



## **BIKE SMART PILOT PROGRAM**

The Lexington Recreation Department, in partnership with the Lexington Bicycle Advisory Committee, the Friends of Lexington Bikeways and the Lexington Police Department is offering a **Bike Smart** pilot program for all 5<sup>th</sup> graders in Lexington as part of *Bike Walk 'n Bus Week*.



**Fee:** \$5.00

Date:

**Grade:** currently enrolled in Grade 5

Thursday, May 15, 2014 (rain date: May 22nd)

**Time:** 1:30—3:00 p.m.

**Location:** Bridge School Playground

## What is Bike Smart?

**Bike Smart** classes build rider confidence, whether riding for fun or for transportation. Students will learn how to evaluate if their bicycle is safe to ride, proper helmet fit, bicycle handling techniques, signaling, and additional biking skills.

The class will be led by an experienced and League of American Bicyclists certified instructor, Nicole Waxmonsky, who along with local volunteers, will be on hand to teach kids basic bike safety tips and then provide a chance to practice street skills that will make them better, safer riders when they're ready to ride on the road.

Bridge School participants may bring their bike, helmet and lunch to school on May 15. Children will be supervised during lunch. Other Elementary school 5th grade participants should be dropped of at the Bridge School Playground by 1:30 p.m.

All participants must have a helmet and a bicycle in good riding condition.





To register online go to: <a href="www.lexingtonma.gov/recreationdepartment.cfm">www.lexingtonma.gov/recreationdepartment.cfm</a> or call the Recreation Department at 781-698-4800.

PRE-REGISTRATION IS REQUIRED!