Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Zhang et al.	−1.68	0.4423		−1.68	[−2.55; −0.81]	9.6%
Shen et al.	−1.02	0.2545		−1.02	[−1.52; −0.52]	12.0%
Babacic et al.	−0.61	0.4475		−0.61	[−1.49; 0.26]	9.6%
Shu et al.	−0.55	0.4193		−0.55	[−1.37; 0.27]	9.9%
Sullivan et al.	−0.15	0.2190		−0.15	[−0.58; 0.28]	12.4%
Geyer et al.	0.27	0.1942		0.27	[−0.11; 0.65]	12.6%
Overmyer et al.	0.31	0.2173		0.31	[−0.12; 0.73]	12.4%
Suvarna et al.	0.59	0.3921		0.59	[−0.18; 1.36]	10.3%
Messner−Validation et al.	0.70	0.3130		0.70	[0.09; 1.31]	11.3%
Random effects model				**−0.21**	**[−0.70; 0.29]**	**100.0%**
Prediction interval					**[−1.94; 1.53]**	

Heterogeneity: $I^2 = 82\%$, $p < 0.01$