Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−1.58	0.4402		−1.58	[−2.44; −0.71]	14.9%
Shu et al.	−1.51	0.4822		−1.51	[−2.45; −0.56]	13.0%
Shen et al.	−0.98	0.2809		−0.98	[−1.53; −0.43]	25.8%
Babacic et al.	−0.92	0.4577		−0.92	[−1.82; −0.02]	14.1%
Overmyer et al.	−0.57	0.2193		−0.57	[−1.00; −0.14]	32.2%
Random effects model				**−1.00**	**[−1.39; −0.60]**	**100.0%**
Prediction interval					**[−2.09; 0.10]**	

Heterogeneity: $I^2 = 37\%$, $p = 0.18$

−2 −1 0 1 2