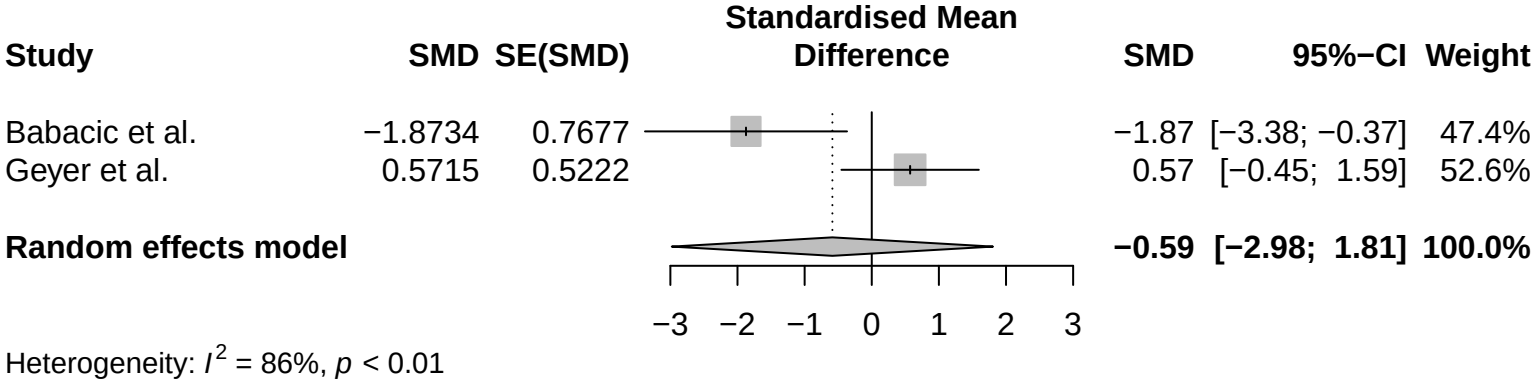

Heterogeneity: I^2 = 86%, p < 0.01