −0.04]	15.9%
Shen et al.	−0.3359	0.2409		−0.34	[−0.81; 0.14]	23.9%
Suvarna et al.	−0.1235	0.5921		−0.12	[−1.28; 1.04]	9.4%
Feng et al.	−0.0743	0.5776		−0.07	[−1.21; 1.06]	9.8%
Babacic et al.	−0.0302	0.5916		−0.03	[−1.19; 1.13]	9.4%
Byeon et al.	0.1511	0.3541		0.15	[−0.54; 0.85]	17.6%
Random effects model				**−0.41**	**[−0.82; 0.01]**	**100.0%**
Prediction interval					**[−1.49; 0.68]**	

Heterogeneity: I^2 = 41%, p = 0.12