Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu–Discovery et al.	−4.5678	0.9295		−4.57	[−6.39; −2.75]	47.9%
Byeon et al.	−0.3227	0.3107		−0.32	[−0.93; 0.29]	52.1%
Random effects model				**−2.35**	**[−6.51; 1.80]**	**100.0%**

Heterogeneity: $I^2 = 95\%$, $p < 0.01$