

[1] □ 30-Day Backend Developer Plan (Node.js + Express)

□ WEEK 1: Backend & Node.js Basics (Days 1–7)

Day 1

- What is backend?
- Client–server architecture
- HTTP & HTTPS
- Install Node.js & npm

❖ Task: Check `node -v, npm -v`

Day 2

- JavaScript for backend
- Callbacks
- Promises
- `async / await`

❖ Task: Write async JS examples

Day 3

- Node.js basics
- NPM
- Modules
- `require() / module.exports`

❖ Task: Create simple Node app

Day 4

- File system (`fs`)
- Read/write files
- Environment variables

❖ Task: Read & write a file

Day 5

- Express.js introduction
- Create server
- Routes
- Request & response

◇ Task: Hello World Express app

Day 6

- REST API basics
- HTTP methods
- Status codes

◇ Task: Create GET & POST routes

Day 7

- Middleware
- `express.json()`
- Error handling

◇ Task: Custom middleware

□ WEEK 2: Express + MongoDB (Days 8–14)

Day 8

- What is database?
- SQL vs NoSQL
- MongoDB basics

Day 9

- MongoDB installation
- MongoDB Compass
- CRUD operations

◇ Task: Insert, find, delete data

Day 10

- Mongoose
- Schema

- Model

✓ Task: Create User model

Day 11

- Connect Express with MongoDB
- CRUD APIs

✓ Task: User CRUD API

Day 12

- Folder structure (MVC)
- Controllers
- Routes

Day 13

- Validation
- Error handling
- try–catch

Day 14

- Mini Project 1:
 - **To-Do Backend API**

□ WEEK 3: Authentication & Security (Days 15–21)

Day 15

- Authentication vs Authorization
- Login / Signup flow

Day 16

- Password hashing (bcrypt)

Day 17

- JWT (JSON Web Token)
 - Token creation & verification
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Day 18

- Protected routes
 - Role-based access
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Day 19

- Security basics:
 - CORS
 - dotenv
 - Helmet
-

Day 20

- Postman
 - API testing
 - Status codes
-

Day 21

- Mini Project 2:
 - **Auth System (Login / Register API)**
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□ WEEK 4: Advanced + Deployment (Days 22–30)

Day 22

- API best practices
 - Pagination
 - Sorting
 - Filtering
-

Day 23

- File upload (multer)
- Image upload

Day 24

- Cloud storage (Cloudinary)
 - Email sending (nodemailer)
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Day 25

- Git & GitHub
 - Push backend project
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Day 26

- MongoDB Atlas
 - Environment config
-

Day 27

- Backend deployment
 - Render / Railway
-

Day 28

- Final Project:
 - Blog / E-commerce Backend
-

Day 29

- Improve project
 - Clean code
 - README file
-

Day 30

- Revise everything
 - Mock interview questions
 - Plan next step (Full Stack)
-

FINAL PROJECT IDEAS

- ✓ Blog Backend
 - ✓ User Auth API
 - ✓ E-commerce Backend
 - ✓ Notes App API
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After 30 Days You Can:

- ❖ Build REST APIs
- ❖ Handle authentication
- ❖ Connect database
- ❖ Deploy backend
- ❖ Crack backend interviews (junior)

□ Backend Developer Roadmap (Node.js + Express)

□ PHASE 1: Backend Fundamentals (FOUNDATION)

1 □ Internet & HTTP Basics

Learn:

- Client–Server Architecture
- HTTP vs HTTPS
- Request & Response cycle
- HTTP Methods
 - GET, POST, PUT, DELETE
- Status Codes
 - 200, 201, 400, 401, 404, 500

☞ Why important?

Every backend works on HTTP.

2 □ JavaScript for Backend

Focus on:

- Callbacks
 - Promises
 - `async / await`
 - Event loop
 - Error handling (`try-catch`)
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□ PHASE 2: Node.js Core

3 □ Node.js Basics

Learn:

- What is Node.js
 - NPM (Node Package Manager)
 - `require()` & `module.exports`
 - File system (`fs`)
 - Environment variables (`process.env`)
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4 Express.js Framework

Learn:

- Creating server
- Routing
- Request & Response
- Middleware
- Error handling
- REST API structure

Example:

```
app.get("/users", (req, res) => {
  res.json({ message: "Users fetched" });
});
```

PHASE 3: Database (VERY IMPORTANT)

5 Database Basics

Understand:

- What is a database
- SQL vs NoSQL
- Collections & Documents

6 MongoDB + Mongoose

Learn:

- MongoDB CRUD operations
- Schema & Model
- Relationships
- Validation

Example:

```
const User = mongoose.model("User", userSchema);
```

PHASE 4: Authentication & Security

7 Authentication

Learn:

- Login / Signup flow
- Password hashing (bcrypt)
- JWT (JSON Web Token)
- Authorization (roles)

8 Security Basics

Learn:

- Environment variables
 - CORS
 - Rate limiting
 - Input validation
 - Helmet
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PHASE 5: Advanced Backend Concepts

9 API Best Practices

Learn:

- MVC architecture
 - Pagination
 - Filtering & sorting
 - API versioning
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10 File Uploads & Emails

Learn:

- File upload (multer)
 - Cloud storage (Cloudinary)
 - Sending emails (nodemailer)
-

PHASE 6: Testing & Debugging

1 1 Testing

Learn:

- Unit testing
 - API testing
 - Postman
 - Jest (basic)
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PHASE 7: Deployment

1 [] 2 [] Deployment

Learn:

- Environment setup
 - Hosting backend on:
 - Render
 - Railway
 - MongoDB Atlas
 - Production vs Development
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□ PHASE 8: Git & Professional Skills

1 [] 3 [] Git & GitHub

Learn:

- git init
 - commit
 - push
 - pull
 - branches
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1 [] 4 [] System Design (Beginner)

Learn:

- REST API design
 - Monolithic vs Microservices
 - Load balancing (basic idea)
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□ Backend Project Roadmap (MUST BUILD)

Beginner Projects:

- Simple CRUD API
- To-Do Backend

Intermediate Projects:

- User Authentication API
- Blog Backend
- E-commerce Backend

Advanced:

- Role-based access
 - Payment integration
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□ FINAL ROADMAP SUMMARY

JavaScript

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Node.js

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Express

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MongoDB

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Authentication

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Security

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Projects

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Deployment

⌚ What to Do NEXT (Right Now)

- ✓ Install Node.js
 - ✓ Build first Express server
 - ✓ Learn REST APIs
 - ✓ Push code to GitHub
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