

WEEK \Rightarrow 3

Q You are given stone, oil, pebble, water, sand you have to put them in a beaker how you are going to put them.

Write the order and explain.

What are the 5 things each that you can describe as stone, pebble, water, sand, oil of your life.

Ans To arrange these I put these things in order ~~so~~ in the beaker to get maximum thing inside beaker

~~The order would be~~

The order would be ① Stone

② Pebble

③ Sand

④ Water

⑤ Oil.

I put them in this order as for me I have assumed them as a task that I face daily

- Stone \rightarrow represents the most important task of the day that gets me

closer to my goal.

- pebbles → These are the task of my choices (or the ~~part~~ small choices that I can not leave).
- Sand → These are minor tasks, small distraction, to fill our moments when we are free.
- Water → Flowing activities that can fit anywhere.
- Oil → Slippery / optional things that are not essential.

Stone ⇒ family, health, career, spirituality, and friends or learning

Pebbles ⇒ My hobbies / interest (singing)
Reading books
Making side projects.
Traveling

Sand ⇒ Watching informative videos.
Doing some DIY stuff for fun

- Some times cleaning my room
- Cooking.

Water

- Exercise
- Talking with friends.
- Journaling
- Chilling and seeing

Oil

- Buying a new laptop
- Buying fancy things.

Week \Rightarrow 3

Q Write about the biggest goal that you can state at the moment?

"Eat that Frog".

For me the biggest goal / Frog that I can state at the moment would be getting financial freedom and having a good career.

And to get this financial freedom I have to join some organization that can help me achieve my goal.

This financial freedom will help me with the ability to live on my own, instead of being taking help from my parents. I should be at a stage where I am helping them achieve their dreams / goals which they have forget about as they were helping me with mine all these times.

It would give peace in my mind. That my future is secured and my choices are not limited by financial stress.

Work <= Study

This frog bothers me the most as in today's world money has influenced every part of ~~a~~ our lives. Without stability dreams get delayed, opportunity slips away.

For eating this frog I have decided few steps.

- 1) First improve my subjects knowledge
- 2) Removing time from useless activities and putting the time to ~~the~~ the activities that actually matters.
- 3) Improving my skills, making projects that makes me a unique candidate.
- 4) Working on my communication skills.

So each morning, I commit to eat the frog by following these steps.