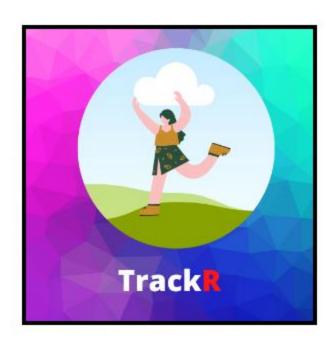
4:02 all 🖘 🔤



Loading... 💥

Ver 2.0

4:02 all 🖘 📰

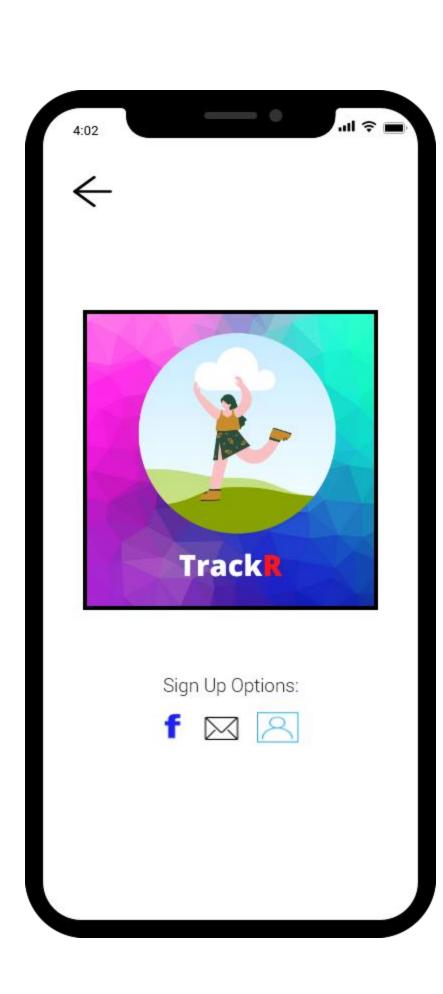


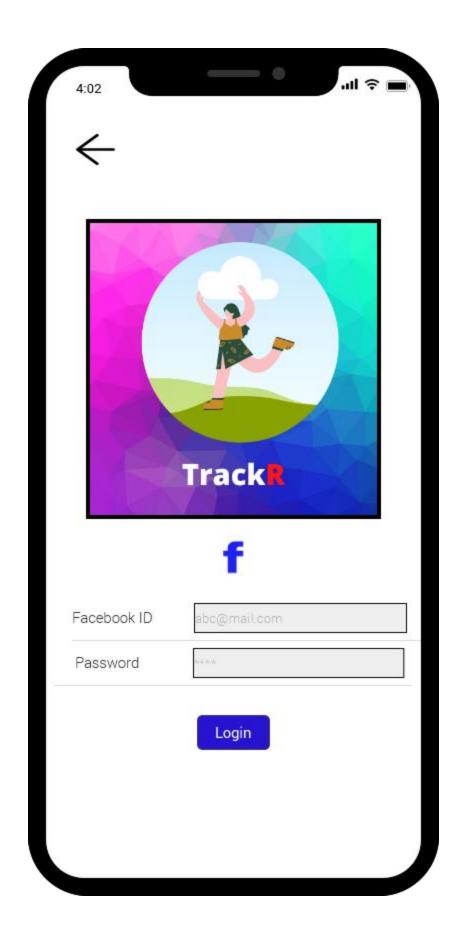
Login

Don't have an Account?

