Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	−0.2533	0.3190		−0.25	[−0.88; 0.37]	57.2%
Byeon et al.	0.8416	0.5242		0.84	[−0.19; 1.87]	42.8%
Random effects model				**0.22**	**[−0.85; 1.28]**	**100.0%**

−1.5 −1 −0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 69\%$, $p = 0.07$