

*a social ministry dedicated to single women***Rise & Shine Nepal****| e-updates |**

Jan / March 2023

## Single women visit

Visiting single women and encouraging them is a regular work of Rise and Shine Nepal. Our Executive Director Sabina Chamling has been visiting many single women and encouraging them with her visit and prayers. During this visits she found many single women are emotionally weak and physically sick. So she provide them medical support from Rise and Shine Nepal and encourage them to join single women saving and credit group. Some of them are coming in the group and they are really happy after hearing other women's story of what they have gone through.



## Interaction program

As we know our single women are facing many social and legal problems from society and family. Considering this we organized an interaction program with the local government, Lawyer and community police. In this program our single women got chance to put forth their



problem to 14 no ward chairperson, community police and women advocate Miss Shusila Chaudhari. And they got the way to solve their problem and the ward president promised them to help them to solve their problem as he can. And one of the single women got a recommendation from the ward for her health treatment.



## International Day celebration

We Rise and shine Nepal ( Kin Nepal, Change action Nepal, One love one world) have celebrated 113th international women's day with Local government ( Ward 14 lalitpur) in the theme of "Digital innovation & technology for gender equality". 50 single women participated from different single women groups. Main purpose of this program was to educate single women about the new laws of Nepal and to appreciate elderly women of the society, social worker women etc.



## Single women retreat

On 11th march 2023 RS Nepal organized a single women retreat at Godavari botanical garden. Our single women suffer from many challenges though they are trying to live better lives for their children and doing hard work to fulfill their basic needs. On this retreat we encourage them through the word of God, make prayer partner to each single women for sharing. and refresh them through different fun games.





### **Prayer Items:**

- Upcoming events.
- Safety of the single women and their children who are under domestic and various social abuse and violence.
- Sustainability of the organization so that we could serve more single women those who are in need indeed.
- RS Nepal team members.
- RSN land & building project.

### **Praise Item:**

- We thank God Almighty for His provisions.
- We thank you all our national / Int'l partners / stakeholders for believing in us and opening your heart for serving the single women of Nepal.

## Charity Sale

With Coordination of Local government ward 14 office, on 7th January 2023 Rise and shine Nepal organized a charity sale. The purpose of this sale was earning for sustainability and encouraging local entrepreneurs to involve in social work. In this program different origination was there to sell their product and promote their organizations. It was held at Nakhipot basketball ground. And some of our single women were there to volunteer on this sale and some were self entrepreneurs to sell their product too.



Lalitpur -14, Nakhipot  
GPO Box 8975, EPC 1329, Lalitpur, Nepal  
Email: [rsnepal.org@gmail.com](mailto:rsnepal.org@gmail.com)  
Tel. +977-1-5170065, Mobile: 9808581603  
Facebook: [www.facebook.com/rsnepal.org](https://www.facebook.com/rsnepal.org)  
Url: [www.rsnepal.org.np](http://www.rsnepal.org.np)



## Louder Than Words !



*Face painting in charity sale*



*RSN office visited by Local government officers.*



*Our single women enjoying their coloring season during international day celebration*



*Single women happy movemet*