



NATIONAL SERVICE SCHEME (UNIT B-16) A.Y. 2021-2022



Report on “A District Level Online Workshop on Cardiac Arrest Resuscitation”

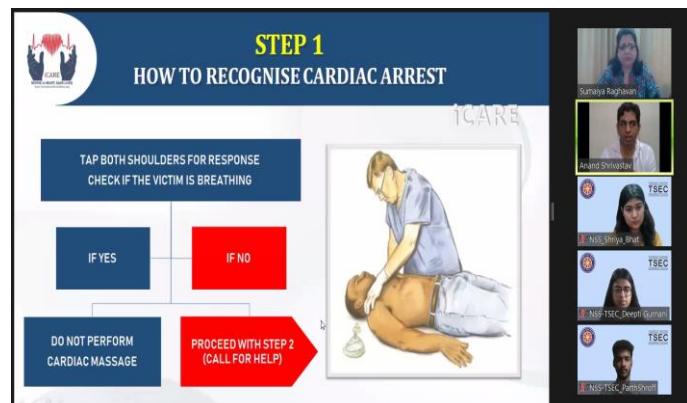
The NSS unit of Dwarkadas J Sanghvi College of Engineering attended A District Level Online Workshop on Cardiac Arrest Resuscitation in association with iCare Holy Family Hospital coordinated by the NSS unit of Thadomal Shahani College of Engineering and Mithibai Motiram Kundnani College of Commerce and Economics. The event was held on 26th September 2021 from 5 pm to 6 pm via Zoom Meetings. It was attended by around 100 volunteers.



The speakers for the event were a specialized panel from the iCare Holy Family Hospital. They emphasized the need for an individual to understand cardiac arrest resuscitation. They also explained how someone should confirm if the other person is having a cardiac arrest. Later, they discussed the CPR procedure and even demonstrated the CPR procedure with the help of an animated video. In addition to that, they also told us about the first aid techniques for different injuries and illnesses.

They also went on to explain how we as citizens can, if needed, anonymously report cases of cardiac arrest or any other accident under the Good Samaritan Act. They also provided helpline numbers and elucidated on how we as citizens can adopt an Automated External Defibrillator in our colleges and societies so as to be able to act immediately in case of emergencies.

The webinar was concluded with a question and answer session in which the speakers patiently solved the doubts of all the participants. All in all, it was a very informative webinar on such a crucial topic.



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Report On 'Helping Hands 2.0'

The NSS unit of Dwarkadas J. Sanghvi College of Engineering in collaboration with an NGO - Spark A Change, organized a clothes donation drive 'Helping Hands 2.0' from 4th to 13th August 2021. The intention of this event was to provide clothes to impoverished persons of all ages.

The event kicks off with the announcement of the event on our social media platforms. A



google form was also shared with the volunteers, the responses from which will be used to contact and inform them about the nearest collection point. NSS volunteers gathered donated clothes from multiple places and then segregated it at a single location.



All clothes that were collected by the volunteers were properly sorted and put in bags for the final day of donation. With the help of Spark A Change (NGO) all the needy people were called to a nearby garden. There were around 150+ families living near JVPD which were identified by the NGO. With proper covid protocols people were called one by one. Hands of every person were sanitized before they touched the clothes and masks were mandatory to be worn every time.

This event ended in a great success with touching

more than 30+ families.

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Report On Leadership Training Program

On the 17th and 21st of November 2021, volunteers from Dwarkadas J. Sanghvi College of Engineering participated in a 5-day "Online University Level Leadership Training Program"

organized by The University of Mumbai in collaboration with S. S. T. College of Arts and Commerce. The session was inaugurated by Sudhir Puranik, Chief Guest and Director of NSS Mumbai University. About 200 eager participants, including the NSS volunteers,



attend the webinar to learn more about leadership qualities and how to become an effective NSS volunteer. The workshop's first day's topic was Emotional Intelligence. Dr. R.S. Jahagirdar, Principal of S. S. T. College of Arts and Commerce, led the discussion. He discussed numerous ways for developing the emotional intelligence necessary of a competent leader. The workshop's second day's topic was 'time management'. Ushadevi Patil was the Speaker at the event. She started a conversation on what time management is and why it is so vital for any leader to have. The workshop's third day was devoted to 'interpersonal skills'. Dr. L. Srinivas Reddy led the discussion. Interpersonal skills, he claims, aid in motivation, leadership, problem solving, and successful communication. The fourth day's discussion topic was 'Increasing Self-Worth'. Dr. L. Jayahari was the day's speaker. He brought up some interesting remarks about the subject. The workshop's fifth day focused on 'how to become a better leader'. It was a really instructive workshop that provided everyone with valuable information. Students learned how to lead after participating in the webinar.



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Report on Orphanage Visit

"The first happiness of the child is to know that he is loved"- Don Bosco

On the eve of children's day, 13th March 2021 DJNSS paid a visit to Prem Sadan Children's Home, an orphanage located at Malad (west). The event commenced at 10 am a short introduction from our NSS volunteers.

This was followed by some talk session with the children's regarding the facts and purpose of celebrating Children's Day. As the event proceeded further the air around orphanage became more playful and friendly. With this we called into play few games like four corners and passing the parcel which saw the children's frolicking around and bonding with their mates.

