Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Shu−Discovery et al.	−1.9804	0.4894		−1.98	[−2.94; −1.02]	11.0%
Shu−Validation et al.	−1.0850	0.5213		−1.09	[−2.11; −0.06]	10.7%
Overmyer et al.	−0.7631	0.2216		−0.76	[−1.20; −0.33]	13.5%
Sullivan et al.	−0.2604	0.2161		−0.26	[−0.68; 0.16]	13.6%
Byeon et al.	−0.0365	0.3086		−0.04	[−0.64; 0.57]	12.8%
Ciccosanti et al.	0.0201	0.3873		0.02	[−0.74; 0.78]	12.1%
Sameh et al.	0.8214	0.2781		0.82	[0.28; 1.37]	13.1%
Suvarna et al.	1.0591	0.2787		1.06	[0.51; 1.61]	13.1%
Random effects model				**−0.23**	**[−0.89; 0.43]**	**100.0%**
Prediction interval					**[−2.56; 2.11]**	

Heterogeneity: $I^2 = 88\%$, $p < 0.01$