

# **Diagnosis of infectious diseases**

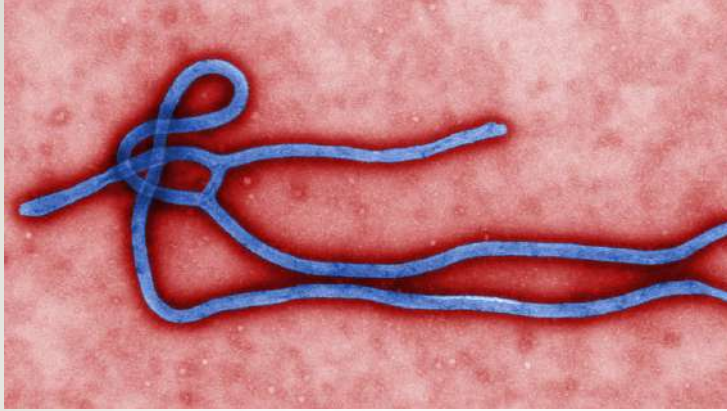
**Microscopy**

**Culture**

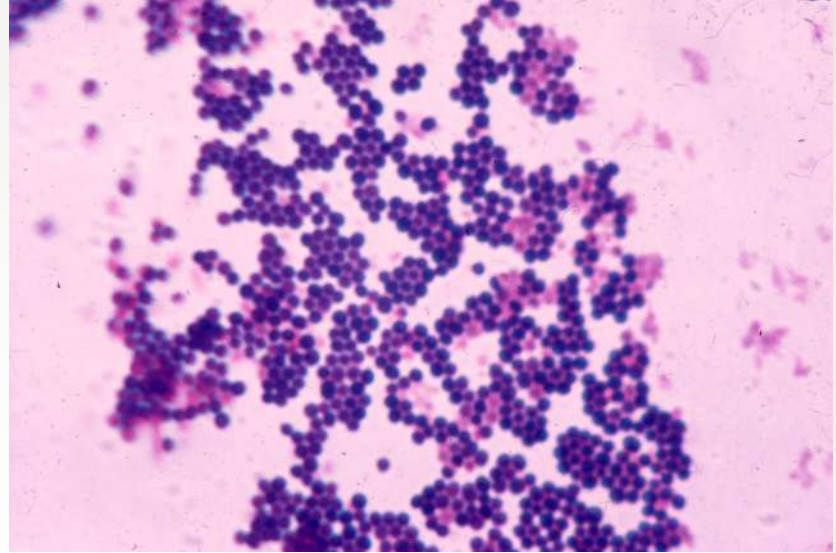
**Immunologic tests**

**Nucleic acid based tests**

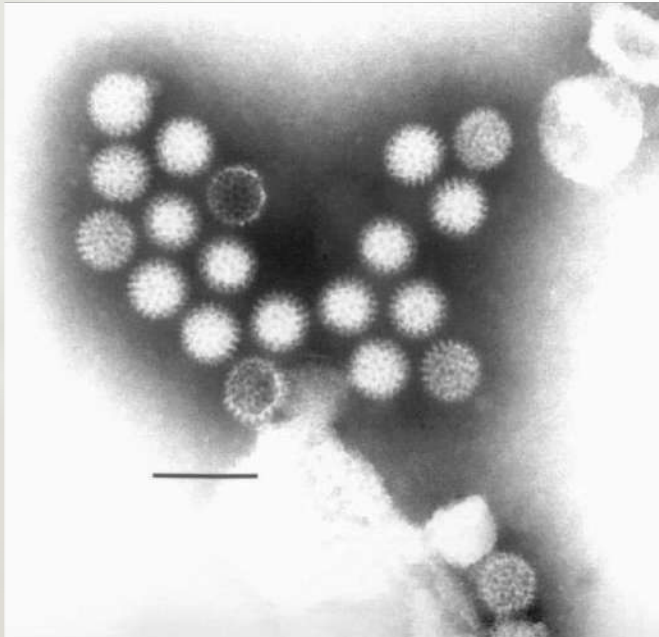
# Microscopy in diagnostics



**Ebola virus (electron microscopy)**



***Staphylococcus aureus* in gram stain**



**Rotavirus (electron microscopy)**

Sources: [npr.org](http://npr.org)  
[cmapspublic.ihmc.us](http://cmapspublic.ihmc.us)  
[lamedicinasiqueduele.blogspot.com](http://lamedicinasiqueduele.blogspot.com)