To keep up the spirit of the children's who lost the game a special talent showcasing activity was played where the children's gave their best and performed versatile activites. A story telling session was also conducted, which amazed the children's, the volunteers were quite contented by answering to some of the questions raised by the curious minds. The children's later on requested to play some of their favourite tunes so that they could perform some dance moves that they had learned and recite on the tunes. Their enthusiasm had no bounds as they merrily dance in the hallway and melodiously sang the songs. The event concluded on a happy note as we distributed the presents brought for them, some extra sweets were also given as a token of felicitation to the children's who outperformed in the activites conducted for the day.



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The Positive Herald

"If you are positive, you'll see opportunities instead of obstacles"

SHRI VILE PARLE KELAVANI MANDAL'S
DWARKADAS J. SANGHVI COLLEGE OF ENGINEERING

Pride Month Special

28th June 2021

- ▶ India's first transgender International beauty queen wins Empress Earth 2021-22 title.
- ▶ Odisha police invites applications from transgender community for constable and SI posts.
- ▶ Lucknow students' Pride Business Conclave gives LGBTQ+ community a platform.
- ▶ Bihar's first transgender shelter home set up in Patna.
- ▶ A court in India has called for broad reforms to respect LGBT rights.

»

[djscenss](#) [nss_djsanghvi](#) [djscenss](#)

The NSS unit of Dwarkadas J. Sanghvi College of Engineering launched a news bulletin that was published on 28th June 2021. This news bulletin is entitled as 'The Positive Herald' and is started with an aim to bring propitious and informative news that can help increase hope and optimism of every individual that come across it. This Herald is published on our various social media handles. This month was dedicated to LGBTQ+ community.

Making a difference starts from all the small steps and actions we take in daily life and this herald aspires the readers to observe the same. For the herald that was released on 28th June the noteworthy happenings of the month were presented. This herald highlighted the positive news related to pride month. The news covered in this were, India's first transgender International beaty queen won Empress Earth 2021-22 title, Odisha police invited application from transgender community for constable and SI posts, Lucknow student's Pride Business Conclave gave LGBTQ+ community a platform, Bihar,s first transgender shelter home was set up in Patna, A court in India was called for broad reforms to respect LGBT rights.

This initiative helps us spread knowledge, awareness as well as the motivation to focus on the good happenings around and stay positive.

DR. Anil Patel Prof. Meenal Patel

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A court in India has called for broad reforms to respect LGBT rights.

India



In a ruling that went far beyond the narrow terms of a case brought by a lesbian couple who claimed they had been harassed by police, a court in India ordered state and federal officials to draw up plans for sweeping reforms to respect LGBT rights, signalling a positive shift in sensitization towards the LGBT community.

[Reuters](#) [djscenss](#) [nss_djsanghvi](#) [djscenss](#)



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NATIONAL SERVICE SCHEME (UNIT B-16) **A.Y. 2021-2022**



“Report on “Paralympics”

“It's not the will to win that matters, it's the will to prepare to win that matters.”

The NSS unit of Dwarkadas J. Sanghvi College of Engineering celebrated the applaudable performance of the Indian players at the Tokyo 2021 Paralympics. A collection of short clips that showcased the players' laurels was posted on the unit's social media platforms on 6th September 2021.



NAME: SUMIT ANTIL
SPORTS: JAVELIN THROW
MEDAL: GOLD

With Bhavinaben Patel opening India's account at the games to Krishna Nagar finishing with a second gold in badminton at the games, this year's results have paved a way for the country's evolution in sports and made our nation proud. This amazing performance by the Indian athletes made the Paralympics memorable. With an impressive tally of 19 medals and a position among the top 25 countries, a foundation of historic records has been laid down.

The zest of the players and their mentors has set an example of adamant ethos. Not to forget the grit and resilience displayed by the players that has taken our nation a notch higher and has certainly swelled our hearts with pride.



NAME: AVANI LEKHARA
SPORTS: SHOOTING
MEDAL: GOLD (10M AIR RIFLE STANDING)
BRONZE(50M AIR RIFLE STANDING)

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"Report On 'Ahinsa Mein Rashtriya'"

"Truth is my religion and ahimsa is the only way of its realization."

The NSS unit of Dwarkadas J. Sanghvi College of Engineering celebrated the International Day of Non-violence on 2nd of October 2021. This day marks the birth anniversary of Mahatma Gandhiji and was commenced with an Instagram story that was posted on the official social media accounts of NSS, which was then followed by a Google form-based quiz named 'Ahinsa Mein Rashtriya' which was promoted on Instagram and WhatsApp.

DJ NSS brings to you

**"Ahinsa mein
Rashtriya"**

**Revisit Gandhiji's message
of truth and non-violence,
by participating in this
quiz and taking a pledge
for peace.**

**Quiz will be released at 4 p.m. via
WhatsApp & Instagram.**

This quiz witnessed about 100 eager participants. Gandhiji's path-breaking philosophies of Ahinsa and Swaraj were also discussed as part of the celebrations for the International Day of Nonviolence.

Along with raising awareness for nonviolence through education and reminiscing over Mahatma Gandhi's principles, the quiz also emphasised the importance of strengthening peace, tolerance, and understanding. The quiz consisted of 10 questions, which channelized the participant's knowledge regarding non-violence and its history on a global level. Later on the participants were directed to take a pledge on saying "No to Violence" and "Yes to Peace".

The quiz successfully reinforced the trust in nonviolence and enlightened the pivotal role that non-violence has in shaping a nation.

