| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%–CI | Weight |
|---|---|---|---|---|---|---|
| Shu–Validation et al. | −2.5518 | 0.6174 | | −2.55 | [−3.76; −1.34] | 9.9% |
| Shu–Discovery et al. | −2.2278 | 0.5078 | | −2.23 | [−3.22; −1.23] | 11.1% |
| Babacic et al. | −1.9688 | 0.5188 | | −1.97 | [−2.99; −0.95] | 11.0% |
| Di et al. | −0.8647 | 0.4146 | | −0.86 | [−1.68; −0.05] | 12.2% |
| Sahin et al. | −0.4395 | 0.8318 | | −0.44 | [−2.07; 1.19] | 7.7% |
| Shen et al. | −0.3783 | 0.2674 | | −0.38 | [−0.90; 0.15] | 13.7% |
| Byeon et al. | −0.2398 | 0.3937 | | −0.24 | [−1.01; 0.53] | 12.4% |
| Feng et al. | −0.1714 | 0.5786 | | −0.17 | [−1.31; 0.96] | 10.3% |
| Suvarna et al. | 0.1592 | 0.4589 | | 0.16 | [−0.74; 1.06] | 11.7% |
| | | | | | | |
| **Random effects model** | | | | **−0.94** | **[−1.58; −0.29]** | **100.0%** |
| **Prediction interval** | | | | | **[−3.09; 1.22]** | |

Heterogeneity: $I^2$ = 74%, $p < 0.01$