

# 📅 30-Day Backend Developer Plan (Node.js + Express)

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## 📅 WEEK 1: Backend & Node.js Basics (Days 1–7)

### Day 1

- What is backend?
- Client–server architecture
- HTTP & HTTPS
- Install Node.js & npm

✓ Task: Check `node -v`, `npm -v`

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### Day 2

- JavaScript for backend
- Callbacks
- Promises
- `async / await`

✓ Task: Write async JS examples

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### Day 3

- Node.js basics
- NPM
- Modules
- `require()` / `module.exports`

✓ Task: Create simple Node app

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### Day 4

- File system (`fs`)
- Read/write files
- Environment variables

✓ Task: Read & write a file

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### Day 5

- Express.js introduction
- Create server
- Routes
- Request & response

✓ Task: Hello World Express app

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## Day 6

- REST API basics
- HTTP methods
- Status codes

✓ Task: Create GET & POST routes

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## Day 7

- Middleware
- `express.json()`
- Error handling

✓ Task: Custom middleware

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## ☐ WEEK 2: Express + MongoDB (Days 8–14)

### Day 8

- What is database?
  - SQL vs NoSQL
  - MongoDB basics
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### Day 9

- MongoDB installation
- MongoDB Compass
- CRUD operations

✓ Task: Insert, find, delete data

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### Day 10

- Mongoose
- Schema

- Model

✓ Task: Create User model

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## Day 11

- Connect Express with MongoDB
- CRUD APIs

✓ Task: User CRUD API

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## Day 12

- Folder structure (MVC)
  - Controllers
  - Routes
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## Day 13

- Validation
  - Error handling
  - try-catch
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## Day 14

- Mini Project 1:
    - **To-Do Backend API**
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## ☐ WEEK 3: Authentication & Security (Days 15–21)

## Day 15

- Authentication vs Authorization
  - Login / Signup flow
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## Day 16

- Password hashing (bcrypt)
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## Day 17

- JWT (JSON Web Token)
  - Token creation & verification
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## Day 18

- Protected routes
  - Role-based access
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## Day 19

- Security basics:
    - CORS
    - dotenv
    - Helmet
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## Day 20

- Postman
  - API testing
  - Status codes
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## Day 21

- Mini Project 2:
    - **Auth System (Login / Register API)**
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## ☐ WEEK 4: Advanced + Deployment (Days 22–30)

## Day 22

- API best practices
  - Pagination
  - Sorting
  - Filtering
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## Day 23

- File upload (multer)
- Image upload

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## Day 24

- Cloud storage (Cloudinary)
- Email sending (nodemailer)

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## Day 25

- Git & GitHub
- Push backend project

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## Day 26

- MongoDB Atlas
- Environment config

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## Day 27

- Backend deployment
  - Render / Railway

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## Day 28

- Final Project:
  - Blog / E-commerce Backend

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## Day 29

- Improve project
- Clean code
- README file

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## Day 30

- Revise everything
  - Mock interview questions
  - Plan next step (Full Stack)
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## ❑ FINAL PROJECT IDEAS

- ✓ Blog Backend
  - ✓ User Auth API
  - ✓ E-commerce Backend
  - ✓ Notes App API
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## 🔗 After 30 Days You Can:

- ✓ Build REST APIs
- ✓ Handle authentication
- ✓ Connect database
- ✓ Deploy backend
- ✓ Crack backend interviews (junior)

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# ☐ Backend Developer Roadmap (Node.js + Express)

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## ☐ PHASE 1: Backend Fundamentals (FOUNDATION)

### 1 ☐ Internet & HTTP Basics

Learn:

- Client–Server Architecture
- HTTP vs HTTPS
- Request & Response cycle
- HTTP Methods
  - GET, POST, PUT, DELETE
- Status Codes
  - 200, 201, 400, 401, 404, 500

#### ☞ Why important?

Every backend works on HTTP.

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### 2 ☐ JavaScript for Backend

Focus on:

- Callbacks
  - Promises
  - `async / await`
  - Event loop
  - Error handling (`try-catch`)
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## ☐ PHASE 2: Node.js Core

### 3 ☐ Node.js Basics

Learn:

- What is Node.js
  - NPM (Node Package Manager)
  - `require()` & `module.exports`
  - File system (`fs`)
  - Environment variables (`process.env`)
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## 4 Express.js Framework

Learn:

- Creating server
- Routing
- Request & Response
- Middleware
- Error handling
- REST API structure

Example:

```
app.get("/users", (req, res) => {  
  res.json({ message: "Users fetched" });  
});
```

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## ☐ PHASE 3: Database (VERY IMPORTANT)

### 5 Database Basics

Understand:

- What is a database
  - SQL vs NoSQL
  - Collections & Documents
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### 6 MongoDB + Mongoose

Learn:

- MongoDB CRUD operations
- Schema & Model
- Relationships
- Validation

Example:

```
const User = mongoose.model("User", userSchema);
```

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## ☐ PHASE 4: Authentication & Security

### 7 Authentication

Learn:

- Login / Signup flow
- Password hashing (bcrypt)
- JWT (JSON Web Token)
- Authorization (roles)



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## 8 Security Basics

Learn:

- Environment variables
- CORS
- Rate limiting
- Input validation
- Helmet

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## PHASE 5: Advanced Backend Concepts

### 9 API Best Practices

Learn:

- MVC architecture
- Pagination
- Filtering & sorting
- API versioning

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### 10 File Uploads & Emails

Learn:

- File upload (multer)
- Cloud storage (Cloudinary)
- Sending emails (nodemailer)

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## PHASE 6: Testing & Debugging

### 1 Testing

Learn:

- Unit testing
- API testing
- Postman
- Jest (basic)

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## PHASE 7: Deployment

## 1 2 Deployment

Learn:

- Environment setup
  - Hosting backend on:
    - Render
    - Railway
  - MongoDB Atlas
  - Production vs Development
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## ☐ PHASE 8: Git & Professional Skills

### 1 3 Git & GitHub

Learn:

- git init
  - commit
  - push
  - pull
  - branches
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### 1 4 System Design (Beginner)

Learn:

- REST API design
  - Monolithic vs Microservices
  - Load balancing (basic idea)
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## ☐ Backend Project Roadmap (MUST BUILD)

### Beginner Projects:

- Simple CRUD API
- To-Do Backend

### Intermediate Projects:

- User Authentication API
- Blog Backend
- E-commerce Backend

### Advanced:

- Role-based access
  - Payment integration
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## 📋 FINAL ROADMAP SUMMARY

JavaScript



Node.js



Express



MongoDB



Authentication



Security



Projects



Deployment

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## 🔗 What to Do NEXT (Right Now)

- ✓ Install Node.js
  - ✓ Build first Express server
  - ✓ Learn REST APIs
  - ✓ Push code to GitHub
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