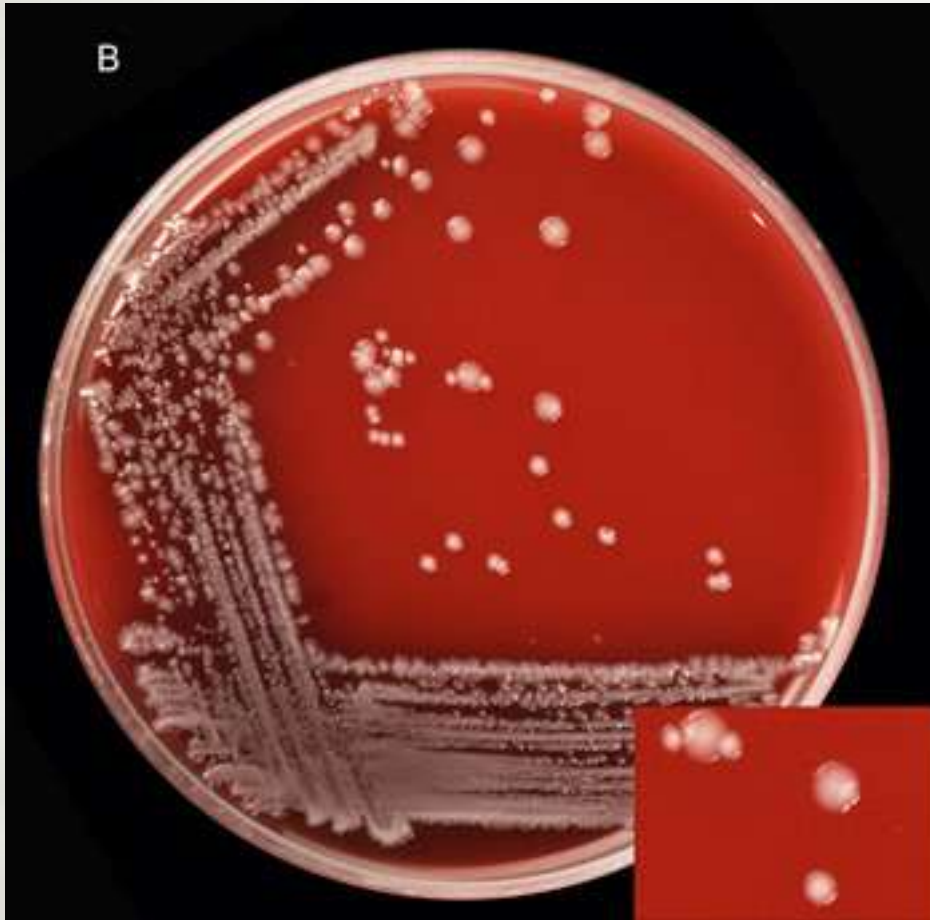
# Microscopy in diagnostics

**Electron microscopy**

**Light microscopy with stains:** Gram stain, acid-fast stain (mycobacterium),  
Giemsa stain (parasites, intracellular pathogens)

**Fluorescent microscopy:** Detection at lower concentrations  
Acridine-orange (bacteria-fungi)  
auramine O (mycobacterium)  
calcoflour white (fungi)

# Diagnosis through cultures



Microbial growth in solid/liquid media

Use of selective inhibitors/nutrients  
(Blood agar, chocolate-cystine agar,  
use of antibiotics for fungal specimens)

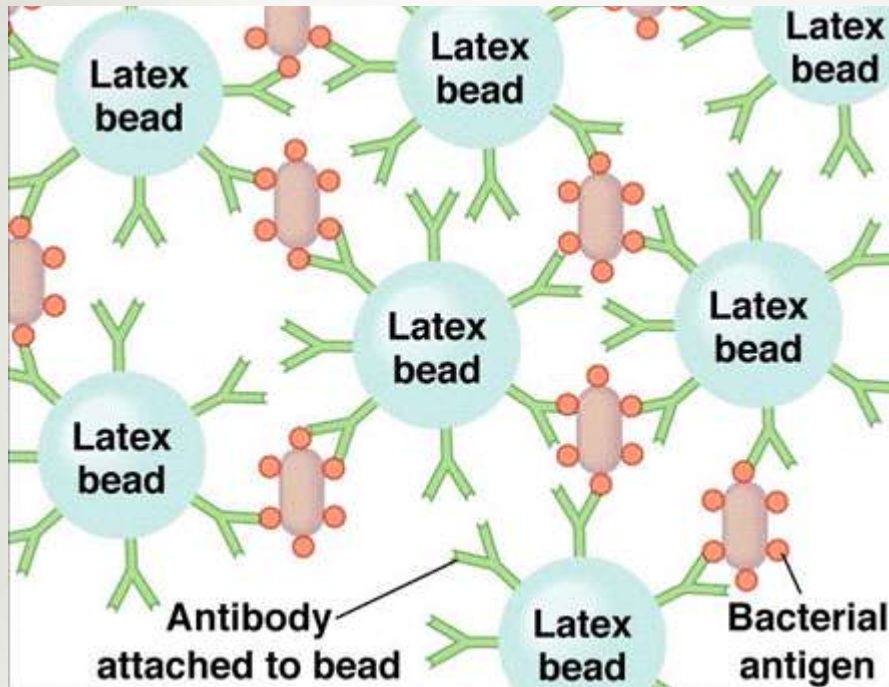
Prevention of contamination very  
important

Susceptibility tests for antibiotics  
Possible, helpful in treatment

Specific issues:  
Viruses do not grow well in pure culture  
*Mycobacteria* grow slowly

