Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Byeon et al.	−1.9475	0.6185		−1.95	[−3.16; −0.74]	53.8%
Suvarna et al.	−0.0109	0.8165		−0.01	[−1.61; 1.59]	46.2%
Random effects model				**−1.05**	**[−2.94; 0.84]**	**100.0%**

−3 −2 −1 0 1 2 3

Heterogeneity: I^2 = 72%, p = 0.06