Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	0.12	0.5921		0.12	[−1.04; 1.28]	51.3%
Shen et al.	0.20	0.6073		0.20	[−0.99; 1.39]	48.7%
Random effects model				**0.16**	**[−0.68; 0.99]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.92$

−1 −0.5 0 0.5 1