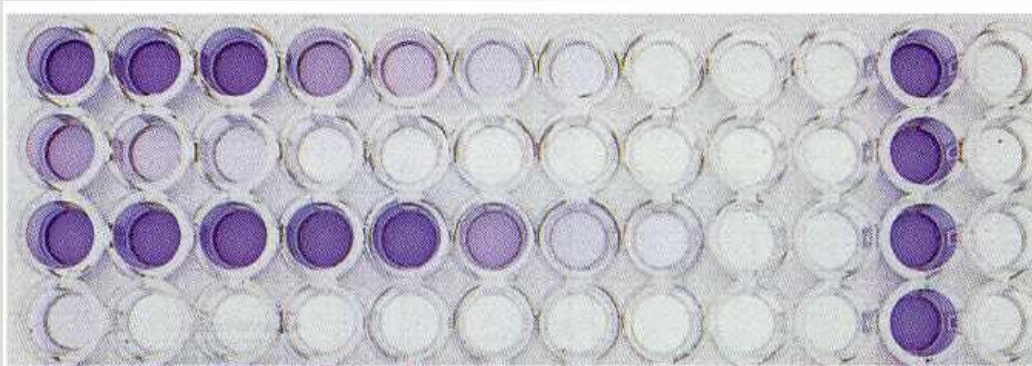


# Immunologic tests

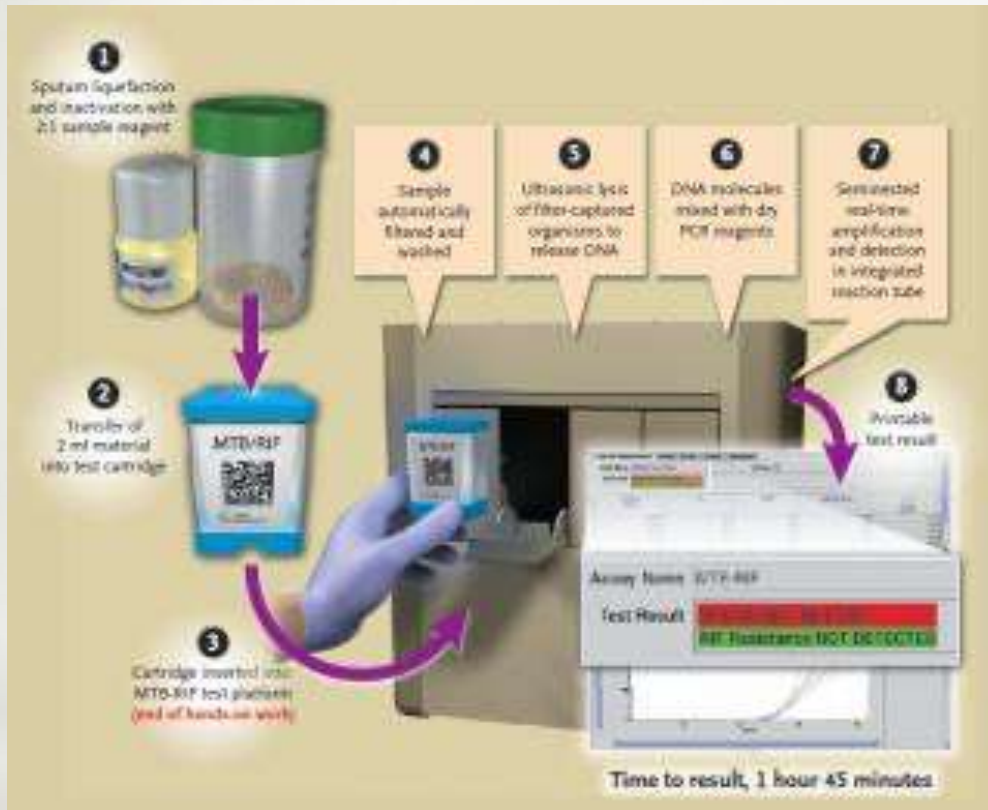


**Agglutination tests:**  
Agglutination of latex beads by antigen-  
Antibody interaction  
Formation of thick precipitate

**ELISA**  
Based on antigen-antibody binding  
Colorimetric detection of binding



# Nucleic acid based diagnostic tests



PCR-based kit against *mycobacterium*

Based on amplification of genomic nucleic acid from pathogens

Very specific, highly sensitive

Can identify more than one pathogen

False positives and false negatives both possible

# Diagnosis of common diseases

Disease	Organism	Common diagnostic tools
Dairrhea	Rotavirus, norovirus, astrovirus	Electron microscopy
Hepatitis	Hepatitis A, B, E	Nucleic acid based methods
AIDS	HIV	Nucleic acid based methods, EIA
Smallpox, vaccinia	poxviruses	Nucleic acid based methods, EM
Typhoid fever	<i>Salmonella Typhi</i>	Culture, detection of antibodies in serum (Widal test)
Tuberculosis	<i>Mycobacterium tuberculosis</i>	Microscopy, PCR, cultures, Mantoux test
Cholera	<i>Vibrio cholerae</i>	Cultures

