Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.74	0.6002		−0.74	[−1.92; 0.43]	41.8%
Babacic et al.	0.26	0.4407		0.26	[−0.60; 1.13]	58.2%
Random effects model				**−0.16**	**[−1.13; 0.82]**	**100.0%**

Heterogeneity: $I^2 = 45\%$, $p = 0.18$

−1.5 −1 −0.5 0 0.5 1 1.5