Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.93	0.6020		−2.93	[−4.11; −1.75]	44.5%
Zhang et al.	−1.26	0.2313		−1.26	[−1.71; −0.81]	55.5%
Random effects model				**−2.00**	**[−3.64; −0.37]**	**100.0%**

Heterogeneity: $I^2 = 85\%$, $p < 0.01$

−4 −2 0 2 4