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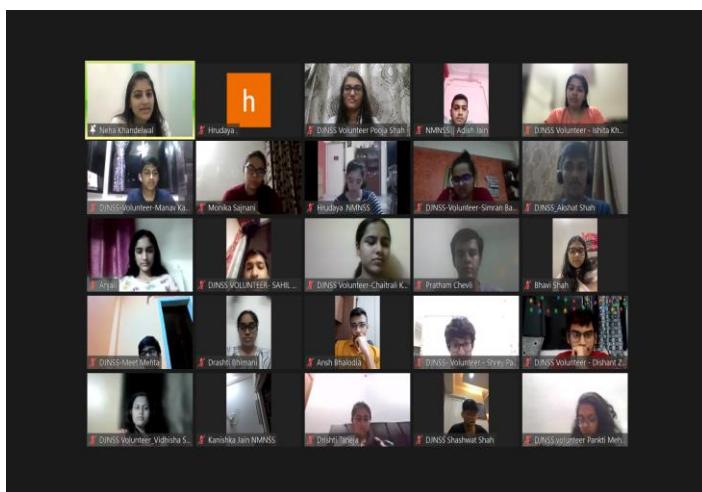


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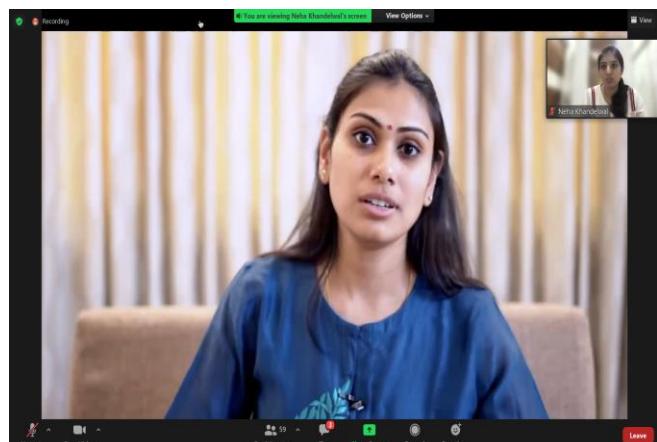
"Report On 'Covid Care Immunity Booster for Students'"

The NSS Unit of Dwarkadas J. Sanghvi College of Engineering in collaboration with the NSS unit of NM College and in association with The Art of Living organised a webinar on Covid Care Immunity Booster for Students. The webinar took place over a period of 3 days from 13th to 15th September 2021, from 6.30 pm to 7.30 pm via Zoom Meetings. It saw large participation from volunteers of both the colleges. The speaker for the event was Ms. Neha Khandelwal.



On the first day, after introducing herself and briefly describing what we would do over the course of the next few days, she taught us a few breathing exercises to help boost our concentration. She kept the session exciting and engaging by having us take a quiz to see how well we knew our physiology. The participants were energised by it.

The next day, she conducted a quick recap of the previous day in the form of a quiz which stimulated everyone and got them ready for the new activities. She showed us a video tutorial and then did it with us to teach us a couple more yoga asanas and pranayama. The exercises and meditation sessions were really relaxing and calming and helped rejuvenate our minds.



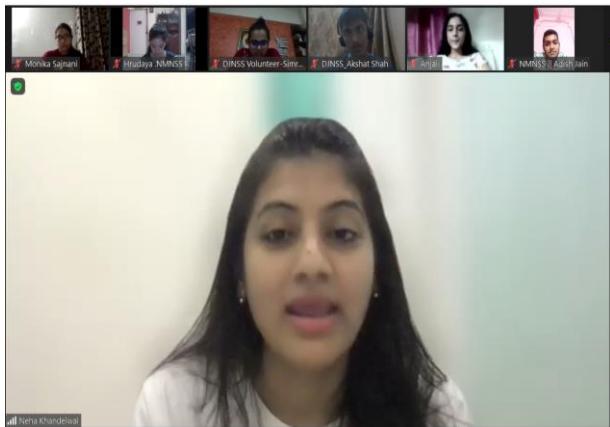


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The third and final day she made everyone play some exciting games and practised bhramari pranayama with us while explaining the benefits of it. The webinar ended with the speaker encouraging us to participate in more such sessions to keep ourselves physically and mentally fit.

The 3 day workshop proved to be an enriching and refreshing experience with a lot of learnings about our overall well being.

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Report On Awareness On Pride Month

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended a webinar on Awareness on Pride Month organised by the NSS unit of K. J. Somaiya College of Arts and Commerce on 30th June 2021, from 4 pm to 5 pm via Instagram live. The Speaker of the webinar was Ms. Zoya Thomas Lobo, India's first trans freelance photojournalist. The event was attended by various volunteers.

JOIN THE WHATSAPP GROUP FOR FURTHER UPDATES.
LINK IS IN OUR BIO

E-CERTIFICATES WILL BE PROVIDED TO ALL PARTICIPANTS

SOMAIYA VIDYAVIHAR
K.J. Somaiya College of Arts & Commerce

NSS UNIT ORGANISES WEBINAR ON

AWARENESS ON PRIDE MONTH

FOR ANY QUERIES CONTACT:
JHANNI RAJPUROHIT : 7008856759 PRITESH KANK : 7977801284

Somaiya TRUST

NSSKJSAC NSS KJSAC @nsskjsac

SPEAKER: ZOYA THOMAS LOBO
(INDIA'S FIRST TRANS FREELANCE PHOTOJOURNALIST)
DATE: 30TH JUNE, 2021
TIME: 4 PM ONWARDS
VENUE: INSTAGRAM LIVE

The live session began with her sharing her journey and describing the various challenges she faced. She said that earlier she used to beg in trains but as time passed, she got inclined to photography and she is a nature lover which made her what she is today. She had to work hard to gain notoriety as a freelance photojournalist, as well as deal with society's indifference to the LGBTQ+ community.

