Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.51	0.5626		−2.51	[−3.61; −1.40]	49.1%
Shu et al.	−0.09	0.4567		−0.09	[−0.99; 0.80]	50.9%
Random effects model				**−1.28**	**[−3.64; 1.09]**	**100.0%**

Heterogeneity: $I^2 = 91\%$, $p < 0.01$

−3 −2 −1 0 1 2 3