Munros

Loch Lomond to Loch Tay	20	20
Loch Tay to Rannoch Moor	26	26
Strath Orchy to Glen Coe	26	26
The Drummochter Mountains	7	7
The Monadh Liath and Creag Meagaidh	9	9
The Mounth, Glen Shee to Lochnagar	14	14
The Grampians, Blair Atholl to Braemar	15	15
The Torridon Mountains	9	9
Glen Affric to Kintail	22	22
Glen Cannich to Glen Carron	15	15
Ben Wyvis to Ben Hope	11	11
The Islands of Mull and Skye	13	13
The Cairngorm Mountains	18	18
Loch Eil to Glen Shiel	26	26
Loch Linnhe to Loch Ericht	34	34
Loch Maree to the Fannaichs	19	19
	284	284

Loch Lomond to	o Loc	h Tay	(20/20)	
Ben Lomond	974	NN367029	$\frac{12/81}{4/11/11}$	Janet Janet. Walked from Comer. 7hrs return to road.
Beinn Bhuidhe	948	NN204187	10/3/04	Christian. Cycle and walk. Cold and tried to snow. Cloud at summit but some views.
Beinn Narnain	926	NN272067	13/10/90	Lenny $+$ group. Low cloud, poor views.
Beinn Ime	1011	NN255085	13/10/90	, , ,
Ben Vane	915	NN278098	10/9/96	Tim Purves. 9-5:20. Fine. \rightarrow
Ben Vorlich	943	NN295124	10/9/96	+ top.
An Caisteal	995	NN379193	13/4/95	Self. V Fine weather. Some snow on
			, ,	tops but easy descents. \rightarrow
Beinn Chabhair	933	NN367179	13/4/95	\rightarrow
Beinn a'Chroin	940	NN394186	13/4/95	8 hrs.
Beinn Tulaichean	946	NN416196	26/3/94	Lenny, Minor. Icy from top \rightarrow
Cruach Ardrain	1046	NN409211	26/3/94	\rightarrow Stob Garbh. Plenty of snow.
Ben More	1174	NN432244	14/6/97	David B's first Munro. Tim, Vicky,
			, ,	Euan, Colin Ross
Stob Binnein	1165	NN434226	9/10/93	Poor Weather: Cloud, rain $> 1,000'$.
				The Beast of Balquidder & red-deer
				hunting. Hotel on Loch Doine \rightarrow Meal
				na Dige \rightarrow Stob Coire an Lochain \rightarrow
				Stob Binnein (3h25) \rightarrow Stob Inverar-
D I:	1120	NNOCCOCO	12/0/04	naig.
Ben Lui	1130	NN266263	13/9/94	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$
D : 1011 :11	016	NINIOT1OFC	22/8/14	Peter. Some cloud/rain, clearing \rightarrow
Beinn a'Chleibh	916	NN251256	$\frac{13}{9}/94$	\rightarrow Peter.
Beinn Dubhchraig	978	NN308255	$\frac{22}{8}/14$ $\frac{13}{9}/94$	\rightarrow
Ben Oss	1029	NN287253	13/9/94 $13/9/94$	→ Long.
Ben Vorlich	985	NN629189	$\frac{13}{9},\frac{94}{94}$ $\frac{24}{10},\frac{92}{92}$	Derek, Jeremy
Den vornen	900	NN029189	6/1/05	David, Peter, Christian, David W. Tra-
			0/1/03	verse to Loch Lubnaig. →
Stuc a'Chroin	975	NN617175	24/10/92	verse to Loca Eubhaig. → Derek, Jeremy
Stuc a Chrom	915	111101111	6/1/05	Views, with scattered showers, getting
			0/1/03	better.
Ben Chonzie	931	NN773309	22/8/94	Peter+Dad.
Dell Chonzie	931	1111113509	$\frac{22}{34}$ $\frac{34}{19}$ $\frac{19}{11}$ $\frac{19}{11}$	Tim. From the reservoir.
*Ben an Lochain	901	NN218079	$\frac{19/11/04}{23/4/11}$	J, Tim Packer. Cloud clearing as we
Den an Domain	901	1111/21/00/19	49/4/11	climbed, but still there. Better as day
				progressed.
				progressed.

(26/26)Loch Tay to Rannoch Moor 2/8/96 Carn Gorm 1029 NN635501 Self 9-4:30 \rightarrow An Sgorr \rightarrow \rightarrow Meal a' Bharr \rightarrow Meall Garbh 968 NN646517 2/8/96Carn Mairg 1042 NN684513 2/8/96 \rightarrow top \rightarrow Creag Mhor 981 2/8/96Swim in Stream. Windy. Some mist. NN695496 Schiehallion 1083 NN714548 92Tim 21/3/03Janet. Good views. Stuchd an Lochain 960 NN483449 5/6/99David, Kenny, David R. Dullish. Meall Buidhe 28/7/99 Family. Beautiful weather. 932 NN498499 Meall Corranaich 1069 NN616410 1/5/99JPKDA, Tim, Roy's. Beautiful weather. \rightarrow Meall a'Choire Leith 926 NN612439 1/5/99Just boys. Beinn Ghlas 23/8/00 1103 NN626404 Deptl. walk. Fine, warm, clear. \rightarrow Ben Lawers NN636414 23/8/00 1214 \rightarrow An Stuc 1118 NN639431 23/8/00 \rightarrow Meall Garbh NN644437 23/8/001118 AOD, DFP, JV, ADG, MRR, Tom Nye, Meall Greigh 1001 NN674438 23/8/00Liana David, Iain Gibson Meall nan Tarmachan Andrew Rowell. + Tarmachan Ridge. 1044NN5853903/8/94Cloudy with some sunny breaks. Meall Ghaordaidh 1039 NN514397 22/9/98 Family. Beinn Heasgarnich NN413383 20/11/99 Kenny, Lenny \rightarrow 1078 Creag Mhor 1047 NN391361 20/11/99 Peter, Tim, Vicky. Cloud 3,200'. Meall Glas 959 NN431322 4/8/95Sgiath Chuil 921 NN463318 4/8/95Clear for tops. 7:15. Ben Challum 1025 NN387322 20/9/00 Allan Fordy. Cloud 2K. Beinn Dorain 1072 NN326378 28/9/98Tim. 5:10. \rightarrow Clear Morning then some low cloud. Beinn an Dothaidh 28/9/981004 NN332408 Beinn Mhanach 953 NN373412 3/8/99David, Dad. Dry. Others (less P.)

