Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−3.1728	0.6254		−3.17	[−4.40; −1.95]	31.0%
Di et al.	−0.6880	0.3886		−0.69	[−1.45; 0.07]	34.2%
Shen et al.	−0.1903	0.3390		−0.19	[−0.85; 0.47]	34.8%
Random effects model				**−1.29**	**[−3.03; 0.46]**	**100.0%**
Prediction interval					**[−23.17; 20.60]**	

−20 −10 0 10 20

Heterogeneity: I^2 = 89%, $p < 0.01$