

OrthoCare Clinic

Dr. M. Verma, MS (Ortho)

Orthopedic Prescription (DUMMY)

Date: October 19, 2025

Patient: Rohit Patel Age: 50 Sex: M

Diagnosis: Sprained ankle

Advice: RICE, physiotherapy referral

Medicine	Dose	Freq.	Instructions	Duration
Aceclofenac 100 mg	1 tablet	BID	After food	7 days
Calcium + Vitamin D	1 tablet	OD	After breakfast	30 days
Topical Diclofenac gel	Apply	TID	Over affected area	7 days

Signature of Doctor