2/1/01

2/1/01

Beinn Achaladair

Beinn a'Chreachain

1038

1081

NN344432

NN373441

stayed by stream.

(Not in intended order!)

Peter, Kenny, David W. Snow+cold \rightarrow

Strath Orchy to Gler	n Coe	(26/2)	6)	
Beinn a'Chochuill	980	NN110328	26/9/98	Peter, David, Tim. Hazy but dry. \rightarrow
Beinn Eunaich	989	NN136328	26/9/98	6:00.
Ben Cruachan	1126	NN069304	9/4/93 (19/9/02)	Lenny, Minor, Patrick. 30' visibility. Snow. Ice-axes on top. Meall Cunail, Stob Deirg, Beinn a Bhuiridh.
Stob Diamh	998	NN095308	16/9/02	Peter's B'day. JPDA, Colin B, Andrew Ng. High cloud, some wisps over Cruachan. Stob Garbh, SD, E. Top JDA (JA went down), SD, Middle top, Cruachan, Meall Cunail, power station meeting JA.
Ben Starav	1078	NN126427	28/9/98	Tim. Misty with clearing patches. \rightarrow Stob Coire Dearg \rightarrow
Beinn nan Aighenan	960	NN149405	28/9/98	→
Glas Bheinn Mhor	997	NN153429	$\frac{28}{9}$	8:00. (1:30 after sunset.)
Ben Starav	1078	NN126427	24/6/09	David. High cloud and hot. \rightarrow Meall Cruidh \rightarrow Stob an Duine Ruaidh. Steep descent and return via Loch.
Stob Coir'an Albannaich	1044	NN169442	5/10/02	Peter, David, Kenny. Cloudy but dry.
Meall nan Eun	928	NN192449	5/10/02	\rightarrow Clouds lifted.
Stob a'Choire Odhair	945	NN257460	4/5/02	JPDA, Roy's, Euan Ross, Christy G. Left after lunch on summit. \rightarrow
Stob Ghabhar	1090	NN230455	4/5/02	KR, ER. $+4 (+3 ER)$ tops.
Beinn Sgulaird Creise	937 1100	NN053461 NN238507	19/7/03 19/4/03	Self. Sunshine and showers (heavy from 500m. to about 1/3 mile from summit), clearing for beautiful views across L. Etive, Glen Coe and the Islands. Druimavuic, BS, Elleric. Descent via steep Nth. face. David, Kenny, David R, David Wright, David P. Sron na Creise, Stob a Ghlais Choire, C. (DB, KAR, DR Meall
Meall a'Bhuiridh	1108	NN251503	23/2/02	a'Bhuiridh) Clach Leathad, Ba Bridge. Met family. Wonderful clear skies. Peter, Kenny, David W. Colin B. Blizzard + v poor visibility, then clear sunshine at top.
Beinn Fhionnlaidh	958	NN095498	31/3/03	Self.
Sgor na h-Ulaidh	994	NN111518	15/7/00	David. Superb weather + views over the islands. Stob an Fhuaran.
Buachaille Etive Mor - Stob Dearg	1022	NN223543	15/8/02	Peter, David. Very windy: held David + being blown over. Rain. Stob na Doire, David stayed, Stob Coire At- trium, →
Buachaille Etive Mor - Stob na Broige	956	NN190525	15/8/02	Stob Coire Attrium, picked up David, Very wet in valley. No Janet, Dad, mum.
Buachaille Etive Beag - Stob Dubh	958	NN179535	13/7/00	Family. Cloudy, few lifts. \rightarrow
Buachaille Etive Beag - Stob Coire Raineach	925	NN191548	13/7/00	Peter, David.
Meall Dearg	953	NN161584	11/7/00	Self. Dry. Clouds $3.5\mathrm{K} \rightarrow$
Aonach Eagach - Sgor nam Fiannaidh	967	NN141583	11/7/00	\rightarrow Pap of Glen Coe.
Bidean nam Bian	1150	NN143542	6/6/93	Coire nam Bieth. Descent Beinn Fhada. Mixed weather. Clouds at top, with some breaks. \rightarrow
Stob Coiro Saroambach	1079	NN154526	6/6/03	1. 4 Tong

6/6/93

+ 4 Tops.

Stob Coire Sgreamhach 1072 NN154536

The Drummochter	Mour	ntains	(7/7)	
A'Bhuidheanach Bheag	936	NN661776	20/4/00	Tim, Vicky. Sun + showers. \rightarrow
Carn na Caim	941	NN677822	20/4/00	
Sgairneach Mhor	991	NN599731	6/7/98	Family. \rightarrow
Beinn Udlamain	1010	NN579739	6/7/98	Kirsten, David \rightarrow
A'Mharconaich	975	NN604763	6/7/98	Great views across Rannoch Moor.
Geal-charn	917	NN598783	9/7/98	Peter, Kirsten, David.
Meall Chuaich	951	NN716879	24/6/99	Tim, Vicky. Fine.

