Study	SMD SE(SMD)	Standardised Mean Difference SMD	95%-CI Weight
Spick et al. Zhang et al.	0.1830 0.3530 0.4516 0.2091		-0.51; 0.87] 26.0% [0.04; 0.86] 74.0%
Random effects model		0.38 [0.03; 0.73] 100.0%
		-0.5 0 0.5	

Heterogeneity: $I^2 = 0\%$, p = 0.51