

stats-learning-notes

Notes from Introduction to Statistical Learning

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Chapter 3 - Linear Regression

Simple Linear Regression

[Simple linear regression](#) predicts a quantitative response Y on the basis of a single predictor variable X . It assumes an approximately linear relationship between X and Y . Formally,

$$Y = \beta_0 + \beta_1 X$$

where β_0 and β_1 are [intercept](#) or the value of Y when X is equal to 0 and β_1 represents the [slope](#) of the line or the average amount of change in Y for each one-unit increase in X .

Together, β_0 and β_1 represents the model [coefficients](#) or [parameters](#).

Estimating Model Coefficients

Since β_0 and β_1 are typically unknown, it is first necessary to estimate the coefficients before making predictions. To estimate the coefficients, it is desirable to choose values for $\hat{\beta}_0$ and $\hat{\beta}_1$ such that the resulting line is as close as possible to the observed data points.

There are many ways of measuring closeness. The most common method strives to minimize the sum of the [residual](#) square differences between the i th observed value and the i th predicted value.

Assuming the i th prediction of Y is described as

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i$$

then the i th residual can be represented as

$$e_i = y_i - \hat{y}_i = y_i - \hat{\beta}_0 - \hat{\beta}_1 x_i.$$

The [residual sum of squares](#) can then be described as

$$RSS = e_1^2 + e_2^2 + \dots + e_n^2$$

or

$$RSS = (y_1 - \hat{\beta}_0 - \hat{\beta}_1 x_1)^2 + (y_2 - \hat{\beta}_0 - \hat{\beta}_1 x_2)^2 + \dots + (y_n - \hat{\beta}_0 - \hat{\beta}_1 x_n)^2.$$

Assuming sample means of

$$\bar{y} = \frac{1}{n} \sum_{i=1}^n y_i$$

and

$$\bar{x} = \frac{1}{n} \sum_{i=1}^n x_i,$$

calculus can be applied to estimate the least squares coefficient estimates for linear regression to minimize the residual sum of squares like so

$$\begin{aligned} \hat{\beta}_1 &= \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sum_{i=1}^n (x_i - \bar{x})^2} \\ \hat{\beta}_0 &= \bar{y} - \hat{\beta}_1 \bar{x} \end{aligned}$$

Assessing Regression Estimate Accuracy

Simple linear regression represents the relationship between Y and X as

$$Y = \beta_0 + \beta_1 X + \epsilon$$

where β_0 is the intercept term, or the value of Y when $X = 0$; β_1 is the slope, or average increase in Y associated with a one-unit increase in X ; and ϵ is the error term which acts as a catchall for what is missed by the simple model given that the true relationship likely isn't linear, there may be other variables that affect Y , and/or there may be error in the observed measurements. The error term is typically assumed to be independent of X .

The model used by simple linear regression defines the [population regression line](#), which describes the best linear approximation to the true relationship between X and Y for the population.

The coefficient estimates yielded by least squares regression characterize the [least squares line](#).

$$\hat{y}_i = \hat{\beta}_0 + \hat{\beta}_1 x_i.$$

The difference between the population regression line and the least squares line is similar to the difference that emerges when using a sample to estimate the characteristics of a large population.

In linear regression, the unknown coefficients, β_0 and β_1 define the population regression line, whereas the estimates of those coefficients, $\hat{\beta}_0$ and $\hat{\beta}_1$ define the least squares line.

Though the parameter estimates for a given sample may overestimate or underestimate the value of a particular parameter, an [unbiased estimator](#) does not systematically overestimate or underestimate the true parameter.

This means that using an unbiased estimator and a large number of data sets, the values of the coefficients $\hat{\beta}_0$ and $\hat{\beta}_1$ could be determined by averaging the coefficient estimates from each of those data sets.

To estimate the accuracy of a single estimated value, such as an average, it can be helpful to calculate the [standard error](#) of the estimated value $\hat{\mu}$, which can be accomplished like so

$$\text{Var}(\hat{\mu}) = \text{SE}(\hat{\mu})^2 = \frac{\sigma^2}{n}$$

where σ is the standard deviation of each y_i .

