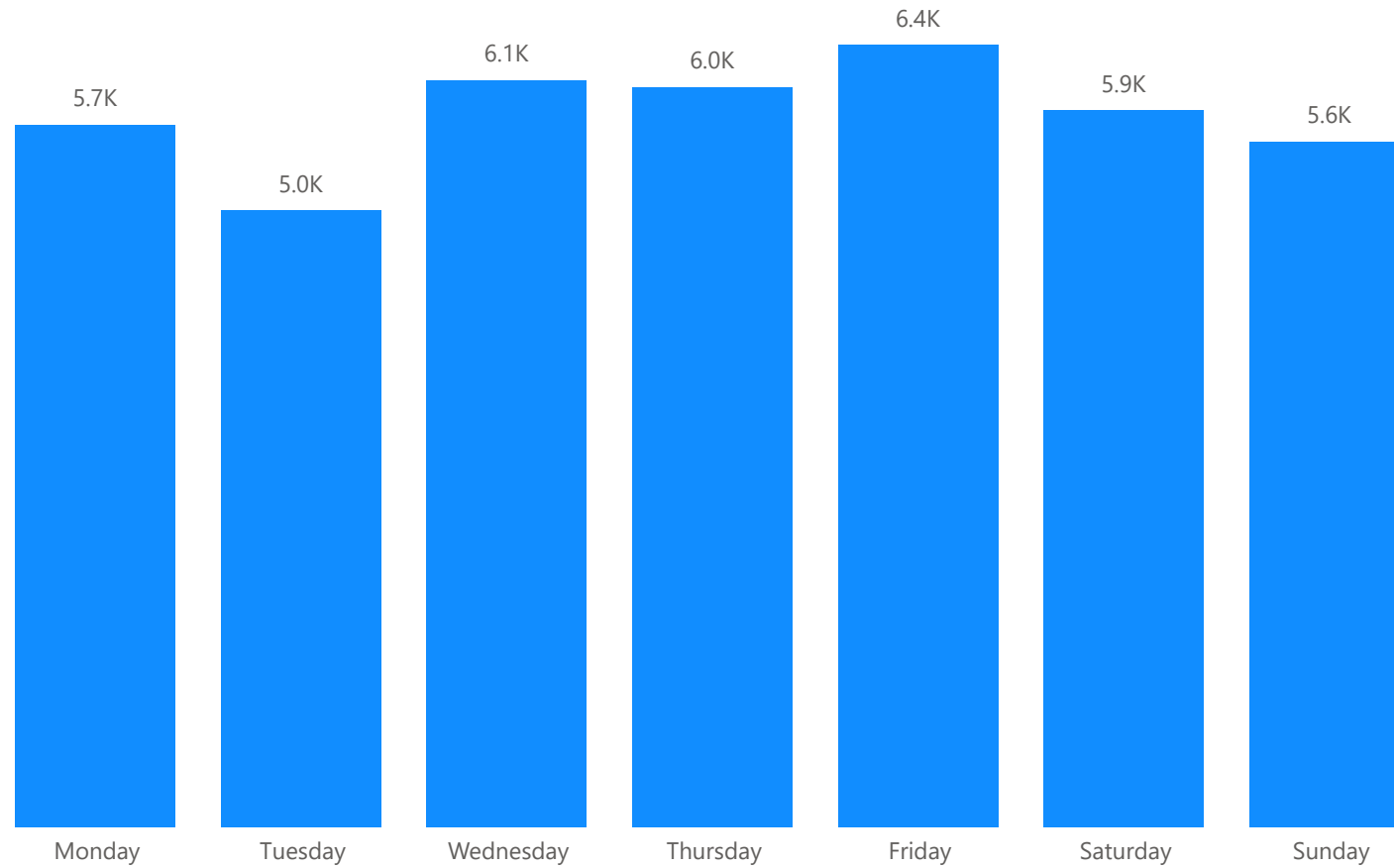
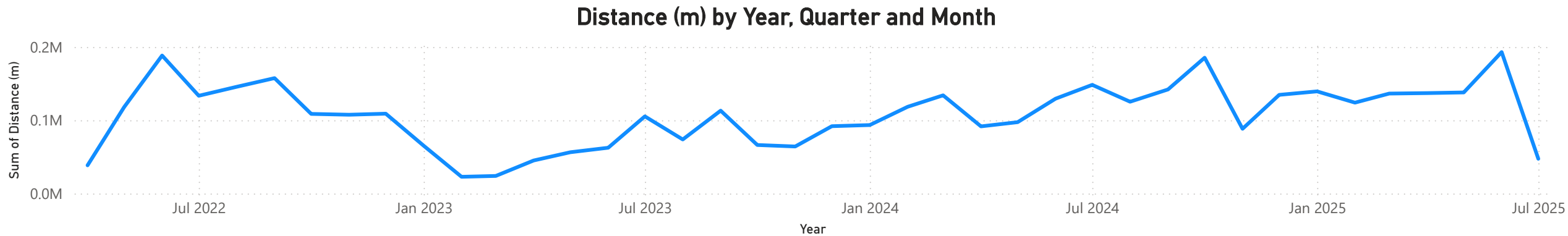
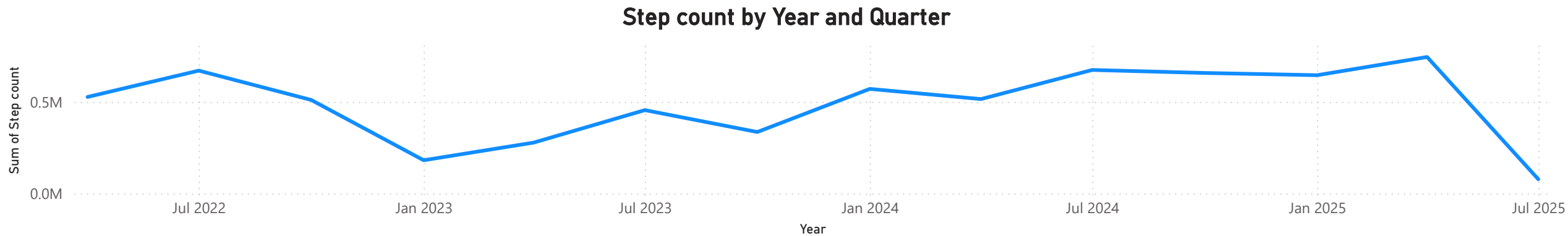
