Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.6894	0.4991		−1.69	[−2.67; −0.71]	26.7%
Shen et al.	−0.4633	0.2643		−0.46	[−0.98; 0.05]	40.2%
Suvarna et al.	−0.3541	0.3814		−0.35	[−1.10; 0.39]	33.1%
Random effects model				**−0.75**	**[−1.49; −0.02]**	**100.0%**
Prediction interval					**[−9.05; 7.54]**	

−5   0   5

Heterogeneity: $I^2 = 63\%$, $p = 0.07$