Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.91	0.5143		−1.91	[−2.92; −0.90]	45.9%
Shen et al.	−1.11	0.4604		−1.11	[−2.01; −0.21]	54.1%
Random effects model				**−1.47**	**[−2.26; −0.69]**	**100.0%**

Heterogeneity: $I^2 = 25\%$, $p = 0.25$

−2 −1 0 1 2