Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Messner–Validation et al.	−0.61	0.2226		−0.61	[−1.05; −0.17]	10.4%
Shu et al.	−0.54	0.4190		−0.54	[−1.36; 0.28]	5.3%
Overmyer et al.	−0.16	0.2167		−0.16	[−0.58; 0.26]	10.6%
Geyer et al.	−0.15	0.1900		−0.15	[−0.52; 0.22]	11.6%
Shen et al.	−0.04	0.2392		−0.04	[−0.51; 0.43]	9.8%
Di et al.	−0.02	0.3788		−0.02	[−0.77; 0.72]	6.1%
Zhang et al.	0.01	0.2065		0.01	[−0.40; 0.41]	11.0%
Sullivan et al.	0.01	0.2153		0.01	[−0.41; 0.44]	10.7%
Suvarna et al.	0.04	0.2639		0.04	[−0.47; 0.56]	9.0%
Babacic et al.	0.47	0.4442		0.47	[−0.40; 1.35]	4.9%
Messner–Discovery et al.	0.76	0.2162		0.76	[0.33; 1.18]	10.6%
Random effects model				**−0.02**	**[−0.25; 0.21]**	**100.0%**
Prediction interval					**[−0.72; 0.68]**	

Heterogeneity: $I^2 = 58\%$, $p < 0.01$