# Prevention and cure of infectious diseases

## Prevention:

Vaccination

Isolation

## Cure:

Antibiotics

Antifungals

Antivirals



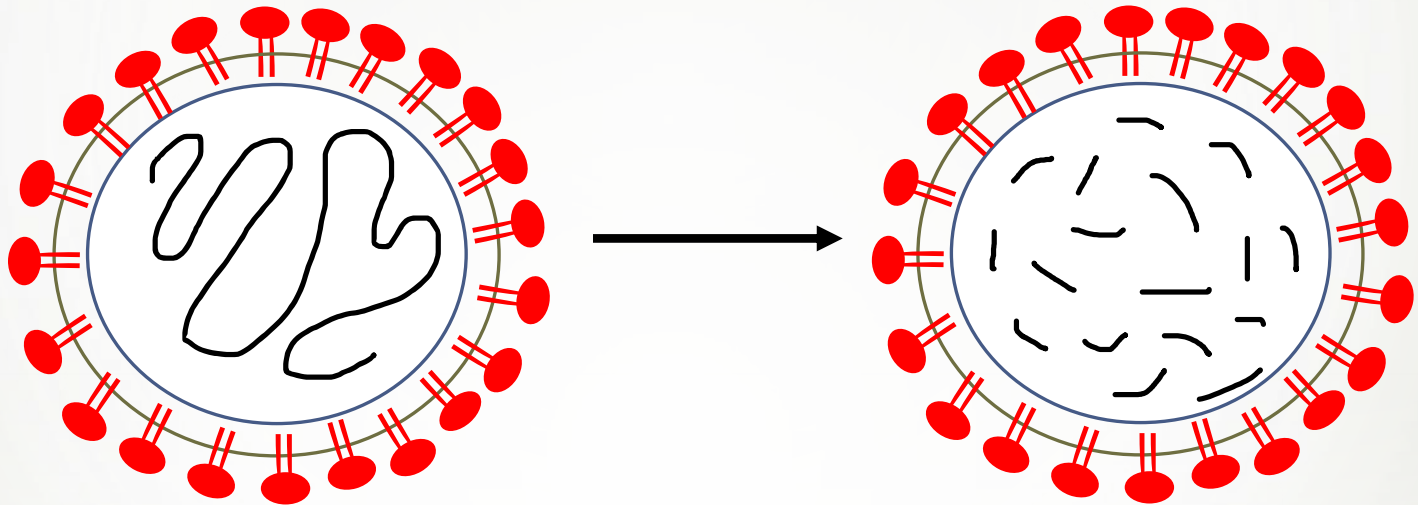
# Principles of vaccination

- I. Exposure of immune system to “treated pathogen”
- II. Stimulation of effective immune response
- III. Long lasting immunity - saved in “memory”



