### Contact Information

- Stephan Heinemann
- SMS: +1 (250) 891-5446
- Email: stephan.heinemann@hotmail.com
- Bookings, Questions

### Introduction / Questions

- Am I you instructor from day 1?
- What is your name?
- What is your background?
- What is your flying experience and training?
- How much time do you spend studying/flying?
  (per Week/Month frequency)
- What is your goal flying for fun or career?
- What is your time frame?
- What are your flying strengths and weaknesses?
- What is your performance in the previous lesson plans?

## Training Sequence

- Review: Add intensity LF if necessary
- Demonstrate
- Together, Follow, Ride Controls
- Practice: Don't tolerate errors Take control!
- Supervised Practice: Allow minor errors Critique after exercise completion! Be specific with goals and tolerances.
- Familiarization-Demonstration: employ and obvious and dramatic example

### **General Points**

- Use every time and opportunity to let student practice
- Use short key words during demonstration
- Stall-Entry: Throttle, Back-Pressure, Rudder
- Stall-Recovery: Forward-Pressure, Throttle, Rudder

# Pre-Flight Briefing (What, How, Safety)

- Exercise
- Training Area
- Departure and Arrival Procedures
- Weather Briefing / NOTAMs
- Aircraft and Documents
- Time and Fuel Requirements
- Safety Considerations and Responsibilities