Sign up

Ver 2.0

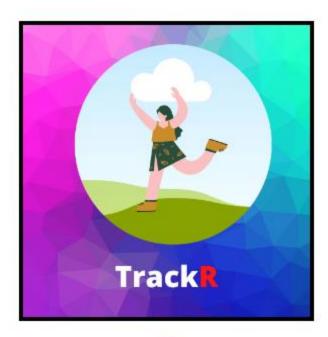




4:02





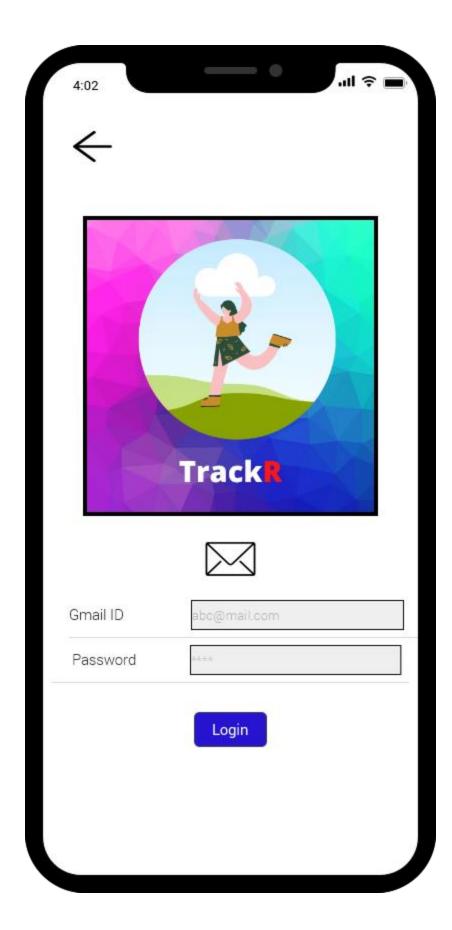




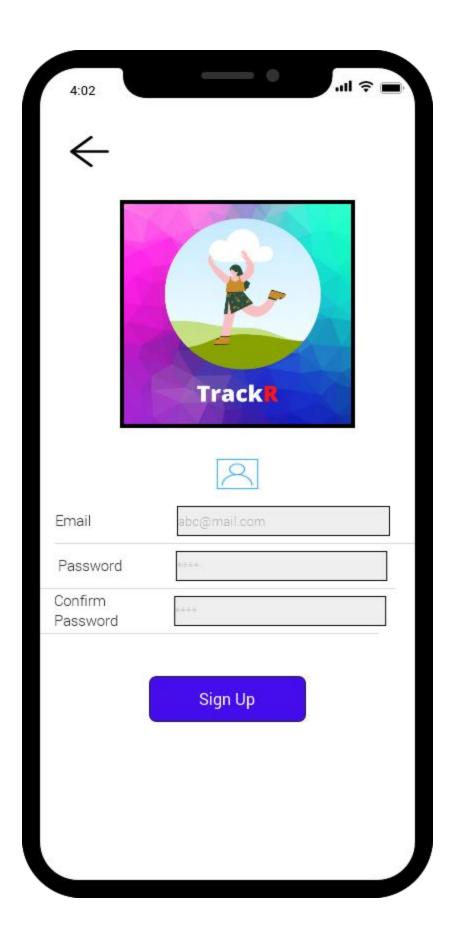
TrackR want to sign facebook.
Allow the app to share information.