## Inactivated vaccine

---

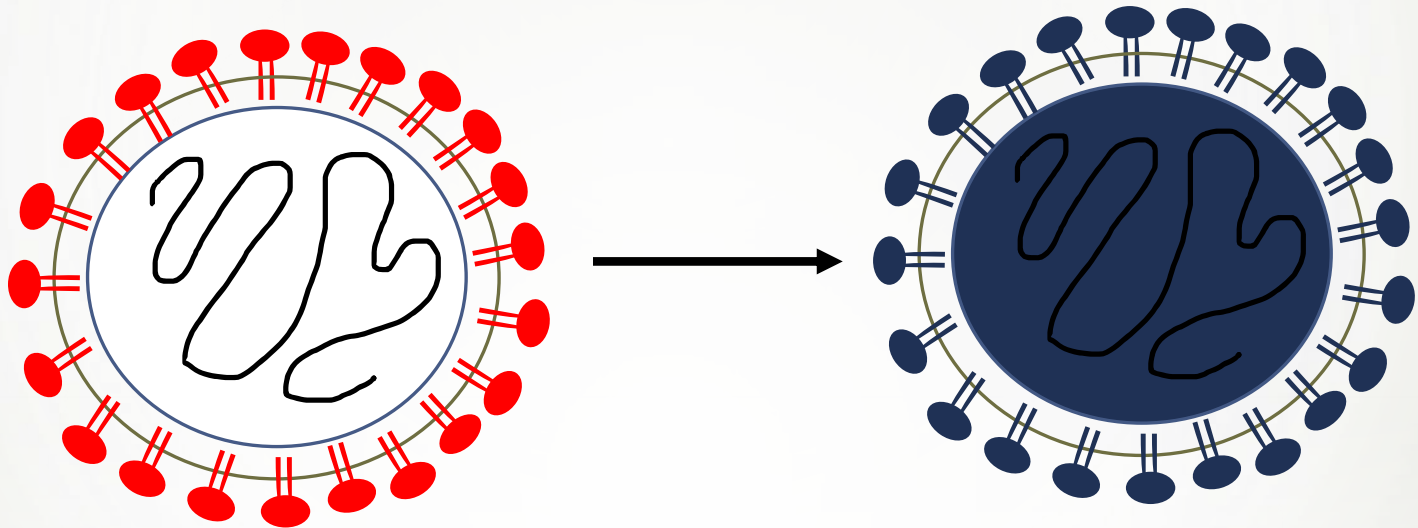


Heat/chemicals like beta-propiolactone

Salk polio vaccine

## Live attenuated vaccine

---

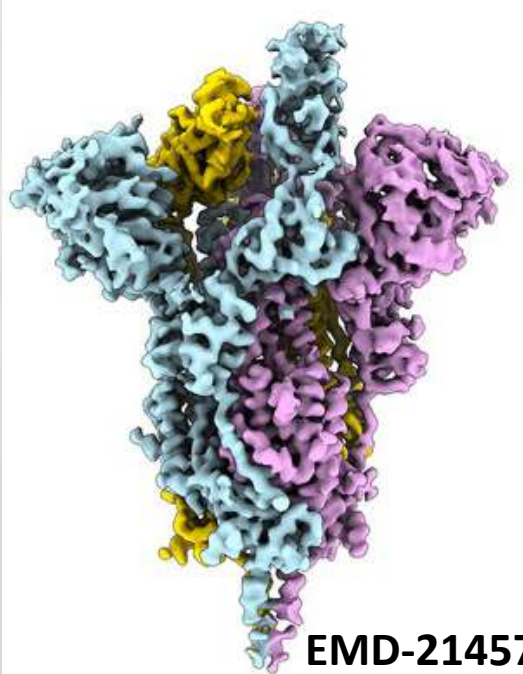
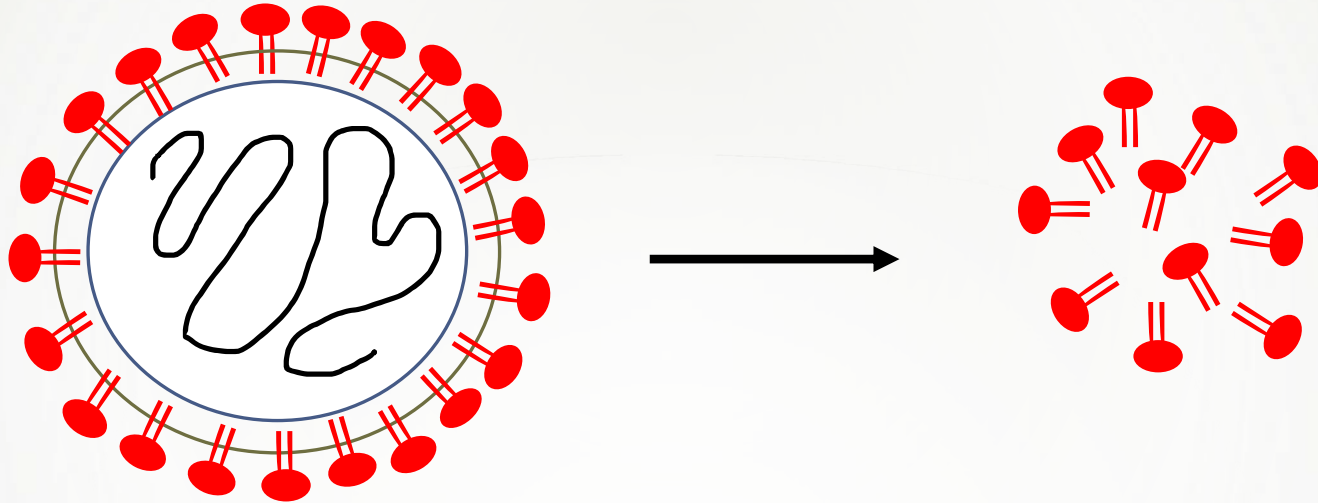


