Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Spick et al.	−0.0839	0.3133		−0.08	[−0.70; 0.53]	38.1%
Byeon et al.	−0.0619	0.5001		−0.06	[−1.04; 0.92]	30.6%
Babacic et al.	1.4244	0.4825		1.42	[0.48; 2.37]	31.3%
Random effects model				**0.39**	**[−0.56; 1.35]**	**100.0%**
Prediction interval					**[−10.67; 11.46]**	

−10   −5   0   5   10

Heterogeneity: $I^2 = 73\%$, $p = 0.02$