Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.71	0.3043		−0.71	[−1.31; −0.11]	20.6%
Overmyer et al.	0.20	0.2168		0.20	[−0.23; 0.62]	20.9%
Suvarna et al.	0.28	0.3547		0.28	[−0.41; 0.98]	20.4%
Babacic et al.	1.87	0.5117		1.87	[0.87; 2.88]	19.6%
Shu et al.	4.07	0.6795		4.07	[2.74; 5.40]	18.5%
Random effects model				**1.07**	**[−0.52; 2.66]**	**100.0%**
Prediction interval					**[−5.09; 7.23]**	

Heterogeneity: $I^2 = 92\%$, $p < 0.01$