Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shen et al.	−0.8643	0.6082		−0.86	[−2.06; 0.33]	34.8%
Babacic et al.	−0.4601	0.4439		−0.46	[−1.33; 0.41]	65.2%
Random effects model				**−0.60**	**[−1.30; 0.10]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.59$