| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Suvarna et al. | −1.2890 | 0.5585 | | −1.29 | [−2.38; −0.19] | 46.1% |
| Byeon et al. | −0.4442 | 0.5069 | | −0.44 | [−1.44; 0.55] | 53.9% |
| **Random effects model** | | | | **−0.83** | **[−1.66; −0.01]** | **100.0%** |

−2  −1  0  1  2

Heterogeneity: $I^2 = 20\%$, $p = 0.26$