A'Chailleach	930	NH681041	12/4/02	JPDA. High Cloud. Left after lunch or
Carn Sgulain	920	NH684059	12/4/02	summit \rightarrow Self. Tops Carn Balloch, Carn Ban \rightarrow
Carn Dearg	945	NH635024	12/4/02 $12/4/02$	Top. Walking off the end of the ridg great fun.
			5/4/11	Tim. Carn Balloch, Carn Ban, Sneachdach Slinnean, Carn Ban, Carn Dearg Top. Very windy at end. River high Had tried with Janet in February burriver too high.
Geal Charn	926	NN561988	7/8/00	Tim, Vicky, Andrew R. Drizzle + mist (Failed at Markie Burn on 21/4/00 with Tim, Vicky.)
Beinn a'Chaorainn	1050	NN386851	2/7/03	David. Roughburn, Top, BC, Top \rightarrow
Beinn Teallach	915	NN361859	2/7/03	Cloud clearing at first top then fine with high cloud. Swim in stream.
Carn Liath	1006	NN472903	26/7/03	Tim and Vicky. Sunshine and some brief showers, mostly views. Aberarder CL (2hrs.) A Buidenanach, Stob Coire Dubh CL (3hrs)
Stob Poite Coire Ardair	1054	NN429888	26/7/03	Meall an t Snaim, Stob Coire a'Chriochairein, Top, SP (4hrs)
Creag Meagaidh	1130	NN418875	26/7/03	the Window, CL (5hrs), 4 tops (heavy rain on second of these. Aberarder (8.5hrs).

The Mounth, Glen Shee to Lochnagar (14/14)

Carn an Tuirc	1019	NO174804	10/6/97	Tim. (Camped at Braemar) \rightarrow
Cairn of Claise	1064	NO185789	10/6/97	Good Weather. \rightarrow
Tolmount	958	NO210800	10/6/97	\rightarrow
Tom Buidhe	957	NO214788	10/6/97	$top \rightarrow Glas Maol \rightarrow$
Creag Leacach	987	NO155745	10/6/97	$\mathrm{top} o$
Glas Maol	1068	NO166765	10/6/97	Sron na Gaoithe
Carn an t-Sagairt Mor	1047	NO208843	16/5/98	Self. Fine. Auchalater \rightarrow
White Mounth - Carn	1118	NO226845	16/5/98	$\mathrm{top} o$
a'Coire Boidheach				
Cairn - Bannoch	1012	NO223825	16/5/98	\rightarrow top +top (Creag an Dub Lech) \rightarrow
Broad Cairn	998	NO240815	16/5/98	Weather closing prevented last top.
Lochnagar - Cac Carn	1155	NO244861	12/6/97	Tim. Meikle Pap-top-Cac Carn Mor-
Beag				Lochnagar-Glas Allt.
Lochnagar - Cac Carn	1155	NO244861	12/9/09	Janet. Outstanding visibility and es-
Beag				sentially no cloud. Spittal of Glen-
				muick, Glas-alt Shiel, waterfall, Creag
				a' Ghlas uilt (J separates) Top above
				Eagles Rock, high ground then meeting
				J. Cac Carn Mor and summit. Meal
				Coire na Saobhaidhe, summit, Cuidhe
				Crom, Little Pap, return.
Driesh	947	NO271736	2/5/98	Peter, David. \rightarrow
Mayar	928	NO241738	2/5/98	Poor Weather. Cold.
			19/06/10	Self. High cloud later sunny. Glen
				Clova Craig of Gowal \rightarrow Creag Leach-
				$dach \rightarrow Crow Craigies, return via$
				Jock's road.
Mount Keen	939	NO409869	21/8/99	Braden's+Roy's+Gordon's.

The Grampians, Bla	ir Atl	(15/15)		
Beinn a'Ghlo - Carn nan Gabhar	1129	NN971733	8/8/96	Self. 9-5. v. poor visibility \rightarrow
Braigh Coire Chruinn- bhalgain	1070	NN946724	8/8/96	some rain \rightarrow
Carn Liath	975	NN936698	8/8/96 $7/4/11$	Janet, Tim, Sam, Ethan. Cold and windy.
Carn a'Chlamain Beinn Dearg	963 1008	NN916758 NN853778	7/99 30/7/97 2/4/11	Peter, David. Peter. Cycled to base. Rain+low cloud. David. Cycled via Tilt to Beinn a' Chait. Walked up this to Beinn Dearg then Beinn Garbh. Clear and cold until top, then drizzle, clearing lower down.
An Sgarsoch Carn an Fhidhleir (Carn Ealar)	1006 994	NN933836 NN905842	7/4/03 7/4/03	Self. Excellent views of Cairngorms. →
Glas Tulaichean	1051	NO051760	31/5/02	Tim. Fine. Long Day. \rightarrow
Carn an Righ	1029	NO028772	31/5/02	$Marn nan Carn \rightarrow$
Beinn Iutharn Mhor	1045	NO045792	31/5/02	Marn nan Carn, Beinn Iutharn Beag.
Carn Bhac	946	NO051832	4/7/03	David, Christian. Clear to high cloud as day went on. Inverey, Auchalie, Creag an Lochan, Carn Creagach, CB, top \rightarrow
An Socach - West Summit	944	NO079799	4/7/03	Top, Ridge. 9hrs.
The Cairnwell	933	NO135773	17/5/98	Family. Lunch. Fine views. \rightarrow
Carn a'Gheoidh	975	NO107767	17/5/98 9/7/10	Peter, David → Janet. Cloud, rain 30' visibility, clearing at end of day. Munro and Top, Carn Bhinnein.
Carn Aosda	917	NO134792	17/5/98	(JKA)

The Torridon Mountains (9/9)

