Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Spick et al.	−0.9922	0.4398		−0.99	[−1.85; −0.13]	23.5%
Geyer et al.	−0.1554	0.2851		−0.16	[−0.71; 0.40]	27.1%
Babacic et al.	0.3805	0.4424		0.38	[−0.49; 1.25]	23.4%
Byeon et al.	1.1235	0.3329		1.12	[0.47; 1.78]	26.0%
Random effects model				**0.11**	**[−0.76; 0.97]**	**100.0%**
Prediction interval					**[−3.81; 4.03]**	

−4   −2   0   2   4

Heterogeneity: $I^2 = 82\%$, $p < 0.01$