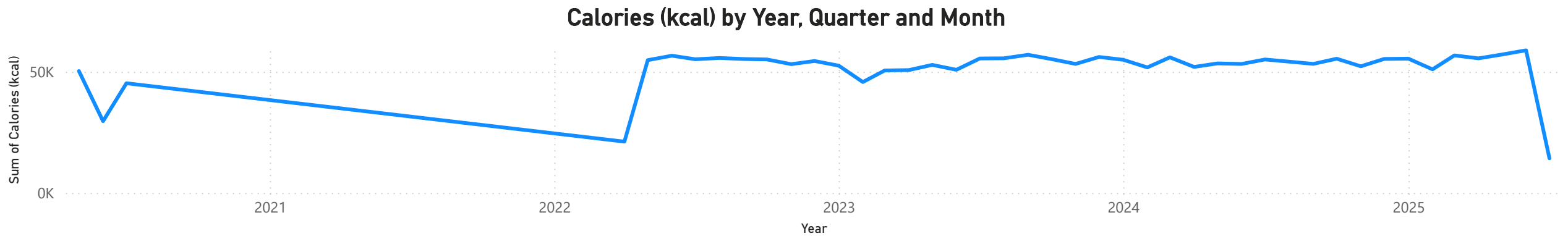
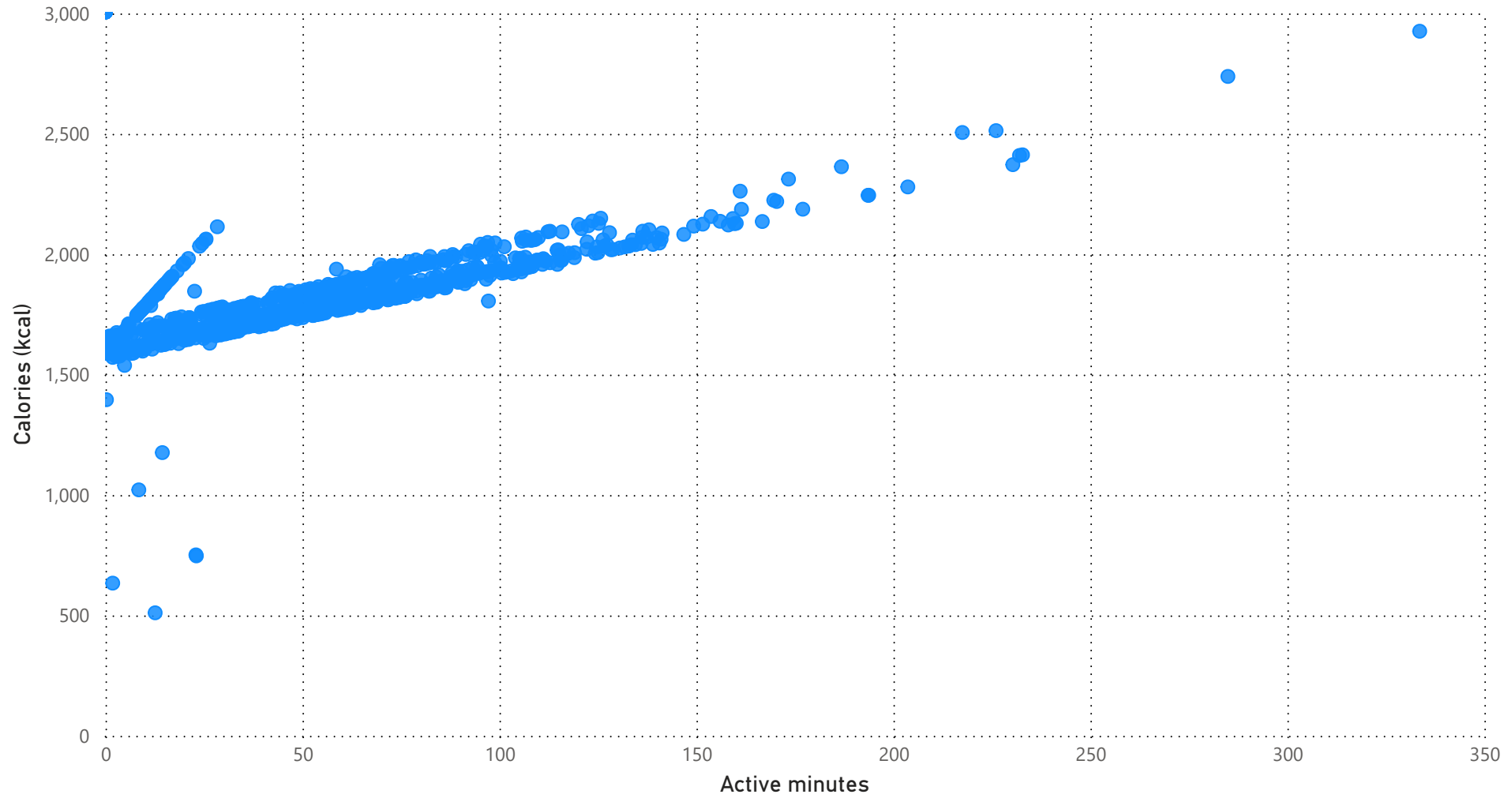