926 962 933	NG964519 NG959504 NG924498	20/5/93 20/5/93 18/5/96	Dad. Clear Skies. Excellent visibility. Self Self. Coulags (9:00)-Coll (11:00)-Meall nan Ceapairean-Coll-Maoll to Glasnock (3:00). Mixed weather. Fine views of Torridons.
922	NG859601	7/8/03 7/9/06	Janet, David, Ellie, Laura. High Cloud, sunny, somewhat hazy.→ Janet, David and Kirsten Dudley. Cloud on tops.
986	NG865613	7/8/03	Horns of Alligin.
1010	NG951611	22/5/96	Lenny. Coire Mhic Fhearchair-R-Coinneach Mhor-Sail Mhor-Coinneach Mhor-
993	NG966597	22/5/96	Sgur Bann- Sgur nan Fhir Dubh. Scree slope descent. Mixed weather. Summit in clouds; views from tops.
1055	NG929579	5/8/03	Andrew, David. Very high cloud, sunny. Extensive views. Glen Cottage, Stuc a'Choire Duibh Bhig (2 1/4 hrs), Coire Liath Mhor, SCL
1023	NG912577	5/8/03 4/9/10	Am Fasarinen, Top, MR, Allt an Tuill Bhain (8 hrs). Very high cloud, good visibility. With J to Loch Coire na Caime. Coire na Caime then up grassy gully to col just below Meall Dearg (North Top).
	962 933 922 986 1010 993 1055	962 NG959504 933 NG924498 922 NG859601 986 NG865613 1010 NG951611 993 NG966597 1055 NG929579	962 NG959504 20/5/93 933 NG924498 18/5/96 922 NG859601 7/8/03 7/9/06 986 NG865613 7/8/03 1010 NG951611 22/5/96 993 NG966597 22/5/96 1055 NG929579 5/8/03 1023 NG912577 5/8/03

Glen Affric to Kintail		(22/22)		
Toll Creagach	1054	NH194283	29/6/98	Peter, David, Lindsay. Cloud 2.2K, some clearing. \rightarrow
Tom a'Choinich Mam Sodhail	1112 1181	NH163273 NH120253	29/6/98 30/6/98	7.5 hours. Self. Affric Lodge, Sgurr na Lapich, Mullach C Rainich. Lunch at Cairn. Hill Fog. Visibility 5-10m. 3:15 →
			23/7/10	Janet. High cloud. Summits clear all day. Base of An Tudair Beag, Creag a Chaorainn, Creag Coire nan Each, Stob Cire Coulavie, Ciste Dubh, An Tudair Beag, Ciste Dubh (meet J) →
Carn Eighe	1183	NH123262	30/6/98	(bad error: \rightarrow Mam Sodhail \rightarrow Carn Eighe. Dont eat apple and look at compass at the same time.) Stob Coire Lochan \rightarrow
			23/7/10	Creag na n'Eighe, Stob a'Choire Dhomain, Sron Garb, An Leth-chreag, Tom a'Choinich Beag. 9:45
Beinn Fhionnlaidh	1005	NH115282	30/6/98	Just clearing in Bealach \rightarrow Carn Eighe 6:50. Still hill fog. Stob a'Choire Dhomhain. Cramping in thigh. Gleann
An Socach	921	NH088230	2/4/09	nam Fiadh to get warm. 9:40. David. Cycled. No cloud for much of
Mullach na Dheiragain	982	NH081259	17/5/08	day and sunny. Snow underfoot. Hazy. Self. Started in hill cloud and rain. Then cleared to high cloud and excellent visibility. Cycled to falls of Glomach, then via Iron Lodge. Cut across from Bealach na Daoine to pick up top. →
Sgurr nan Ceathreamhnan	1151	NH057228	17/5/08	After western top, the two northern tops then return to demoted top and return via falls of Glomach. About 12 hours.
Beinn Fhada	1032	NH018192	18/5/08	Self. Morvich, Sgurr Choire Ghairbh, lovely ridge and western top. Long walk to Eastern top then Beinn Fhada. Meall a Bhealaich. Very steep descent by east. →
A'Ghlas-bheinn	918	NH008231	18/5/08	Return via wrong ridge! 200 metres of forest. 10 hrs.
Carn Ghluasaid	957	NH146125	13/8/05	David, Tim, David W. Hill cloud from 2.5K→top→
Sgurr nan Conbhairean	1109	NH129139	13/8/05	Sun trying to break through, though 50' visibility→
Sail Chaorainn	1002	NH133154	13/8/05	Lunch on first top. Rain, though cloud high enough for views. →2nd top. Return. Demoted top then Sgurr nan Conbhairean, top and lovely ridge down to Loch Cluanie. Cloud clearing for views, then heavy rain at bottom.

A'Chralaig	1120	NH094148	5/9/06	Janet, David and Kirsten Dudley. Rain and cloud on tops. \rightarrow
			19/9/09	Kenny. Managed Top then cloud/rain set in. Lots of cloud.
Mullach Fraoch-choire	1102	NH095171	5/9/06	Missed the first Top because of poor visibility.
			19/9/09	Kenny. NE Top. Cloud lifting for re-
				turn. Good visibility.
Ciste Dhubh	979	NH062166	22/10/05	Cloud mostly above summits. A little
				sleet on summit. Started walk in form
				Cluanie with David, \rightarrow
Aonach Meadhoin	1001	NH049137	22/10/05	Janet, Alethea. They skipped Ciste
			, ,	Dhubh and returned after summit. \rightarrow
Sgurr a'Bhealaich Dheirg	1036	NH035143	22/10/05	Cold wind. Reasonable visibility. \rightarrow
Saileag	956	NH018148	22/10/05	Steep descent to meet J+A by road.
Sgurr na Ciste Duibhe	1027	NG984149	89	Nigel
Sgurr na Carnach	1002	NG977158	89	Nigel
Sgurr Fhuaran	1067	NG978167	89	Nigel
Sgurr a'Bhealaich Dheirg Saileag Sgurr na Ciste Duibhe Sgurr na Carnach	1036 956 1027 1002	NH035143 NH018148 NG984149 NG977158	22/10/05 22/10/05 89 89	Cluanie with David,→ Janet, Alethea. They skipped Ciste Dhubh and returned after summit. → Cold wind. Reasonable visibility.→ Steep descent to meet J+A by road. Nigel Nigel

