

-1.5 -1 -0.5

SMD SE(SMD)

0.2249

0.2220

0.5018

0.3886

-0.9786

-0.7686

-0.4506

-0.2362

Study

Overmyer et al.

Ciccosanti et al.

Shu-Validation et al.

Heterogeneity: $I^2 = 81\%$, p < 0.01

Sullivan et al.

Standardised Mean

Difference

0

0.5

1.5

SMD

-0.98 [-1.42; -0.54]

-0.77 [-1.20; -0.33]

-0.45 [-1.43; 0.53]

-0.24 [-1.00; 0.53]

95%-CI Weight

14.4%

14.4%

9.3%

11.3%