Daywise Average Step count

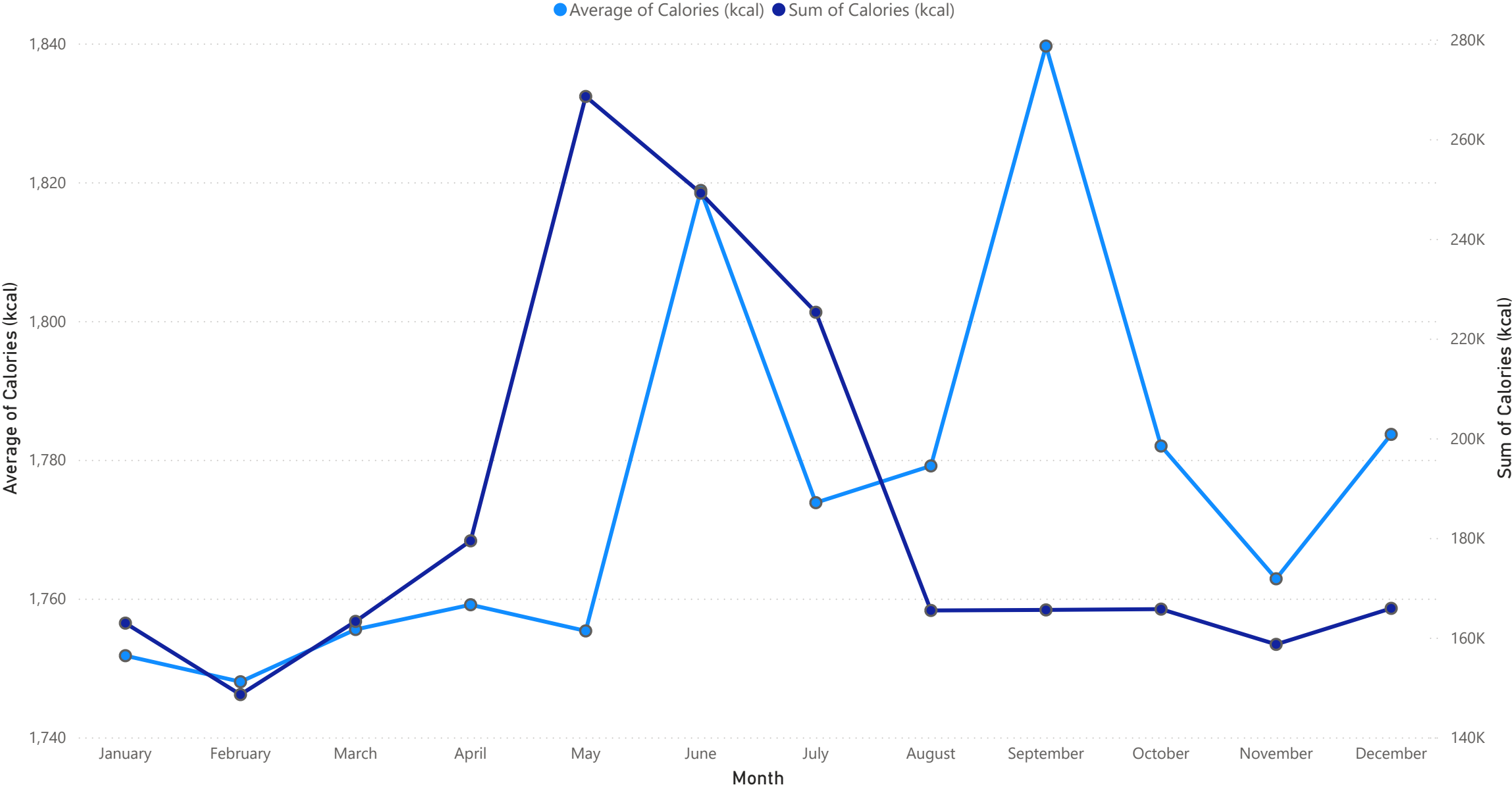




