Study	TE	seTE	Standardised Mean Difference	SMD	95%-CI	Weight
Shu et al.	−1.43	0.4545		−1.43	[−2.32; −0.54]	22.1%
Di et al.	−0.61	0.3866		−0.61	[−1.37; 0.15]	24.9%
Shen et al.	−0.21	0.2657		−0.21	[−0.73; 0.31]	30.3%
Babacic et al.	0.30	0.4411		0.30	[−0.57; 1.16]	22.6%
Random effects model				**−0.47**	**[−1.12; 0.19]**	**100.0%**
Prediction interval					**[−3.21; 2.28]**	

Heterogeneity: $I^2 = 65\%$, $p = 0.04$