Weaken strain by mutations, growth conditions

Tuberculosis vaccine, MMR

# Subunit vaccine

---

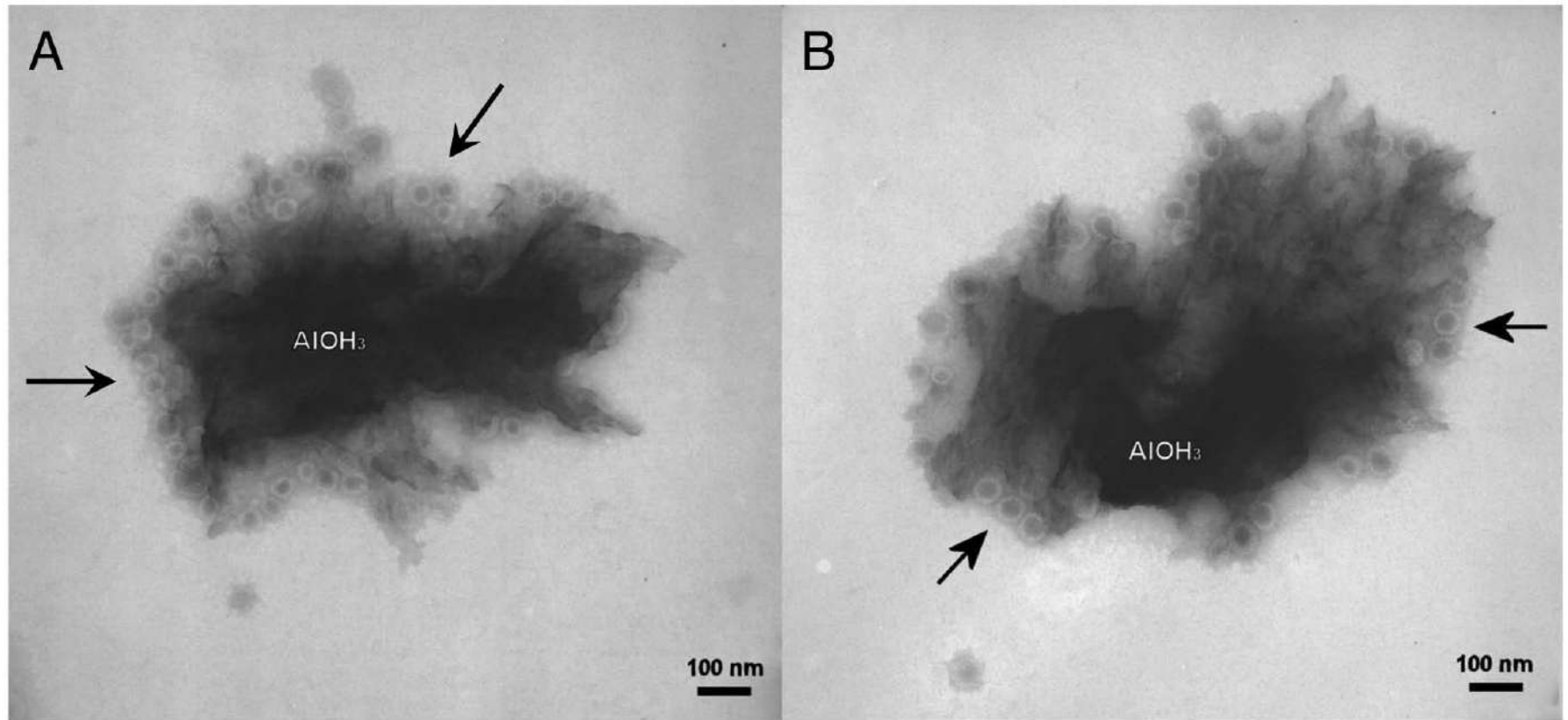


Recombinant production of antigenic proteins

Administration with adjuvant

Tetanus vaccine, HBV vaccine, HPV vaccine

## Example of subunit/protein vaccines



Use of virus-like particles (VLPs)

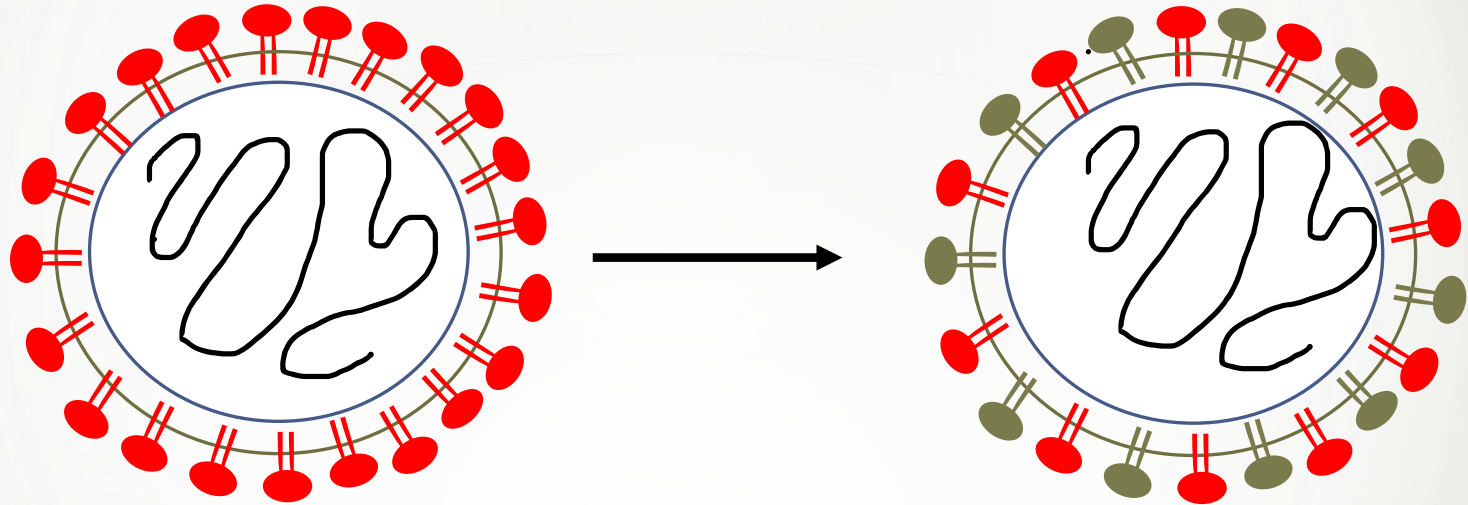
Vaccine against Human Papilloma Virus (HPV) - Gardasil, Cervarix

Protection against ~ 70% of all cervical cancers



## Chimeric viral vaccine

---



Gene from one virus introduced in another, harmless virus, general platform

AstraZeneca Vaccine - based on Chimpanzee Adenovirus Oxford 1 and 2 (ChAdOx1 and ChAdOx-2)

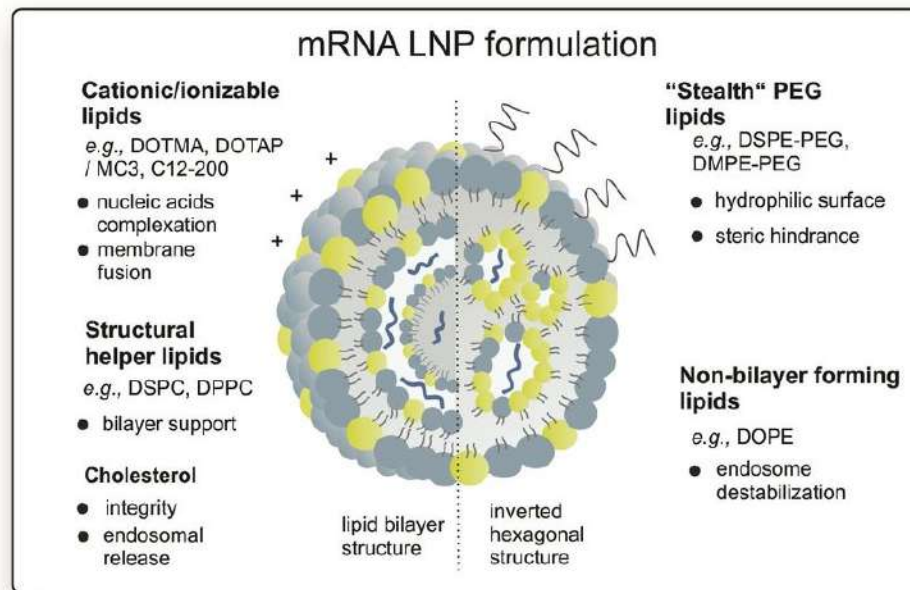
# RNA vaccine

mRNA encapsulated in lipid nanoparticles

50:10:38.5:1.5 (ionizable lipid:DSPC:cholesterol:PEG-lipid)