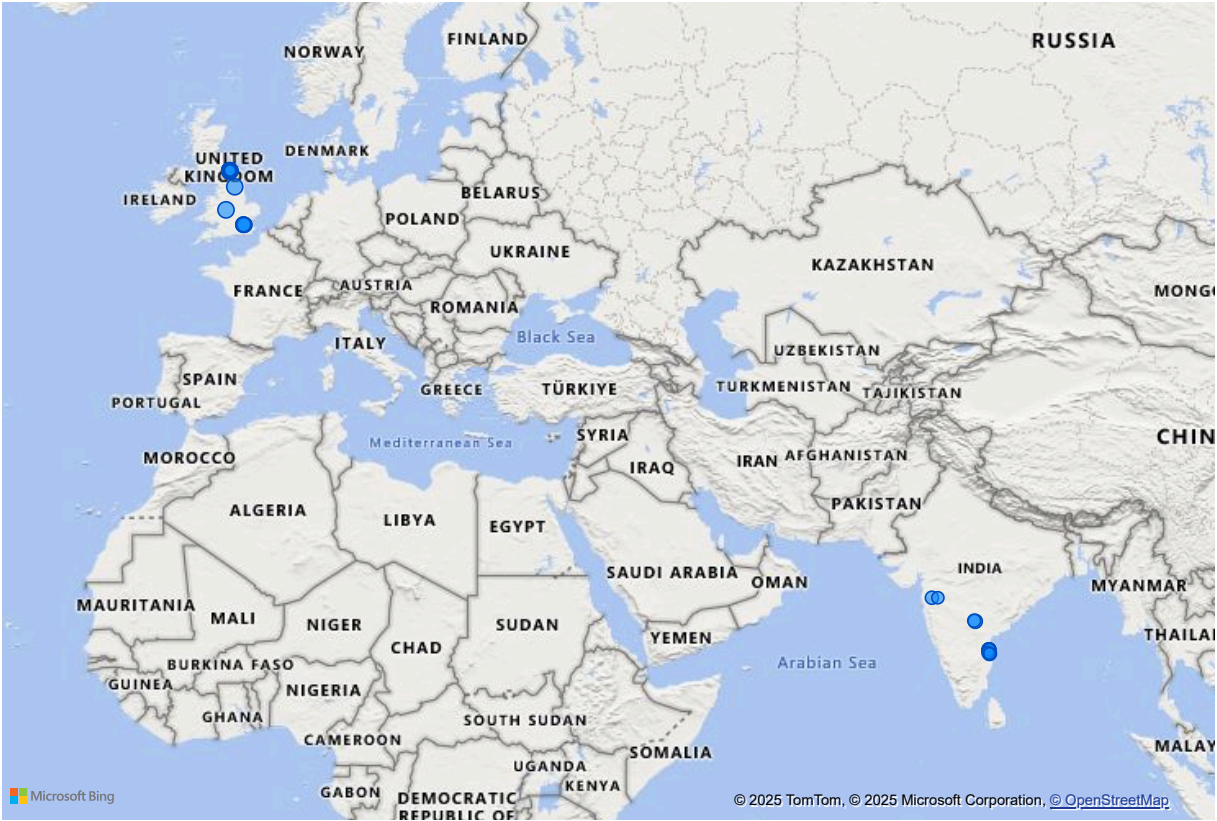
Active minutes by Calories (kcal)



