																	1.0
daily_load -	1.0	0.7	0.7	0.6	0.6	0.2	0.6	0.6	0.0	-0.0	0.2	-0.0	0.0	-0.0	-0.0		
atl-	0.7	1.0	1.0	0.9	0.9	0.3	0.9	0.9	-0.1	-0.0	0.1	0.0	-0.0	-0.2	-0.1		
weekly_load -	0.7	1.0	1.0	0.9	0.9	0.3	0.9	0.9	-0.1	-0.0	0.1	0.0	-0.0	-0.2	-0.1		8.0
monotony -	0.6	0.9	0.9	1.0	0.9	0.2	0.8	0.8	-0.1	-0.0	0.1	0.0	-0.0	-0.1	-0.1		
strain -	0.6	0.9	0.9	0.9	1.0	0.2	0.8	0.7	-0.1	-0.0	0.1	0.0	-0.0	-0.2	-0.0		0.6
acwr-	0.2	0.3	0.3	0.2	0.2	1.0	-0.2	-0.3	0.0	0.0	0.0	0.0	0.0	-0.0	0.0		
ctl28-	0.6	0.9	0.9	0.8	0.8	-0.2	1.0	1.0	-0.1	-0.1	0.1	0.0	-0.1	-0.2	-0.1		0.4
ctl42 -	0.6	0.9	0.9	0.8	0.7	-0.3	1.0	1.0	-0.1	-0.1	0.1	0.0	-0.1	-0.2	-0.1		0.4
fatigue -	0.0	-0.1	-0.1	-0.1	-0.1	0.0	-0.1	-0.1	1.0	0.4	0.5	0.2	0.4	0.5	0.4		
mood -	-0.0	-0.0	-0.0	-0.0	-0.0	0.0	-0.1	-0.1	0.4	1.0	0.3	0.1	0.3	0.3	0.6		0.2
readiness -	0.2	0.1	0.1	0.1	0.1	0.0	0.1	0.1	0.5	0.3	1.0	0.2	0.2	0.3	0.2		
sleep-duration -	-0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.2	0.1	0.2	1.0	0.3	0.1	0.1		0.0
sleep-quality	0.0	-0.0	-0.0	-0.0	-0.0	0.0	-0.1	-0.1	0.4	0.3	0.2	0.3	1.0	0.3	0.3		
soreness -	-0.0	-0.2	-0.2	-0.1	-0.2	-0.0	-0.2	-0.2	0.5	0.3	0.3	0.1	0.3	1.0	0.4		0.0
stress-	-0.0	-0.1	-0.1	-0.1	-0.0	0.0	-0.1	-0.1	0.4	0.6	0.2	0.1	0.3	0.4	1.0	•	-0.2
	daily_load-	atl-	weekly_load-	monotony -	strain -	acwr-	ct128-	ct142 -	fatigue-	- poom	readiness -	sleep-duration -	sleep-quality -	soreness -	stress -		