Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.2561	0.7466		−2.26	[−3.72; −0.79]	22.2%
Shen et al.	0.0796	0.4176		0.08	[−0.74; 0.90]	27.8%
Byeon et al.	0.1129	0.5004		0.11	[−0.87; 1.09]	26.5%
Di et al.	1.0943	0.6662		1.09	[−0.21; 2.40]	23.6%
Random effects model				**−0.19**	**[−1.46; 1.08]**	**100.0%**
Prediction interval					**[−5.89; 5.51]**	

Heterogeneity: $I^2 = 75\%$, $p < 0.01$