

### **1. Concrete Experience (What happened?)**

Last month, Rina volunteered to lead her school's science club presentation. She prepared slides, collected data, and rehearsed for hours. But when the day came, she stumbled over her words, forgot a few key points, and noticed some students looking bored. Afterward, she felt both relieved it was over and disappointed in her performance.

### **2. Reflective Observation (What did you notice?)**

Thinking back, Rina realized she had spent most of her preparation time perfecting her slides, not practicing speaking in front of people. She also remembered that she rushed through the interesting experiments because she was worried about finishing on time. The audience seemed more engaged when she showed live demonstrations, but she didn't build on that energy.

### **3. Abstract Conceptualization (What did you learn?)**

Rina concluded that effective presentations are not just about having polished content—they're about delivering it in a way that connects with the audience. She learned that timing, interaction, and pacing matter as much as the facts themselves. People remember experiences more than text-heavy slides.

### **4. Active Experimentation (What will you do next?)**

For her next presentation, Rina plans to rehearse out loud, ask friends for feedback, and use fewer slides with more visuals. She will build in moments to ask the audience questions and extend live experiments to keep them engaged. This time, she'll focus on connection as much as content.