She also stated that students should be educated about the LGBTQ community from the start so that they do not discriminate against them. The speaker strongly feels that they are not meant for begging but for some good deed. She also mentioned how the pandemic was incredibly stressful for society because of spreading. She also advised how to tell family members if someone is from the LGBTQ community. The event concluded with a vote of thanks to the speaker and appreciating the challenges she overcame, which is inspiring to the youth of the country.



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Report on Blood Donation Drive

NSS Unit of D J Sanghvi College of Engineering successfully conducted – “Blood Donation Drive” in association with Rajiv Gandhi Blood Bank on 19 December 2021. The drive was held in the premises of one of our volunteer's residence, Padmavati Nagar, Bhayandar West.



The donation drive was from 9 a.m. to 4 p.m. A fully facilitated bus was provided by Rajiv Gandhi Blood Bank for all necessary requirements. They had an adequate number of doctors, nurses and other staff members who conducted the drive very smoothly and systematically. All the donors were provided with fruity & biscuits after the donation of blood. There were 25 volunteers who assisted the donors and made sure that all the safety precautions were taken care of. The society cooperated and ensured the smooth functioning of the event. There has been a shortage of blood because people are scared to donate and feel unsafe in this covid crisis. The main agenda of this drive was to publicize the importance of donating blood among the citizens residing with all the necessary safety measures.

In Total 39 people participated in this drive, making it a successful one. A majority of the donors were willing to be regular donors.

The donors showed positive effects like a sense of satisfaction after the donation. Creating an opportunity for blood donation by conducting such blood donation camps may increase the voluntary blood donations. The dedication by the volunteers and donors has been certainly essential towards this noble cause.



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Report On Business Yoga from Bhagavad Gita.

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering took part in the online event hosted by Dr. Vivek Bindra, Founder and CEO of BadaBusiness.com along with collaborative support of the UNEP. This was a one day event and was streamed on YouTube. It was organized with great enthusiasm and zeal on 20th June 2021, 12 p.m. onwards and stretched over a period of almost four hours.



The insightful event was based on teachings in practicality based on excerpts from the Bhagavad Gita, the epic that has answers to some of the biggest questions about life, highlighting the conversation between Lord Krishna and Arjuna. According to some veterans, there are many various aspects of yoga which involve physical actions like twisting bodies, controlling your breath and bringing tranquility to your mind, amongst others. The event emphasizes on saying that leadership qualities from Bhagavad Gita

go hand in hand with today's corporate/business scenario.

Dr. Vivek Bindra takes out a line from Gita and explains to us its meaning by translating it from Sanskrit to Hindi/English and pointing out the real life example to implement it. He takes the example of Lord Hanuman who did not know his own capabilities but a true mentor shows him his true powers which Lord Hanuman had already possessed. Lord Lakshman was also taken as an example of dedication. Lord Lakshman did not sleep at any time, because he wanted to take care of his brother Lord Ram and his wife Sita. Great stories of Mahatma Buddha and Bhaktivedanta Swami Srila Prabhupad were shared.





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Tales of Lord Krishna were shared too, about the demons that he killed at a very young age. This mega-event was an official attempt to enter the Guinness World Records for the title of "Most live viewers of a leadership lesson on YouTube". The symposium creates a positive impact about gaining a closer insight on the Bhagavad Gita, which can be instrumental in easing your work-life balance and make your journey of life more enjoyable.

AB ANZ Praveen Vasal

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NATIONAL SERVICE SCHEME (UNIT B-16) A.Y. 2021-2022



Report On 'Cyber Watch'

"The more systems we secure, the more secure we are."

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering organized a webinar on cybersecurity titled as "Cyber Watch" on 27th January 2022, from 4 pm to 5:30 pm via Microsoft Teams. The speaker for the event was Mr. Adarsh Kant Sinha. The event was attended by more than 100 volunteers.

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CYBER WATCH
A webinar by
Mr. Adarsh Kant Sinha, Cyber Crime Expert

Topics of the Webinar:

- Introduction to cybersecurity.
- Significance of being secured with your network.
- Types of cybercrimes and how to be safe from these crimes.

Registration link in bio

Date: 27th January 2022 | Time: 4 p.m. onwards | Via: Microsoft Teams

Pooja Shah: 9920988110 Parth Shah: 7666803762 Hetankshi Vora : 7777005966

[f](#) djscce nss [nss_djsanghvi](#) [in](#) djscce nss

A strong message was sent out not to browse strange websites, and different solutions were provided on how to overcome cybercrime. The speaker kept the session very interactive by constantly involving the participants in the demonstration of his live examples. The dedicated time for the Q & A towards the end of the event also proved to provide some very insightful answers to the audiences' doubts.

The event focused on introducing cybersecurity and increasing awareness about the same. The speaker, Mr. Adarsh Kant Sinha is a cyber crime expert, entrepreneur and a mentor. He started off with an introduction to ethical hacking and also explained a few technical terms involved with the subject. The session also highlighted the importance of protecting our privacy and how it can be infiltrated.





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The event concluded with a vote of thanks by one of our volunteers wherein we also handed the speaker an e-memento. This session was definitely a torch bearer in the cyber world and has guided us on the conduct that may protect us from cyber threats.

