Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Shu−Discovery et al.	−2.2361	0.5084		−2.24	[−3.23; −1.24]	33.4%
Byeon et al.	−0.8374	0.5239		−0.84	[−1.86; 0.19]	32.9%
Shu−Validation et al.	−0.3718	0.5005		−0.37	[−1.35; 0.61]	33.7%
Random effects model				−1.15	[−2.25; −0.04]	100.0%
Prediction interval					[−13.89; 11.60]	

−10 −5 0 5 10

Heterogeneity: $I^2 = 73\%$, $p = 0.03$