Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.23	0.3344		−0.23	[−0.88; 0.43]	19.8%
Di et al.	−0.17	0.3879		−0.17	[−0.93; 0.59]	18.3%
Babacic et al.	0.80	0.4533		0.80	[−0.09; 1.69]	16.5%
Sullivan et al.	1.00	0.2266		1.00	[0.56; 1.45]	22.7%
Overmyer et al.	1.18	0.2287		1.18	[0.73; 1.63]	22.7%
Random effects model				**0.55**	**[−0.04; 1.15]**	**100.0%**
Prediction interval					**[−1.57; 2.68]**	

Heterogeneity: $I^2 = 79\%$, $p < 0.01$