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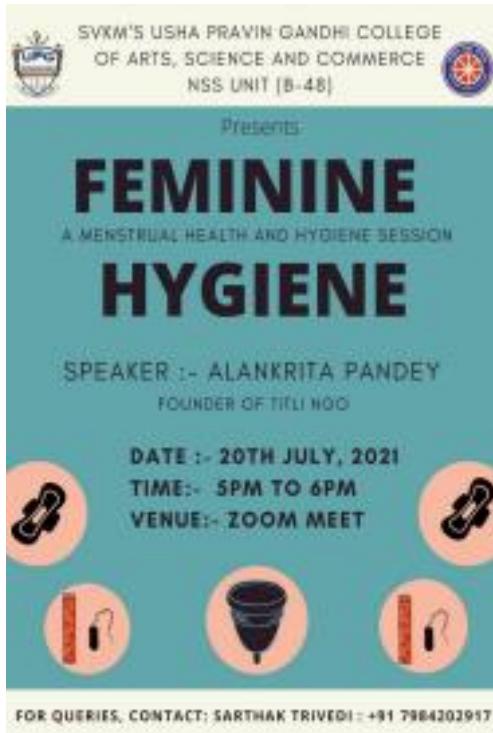
A.Y. 2021-2022



Report On Feminine Hygiene- A Menstrual Health and Session

Hygiene

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended a webinar on Feminine Hygiene- A Menstrual Health and Hygiene Session organised by NSS Unit of Usha Pravin Gandhi College of Arts, Science and Commerce on 20th July 2021, from 5 pm to 6 pm via Zoom Meetings. The speaker for the event was Ms. Alankrita Pandey. The event was attended by 150 volunteers from different colleges.



The speaker, Ms. Alankrita Pandey is the founder of Titli NGO which works upon menstrual health and hygiene. She has conducted various sessions spreading awareness about menstruation and menstrual cups and also on Shalimar Nirvana and Yog Mudras. The event mainly focussed on the importance of menstrual hygiene, pointing out the harmful consequences if one doesn't pay attention to it. Further, she discussed that menstrual cups are cost effective in the long run, environment friendly and does not cause any detrimental side-effects although used for a longer period of time, making it a better alternative to its other counterparts. The speaker eloquently described her experience of using menstrual cups and explained the procedure to use the same.

Throughout the event, the speaker motivated the audience to ask their doubts without hesitation to make the webinar more interactive and engaging. She candidly responded to all the answers, speaking from her personal experiences as well the expertise she has gained throughout her journey. She not only addressed



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the queries of the

girls, but also asked the boys to get their queries cleared regarding the topic.

The webinar concluded with the speaker encouraging the participants to speak about this unvoiced subject and spread awareness regarding the same amongst our family and friends as well. Overall, it was an insightful and enriching experience.



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NATIONAL SERVICE SCHEME (UNIT B-16)
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Report on Indian Cultural Heritage

'India is a place where colour is doubly bright. Pinks that scald your eyes, blues you could drown in'

The NSS unit of Dwarkadas J. Sanghvi College of Engineering successfully held a campaign from the 26th to 28th March 2022. The entire campaign was done virtually on the official Instagram handle of DJNSS. Indian culture has long been referred to as an amalgamation of various social norms, ethical values, traditional customs, and belief systems considering this the NSS unit payed it's tribute to the Indian culture by presenting an online campaign on Indian traditional heritage

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Joining hands to greet

It's the most popular greeting in the Indian context. Even though saying hello has become more of a norm these days, joining our hands to say Namaste has its own charm. We all know that it is a mark of respect, but it turns out that it also has a scientific basis to it. The tips of our fingers serve as pressure points for the eyes, ears and mind and when these are pressed together, our senses are heightened, and we remember the person being greeted for a long time.

The culture you live in roots your identity and that is the exact reason why one of the most prominent leaders of India, Mahatma Gandhi ji left a mark on the whole world when he pledged to wear khadi clothing as a symbol of Indian culture and its people. To imbibe these same values among the viewers the campaign was launched.

The first post included cultures like lighting a lamp, Not sleeping with your head pointing north,

Fasting, Second post included varied topics like Eating with hands, Sitting on the floor to eat, Planting a tulsi in the vicinity of the house while the third post covered the topics like Joining hands to greet, Storing water in copper vessel, practicing Surya Namaskar. With this information and scientific reasons behind our traditional practices an foundation towards growing responsible citizens was laid down.

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Eating with hands

When you eat with your hands, the flora in the fingers is swallowed. It is beneficial for health and for various body parts such as the mouth, throat, and intestine; it promotes healthy digestion in the gut. Handling food with your fingers releases digestive juices and enzymes. When we eat with our hands, we usually eat slower which helps you to digest whatever you eat.



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This campaign provided valuable and insightful information on the Indian Culture Heritage. It also highlighted the importance of human ethics and the cultural behaviors in our daily life. With this online campaign a scientific lens to view the traditions was given.

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Report On International Day of Yoga-2021

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended a one week webinar on 'International Day of Yoga-2021' jointly organized by The University of Mumbai, HSNC University, HSNC Board and Kaivalyadhama event from 15th to 21st June 2021. The essence of this event was to promote the positive impact of yoga on young people. It was an online event conducted through Zoom and broadcasted live on YouTube. The sessions were conducted by Yogacharya Vivek Tiwari, an experienced Yoga Instructor.



