Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Sahin et al.	−1.0764	0.6201		−1.08	[−2.29; 0.14]	6.9%
Feng et al.	−1.0346	0.6945		−1.03	[−2.40; 0.33]	5.5%
Spick et al.	−0.2329	0.4301		−0.23	[−1.08; 0.61]	14.2%
Babacic et al.	−0.1289	0.4395		−0.13	[−0.99; 0.73]	13.6%
Shen et al.	−0.1266	0.2394		−0.13	[−0.60; 0.34]	46.0%
Di et al.	0.2924	0.5742		0.29	[−0.83; 1.42]	8.0%
Byeon et al.	0.9193	0.6722		0.92	[−0.40; 2.24]	5.8%
Random effects model				**−0.16**	**[−0.48; 0.16]**	**100.0%**
Prediction interval					**[−0.58; 0.26]**	

Heterogeneity: $I^2 = 15\%$, $p = 0.32$