Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%-CI	Weight
Byeon et al.	−0.2538	0.5022		−0.25	[−1.24; 0.73]	29.4%
Spick et al.	0.3980	0.2772		0.40	[−0.15; 0.94]	70.6%
Random effects model				**0.21**	**[−0.38; 0.79]**	**100.0%**

−1   −0.5   0   0.5   1

Heterogeneity: $I^2 = 23\%$, $p = 0.26$