Spike protein stabilized in pre-fusion conformation, 2 Proline substitutions



# **Vaccine trial pathways**

---

**Pre-clinical  
evaluation**

**Production**

**Characterization**

**Toxicity**

**Potency**

**Immunogenicity**

**Adjuvants/Additives**

**Phase I trials**

**20-100 low risk  
human  
volunteers**

**Safety/  
Immunogenicity  
Profile**

**Non-randomized**

**Phase II trials**

**100s of high risk  
human  
Volunteers**

**Compile  
immunological data**

**Define optimal  
dose/route/schedule**

**Randomized**

**Evaluate factors like  
ethnicity, age, gender  
specific  
variation**

**Phase III trials**

**Thousands of  
subjects**

**Randomized**

**Safety and  
efficacy**

**Duration of  
protection**

**Requirement of  
booster**

**Phase IV: Population study, safety/efficacy profile, rare events, lot-to-lot variation**

# **Vaccination success stories**

## **I. Smallpox -**

**Mortality was 25% of all children born**

## **II. Measles -**

**130 million cases annually and 3 million deaths before vaccination**




**Recent increase in number of infections**

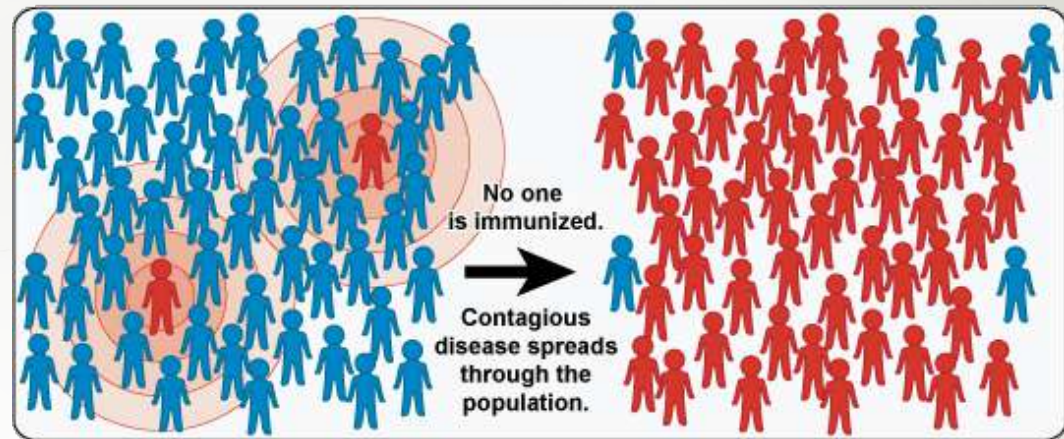
## **III. Poliovirus -**

**Oral live vaccines**

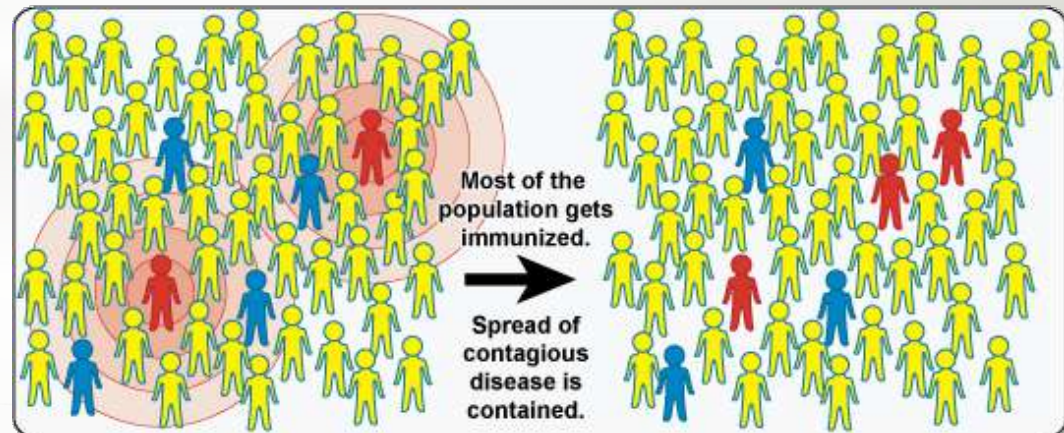
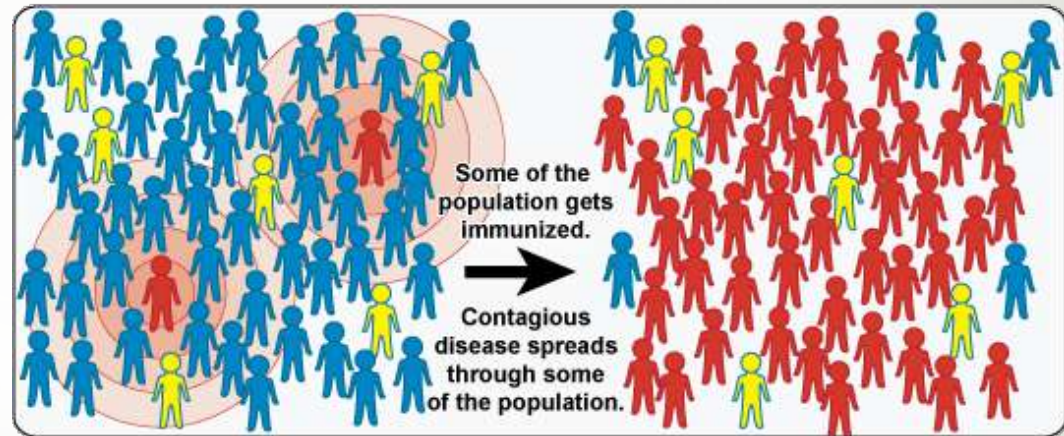
**Virtually abolished polio**