Yoga Day is celebrated among the youth and children to make them understand the importance of Yoga in their life. The Event started on 15th June with a soothing prayer calming one's mind. Yogacharya Tiwari Ji along with his students demonstrated various 'Asanas' and listed their merits and demerits. 'Pranayama' -the Yogic practice of focusing on breath was personally

demonstrated by Tiwari Ji. He also spoke about the positive framework of meditation and also emphasized the science behind yoga.

Students were introduced to the 'Common Yoga Protocol' (CYP) course by 'Kaivalyadham' institute. This course was developed by the Ministry of Ayush, Government of India with help of all the eminent Yoga traditions in India. Various topics were taken up in the CYP course which helped in the management of anger, attitude, emotions, stress. On 21st June-International Yoga Day Mr. Suhas Pednekar, Vice-chancellor of Mumbai University along with various principals and teachers attended this event to motivate the students and emphasize the importance of Yoga.





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This one week long event encouraged students to perform yoga on a daily basis. Practicing Asanas for nearly 90 mins helps to boost energy for the whole day. Yoga acted like a helping aid for those students who were in contact with stress. The students inculcated a sense of discipline and felt overwhelmed after performing some asanas that were instructed.

Signature of the Programme Officers



College Seal

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NATIONAL SERVICE SCHEME (UNIT B-16) A.Y. 2021-2022



Report on 'Vaccination Awareness webinar'

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended a webinar on Vaccination Awareness organized by the NSS unit of K. J. Somaiya College of Arts and Commerce on 18th June 2021, from 4 pm to 5 pm via YouTube live. The speaker for the event was Dr. Rahul Kulkarni, an ENT Specialist and Advisor, Otolaryngologist of India, Mumbai Branch. The webinar witnessed 150 participants in attendance.

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E-CERTIFICATES WILL BE
PROVIDED TO ALL PARTICIPANTS

SOMAIYA
K.J. Somaiya College of Arts & Commerce

NSS UNIT
ORGANISES
WEBINAR ON

SPEAKER DR RAHUL KULKARNI
ENT SPECIALIST AND ADVISOR,
OTOLARYNGOLOGIST OF INDIA,
MUMBAI BRANCH
DATE: 18th JUNE, 2021
TIME: 4PM ONWARDS
VENUE: YOUTUBE LIVE

VACCINATION AWARENESS

FOR ANY QUERIES CONTACT:
BHARAT HIREMATH: 8008846706 ANJU SINGH: 6886779301

Somaaya TRUST NSS UNIT 20/20-21

The event's goal was to spread awareness about the COVID-19 vaccine. Dr. Rahul Kulkarni started the event by outlining how COVID-19 vaccines work within our bodies, as well as how different types of COVID-19 vaccines, such as Covishield, Covaxin, and Sputnik-V operate and result in antibody formation in our bodies.

The speaker also said that vaccinations do not guarantee 100 % protection against the COVID-19 virus, and that we must take all safety precautions. The second half of the webinar was an interactive question and answer session in which he addressed myths about COVID-19 vaccines and advised everyone to get vaccines for their own and others safety.





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The speaker concluded by saying nearly every facet of our life, the epidemic has affected the way we operate. Vaccines offer a path out of the pandemic's current stage. The vaccination strategy was explained in depth to the audience.

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**Report on 'MaiTree 2.0'***"Let's nurture the nature for our better future"*

The NSS unit of Dwarkadas J. Sanghvi College of Engineering in collaboration with DJS Miles, a mechanical chapter at Dwarkadas J.

Sanghvi College of Engineering organized an online event 'MaiTree 2.0' wherein a webinar '65th Art of Living' was conducted by Mrs. Neeta Godbole on MS Teams from 4 PM onwards.

It was an eye-opening session filled with a lot of green talks. The aim of achieving a sustainable future was greatly addressed. The speaker's experience and fondness towards the environment ameliorated the ethos of about 120 attendees.

This session put forth light on the importance of greenery around us, making the environment a sustainable place and the significance of plants in our lives. The webinar was enlightening and well appreciated by the participants. The event concluded with the committee members expressing their gratitude to the speaker and presenting her with an e-memento.





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H. J. Ganguly

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NATIONAL SERVICE SCHEME (UNIT B-16)
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Report on 'MaiTree 2.0'

"When one plants a tree, they plant themselves."

The NSS unit of Dwarkadas J. Sanghvi College of Engineering in collaboration with DJS Miles a mechanical chapter at Dwarkadas J. Sanghvi College of Engineering organized an Event 'MaiTree 2.0'.

'MaiTree 2.0' is a continuation of our last year's event '□□□Tree' where volunteers were introduced to modern methods of growing plants at home. But this year we took it further by collaborating with DJS Miles to reach more people and encourage participation for a greener environment.



'MaiTree 2.0' consisted of a virtual tree plantation drive held from 23rd to 25th August, wherein about 50 volunteers participated. Volunteers were requested to fill in a google form and attach a photo of the plant which they adopted. A huge number of volunteers shared pictures of the plants that they adopted.



The participants were also delighted that they got the opportunity to plant trees and thus add positivity in their lives and home. These plants provide happiness and serenity by keeping negative emotions at bay! Apart from being low-maintenance plants they also symbolize good fortune and have health benefits. They are likely to bring harmony and prosperity in lives.



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Overall, this event ended on a high note with the participants taking with them positivity and satisfaction of adopting the plants.