Glen Cannich to Glen Carron (15/15)

An Socach	1069	NH100332	13/04/07	David. Clear skies, hazier later in day but fine views. Ferry→
An Riabhachan	1129	NH134345	13/04/07	Some snow on summits. \rightarrow
Sgurr na Lapaich	1150	NH161351	13/04/07	And demoted Munros. David sat. \rightarrow
Carn nan Gobhar	992	NH182344	13/04/07	Started at dam at 9:00. Returned 7:45.
Sgurr na Ruaidhe	993	NH289425	14/04/07	David. Much hazier than previous day.→
Carn nan Gobhar	992	NH273439	14/04/07	Lots of people. 12 or so cars at gate. 9:25 start. \rightarrow
Sgurr a'Choire Ghlais	1083	NH259430	14/04/07	Felt time pressure because of gate closure but no problem. \rightarrow
Sgurr Fhuar-thuill	1049	NH236437	14/04/07	and tops. Excellent stalkers path down. 6.5hrs to road and got lift.
Maoile Lunndaidh	1007	NH135458	3/8/08	Kenny. Walked in to cap at Pollan Buidhe. Very top in cloud, clearing on and off with views down L.Monar and other hills. Carn nan Fiacian, Fuartholl Mor then over summit.
Bidein a'Choire Sheasgaich	945	NH049412	4/8/08	Kenny. Via Beinn Tharsuinn. Clouds on summits, lifting as day went on and cloud made finding route up difficult. \rightarrow
Lurg Mhor	986	NH065404	4/8/08	Kenny. And top. Dropped down from bealach and went high over Beinn Tharsuinn shoulder.
Sgurr Choinnich	999	NH076446	17/5/93	Tim. 50' visibility. Rain.
Sgurr a'Chaorachain	1053	NH087447	17/5/93	Bidean an Eoin Deirg.
Moruisg	928	NH101499	21/6/05	David W. (Alison, Janet). Sunshine and showers. \rightarrow
Sgurr nan Ceannaichean	915	NH087480	21/6/05	First in cloud. Clearer from 2nd. (Demoted September 10, 2009.)

Ben Wyvis to Ben Hope	(11/11)		
Ben Wyvis - Glas Leathad Mor	1045	NH463684	5/6/04	Janet. Cloud on top, 30' visibility. An Cabar \rightarrow Glas Leathad Mor \rightarrow Tom a Choinnich \rightarrow (Janet in bivvy bag in dip) Glas Leathad Beag \rightarrow Fiacchlach \rightarrow return and descent from Tom a Choinnich.
Eididh nan Clach Geala	927	NH257842	24/5/05	D.W. High Cloud, cold wind. Inverlael \rightarrow Fine Stalkers path to ridge . Summit. Lovely be alach with lochs.
Meall nan Ceapraichean	977	NH257825	24/5/05	\rightarrow
Beinn Dearg	1084	NH259812	24/5/05	Lunch at base then climb. Amazing dry stone wall. \rightarrow
Cona' Mheall	978	NH274816	24/5/05	Then return.
Am Faochagach	954	NH303793	12/10/07	Self. Clear but mist for last 50m. Very boggy!
Seana Bhraigh	926	NH281878	13/10/07	Self. Inverlael and stalkers path. Cloud about 4K and remained clear. Walked around rim. Fine views. Big sky country.
Conival	987	NC303199	4/8/97	Self. Clear. \rightarrow
Ben More Assynt	998	NC318201	4/8/97	+ South Peak.
Ben Klibreck - Meall nan Cor	960	NC585299	1/4/07	Janet, Peter, David. Clear skies, somewhat hazy.
			1- 1	

NC477501

927

31/3/07

Janet, Peter, David. Clear skies.

Ben Hope

The Islands of Mull and Skye	(13/13)

Ben More Sgurr nan Gillean	966 964	NM526331 NG472253	7/91 9/7/07	John McCaskill David, Andrew R. Cloud $\sim 400 \mathrm{m}$. 10-20' visibility. Clearing on descent to fine. \rightarrow
Am Basteir	934	NG465253	6/7/12 9/7/07 6/7/12	David+Guide from west then David (A.R. returning). Fine Clear views. \rightarrow Sgurr a'Fion Choire \rightarrow David+Guide. And Basteir Tooth with
Bruach na Frithe Sgurr a'Mhadaidh - South-west Peak	958 918	NG461252 NG446235	9/7/07 11/7/07	abseil down. David. Self. Cloud ~400m. 10-15' visibility. Aimed for An Dorus but ended up on ridge NW of Sgurr a'Mhadaidh. →
Sgurr a'Ghreadaidh	973	NG445232	11/7/07	Traverse slow because of conditions. Took S top cautiously. Returned via
Sgurr na Banachdich - North Peak	965	NG440225	15/7/07	An Dorus. David, Tim. Some cloud on summits at times but clear to fine with good views. Beautiful evening. Mem. hut, Choire na Banachdich, scrambling to top then summit. Sgurr Thormaid then reascend Banachdich for descent towards An Diallaid then Alt Coire a'Greadaidh.
Sgurr Dearg - Inaccessible Pinnacle	986	NG444215	17/7/07	David, Tim, Vicky+guide (Skye Guides: Mike Lates). Mem. hut, Sgurr Dearg, Inn. Pin., Bealach Coire Lagan →
Sgurr Mhic Choinnich	948	NG450210	17/7/07	Descent via An Stac screes. Dry but thin cloud $\sim 2,500$ '. Clearing patches for views.
Sgurr Dubh Mor	944	NG457205	19/7/07	Janet, David, Farshid. Camp. Coir a'Ghrunda, Sgurr Dubh an Da Bneinn, summit, SDaDB (J+F descend via bealach).→
Sgurr nan Eag	924	NG457195	19/7/07	(David). Cloud ∼3000' and clearing. Good views in pm. All Cuillin visible.
Sgurr Alasdair	992	NG449208	20/7/07	Tim, Farshid. Sron na Ciche, Sgurr Sgumain, Sgurr Alasdair, Sgurr Thearlaich. Descent via great stone shoot Coire Lagan. High cloud. All Cuillin visible.
Bla Bheinn (Blaven)	928	NG530217	12/7/07	Rowell family to lunch ~400m. then cloud 20' visibility. Janet, Alethea, Laura, Ellie ascended on ridge SE of S top. Thought summit initially. Summit+return traverse as knew path and visibility poor.

