| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Shu–Validation et al. | −0.1709 | 0.5131 | | −0.17 | [−1.18; 0.83] | 45.8% |
| Byeon et al. | 0.8850 | 0.4122 | | 0.89 | [ 0.08; 1.69] | 54.2% |
| **Random effects model** | | | | **0.40** | **[−0.63; 1.43]** | **100.0%** |

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 61\%$, $p = 0.11$