Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−0.88	0.4563		−0.88	[−1.78; 0.01]	48.0%
Shen et al.	0.12	0.4086		0.12	[−0.68; 0.92]	52.0%
Random effects model				**−0.36**	**[−1.34; 0.62]**	**100.0%**

Heterogeneity: $I^2 = 63\%$, $p = 0.10$

−1.5 −1 −0.5 0 0.5 1 1.5