The Cairngorm Mountains ((18/	'18)
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The Cairngorm Mour	ntains	18)		
Beinn a'Bhuird - North Top	1197	NJ092006	8/9/04	Self. Invercalud. Perfect weather. S. Top \rightarrow A Choich \rightarrow N. Top \rightarrow Stob an t'Sluichd \rightarrow Cnap a' Chierich \rightarrow
Ben Avon - Leabaidh an Daimh Bhuidhe	1171	NJ132019	8/9/04	Sneck \rightarrow S.W. Top \rightarrow Ben Avon \rightarrow S.W. Top \rightarrow Carn Eas \rightarrow Creag an Dail Mhor \rightarrow Invercauld.
			15/8/10	Janet. High broken cloud, great visibility. Cycle Tomintoull beyond Inchrory. Meall Gaineimh (J stays). East Meur Gorm Craig, Big Brae, Stuc Garbh Mhor, Clach Choutsaich, Mullach Lochan nan Gabhar, Stob Bac an Fhurain, West Meur Gorm Craig, descent as up. (5hrs walking, 1.75 cycle.)
Beinn Bhreac	931	NO058970	7/11/03	David + Christian. Cycle to foot of BB. Hill fog clearing nearing plateau, then lovely and clear. Cold wind. →
Beinn a'Chaorainn	1082	NJ045013	7/11/03	Across Plateau to Top then Ba'C. Descent into Glen Derry.
Ben Macdui	1309	NN989989	6/90 17/7/10	David Power. Top on route of ascent. David. Tim P. Cycled to Derry Lodge. D+T did Carn a'Mhaim. Self, Sron Riach, Stob Coire Putan Dearg. Were to meet here but cloud/rain descended. Creagan a'Choire Etchachan, Sgurr an Lochan Uaine. Return to ridge and met T+P above Lochan. Top (they also did summit) and then Stob Coire Etchachan.
			8/06/13	Janet,M&K Poolman (+2) together with Cairn Gorm and tops.
Carn a'Mhaim	1037	NN994952	24/9/04	David. Fine weather, though cold. Cycled to Derry Lodge. David felt sick and stopped 200m before summit.→
Derry Cairngorm	1155	NO017980	24/9/04	David felt better at Lubuig bridge. Walked up glen to Derry and returned.
Cairn Gorm	1245	NJ005040	6/90 9/08/09	David Power Janet. High clouds, excellent visibility. Demote Munro D Srnon a'Chano, T. Cnap Coire ns Spreidhe, CG, DM. Fiacaill a Choire Chais, T. Stob Choire t-Sneachda, DM. Fiacaill Choire t-Sneachda, T. Cairn Lochan, DM. Fiacaill na Leth-Choin, T. Creag a Leth-Choin, DM. Creag a Leth-Choin, DM. Creag a Leth-Choin.
			8/06/13	Janet, M&K Poolman (+2). As above, picking up Ben Macdui enroute. Great visibility.
Beinn Mheadhoin Bynack More	1182 1090	NJ024016 NJ042063	6/90 13/8/03	David Power Janet and Alethea. Sunshine beginning and end. Cloud and high wind on top. $BM \to A'$ Choinneach \to Bynach Beg.

Braeriach	1296	NN953999	15/8/03	Kenny. Glen Einich \rightarrow Sròn na Lairige \rightarrow B \rightarrow Top, Einich Cairn, Top \rightarrow
Cairn Toul	1291	NN963972	15/8/03	$(Kenny departs) \rightarrow$
Sgor an Lochain Uaine	1258	NN954976	15/8/03	→ Top. Return via stalkers path into Glen Einich. Clear (high cloud) and windy.
Beinn Bhrotain	1157	NN954923	21/5/04	David+Christian. Sunshine and snow. Cycled to White Bridge. Top \rightarrow snow before summit, then cleared. \rightarrow
Monadh Mor	1113	NN938942	21/5/04	snow before summit \rightarrow Tom Dubh \rightarrow Lochain \rightarrow
The Devil's Point	1004	NN976951	21/5/04	Followed Dee to White Bridge.
Sgor Gaoith	1118	NN903989	18/5/02	Self. Showers, but plateau mostly clear. Geal Charn, Meall Buide, Sgoran Dub Mor, SG, Carn Ban Mor, Meall Dubhag →
Mullach Clach a'Bhlair	1019	NN883927	18/5/02	Doillaid Coire Endarl, Carn Ban Mor \rightarrow Auchlean.
Sgor Gaoith	1118	NN903989	9/06/13	Janet, M&K Poolman (+2). Geal Charn, Meall Buide, Sgoran Dub Mor, SG, Separated after SG.

