																Ī		1.0
daily_load -	1.0	0.7	0.7	0.6	0.6	0.3	0.6	0.5	0.1	0.1	0.2	0.1	0.0	0.1	0.0			
atl-	0.7	1.0	1.0	0.9	0.9	0.4	0.9	0.8	-0.0	0.1	0.1	0.0	0.0	-0.0	0.1			
weekly_load -	0.7	1.0	1.0	0.9	0.9	0.4	0.9	0.8	-0.0	0.1	0.1	0.0	0.0	-0.0	0.1		-	8.0
monotony -	0.6	0.9	0.9	1.0	0.9	0.3	0.8	0.8	0.0	-0.0	0.1	0.0	0.0	-0.0	0.0			
strain -	0.6	0.9	0.9	0.9	1.0	0.3	0.8	0.8	-0.0	0.1	0.1	0.0	0.0	-0.0	0.1			
acwr-	0.3	0.4	0.4	0.3	0.3	1.0	-0.0	-0.2	-0.0	0.1	0.0	0.0	0.1	-0.0	0.0		-	0.6
ctl28 -	0.6	0.9	0.9	0.8	0.8	-0.0	1.0	1.0	-0.0	0.0	0.1	0.0	0.0	-0.0	0.1			
ctl42 -	0.5	0.8	0.8	0.8	0.8	-0.2	1.0	1.0	0.0	-0.0	0.1	0.0	0.0	-0.0	0.0			0.4
fatigue -	0.1	-0.0	-0.0	0.0	-0.0	-0.0	-0.0	0.0	1.0	0.3	0.4	0.2	0.3	0.5	0.3			
mood -	0.1	0.1	0.1	-0.0	0.1	0.1	0.0	-0.0	0.3	1.0	0.1	-0.0	0.3	0.2	0.6			
readiness -	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.4	0.1	1.0	0.2	0.2	0.3	0.1		_	0.2
sleep-duration -	0.1	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	-0.0	0.2	1.0	0.3	0.0	0.0			
sleep-quality -	0.0	0.0	0.0	0.0	0.0	0.1	0.0	0.0	0.3	0.3	0.2	0.3	1.0	0.2	0.3			0.0
soreness -	0.1	-0.0	-0.0	-0.0	-0.0	-0.0	-0.0	-0.0	0.5	0.2	0.3	0.0	0.2	1.0	0.2		_	0.0
stress -	0.0	0.1	0.1	0.0	0.1	0.0	0.1	0.0	0.3	0.6	0.1	0.0	0.3	0.2	1.0			
	daily_load -	atl-	weekly_load -	monotony -	strain -	acwr-	ct 28-	ct142 -	fatigue-	- poom	readiness -	sleep-duration -	sleep-quality -	soreness -	stress -			