Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.4155	0.6570		−1.42	[−2.70; −0.13]	17.2%
Spick et al.	−0.1369	0.3487		−0.14	[−0.82; 0.55]	36.5%
Suvarna et al.	0.2329	0.5540		0.23	[−0.85; 1.32]	21.8%
Byeon et al.	0.4184	0.5061		0.42	[−0.57; 1.41]	24.5%
Random effects model				**−0.14**	**[−0.76; 0.48]**	**100.0%**
Prediction interval					**[−2.31; 2.03]**	

Heterogeneity: I^2 = 45%, p = 0.14