Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Shu et al.	−4.57	0.9295		−4.57	[−6.39; −2.75]	31.7%
Babacic et al.	−2.33	0.5477		−2.33	[−3.41; −1.26]	34.4%
Shen et al.	0.74	0.6298		0.74	[−0.49; 1.98]	33.9%
Random effects model				**−2.00**	**[−4.98; 0.98]**	**100.0%**
Prediction interval					**[−39.56; 35.56]**	

Heterogeneity: $I^2 = 92\%$, $p < 0.01$

−20   0   20