Average of Calories (kcal) and Sum of Calories (kcal) by Month



Step count by Low latitude (deg) and Low longitude (deg)



Calendar stats

Date	Sum of Step count
Wednesday, 01 January 2025	11208
Thursday, 02 January 2025	788
Friday, 03 January 2025	248
Saturday, 04 January 2025	7507
Sunday, 05 January 2025	10766
Monday, 06 January 2025	11821
Tuesday, 07 January 2025	12012
Wednesday, 08 January 2025	2981
Thursday, 09 January 2025	11602
Friday, 10 January 2025	5070
Saturday, 11 January 2025	6274
Sunday, 12 January 2025	430
Monday, 13 January 2025	12266
Tuesday, 14 January 2025	10949
Wednesday, 15 January 2025	12401
Thursday, 16 January 2025	8349
Friday, 17 January 2025	4178
Saturday, 18 January 2025	3769
Sunday, 19 January 2025	2274
Monday, 20 January 2025	12146
Tuesday, 21 January 2025	12676
Wednesday, 22 January 2025	4598
Thursday, 23 January 2025	11201
Total	1468652

Day	Average steps per day
1	5,467.03
2	6,649.95
3	6,031.31
4	5,562.82
5	5,742.95
6	4,874.69
7	5,442.41
8	7,082.62
9	6,989.05
10	4,895.37
11	5,276.42
12	5,406.84
13	7,253.58
14	5,605.08
15	4,744.26
16	5,941.11
17	5,771.21
18	4,773.71
19	5,932.74
20	5,365.03
21	6,258.44
22	6,253.85
23	6,337.03
24	5,382.82
Total	5,826.42

Month	Average steps per day
January	5,242.03
February	5,098.64
March	5,131.87
April	5,065.23
May	5,283.94
June	7,551.31
July	6,807.72
August	5,870.28
September	7,162.47
October	6,168.99
November	4,502.97
December	5,649.12
Total	5,826.42

Day	Average steps per day
Monday	5,739.94
Tuesday	5,038.67
Wednesday	6,103.35
Thursday	6,049.22
Friday	6,392.46
Saturday	5,857.32
Sunday	5,602.68
Total	5,826.42

5,826

Average steps per day

Year	Average steps per day
2022	6,699.88
2023	3,424.91
2024	6,608.84
2025	7,770.65
Total	5,826.42