Roughly, the standard error describes the average amount that the estimate $\hat{\mu}$ differs from μ .

The more observations, the larger n , the smaller the standard error.

To compute the standard errors associated with $\hat{\beta}_0$ and $\hat{\beta}_1$, the following formulas can be used:

$$\text{SE}(\hat{\beta}_0)^2 = \sigma^2 \left[\frac{1}{n} + \frac{\bar{x}^2}{\sum_{i=1}^n (x_i - \bar{x})^2} \right]$$

and

$$\text{SE}(\hat{\beta}_1)^2 = \frac{\sigma^2}{\sum_{i=1}^n (x_i - \bar{x})^2}$$

where $\sigma^2 = \text{Var}(\epsilon)$ and ϵ_i is not correlated with σ^2 .

σ^2 generally isn't known, but can be estimated from the data. The estimate of σ is known as the [residual standard error](#) and can be calculated with the following formula

$$\text{RSE} = \sqrt{\frac{\text{RSS}}{(n-2)}}$$

where RSS is the residual sum of squares.

Standard errors can be used to compute confidence intervals and prediction intervals.

A [confidence interval](#) is defined as a range of values such that there's a certain likelihood that the range will contain the true unknown value of the parameter.

For simple linear regression the 95% confidence interval for $\hat{\beta}_1$ can be approximated by

$$\hat{\beta}_1 \pm 2 \times \text{SE}(\hat{\beta}_1).$$

Similarly, a confidence interval for $\hat{\beta}_0$ can be approximated as

$$\hat{\beta}_0 \pm 2 \times \text{SE}(\hat{\beta}_0).$$

The accuracy of an estimated prediction depends on whether we wish to predict an individual response, $y = f(x) + \epsilon$, or the average response, $f(x)$.

When predicting an individual response, $y = f(x) + \epsilon$, a [prediction interval](#) is used.

When predicting an average response, $f(x)$, a confidence interval is used.

Prediction intervals will always be wider than confidence intervals because they take into account the uncertainty associated with ϵ , the irreducible error.

The standard error can also be used to perform [hypothesis testing](#) on the estimated coefficients.

The most common hypothesis test involves testing the [null hypothesis](#) that states

H_0 : There is no relationship between X and Y .

versus the [alternative hypothesis](#)

H_1 : There is some relationship between X and Y .

In mathematical terms, the null hypothesis corresponds to testing if $\hat{\beta}_1 = 0$, which reduces to

$$Y = \beta_0 + \epsilon$$

which evidences that X is not related to Y .

To test the null hypothesis, it is necessary to determine whether the estimate of $\hat{\beta}_1$, $\hat{\beta}_1$, is sufficiently far from zero to provide confidence that $\hat{\beta}_1$ is non-zero.

How close is close enough depends on $\text{SE}(\hat{\beta}_1)$. When $\text{SE}(\hat{\beta}_1)$ is small, then small values of $\hat{\beta}_1$ may provide strong evidence that β_1 is not zero. Conversely, if $\text{SE}(\hat{\beta}_1)$ is large, then $\hat{\beta}_1$ will need to be large in order to reject the null hypothesis.

In practice, computing a [t-statistic](#), which measures the number of standard deviations that $\hat{\beta}_1$, is away from 0, is useful for determining if an estimate is sufficiently significant to reject the null hypothesis.

A T-statistic can be computed as follows

$$t = \frac{\hat{\beta}_1 - 0}{\text{SE}(\hat{\beta}_1)}$$

If there is no relationship between X and Y , it is expected that a [t-distribution](#) with $n - 2$ degrees of freedom should be yielded.

With such a distribution, it is possible to calculate the probability of observing a value of $|t|$ or larger assuming that $\hat{\beta}_1 = 0$. This probability, called the [p-value](#), can indicate an association between the predictor and the response if sufficiently small.

Assessing Model Accuracy

Once the null hypotheses has been rejected, it may be desirable to quantify to what extent the model fits the data. The quality of a linear regression model is typically assessed using [residual standard error](#) (RSE) and the [R² statistic](#).