Dont' Allow

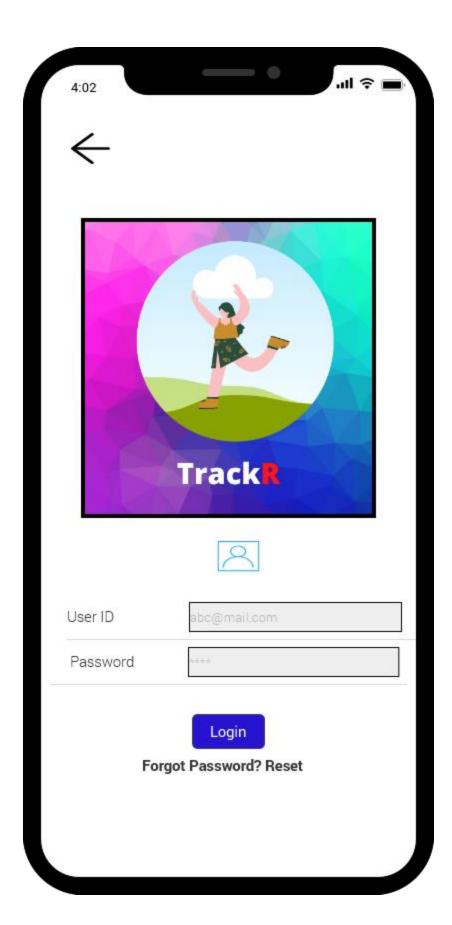
OK

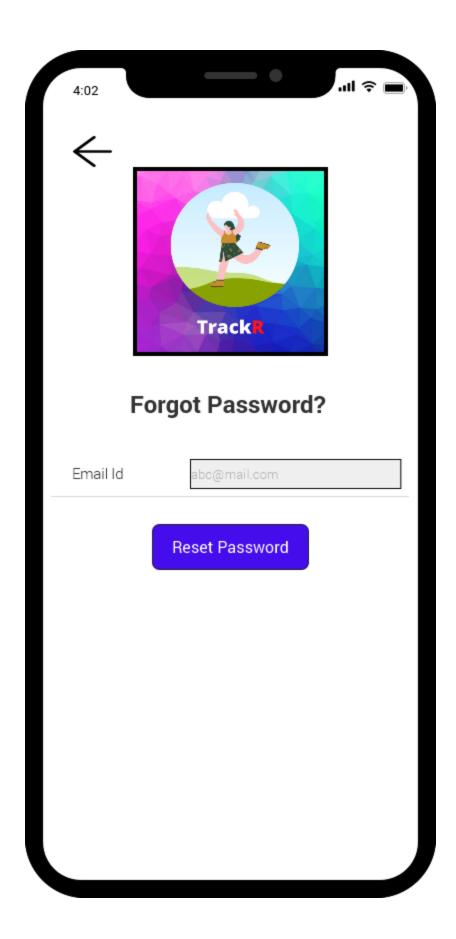


Track<sub>R</sub> Allow Gmail to Sign up TrackR Dont' Allow ОК











Exercise/ Diet Plan



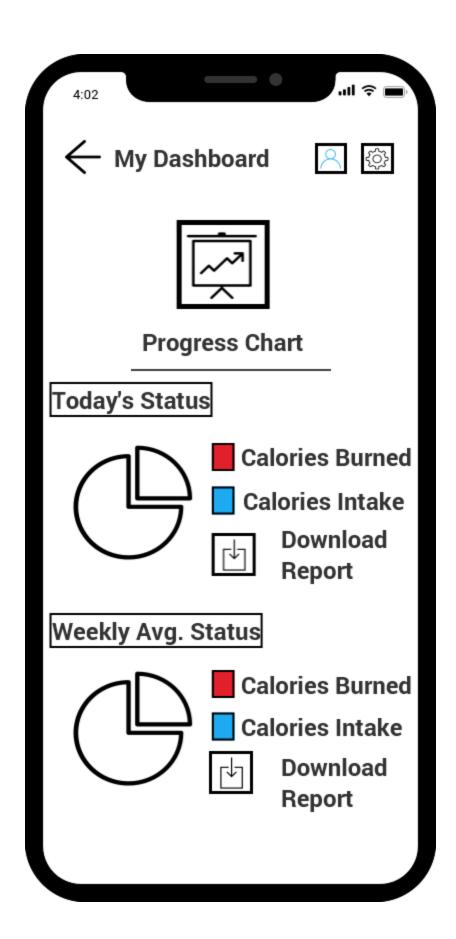
Goals

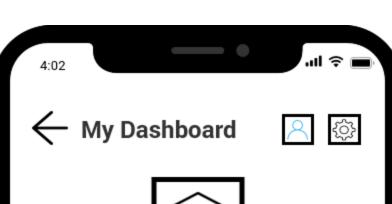
**Today's Status** 

Distance Covered 6.5 KM..

Calories Burnes 800 Cal

Time 1:30







## **Achievements**

- **18000** steps
- 80km Cycling
- You lose 10kg

**Today's Achivement** 

You Burned

660 Cal

**Continuous Walking** 

2.3 km

**Exercise Time** 

90 min





← My Dashboard





매 🗢 🕳



## **Exercise Plan**

Walking



Cycling



**Swimming** 



Workout



**Diet Plan** 

Water

4 ltr.

**Eggs** 

Vegetables Spinach,

Cauliflower, Sweet potato

