Study	SMD	SE(SMD)	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.7894	0.3160		−0.79	[−1.41; −0.17]	24.0%
Overmyer et al.	0.2191	0.2169		0.22	[−0.21; 0.64]	27.8%
Sullivan et al.	0.3241	0.2165		0.32	[−0.10; 0.75]	27.8%
Byeon et al.	0.7716	0.4075		0.77	[−0.03; 1.57]	20.5%
Random effects model				**0.12**	**[−0.48; 0.72]**	**100.0%**
Prediction interval					**[−2.53; 2.77]**	

Heterogeneity: $I^2 = 75\%$, $p < 0.01$