Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%−CI	Weight
Byeon et al.	−0.9901	0.5332		−0.99	[−2.04; 0.05]	8.2%
Spick et al.	−0.2649	0.2764		−0.26	[−0.81; 0.28]	30.4%
Overmyer et al.	−0.1808	0.2167		−0.18	[−0.61; 0.24]	49.5%
Babacic et al.	0.3887	0.4425		0.39	[−0.48; 1.26]	11.9%
Random effects model				**−0.20**	**[−0.50; 0.09]**	**100.0%**
Prediction interval					**[−0.86; 0.45]**	

Heterogeneity: $I^2 = 26\%$, $p = 0.26$