Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Byeon et al.	−0.7234	0.5180		−0.72	[−1.74; 0.29]	25.6%
Spick et al.	−0.2926	0.3034		−0.29	[−0.89; 0.30]	74.4%
Random effects model				**−0.40**	**[−0.92; 0.11]**	**100.0%**

-1.5 -1 -0.5 0 0.5 1 1.5

Heterogeneity: $I^2 = 0\%$, $p = 0.47$