Loch Eil to Glen Sh	iel	(26/26)		
Gaor Bheinn (Gulvain)	987	NN002876	16/5/04	Self. Cloud lifted to give clear views at top, though Knoydart was in cloud.
Sgurr Thuilm	963	NM939879	15/5/04	J. Mostly cloud, about 100' visibility, though lifting in parts. \rightarrow
Sgurr nan Coireachan	956	NM903880	15/5/04	No clear views.
Meall na Teanga	918	NN220925	21/5/01	Andrew R. Cool but good views. \rightarrow
Sron a'Choire Ghairbh	937	NN222945	21/5/01	High cloud.
Gairich	919	NN025995	9/4/04	Self. Sunshine and showers. Clouds on last 500 ft.
Sgurr nan Coireachan	953	NM933958	29/4/06	Tim. Sunshine. Some snow on hills. Walk in. \rightarrow
Garbh Chioch Mhor	1013	NM909961	29/4/06	top. Clear. \rightarrow
Sgurr na Ciche	1040	NM902966	29/4/06	Clouds forming below summit, but views over this. Some snow to go through. Long walk out in sunshine. 10 hrs.
Sgurr Mor	1002	NM965980	31/3/09	Tim. Mostly higher cloud. Surrounding summits cloudy.
Luinne Bheinn	939	NG869008	27/4/06	Tim. Barrisdale. Started in cloud. This cleared on leaving summit. \rightarrow
Meall Buidhe	946	NM849989	27/4/06	Good views. Return via mam Barrisdale in sunshine.
Ladhar Bheinn	1020	NG824040	28/4/06	Tim. Barrisdale. Started in clear skies. Top clear, but cloud just over summit. Got beneath this for return via mam Barrisdale.
Beinn Sgritheall	974	NG836126	23/10/05	David. Clouds to south but above summits. Some sun. Cold. Reasonable views. Traverse including top.
Gleouraich	1035	NH039054	7/4/04	J,P,D. Sunshine and showers. Sun at top. J hurt knee and retired hurt. \rightarrow
Spidean Mialach	996	NH066043	7/4/04	P,D.
Sgurr a'Mhaoraich	1027	NG984065	26/4/06	Tim. Sunshine and snow. Clear at summit and top. Some snow to cross.
Creag a'Mhaim	947	NH088078	21/8/04	P, D, Kenny, Gordon Roy, Jane. \rightarrow
Druim Shionnach	987	NH074085	21/8/04	Clear, with broken cloud at about \rightarrow
Aonach air Chrith	1021	NH051083	21/8/04	1,000'. Good views with haze/murk \rightarrow
Maol Chinn-dearg	981	NH032088	21/8/04	on distant hills. Some sunshowers \rightarrow
Sgurr an Doire Leathain	1010	NH015099	21/8/04	from 5-7 but clear on tops. \rightarrow
Sgurr an Lochain	1004	NH005104	21/8/04	Great day. $\sim 10 \text{ hrs.} \rightarrow$
Creag nan Damh	918	NG983112	21/8/04	Path down Allt Mhalagain.
The Saddle	1010	NG936131	11/7/08	P, D. P went own way at clouds on Forcan ridge. Clouds, drizzle at about 800m, gradually lifting through day. Did all the tops, mostly in cloud. →
Sgurr na Sgine	945	NG946113	11/7/08	Cleared by the late afternoon with good views south. $\sim 8.5~\mathrm{hrs}$

Loch Linnhe to Loch Ericht			(34/34)	
Sgurr Eilde Mor	1010	NN231658	13/7/03	Self. Mamore Lodge, Clouds lifting for SEM \rightarrow
Binnein Beag	943	NN222677	13/7/03	Clouds lifting \rightarrow
Binnein Mor	1130	NN212663	13/7/03	in clouds. South top, Sgurr Eilde Beag
			_3/ 1/ 33	$(top) \rightarrow$
Na Gruagaichean	1056	NN203652	13/7/03	Top, Mamore Lodge, Kinlochleven. 8.5hrs. Lovely evening.
An Gearanach	982	NN187670	21/5/05	Janet, David. Steal Bridge→
Stob Coire a'Chairn	981	NN185661	21/5/05	Sunshine+showers. Some snow, hail
Am Bodach	1032	NN176651	21/5/05	but cloud lifted often for
Sgurr a'Mhaim	1099	NN165667	21/5/05	good views.
Mullach nan Coirean	939	NN122662	22/5/05	Self. Mostly higher cloud. \rightarrow
Stob Ban	999	NN148654	22/5/05	Some rain on way down.
Ben Nevis	1344	NN166713	7/83	Janet
			10/7/09	J. Fine weather, excellent views. Carn
			- / - /	Dearg South, Summit, Carn Dear
				North via tourist route mostly.
Carn Mor Dearg	1220	NN177722	31/12/08	Janet. North Face car park. Very icy
	_		- / /	underfoot. Inversion layer at 900m then
				clear above. Carn Beag Dearg then
				Carn Dearg Meadhonach then summit
				and return by same.
Aonach Beag	1234	NN196715	27/12/08	Janet, David, Kenny. Glen Nevis
G			, ,	CP, Steal, Sgurr a'Bhuic, Stob Coire
				Bhealaich then summit. Icedome on
				top. Extraordinarily clear. Tremen-
				dous views.
Aonach Mor	1221	NN193729	5/1/05	Peter, David, David W. High gusts
			, ,	driving (fallen) snow meant boys
				wanted to stop at one. Visibility about
				10m- hard to find summit cairn. Gon-
				dola for walkers at 8:00: the others
				would have taken it if not missed.
			9/7/09	J. High Cloud, good visibility with cool
				breeze. Went via eastern ridge (won-
				derful) picking up tops and Stob an Cul
				Choire. Great day.
Stob Choire Claurigh	1177	NN262739	25/7/06	Self. High Cloud, hazier late afternoon.
				Hot, but cooling breeze on ridge. Stob
				Coire na Gaibhre \rightarrow St. Coire na Cean-
				$\mathrm{nain} \to \mathrm{demoted} \ \mathrm{top} \to \mathrm{summit} \to$
Stob Coire an Laoigh	1116	NN240725	25/7/06	$3 \text{ tops} \rightarrow \text{summit} \rightarrow \text{top} \rightarrow$
Sgurr Choinnich Mor	1094	NN227714	25/7/06	hard work in heat! The grass helped
				decide the top \rightarrow summit \rightarrow top \rightarrow last
				top of Grey Corries. Return 9.5 hrs.
Stob Ban	977	NN266724	12/4/05	David W. Sunshine and showers (hail,
				snow). Clear views from top to nearby
				snow covered hills.

