

Team Building Exercises

Collaboration Activities & Scenarios

Icebreaker Activities

Two Truths and a Lie

Each team member shares three statements about themselves

- two true and one false. The team guesses which is the lie.

Purpose: Builds trust and helps team members get to know each other

Common Ground

Teams find as many things as they have in common

(excluding work-related items).

Purpose: Discovers shared interests and builds connections

Desert Island

Each person shares what 3 items they would bring to a desert island and why.

Purpose: Reveals personality traits and creative thinking

Professional Superpower

Team members share their unique professional strengths and how they can help the team.

Purpose: Identifies team strengths and promotes collaboration

Collaboration Scenarios

Scenario 1: Conflicting Priorities

Situation: Two team members have different priorities for the same project.

Challenge: How do you align them?

Solution: Facilitate discussion to find common goals and create priority matrix

Scenario 2: Communication Breakdown

Situation: Important information isn't being shared across the team.

Challenge: How do you improve communication?

Solution: Establish regular check-ins and clear communication channels

Scenario 3: Personality Conflicts

Situation: Team members have clashing working styles.

Challenge: How do you facilitate cooperation?

Solution: Focus on shared goals and establish team working agreements

Scenario 4: Decision Making

Situation: The team can't agree on an important decision.

Challenge: What process do you use?

Solution: Implement structured decision-making framework with clear criteria