Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.45	0.5266		−0.45	[−1.48; 0.58]	43.9%
Babacic et al.	0.37	0.4422		0.37	[−0.50; 1.24]	56.1%
Random effects model				**0.01**	**[−0.79; 0.81]**	**100.0%**

Heterogeneity: $I^2 = 30\%$, $p = 0.23$