Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−1.08	0.4368		−1.08	[−1.93; −0.22]	7.0%
Zhang et al.	−0.80	0.2148		−0.80	[−1.22; −0.38]	9.9%
Suvarna et al.	−0.64	0.2693		−0.64	[−1.16; −0.11]	9.2%
Sullivan et al.	−0.03	0.2153		−0.03	[−0.45; 0.39]	9.9%
Di et al.	0.05	0.3788		0.05	[−0.70; 0.79]	7.7%
Overmyer et al.	0.17	0.2167		0.17	[−0.25; 0.60]	9.9%
Babacic et al.	0.19	0.4399		0.19	[−0.68; 1.05]	6.9%
Messner–Validation et al.	0.41	0.2199		0.41	[−0.02; 0.84]	9.9%
Messner–Discovery et al.	0.54	0.2131		0.54	[0.13; 0.96]	9.9%
Geyer et al.	0.73	0.1923		0.73	[0.35; 1.11]	10.2%
Shen et al.	0.77	0.2481		0.77	[0.29; 1.26]	9.5%
Random effects model				**0.06**	**[−0.30; 0.42]**	**100.0%**
Prediction interval					**[−1.24; 1.36]**	

Heterogeneity: $I^2 = 82\%$, $p < 0.01$

−1.5 −1 −0.5 0 0.5 1 1.5