

alok.giri@ncit.edu.np

What is TDD?

Definition:

Test-Driven Development (TDD) is a software development approach where developers **write tests before writing the actual code** that satisfies those tests.

Core Idea:

- Tests drive the design and structure of the software.
- You only write enough code to pass the test.

Key Characteristics:

- Focus on small, iterative development
- High level of test coverage
- Refactoring happens with confidence

TDD vs Traditional Testing

The TDD Cycle – Red → Green → Refactor

Overview:

TDD follows a **three-step cycle** for every feature or function:

1. **Red** – Write a failing test

2. **Green** – Write just enough code to make the test pass 3.

Refactor – Improve the code without changing functionality

Step 1 – RED: Write a Failing Test

Goal:

Start by writing a **test for a specific behavior or requirement**. The test should **fail initially** because the corresponding code doesn't exist yet.

Why?

- Confirms that the test detects missing or incorrect functionality
- Prevents false positives

Example (Python):

python

```
def test_addition():  
  
    assert add(2, 3) == 5 # The function 'add' is not
```

implemented yet

Step 2 – GREEN: Make the Test Pass

Goal:

Write **just enough code** to pass the test. Avoid over engineering or adding unnecessary features.

Focus:

- Minimal implementation
- Avoid premature optimization

Example (Python):

```
python  
def add(a, b):  
    return a + b
```

Important: Don't worry about elegance or edge cases at this point. Just

make the test pass.

Step 3 – REFACTOR: Improve the Code

Goal:

Clean and improve the implementation without breaking any tests.

Common Refactorings:

- Rename variables
- Simplify logic
- Remove duplication
- Apply design patterns

Safety Net:

All tests remain **green**, ensuring that behavior hasn't changed.

Benefits of TDD

1. Higher Code Quality:

- Forces developers to consider use cases and edge cases early.

2. Less Debugging:

- Issues are caught immediately during development.

3. Better Design:

- Encourages modular, loosely-coupled code.

4. Improved Developer Confidence:

- Easy to refactor and extend code safely.

5. Living Documentation:

- Tests describe what the code is supposed to do.

6. Faster Feedback Loop:

- Errors are detected quickly and fixed early.

Challenges of TDD

1. Initial Learning Curve:

- Requires change in mindset and discipline.

2. Slower Start:

- Initial development may feel slower due to writing tests first.

3. Over-Testing:

- Risk of writing tests for trivial code.

4. Refactoring Tests:

- Test maintenance can be time-consuming if code changes frequently.

5. Difficult for UI/UX Logic:

- Not all layers (like UI/UX) are easily testable in TDD fashion.

When to Use and Avoid TDD

Use TDD:

- Backend services
- Algorithms and core business logic
- APIs and SDKs
- Applications requiring long-term maintenance

Avoid TDD:

- Rapid prototyping
- UI/UX-heavy design where visual feedback is key
- One-off scripts or disposable code

What is BDD?

Definition:

Behavior-Driven Development (BDD) is a software development practice that encourages **collaboration between developers, QA, and non-technical stakeholders** to define the behavior of a system in **plain language**.

Core Idea:

- Uses **natural language constructs** to describe software behavior
- Focuses on the **expected outcome** rather than implementation

Key Principle:

If we can describe it clearly, we can build it correctly.

Evolution from TDD to BDD

BDD vs TDD

Criteria	TDD	BDD
Goal	Validate functionality	Validate behavior
Test Format	Code-based assertions	Readable scenarios (Given-When-Then)
Communication	Developer-centric	Cross-team (dev, QA, business)
Documentation	Often buried in code	Living documentation
Readability	Requires technical knowledge	Designed for non-technical stakeholders

Structure of BDD – Given, When, Then

The Gherkin Syntax:

- **Given:** Initial context or precondition
- **When:** Event or action taken
- **Then:** Expected outcome or result

Advantages:

- Makes requirements **testable**
- Easy for all stakeholders to **understand and verify**

Writing Effective BDD Scenarios Tips

for Clear, Concise, and Testable Scenarios:

1. Focus on business value:

- Scenarios should reflect real user behavior.

2. Use simple and consistent language: ○ Avoid technical jargon.

3. Keep scenarios short and atomic:

- One behavior per scenario.

4. Avoid overlapping conditions:

- Separate out unrelated behaviors.

5. Use roles and actions clearly:

- Who is doing what and why?

Benefits of BDD

1. Enhanced collaboration:

- Aligns technical and non-technical stakeholders.