The residual standard error is an estimate of the standard deviation of ϵ_i the irreducible error.

In rough terms, the residual standard error is the average amount by which the response will deviate from the true regression line.

For linear regression, the residual standard error can be computed as

$$\text{RSE} = \sqrt{\frac{n-1}{n-2} \text{RSS}} = \sqrt{\frac{1}{n-2} \sum_{i=1}^n (y_i - \hat{y}_i)^2}$$

The residual standard error is a measure of the lack of fit of the model to the data. When the values of $y_i \approx \hat{y}_i$, the RSE will be small and the model will fit the data well. Conversely, if $y_i \neq \hat{y}_i$ for some values, the RSE may be large, indicating that the model doesn't fit the data well.

The RSE provides an absolute measure of the lack of fit of the model in the units of Y . This can make it difficult to know what constitutes a good RSE value.

The [R² statistic](#) is an alternative measure of fit that takes the form of a proportion. The R^2 statistic captures the proportion of variance explained as a value between 0 and 1, independent of the unit of Y .

To calculate the R^2 statistic, the following formula may be used

$$R^2 = \frac{\text{TSS} - \text{RSS}}{\text{TSS}} = 1 - \frac{\text{RSS}}{\text{TSS}}$$

where

$$\text{RSS} = \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

and

$$\text{TSS} = \sum_{i=1}^n (y_i - \bar{y})^2.$$

The [total sum of squares](#), TSS, measures the total variance in the response Y . The TSS can be thought of as the total variability in the response before applying linear regression. Conversely, the residual sum of squares, RSS, measures the amount of variability left after performing the regression.

Ergo, $\text{TSS} - \text{RSS}$ measures the amount of variability in the response that is explained by the model. R^2 measures the proportion of variability in Y that can be explained by X . An R^2 statistic close to 1 indicates that a large portion of the variability in the response is explained by the model. An R^2 value near 0 indicates that the model accounted for very little of the variability of the model.

An R^2 value near 0 may occur because the linear model is wrong and/or because the inherent σ^2 is high.

R^2 has an advantage over RSE since it will always yield a value between 0 and 1, but it can still be tough to know what a good R^2 value is. Frequently, what constitutes a good R^2 value depends on the application and what is known about the problem.

The R^2 statistic is a measure of the linear relationship between X and Y .

[Correlation](#) is another measure of the linear relationship between X and Y . Correlation of can be calculated as

$$\text{Cor}(X, Y) = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum_{i=1}^n (x_i - \bar{x})^2} \sqrt{\sum_{i=1}^n (y_i - \bar{y})^2}}$$

This suggests that $r = \text{Cor}(X, Y)$ could be used instead of R^2 to assess the fit of the linear model, however for simple linear regression it can be shown that $R^2 = r^2$. More concisely, for simple linear regression, the squared correlation and the R^2 statistic are equivalent. Though this is the case for simple linear regression, correlation does not extend to multiple linear regression since correlation quantifies the association between a single pair of variables. The R^2 statistic can, however, be applied to multiple regression.

Multiple Regression

The [multiple linear regression](#) model takes the form of

$$Y = \beta_0 + \beta_1 X_1 + \beta_2 X_2 + \dots + \beta_p X_p + \epsilon.$$

Multiple linear regression extends simple linear regression to accommodate multiple predictors.

X_j represents the j th predictor and β_j represents the average effect of a one-unit increase in X_j on Y , holding all other predictors fixed.

Estimating Multiple Regression Coefficients

Because the coefficients $\beta_0, \beta_1, \dots, \beta_p$ are unknown, it is necessary to estimate their values. Given estimates of $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$, estimates can be made using the formula below

$$\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x_1 + \hat{\beta}_2 x_2 + \dots + \hat{\beta}_p x_p$$

The parameters $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$ can be estimated using the same least squares strategy as was employed for simple linear regression. Values are chosen for the parameters $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$ such that the residual sum of squares is minimized

$$RSS = \sum_{i=1}^n (y_i - \hat{y}_i)^2 = \sum_{i=1}^n (y_i - \hat{\beta}_0 - \hat{\beta}_1 x_{i1} - \hat{\beta}_2 x_{i2} - \dots - \hat{\beta}_p x_{ip})^2$$

Estimating the values of these parameters is best achieved with matrix algebra.

