Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	0.19	0.5788		0.19	[−0.95; 1.32]	36.8%
Babacic et al.	0.35	0.4418		0.35	[−0.52; 1.21]	63.2%
Random effects model				**0.29**	**[−0.40; 0.98]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.83$

−1 −0.5 0 0.5 1