2. Improved clarity of requirements:

- Business rules are explicitly defined in scenarios.

3. Living documentation:

- Scenarios serve as executable specs and up-to-date documentation.

4. Reduced miscommunication:

- Shared understanding through common language.

5. Faster test creation:

- Reusable steps and readable formats make test writing easier.

Challenges of BDD

1. Initial setup and training:

- Requires learning tools and process changes.

2. Overhead for simple projects:

- May be too heavy for small scripts or prototypes.

3. Scenarios can become too detailed:

- Risk of becoming verbose and brittle if over-specified.

4. Maintenance of steps:

- Common step definitions must be well-organized.

5. Misuse as a testing tool only:

- BDD is about collaboration and behavior, not just testing.

When to Use BDD

Best suited for:

- Agile teams with frequent collaboration
- Feature-rich applications with evolving requirements
- Projects where behavior is key to success (e.g., user workflows)

Avoid or limit BDD when:

- Team lacks communication with business users
- Small, one-off tools or utilities

- When requirements are too vague or volatile to formalize

Overview of Collaborative Programming

Definition:

Collaborative programming involves **two or more developers working together** in real-time on the same code base.

Why it matters:

- Encourages **continuous feedback**
- Promotes **collective ownership**
- Enhances **code quality and team learning**

Forms:

- **Pair Programming:** 2 developers
 - **Mob Programming:** 3 or more developers (often the whole team)

What is Pair Programming?

Definition:

Pair programming is a development technique where **two developers work together at one workstation** on the same task.

- One developer types the code (**Driver**)
- The other reviews and guides (**Navigator**)
- They frequently **switch roles**

Quote:

“Pair programming is a dialog between two people trying to simultaneously program and understand the problem and its solution.” – Laurie Williams

Roles in Pair Programming

1. Driver

- Writes the code
- Focuses on **syntax and implementation**
- Pays attention to immediate tasks

2. Navigator

- Reviews each line as it's written
 - Thinks about **design, strategy, and direction** ●
- Spots potential bugs, edge cases, and improvements

Modes of Pair Programming

1. Expert–Novice

- Experienced developer guides a beginner
- Great for **mentorship and onboarding**
- Balance required to keep the novice engaged

2. Ping-Pong Pairing

- One writes a **failing test**, the other writes **code to pass it**
- Then switch roles
- Follows **TDD** style

3. Remote Pairing

- Pairs work remotely using tools like **VSCode Live Share**, **Tuple**, **CodeTogether**
- Requires clear audio, fast internet, and screen-sharing

Benefits of Pair Programming

1. Improved code quality:

- Two sets of eyes reduce bugs and increase clarity

2. Faster knowledge sharing:

- Developers learn from each other

3. Better design decisions:

- Real-time discussion encourages thoughtful solutions

4. Increased team cohesion:

- Builds communication and mutual trust

5. Reduced bottlenecks:

- No single point of failure or dependency on one person

Challenges of Pair Programming

1. Initial drop in productivity:

- Can feel slower until the team adjusts

2. Personality mismatches:

- Requires interpersonal skills and mutual respect

3. **Fatigue:**

- Pairing can be mentally intense without breaks

4. **Not all tasks are suitable:**

- Trivial or repetitive tasks may not benefit

5. **Scheduling difficulties:**

- Matching availability can be tough in distributed teams

What is Mob Programming?

Definition:

Mob programming is a style of programming where **the whole team works together on the same task, at the same time, on the same computer.**

- One person is the **Driver**
- Everyone else acts as **Navigators**

- All decisions are made **collaboratively**

Quote:

“All the brilliant minds working on the same thing, at the same time, in the same space, and at the same computer.” – Woody Zuill

Roles in Mob Programming

1. Driver

- The only person typing
- Implements what is discussed
- **Does not make decisions alone**

2. Navigators

- Everyone else

- Discuss and guide the Driver
- Suggest improvements, spot issues, and strategize

Rotation Tip: Rotate the Driver every 10–15 minutes

Remote and In-Person Mob Programming

In-Person:

- One workstation with shared screen
- Use timer for rotation

Remote:

- Use tools like:
 - **Zoom/Teams/Google Meet** for voice/video
 - **VSCode Live Share**
 - **Miro or digital whiteboards** for brainstorming

Best Practices:

- Strong facilitation
- Clear goals and structure
- Frequent short breaks

Benefits of Mob Programming

1. Rapid knowledge sharing:

- Everyone learns together

2. Higher code quality:

- Multiple reviewers catch issues early

3. Shared ownership:

- Everyone understands the code base

4. Fewer interruptions:

- Team is aligned and focused

5. Real-time mentoring:

- Juniors learn from seniors instantly

Challenges of Mob Programming

1. Logistics and time zones:

- Harder to schedule full-team sessions

2. Overcommunication:

- Requires structure to avoid chaos

3. Burnout risk:

- Intense focus for extended periods

4. Cost concerns:

- Appears expensive (entire team working on one thing)

5. Requires strong facilitation:

- Otherwise can become inefficient

When to Use Pair vs Mob Programming

Use Pair Programming When:

- Two developers can work efficiently on a story
- Mentoring or onboarding a teammate
- Refactoring or debugging a specific feature

Use Mob Programming When:

- Complex or high-risk feature needs many inputs
- Onboarding a new team or aligning understanding
- Architectural decisions or major codebase changes

Why Focus on Maintainability?

Definition of Maintainability:

- The ease with which a software system can be understood, changed, and extended.

Why It Matters:

- Code is read far more often than it is written.
- Long-term cost of software is mostly **maintenance**, not initial development.

What is Refactoring?

Definition:

Refactoring is the process of **improving the internal structure of code** without changing its external behavior.

Key Goals:

- Enhance readability
- Improve design
- Reduce complexity
- Remove code smells

"Refactoring is like cleaning up your workspace—nothing changes in function, but everything becomes easier to work with." – Martin Fowler

Technique

Purpose

Rename Variable/Method

Improve clarity and naming

Extract Method

Break down long functions

Inline Method/Variable

Remove unnecessary abstraction

Remove Dead Code

Eliminate unused or unreachable code

Replace Magic Numbers

Use named constants for readability

Encapsulate Fields

Use getters/setters to protect state

Simplify Conditionals

Use guard clauses, remove nesting

Split Large Classes

Follow SRP and reduce coupling



Refactoring Techniques

When Should You Refactor?

Best Times to Refactor:

- **Before adding a new feature:** Clean up the area you'll work on.
- **While fixing bugs:** Understand and improve the faulty area. ●
- After code reviews:** Address quality feedback.
- **During TDD cycles:** The "Refactor" stage in Red-Green-Refactor.

Avoid:

- Refactoring without tests or clear understanding ●
- Big bang refactors with no incremental checkpoints

Benefits of Refactoring

1. Improved readability and understanding
2. Lower technical debt
3. Easier debugging and modification
4. Improved performance (when optimizing)
5. Better team collaboration through clean, consistent code

What is a Code Review?

Definition:

A code review is a **systematic examination of source code** by peers to identify bugs, improve code quality, and share knowledge.

Purpose:

- Find issues **before they reach production**
- Encourage **best practices**
- Promote **team-wide standards**

Types of Code Reviews

1. Synchronous Reviews:

- Real-time discussion via **pairing or walkthrough meetings**
- Tools: Screen sharing, IDE collaboration (e.g., Live Share)

2. Asynchronous Reviews:

- Developer submits a pull request (PR); reviewers comment later
- Common in distributed teams

- Tools: GitHub, GitLab, Bitbucket, Phabricator
- ## Reviewer Mindset

Constructive:

- Provide **specific and actionable** feedback.
- Avoid sarcasm or nitpicking.



Respectful:

- Use inclusive and polite language.
- Focus on the code, **not the coder**.

Collaborative:

- Ask questions instead of making assumptions.
- Offer suggestions, not demands.

Examples:

-  “This code is awful.”
-  “Could we simplify this method for readability?”

Author Mindset

Open to Feedback:

- Assume good intent from reviewers.
- Be willing to learn and adapt.

Prepare for Review:

- Run all tests
- Write meaningful commit messages
- Add comments for complex logic

Communicate Clearly:

- Tag reviewers appropriately • Explain

reasoning behind tricky code

Benefits of Code Reviews

- 1. Early bug detection**
- 2. Improved code quality**
- 3. Knowledge sharing among team members**
- 4. Mentorship and skill development**
- 5.**

Consistent coding standards

- 6. Team accountability and cohesion**

Refactoring + Code Review = Healthy Codebase

Why They Work Together:

- Refactoring improves code quality **internally**
- Code reviews enforce quality **externally**
- Together, they ensure the system remains clean, scalable, and

robust

Best Practice:

- Refactor **before submitting** code for review
- Use review comments as **refactoring triggers**