Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Babacic et al.	−2.0824	0.5275		−2.08	[−3.12; −1.05]	48.8%
Shen et al.	0.0165	0.4174		0.02	[−0.80; 0.83]	51.2%
Random effects model				**−1.01**	**[−3.06; 1.05]**	**100.0%**

Heterogeneity: $I^2 = 90\%$, $p < 0.01$