Study	TE	seTE	Standardised Mean Difference	SMD	95%–CI	Weight
Suvarna et al.	−0.30	0.5694		−0.30	[−1.42; 0.81]	44.8%
Babacic et al.	0.77	0.4522		0.77	[−0.12; 1.66]	55.2%
Random effects model				**0.29**	**[−0.76; 1.34]**	**100.0%**

Heterogeneity: $I^2 = 54\%$, $p = 0.14$

−1.5 −1 −0.5 0 0.5 1 1.5