 = not immunized but still healthy       = immunized and healthy       = not immunized, sick, and contagious

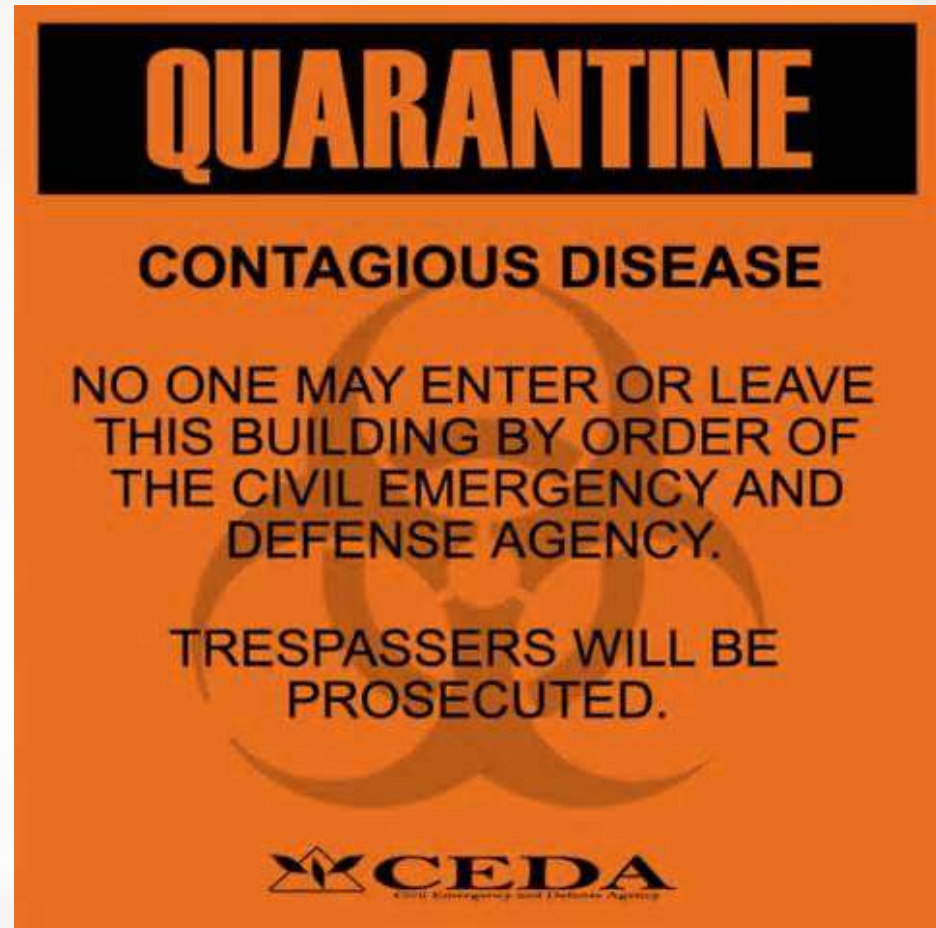


## Herd Immunity





# Prevention of disease spread



Isolation

Quarantine

Public safety measures - bioethical considerations

# **Prevention of disease spread**

**Isolation - Separation of people infected with contagious diseases from the general population**

**Quarantine - Separation of people exposed to contagious diseases for monitoring**

**Travel restrictions**

**Intervention activities**

# Treatment of infectious diseases

## Antifungals:

- 1) Polyenes: Bind ergosterol in the fungal membrane  
Mammalian cells contain cholesterol, so not affected  
Examples: Natamycin, Amphotericin B
- 2) Azoles: Inhibit lanosterol 14 alpha demethylase  
(converts lanosterol to ergosterol)  
Examples: Fluconazole, Abafungin
- 3) Allylamines: Inhibit squalene epoxidase

# Treatment of infectious diseases

## Antivirals:

Viral multiplication is tied too intimately to cellular processes

Therapeutic agents should block attachment, entry, replication, assembly, release of progeny

# Examples of therapeutics

Compound	Mode of action	Susceptible viruses
Amantadine	Blocks the M2 proton channel	Type A influenza viruses
Alpha, beta interferons	Upregulates MHC class I, antiviral state	Chronic HBV and HCV, papillomavirus
Soluble CD4	Blocks attachment to CD4+ T cells	HIV-1
WIN52084	Prevents disassembly	Rhinoviruses
Oseltamivir	Prevents new virus release (Neuraminidase inhibitor)	Influenza