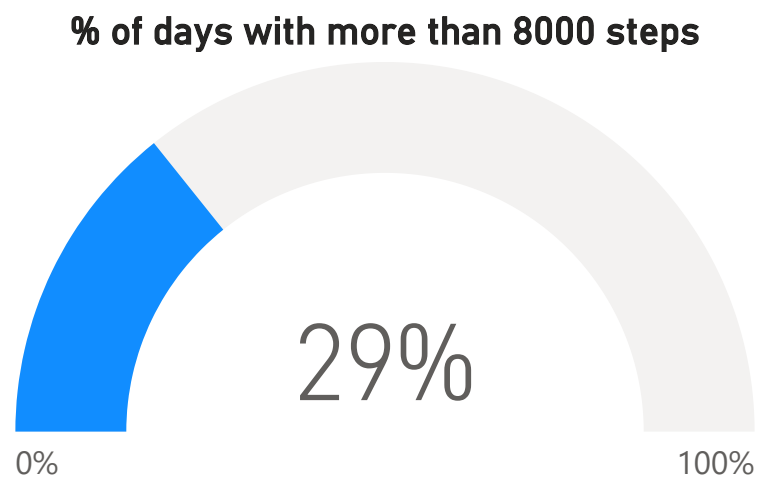
Quarter	Average steps per day
Qtr 1	5,159.25
Qtr 2	6,004.08
Qtr 3	6,613.16
Qtr 4	5,450.55
Total	5,826.42

43%

% of days with more than average steps

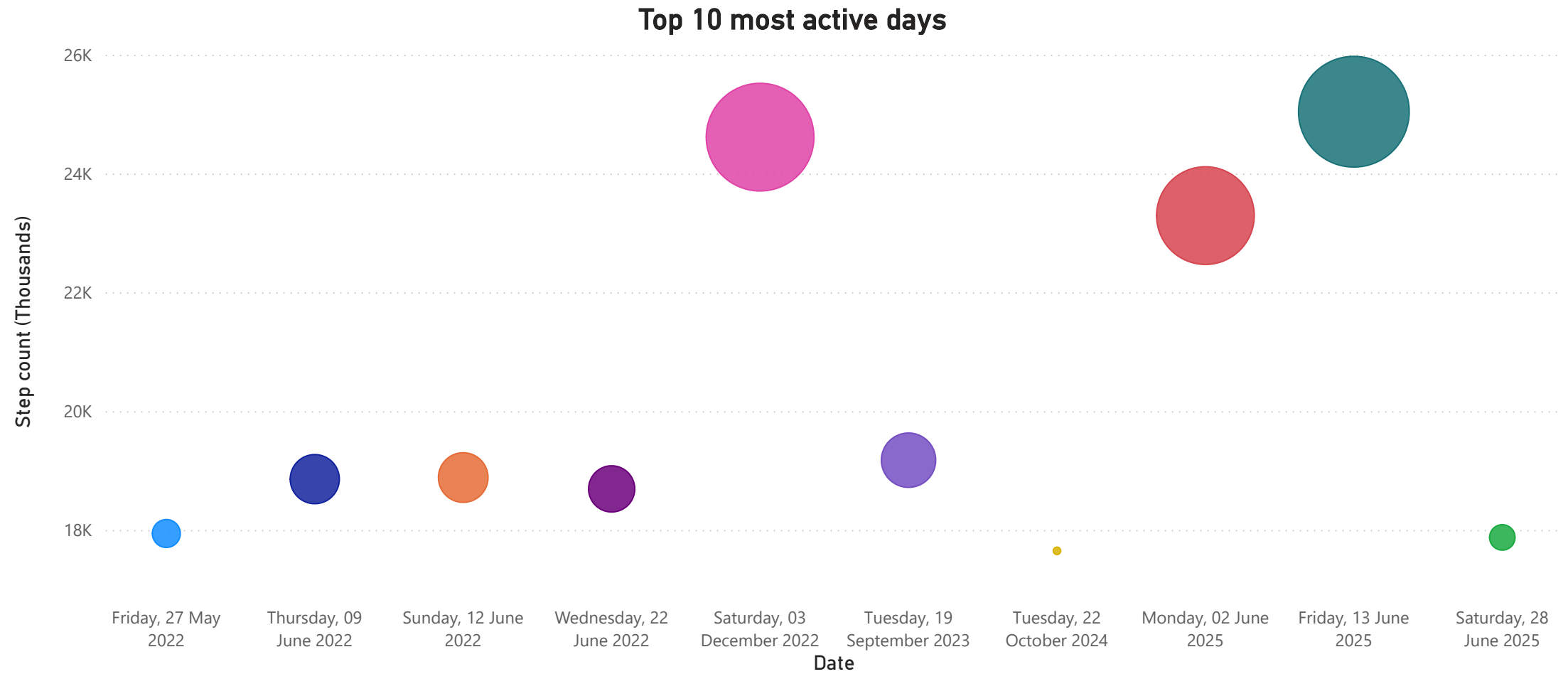
29%

% of days with more than 8000 steps



1249

Total days



Average of Step count by Weekday/weekend