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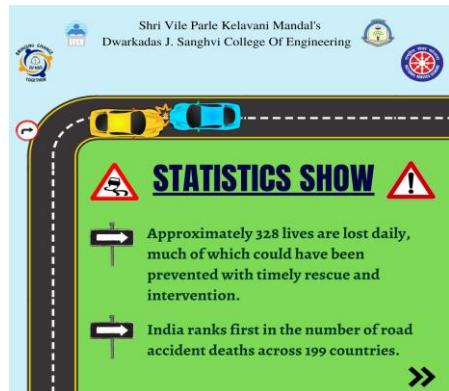


Report on National Road Safety Awareness Drive

The NSS unit of Dwarkadas J. Sanghvi conducted an online National Road Safety Awareness Drive on account of the National Road Safety week which is observed from 11th to 17th January every year. The aim of this awareness drive was to highlight the problems prevailing in our country concerning road safety and the need to understand and raise awareness about the same.



The drive consisted of 3 carousel posts, each mentioning various aspects related to road safety. The first post included the problem associated with road safety and the statistics of the people losing their lives because of road accidents every year in India. After going through the survey, it was observed that road accidents are one of the leading causes of deaths and injuries across the world.



The second post focused on important road signs and emergency contacts regarding the road accidents. Along with that, some common myths related to road safety were debunked in this post. The third and the final post, outlined unavoidable measures to take while crossing the road, important strategies for avoiding road accidents and also the necessary steps one should take after an accident.



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Through our posts, we hope to enlighten people to follow road safety protocols not only for the betterment of the society but also, their own betterment. With the right information, we can surely ensure to have fewer accidents and safer roads.

The signatures of three programme officers are shown here.

Signature of the Programme Officers



College Seal

The signature of the principal is shown here.

Signature of the Principal



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**Report On Nexus - 53rd NSS Day Celebration**

"If you change the way you look at things, the things you look at change."

The NSS unit of SVKM's Dwarkadas J. Sanghvi College of Engineering, in collaboration with the NSS units of VIT-AP, SVNIT Surat, IIT Roorkee, NIT Calicut, in partnership with LHS Nation organized a gripping event on the occasion of the 53rd NSS Day, to commemorate its motto and spread awareness about mental health, which is the need of the hour.



This paparazzi was held online via the means of Microsoft Teams on the 24th of September, 2021, 5:30 pm onwards. The event garnered overwhelming support from the students as they showed up in large numbers for this online symposium. Over 600 volunteers were a part of the celebrations to witness the schedule unfold. It began with the welcoming of a Navy Officer, Harshrajsinh Rathod who went ahead to express his experiences with the Indian Navy and correlate them to his opinions about mental health. He also offered and suggested a few easy tips for better mental being, like waking up before sunrise, doing meditation, reading motivational books, etc.

This was followed by the presentations of the annual academic year-round works carried out

by the NSS units of the organizer institutions. As dusk fell, the event was graced by some of the finest music artists which included the likes of Anurag Panda, Mihika Surve, Akash Dutta and Prashanth Singh. The audience grooved to their music and showed their support by swaying with flashlights switched on. The atmosphere had a calming and merry vibe, which will surely be a memory to cherish for the artists as well as the

attendees. After the performances of these talented artists, the event showcased the work and objectives of Non-governmental Organizations like UPHAAR Foundation and BROWS. The representative from UPHAAR highlighted their key-flagships, the 'Box of Kindness', wherein they collect excess utilities in the form of donations from the citizens and provide them to the underprivileged or the needy; and the 'Period Simulator', wherein the men got a first hand experience about the pain experienced by the women during their menstrual cycle. This had garnered quite a lot of attention on social media and was conducted in an attempt to spread awareness about period pain. The event ended with the hosts thanking each of the attendees





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and guests for being a part of the webinar, as they all logged out with broad smiles of contentment on their faces. It was a wholesome experience truly and we look forward to more such creative meets, where we can interact directly with our people. We aspire to leap forward with our only motto - 'Not me, but you!'

DRB amz. Profess. Vasant.

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Report on “Nirbhaya Squad - Face of the Fearless City”

“Langh Ke Ab Tu Laxman Rekha, Ban Nidar, Ban Nirbhaya.”

The NSS unit of Dwarkadas J. Sanghvi College of Engineering organised an Event ‘Nirbhaya Squad-Face of the fearless city’. The Seminar was conducted on 28th March 2022 at the Seminar Hall. The event started from 12 p.m. onwards in the presence of our honourable Principal sir and Vice Principals, who along with the NSS program officers, lit the lamp together.

The speaker of the event PSI Punam Machindra Mirgane threw light on the working of the Nirbhaya Squad. It was an eye-opening session. The speaker explained the working of the Nirbhaya squad, an initiative taken by Mumbai Police for women's safety. This session shed light on women's safety and empowerment. The speakers put forth several case studies and the solution which was greatly informative. Several women's laws and rights were addressed in this seminar. The need for self-defense was also greatly highlighted.



Lastly, members from Combat Tactical Association took over and explained some difficult scenarios and ways to tackle them. A group of volunteers was called up on the stage and some self-defense techniques were demonstrated which could be used in case of emergencies.



