Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−1.3444	0.4498		−1.34	[−2.23; −0.46]	5.1%
Shu–Validation et al.	−0.4519	0.5018		−0.45	[−1.44; 0.53]	4.1%
Sahin et al.	−0.3052	0.6482		−0.31	[−1.58; 0.97]	2.4%
Di et al.	−0.2806	0.4001		−0.28	[−1.06; 0.50]	6.4%
Overmyer et al.	−0.0191	0.2164		−0.02	[−0.44; 0.41]	21.9%
Geyer et al.	−0.0051	0.2022		−0.01	[−0.40; 0.39]	25.1%
Shen et al.	0.0611	0.2392		0.06	[−0.41; 0.53]	17.9%
Byeon et al.	0.0825	0.3087		0.08	[−0.52; 0.69]	10.8%
Messner–Validation et al.	0.2605	0.5413		0.26	[−0.80; 1.32]	3.5%
Feng et al.	0.6677	0.5959		0.67	[−0.50; 1.84]	2.9%
Random effects model				**−0.07**	**[−0.27; 0.13]**	**100.0%**
Prediction interval					**[−0.30; 0.16]**	

−2 −1 0 1 2

Heterogeneity: $I^2 = 23\%$, $p = 0.24$