

THE BRUCE BILLITIN

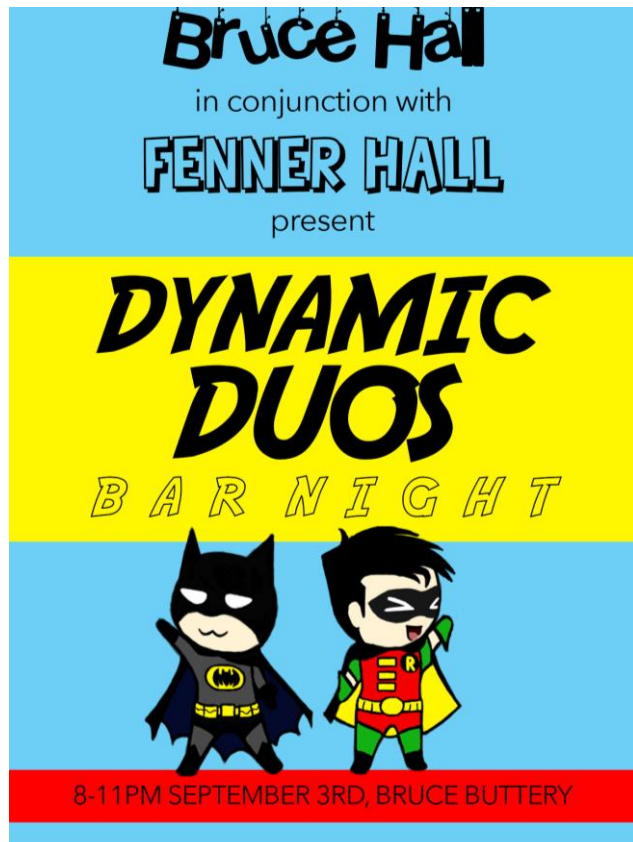
ISSUE 19: MONDAY 31 AUGUST – MONDAY 7 SEPTEMBER

FENNER-BRUCE BUTTERY NIGHT!

What better way to end the term than with a good old-fashioned fiesta? **This Thursday night at 8pm**, grab a friend and come to the Buttery dressed in your best and most inventive 'dynamic duos' costumes! Kudos to those who can top last year's pairs; notable costumes included:

- Miley Cyrus and her Wrecking Ball (Kat Throssell and Alex Bailey)
- Oscar Pistorius and his late girlfriend Reeva Steenkamp (Harrison Medley and Patrick Cordwell)

Get creative, Bruce! Let's show Fenner that at Bruce Hall, (in the words of the ever-eloquent Carly Rae Jepsen), "it's *always* a good time".



SPORTS

AFL:

A massive congratulations to the AFL team who managed to take out 3rd place on Sunday afternoon! Well done to all the boys, and to Fraser, Errol and Brandon for coaching the boys to glory!

Soccer:

As the season draws to a close, it would be awesome to see as many supporters as we can cheering our players on! This week we have the soccer 7th/8th playoffs as follows:

Women's, Fri 3pm v Ursies

Men's, Fri 3pm v Ursies

Netball:

Again, the season is almost over for our netty girls. They've been working hard, and have one last hurrah; the 3rd/4th playoff! There have been a few changes with the time and date of the game, but for now, let's say that their final game is:

Thursday 2pm v Griffin

Term 4 Sports:

In case you haven't read my first set of extremely riveting minutes, may I remind you to join the Facebook groups for term 4 sports! The training times will be decided this week, so make sure you're looking out for that. Next term we have:

- Cricket
- Women's Tennis
- Women's Touch Football
- Men's Touch Football
- Road Relay (but join the 'Bruce Hall Runners' Facebook group to get involved)

LET'S KICK SOME ATHLETIC BUTT!



TOUR DE BURLEY GRIFFIN!

(& A CRASH COURSE: PROTECT YOUR HEAD!)

So I'm sure that as of late, you've all heard endless talks about the Tour de Bruce, the Protect Your Head Campaign and mental health research. But what does it all mean?!?!?

Never fear, Joff is here to give you a crash course on it all.

NIMHR: Stands for the National Institute for Mental Health Research. It is a research organisation within the ANU (College of Medicine, Biology & Environment), first established by the Australian Government's National Health and Medical Research Council. The organisation aims to "improve the mental health of individuals through research and development, training, policy and the dissemination of health information".

The 'Protect Your Head' Campaign: A campaign created and shaped by Jamon, Brad, Chris and the Wellbeing & Horizons SR teams to raise awareness (and cash monies) for the NIMHR and the issues it addresses, particularly those mental health issues relevant to students and staff. The campaign aims to reach not only members of Bruce Hall, but also the ANU and the wider community.

The 'Tour de Bruce': One of the two main events of the campaign, this is a bike ride from Dubbo to Canberra (that's 400+ km! herler shert!) to be completed by members of the Bruce Hall community (who I'm sure you've seen training hard recently). Every kilometer will be ridden in the aim of raising funds for the NIMHR via donations (links on the Facebook event page).

The 'Tour de Burley Griffin': The precursor to the Tour de Bruce ride, this event is a ride-athon/run-athon/walk-athon/chill-athon aiming to raise funds for the NIMHR through extra kilometres covered by Bruce Hall community members. It's also a sneaky opportunity to hang out at Kings Park, enjoy a nice BBQ lunch, raise awareness for mental health issues, and support our valiant riders in the lead-up to their adventure. What's more, this event is on ***THIS SATURDAY!***

What you need to know RIGHT NOW:

- Tour de Burley Griffin is on this Saturday!
- 12pm – 4pm!
- Kings Park!
- You have options on how to participate:
 - Ride a bike (either straight to the park or a group will be doing the Two Bridges loop of Lake Burley Griffin)
 - Run
 - Walk
 - Drive (srsly, we want everyone there!)
- You can participate on your own or in a team – get *everyone* involved!
- Sign up on the googledoc posted by Jamon on the event page so that your kilometres will be logged. ***ANYONE AND EVERYONE SHOULD DO THIS*** – even if you're walking! It'll help for catering and donating purposes!

Phew! Well, I hope that cleared things up for you. So I'll definitely be seeing you on Saturday, right? Awesome.



TRIVIA

1. Which guitarist is known as Slowhand?
2. How many gallons of beer are in a furkin?
3. Which mountain overlooks Rio De Janeiro and its harbour?
4. How old is a horse when it changes from a filly to a mare?
5. Which hills divide England from Scotland?
6. What kind of food is Cullan Skink?
7. Where did the Pied Piper play?
8. What is the capital of Ethiopia?

9. What was the former name of Zambia and Zimbabwe?
10. Who was the son of Poseidon and Amphirite?

1. Eric Clapton, 2. Nine, 3. Sugarloaf Mountain 4. Four years old, 5. Cheviots, 6. Fish, 7. Hamlin, 8. Addis Ababa, 9. Rhodesia, 10. Triton

