Start with intuitive definition from landscape:

$$\frac{P_{inside}}{P_{outside}} = \frac{A_{inside}}{A_{outside}} e^{d/RT} \tag{1}$$

Take the natural log of both sides:

$$ln\left(\frac{P_{inside}}{P_{outside}}\right) = ln\left(\frac{A_{inside}}{A_{outside}}e^{d/RT}\right)$$
 (2)

Log rule  $log(A \cdot B) = log(A) + log(B)$ :

$$ln\left(\frac{P_{inside}}{P_{outside}}\right) = ln\left(\frac{A_{inside}}{A_{outside}}\right) + ln\left(e^{d/RT}\right)$$
(3)

Simplify:

$$ln\left(\frac{P_{inside}}{P_{outside}}\right) = ln\left(\frac{A_{inside}}{A_{outside}}\right) + \frac{d}{RT}$$
 (4)

Multiply both sides by -RT:

$$-RT \cdot ln\left(\frac{P_{inside}}{P_{outside}}\right) = -RT \cdot ln\left(\frac{A_{inside}}{A_{outside}}\right) + \frac{-RTd}{RT}$$
 (5)

Write some definitions:

$$\Delta G \equiv -RT \cdot ln \left( \frac{P_{inside}}{P_{outside}} \right) \tag{6}$$

$$\triangle S \equiv R ln \left( \frac{A_{inside}}{A_{outside}} \right) \tag{7}$$

$$\triangle H \equiv -d \tag{8}$$

Substitute:

$$\triangle G = \triangle H - T \triangle S \tag{9}$$