| Study | SMD | SE(SMD) | Standardised Mean Difference | SMD | 95%-CI | Weight |
|-------|-----|---------|------------------------------|-----|--------|--------|
| Byeon et al. | −1.2773 | 0.5541 | | −1.28 | [−2.36; −0.19] | 47.1% |
| Suvarna et al. | 0.2420 | 0.4170 | | 0.24 | [−0.58; 1.06] | 52.9% |
| **Random effects model** | | | | **−0.47** | **[−1.96; 1.01]** | **100.0%** |



Heterogeneity: $I^2$ = 79%, $p$ = 0.03