Study	y SMD SE(SMD)		Difference		SMD	95%-CI	Weight
Suvarna et al. Shu–Validation et al.	-0.1223 0.7046	0.3729 0.5077	-	-		[-0.85; 0.61] [-0.29; 1.70]	
Random effects mode	el				0.22	[-0.58; 1.02]	100.0%

Standardised Mean

-1.5 -1 -0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 42\%$, p = 0.19