Stob a'Choire Mheadhoin	1106	NN316736	30/12/03	biting wind (estimated -20 on top, -11 recorded by car thermometer). Snow.
Stob Coire Easain	1115	NN308730	30/12/03	Fersit, SCM, \rightarrow return via glen and railway line. 7.5 hours, walking in twilight of half moon.
Stob Coire Sgriodain	979	NN356744	9/4/03	JPDA. Cleared as we climbed. Fersit, SCR, Top, Top (Meall Garbh) \rightarrow
Chno Dearg	1046	NN377741	9/4/03	Many Fine views.
Beinn a'Chlachair	1087	NN471781	10/8/00	Tim, Vicky. Mist, little visibility \rightarrow
Geal Charn	1049	NN504812	10/8/00	clearing \rightarrow
Creag Pitridh	924	NN488814	10/8/00	fine views.
Beinn na Lap	937	NN376696	3/7/09	Last Munro. Train from Crianlarich to Corrour. Cloud above summit, though distant peaks covered and rain (getting heavier) on way down direct to Loch. J, K, D, A, Kenny Roy, Tim Rowell, Derrick Gordon, John+Jenny Storey, Tim+Anna-Lauren Packer+Burim, Lisa, Emma, Katherine Poolman, Andrew Ng, Scott Burton.
Stob Gaibhre	955	NN444674	16/7/03	Self. High Cloud, distant but hazy views. Corrour Lodge, Sgor Choinnich, SG (2hrs) \rightarrow
Carn Dearg	941	NN418665	16/7/03	(3hrs) Youth Hostel (4hrs). Swim in Loch, Corrour station and train.
Carn Dearg	1034	NN504764	21/6/03	Kenny, Lenny, Euan R. \rightarrow Diollaid a'Chairn, Sgur Iutharn \rightarrow
Geal-Charn	1132	NN470746	21/6/03	Mostly cloud →
Aonach Beag	1116	NN458742	$\frac{21}{6}/03$	→
Beinn Eibhinn	1102	NN449733	21/6/03 $30/8/10$	\rightarrow Top, Missed Top \rightarrow Self. Superb visibility. Corrour to missed top, Meall Glas Choire.
Ben Alder	1148	NN496718	21/6/03	\rightarrow 50' mist. \rightarrow Sron Coire na h Iolaire
Beinn Bheoil	1019	NN517717	21/6/03	13hrs+3 cycle.

Loch Maree to the Fannaichs (19/19)

Slioch A'Mhaighdean	981 967	NH004691 NH007748	85 13/7/08	Rowells D. Poolewe. Started with cloud on tops.
TI Minus Siracuii	001	1111001110	10/1/00	This lifted by midmoring on way in.
				3.5hrs to causeway. Clear on climb up ridge, but wind. \rightarrow
Ruadh Stac Mor	918	NH018756	13/7/08	return via stalkers path. Some sporadic
				drizzle on descent to loch and there-
				after, though summits cloud free. 12.5 hrs.
Beinn a'Chlaidheimh	916	NH061775	4/7/06	D+Andrew R. Corrie Hallie to
				Shenevall + camped. Hazy +hot. \rightarrow
Sgurr Ban	989	NH055745	4/7/06	clear on tops \rightarrow
Mullach Coire Mhic Fhearchair	1019	NH052735	4/7/06	$+\text{tops}\rightarrow$
Beinn Tarsuinn	937	NH039727	4/7/06	Return Shenevall +walk out. Long day.
An Teallach - Sgurr Fiona	1060	NH064837	7/7/04	J, P, D. Some early showers but cleared
				with fine views and high cloud. Sail
				Liath and tops (J+boys couldnt make
				all tops). South top of Sgurr Fiona. \rightarrow
An Teallach - Bidein	1062	NH069843	7/7/04	Glas Toll to Corrie Hallie car park.
a'Ghlas Thuill			0-1-140	
			27/7/10	J. Andrew, Ellie, Laura, Alexia. Cloud
				and drizzle, clearing at top. Glas Meall
				Mor, Glas Meall Liath (self). From Dundonnell
An Coileachan	922	NH241680	6/7/04	Self. Sunshine and showers. Views
Tin Concachan	322	111241000	0/1/04	from all tops. \rightarrow top \rightarrow
Meall Gorm	949	NH221696	6/7/04	$\rightarrow \text{top} \rightarrow$
Sgurr Mor	1110	NH203718	6/7/04	\rightarrow
Beinn Liath Mhor Fan-	954	NH219724	6/7/04	\rightarrow Sgurr Mor , Carn na Criche \rightarrow
naich				
Meall a'Chrasgaidh	934	NH184733	6/7/04	\rightarrow
Sgurr nan Clach Geala	1093	NH184715	6/7/04	\rightarrow
Sgurr nan Each	923	NH184697	6/7/04	Return to Loch a' Bhraoin.
Sgurr Breac	999	NH158711	22/6/05	David W. Very windy&wet. \rightarrow
A'Chailleach	997	NH136714	$\frac{22}{6}/05$	Some compass work needed.
Fionn Bheinn	933	NH147621	6/6/04	Self. Cloud. 30' visibility.