Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Feng et al.	−0.6183	0.5933		−0.62	[−1.78; 0.54]	6.6%
Byeon et al.	−0.3319	0.3951		−0.33	[−1.11; 0.44]	13.6%
Di et al.	−0.1105	0.4633		−0.11	[−1.02; 0.80]	10.3%
Shen et al.	0.0075	0.2391		0.01	[−0.46; 0.48]	29.0%
Babacic et al.	0.1850	0.4399		0.19	[−0.68; 1.05]	11.3%
Spick et al.	0.5220	0.4153		0.52	[−0.29; 1.34]	12.5%
Suvarna et al.	0.7326	0.3478		0.73	[0.05; 1.41]	16.7%
Random effects model				**0.11**	**[−0.20; 0.43]**	**100.0%**
Prediction interval					**[−0.49; 0.72]**	

Heterogeneity: $I^2 = 19\%$, $p = 0.29$