Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−1.56	0.4618		−1.56	[−2.46; −0.65]	8.0%
Babacic et al.	−1.04	0.4630		−1.04	[−1.95; −0.14]	8.0%
Messner−Validation et al.	−1.01	0.2466		−1.01	[−1.50; −0.53]	10.7%
Suvarna et al.	−0.91	0.5117		−0.91	[−1.91; 0.09]	7.4%
Zhang et al.	−0.49	0.2391		−0.49	[−0.96; −0.02]	10.8%
Geyer et al.	0.15	0.2118		0.15	[−0.26; 0.57]	11.1%
Shen et al.	0.15	0.2395		0.15	[−0.32; 0.62]	10.8%
Sullivan et al.	0.25	0.2160		0.25	[−0.18; 0.67]	11.1%
Messner−Discovery et al.	0.39	0.2179		0.39	[−0.04; 0.82]	11.0%
Overmyer et al.	0.45	0.2183		0.45	[0.03; 0.88]	11.0%
Random effects model				**−0.28**	**[−0.71; 0.15]**	**100.0%**
Prediction interval					**[−1.80; 1.24]**	
Heterogeneity: $I^2 = 82\%$, $p < 0.01$						