

Heterogeneity: $I^2 = 89\%$, p < 0.01

Study

Byeon et al.

Sullivan et al.

Shu-Validation et al.

SMD SE(SMD)

0.3128

0.2194

0.4977

-0.4569

-0.3152

-0.0752

SMD

-0.46 [-1.07; 0.16]

-0.32 [-0.75; 0.11]

95%-CI Weight

17.1%

17.4%

16.4%

17.4%

16.8%

14.9%

Standardised Mean

Difference

4

6

2

0