Assessing Multiple Regression Coefficient Accuracy

Once estimates have been derived, it is next appropriate to test the null hypothesis

$$H_0: \beta_1 = \beta_2 = \dots = \beta_p = 0$$

versus the alternative hypothesis

$$H_a: \text{at least one of } \beta_j \neq 0.$$

The [F-statistic](#) can be used to determine which hypothesis holds true.

The F-statistic can be computed as

$$F = \frac{(\text{TSS} - \text{RSS})/p}{\text{RSS}/(n-p-1)} = \frac{\text{TSS} - \text{RSS}}{\frac{p}{n-p-1}}$$

where, again,

$$\text{TSS} = \sum_{i=1}^n (y_i - \bar{y})^2$$

and

$$\text{RSS} = \sum_{i=1}^n (y_i - \hat{y}_i)^2$$

If the assumptions of the linear model, represented by the alternative hypothesis, are true it can be shown that

$$\text{E}\left\{\frac{\text{RSS}}{n-p-1}\right\} = \sigma^2$$

Conversely, if the null hypothesis is true, it can be shown that

$$\text{E}\left\{\frac{\text{TSS} - \text{RSS}}{p}\right\} = \sigma^2$$

This means that when there is no relationship between the response and the predictors the F-statistic takes on a value close to 1.

Conversely, if the alternative hypothesis is true, then the F-statistic will take on a value greater than 1.

When n is large, an F-statistic only slightly greater than 1 may provide evidence against the null hypothesis. If n is small, a large F-statistic is needed to reject the null hypothesis.

When the null hypothesis is true and the errors ϵ_i have a [normal distribution](#), the F-statistic follows an [F-distribution](#). Using the F-distribution, it is possible to figure out a p-value for the given n , p , and F-statistic. Based on the obtained p-value, the validity of the null hypothesis can be determined.

It is sometimes desirable to test that a particular subset of q coefficients are 0. This equates to a null hypothesis of

$$H_0: \beta_{p-q+1} = \beta_{p-q+2} = \dots = \beta_p = 0.$$

Supposing that the residual sum of squares for such a model is RSS_0 , then the F-statistic could be calculated as

$$F = \frac{(\text{RSS}_0 - \text{RSS})/q}{\text{RSS}/(n-p-1)} = \frac{\text{RSS}_0 - \text{RSS}}{\frac{q}{n-p-1}}.$$

Even in the presence of p-values for each individual variable, it is still important to consider the overall F-statistic because there is a reasonably high likelihood that a variable with a small p-value will occur just by chance, even in the absence of any true association between the predictors and response.

In contrast, the F-statistic does not suffer from this problem because it adjusts for the number of predictors. The F-statistic is not infallible and when the null hypothesis is true the F-statistic can still result in p-values below 0.05 about 5% of the time regardless of the number of predictors or the number of observations.

The F-statistic works best when p is relatively small or when p is relatively small compared to n .

When p is greater than n , multiple linear regression using least squares will not work, and similarly, the F-statistic cannot be used either.

Selecting Important Variables

Once it has been established that at least one of the predictors is associated with the response, the question remains, *which* of the predictors is related to the response? The process of removing extraneous predictors that don't relate to the response is called [variable selection](#).

Ideally, the process of variable selection would involve testing many different models, each with a different subset of the predictors, then selecting the best model of the bunch, with the meaning of "best" being derived from various statistical methods.

Regrettably, there are a total of 2^p models that contain subsets of p predictors. Because of this, an efficient and automated means of choosing a smaller subset of models is needed. There are a number of statistical approaches to limiting the range of possible models.

[Forward selection](#) begins with a [null model](#), a model that has an intercept but no predictors, and attempts p simple linear regressions, keeping whichever predictor results in the lowest residual sum of squares. In this approach, the predictor yielding the lowest RSS is added to the model one-by-one until some halting condition is met. Forward selection is a greedy process and it may include extraneous variables.

