| Study | TE | seTE | Standardised Mean Difference | SMD | 95%–CI | Weight |
|--------|------|--------|------------------------------|--------|----------------|--------|
| Suvarna et al. | −0.77 | 0.6171 | | −0.77 | [−1.98; 0.44] | 43.8% |
| Babacic et al. | 0.45 | 0.4436 | | 0.45 | [−0.42; 1.32] | 56.2% |
| **Random effects model** | | | | **−0.09** | **[−1.27; 1.10]** | **100.0%** |

Heterogeneity: $I^2 = 61\%$, $p = 0.11$

−1　0　1