Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.87	0.7013		−1.87	[−3.24; −0.49]	46.9%
Di et al.	0.40	0.4121		0.40	[−0.41; 1.21]	53.1%
Random effects model				**−0.66**	**[−2.88; 1.56]**	**100.0%**

Heterogeneity: $I^2 = 87\%$, $p < 0.01$

−3 −2 −1 0 1 2 3