Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−1.2584	0.4733		−1.26	[−2.19; −0.33]	56.6%
Shen et al.	−0.2091	0.6075		−0.21	[−1.40; 0.98]	43.4%
Random effects model				**−0.80**	**[−1.82; 0.22]**	**100.0%**

Heterogeneity: I^2 = 46%, p = 0.17