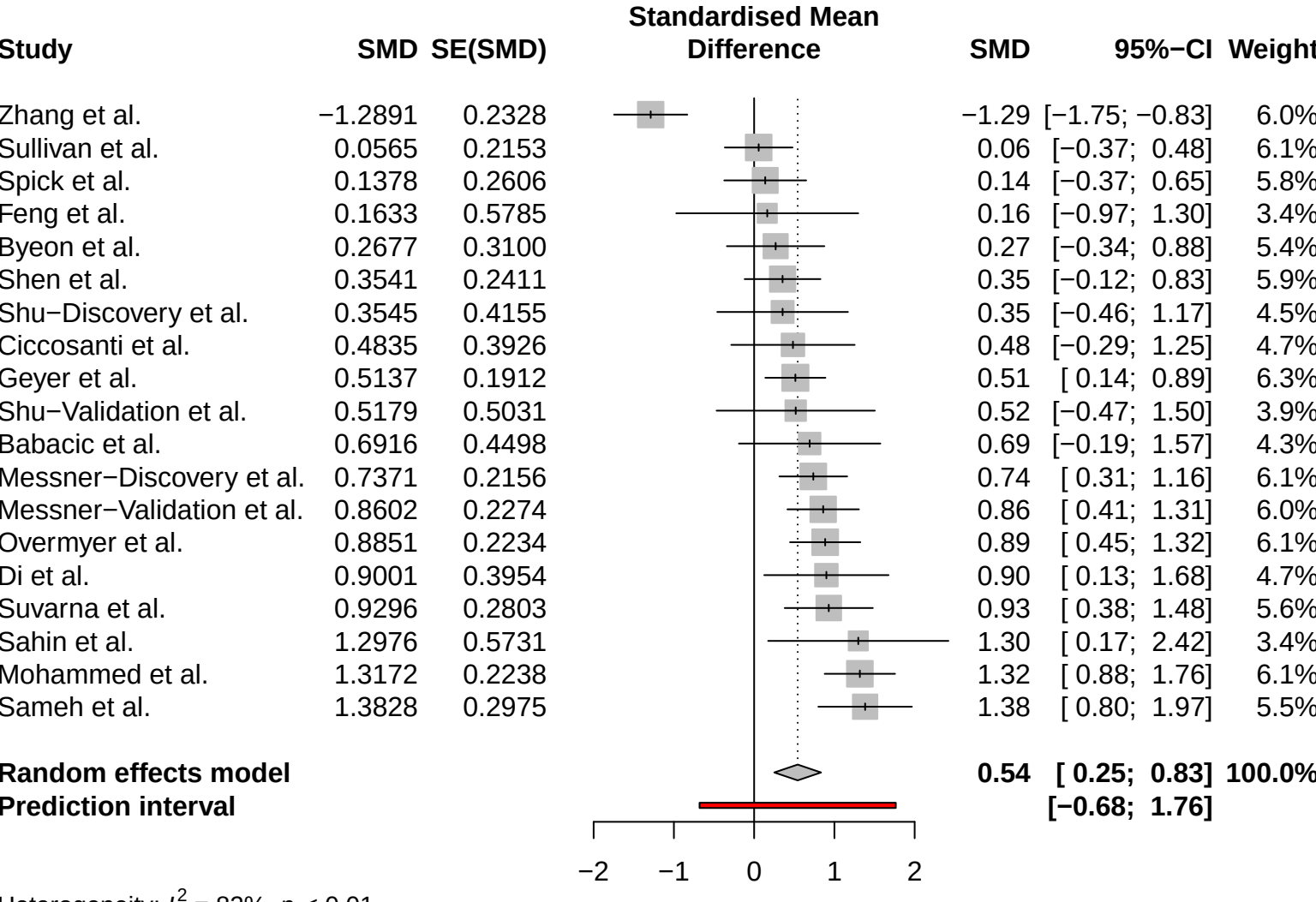

Heterogeneity: I^2 = 82%, p < 0.01