Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Byeon et al.	−1.7471	0.5973		−1.75	[−2.92; −0.58]	35.8%
Tepasse et al.	−1.5346	0.4462		−1.53	[−2.41; −0.66]	64.2%
Random effects model				**−1.61**	**[−2.31; −0.91]**	**100.0%**

Heterogeneity: $I^2 = 0\%$, $p = 0.78$