[Backward selection](#) begins with a model that includes all the predictors and proceeds by removing the variable with the highest p-value each iteration until some stopping condition is met. Backwards selection cannot be used when $p > n$.

[Mixed selection](#) begins with a null model, like forward selection, repeatedly adding whichever predictor yields the best fit. As more predictors are added, the p-values become larger. When this happens, if the p-value for one of the variables exceeds a certain threshold, that variable is removed from the model. The selection process continues in this forward and backward manner until all the variables in the model have sufficiently low p-values and all the predictors excluded from the model would result in a high p-value if added to the model.

Assessing Multiple Regression Model Fit

While in simple linear regression the R^2 , the fraction of variance explained, is equal to $\text{Cor}(X, Y)$, in multiple linear regression, R^2 is equal to $\text{Cor}(Y, \hat{Y})^2$. In other words, R^2 is equal to the square of the correlation between the response and the fitted linear model. In fact, the fitted linear model maximizes this correlation among all possible linear models.

An R^2 close to 1 indicates that the model explains a large portion of the variance in the response variable. However, it should be noted that R^2 will always increase when more variables are added to the model, even when those variables are only weakly related to the response. This happens because adding another variable to the least squares equation will always yield a closer fit to the training data, though it won't necessarily yield a closer fit to the test data.

[Residual standard error](#), RSE, can also be used to assess the fit of a multiple linear regression model. In general, RSE can be calculated as

$$\text{RSE} = \sqrt{\frac{\text{RSS}}{n-p-1}}$$

which simplifies to the following for simple linear regression

$$\text{RSE} = \sqrt{\frac{\text{RSS}}{n-2}}.$$

Given the definition of RSE for multiple linear regression, it can be seen that models with more variables can have a higher RSE if the decrease in RSS is small relative to the increase in p .

In addition to R^2 and RSE, it can also be useful to plot the data to verify the model.

Once coefficients have been estimated, making predictions is a simple as plugging the coefficients and predictor values into the multiple linear model

$$\hat{y} = \hat{\beta}_0 + \hat{\beta}_1 x_1 + \hat{\beta}_2 x_2 + \dots + \hat{\beta}_p x_p.$$

However, it should be noted that these predictions will be subject to three types of uncertainty.

- The coefficient estimates, $\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_p$, are only estimates of the actual coefficients $\beta_0, \beta_1, \dots, \beta_p$. That is to say, the least squares plane is only an estimate of the true population regression plane. The error introduced by the coefficient estimates is reducible error and a confidence interval can be computed to determine how close \hat{y} is to $f(X)$.
- Assuming a linear model for $f(X)$ is almost always an approximation of reality, which means additional reducible error is introduced due to model bias. A linear model often models the best linear approximation of the non-linear surface.
- Even in the case where $f(X)$ and the true values of the coefficients, β_0, \dots, β_p are known, the response value cannot be predicted exactly because of the random, irreducible error ϵ_i in the model. How much \hat{Y} will tend to vary from Y can be determined using prediction intervals.

Prediction intervals will always be wider than confidence intervals because they incorporate both the error in the estimate of $f(X)$, the reducible error, and the variation in how each point differs from the population regression plane, the irreducible error.

Qualitative predictors

Linear regression can also accommodate qualitative variables.

When a qualitative predictor or factor has only two possible values or levels, it can be incorporated into the model by introducing an [indicator variable](#) or [dummy variable](#) that takes on only two numerical values.

For example, using a coding like

$$X_i = \begin{cases} 1 & \text{if } p_i = \text{class A} \\ 0 & \text{if } p_i = \text{class B} \end{cases}$$

yields a regression equation like

$$y_i = \beta_0 + \beta_1 X_i + \epsilon_i = \begin{cases} \beta_0 + \beta_1 + \epsilon_i & \text{if } p_i = \text{class A} \\ \beta_0 + \epsilon_i & \text{if } p_i = \text{class B} \end{cases}$$

Given such a coding, β_1 represents the average difference in X_1 between classes A and B.

Alternatively, a dummy variable like the following could be used

$$$$