Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Shu–Validation et al.	−3.1212	1.0360		−3.12	[−5.15; −1.09]	28.8%
Shu–Discovery et al.	−2.0741	0.5496		−2.07	[−3.15; −1.00]	34.6%
Byeon et al.	0.6789	0.3177		0.68	[0.06; 1.30]	36.6%
Random effects model				**−1.37**	**[−3.62; 0.88]**	**100.0%**
Prediction interval					**[−29.28; 26.54]**	

−20 −10 0 10 20

Heterogeneity: $I^2 = 93\%$, $p < 0.01$