

# SO Chun Lok, Harry

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## Education

### **The Chinese University of Hong Kong**

2020 Aug – Present

B.S.Sc. in Psychology (Cognitive Science)

- Cumulative GPA: 3.72 / 4.0; Dean's List (2020-2021 & 2021-2022)

### **Soka University**

2021 Aug

Summer Intensive Program 2021

- Japan in Global Business: Humanism/SDGs, Soft Power & Post-COVID19 Leadership

## Experience

### **Jockey Club TourHeart+ Project**

2022 Jun – Present

Online Coach

- Facilitate 10 working adults monthly on taking online mental health courses involving low intensity cognitive-behavioral therapy (CBT) and mindfulness-based therapy
- Received trainings in guided self-help for low intensity psychological interventions and supervised by 2 clinical psychologists

### **Expivotal Consultancy**

2021 Oct – 2022 May

I/O Psychology Intern

- Developed 3 mock assessment center tasks with one task used in a career event launched by The Hong Kong Polytechnic University
- Refined the personality-based competency assessment scale – POLAR used for company's coaching service
- Researched and prepared presentation materials for 3 online workshops on I/O psychology topics including emotional intelligence and employee engagement

### **Motivation and Emotion Laboratory, CUHK**

2021 Jul – 2022 May

Laboratory Student Assistant

- Conducted experiments for 3 ongoing studies and collected participants' physiological and cognitive data using BioLab and MATLAB

## Skills

Programming Languages: R, Python, HTML, CSS

Technical Tools: SPSS, jamovi, Qualtrics, WordPress, GitHub, Word, Excel, PowerPoint

Statistical Analyses: analysis of variance, correlation, chi-square, linear and multiple regression, exploratory (EFA) and confirmatory factor analysis (CFA)

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|----------------------|---|---------------------|
| Certificate          | Inferential Statistics, <b>Duke University, Coursera</b>                      | Issued 2022 Jul     |
|                      | Introduction to Probability and Data with R, <b>Duke University, Coursera</b> | Issued 2022 Jul     |
|                      | Python Data Structures, <b>University of Michigan, Coursera</b>               | Issued 2021 Aug     |
| Service & Activities | Contributing Writer, <b>CURare GoGo Service Team – Rare Human Library</b>     | 2022 Jan – 2022 May |
|                      | Student Mentor, <b>Department of Psychology, CUHK</b>                         | 2021 Oct – 2022 May |
|                      | Financial Secretary, <b>Psychology Society, CUSU (2021)</b>                   | 2021 Feb – 2021 Dec |
|                      | Deputy Editor-in-chief, <b>Chinese University Student Press</b>               | 2021 Apr – 2021 Sep |