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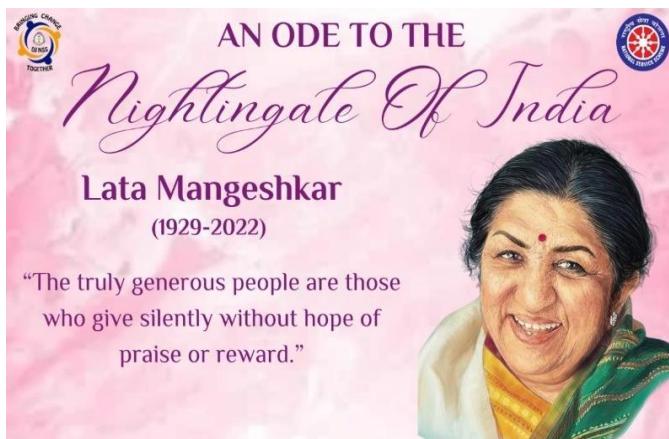
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Report on 'An Ode to the Nightingale of India'

"The truly generous people are those who give silently without hope of praise."

The volunteers of NSS unit of Dwarkadas J Sanghvi of Engineering paid an homage to the legendary Indian playback singer Bharat Ratna Lata Mangeshkar on 8th February 2022 on account of her unfortunate demise.



The tribute was paid in the form of a carousel post which focused mainly on her not so known contributions to the country. From starting a career in singing at a very young age to reigning the musical industry for seven long decades, she had sung over



30000 songs in over 36 different languages. She had performed in many charity events throughout her life journey. She also set up a hospital in the name of her father which offered free medical aid to the patients. Not only that, during tough times, she helped the Indian cricket team by contributing Rs. 20 lakhs after they won the World Cup in 1983. Her passion for helping mankind was as strong and pure as her passion for singing. Her commitment to humanity, her country and its people was immense and inspiring. The way she helped the society by her good deeds will continue to motivate the coming age. Lataji's Era came to a glorious close. Our Queen of Melody will always live on in our hearts forever.

In 1985, Lataji performed in a charity show in Toronto, this was the first time that a 3rd World Artiste performed for a 1st world charity organisation and a collection of over \$1,50,000 was made which she donated to a charity organisation.

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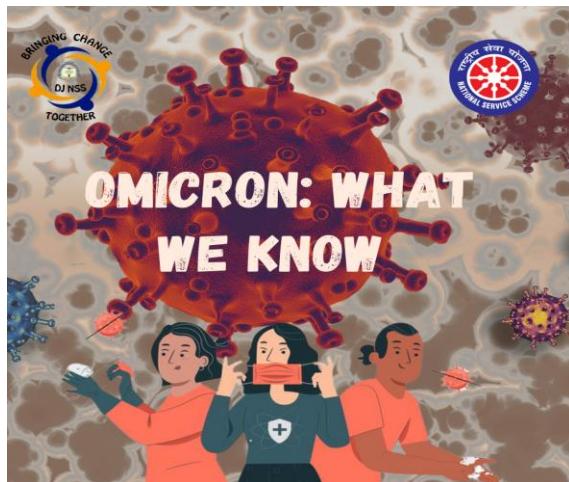
NATIONAL SERVICE SCHEME (UNIT B-16)

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Report on Omicron: What We Know

The NSS unit of Dwarkadas J Sanghvi College of Engineering carried out an online awareness drive on the Omicron variant of COVID-19. The main aim of this post was to educate people about the aforementioned topic and clear the doubts one might have regarding this deadly variant.



It was in the form of an instagram video which displayed various details of the new variant of the COVID-19 virus - Omicron. The video started with showing the place and time of the origin of the virus and went on to list the places globally where it had already spread and could potentially be dangerous. It also highlighted the symptoms such as tiredness, scratchy throats, etc. Not just that, it also included necessary precautions that one needs to take to prevent it.

Many findings pointed towards the effectiveness of the COVID-19 vaccines on the omicron variant. So following the COVID-19 guidelines is the best way to reduce the risk of exposure to the virus.



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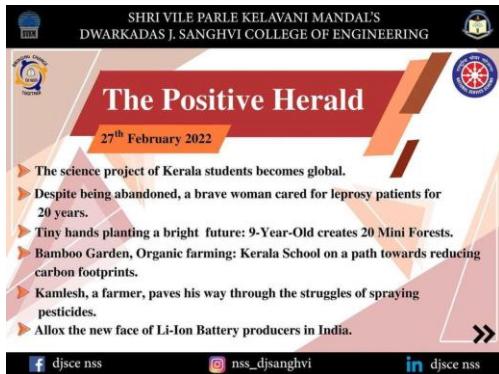
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Report on 'The Positive Herald'

"*You must be the change you wish to see in the world.*"



The NSS unit of Dwarkadas J. Sanghvi College of Engineering launched a news bulletin that was published on 27th February 2022. This news bulletin is entitled 'The Positive Herald' and is started with an aim to bring propitious and informative news that can help increase hope and optimism of every individual that comes across it. This herald is published on our various social media handles. Making a difference starts from all the small steps and actions we take in daily life and this herald aspires the readers to observe the same.

For the herald that was released on the 27th of February, it emphasized the noteworthy happenings of the month that have set a new example in our country. Some of the news covered were 'The science project of Kerala students becomes global' in which the students represent India in Atlanta, US. 'How a farmer paved his way through the struggles of spraying pesticides' in which he developed an affordable and innovative product that can improve farming.



This initiative helps us spread knowledge, awareness as well as the motivation to focus on the good happenings around and stay positive.

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Report On Prashna Vidhyarthanche, Uttar Kulguruanche

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended an interactive session - "Prashna Vidhyarthanche, Uttar Kulguruanche", organized by The University of Mumbai on 2nd June 2021, from 4 pm, onwards via Youtube Live. The session was conducted by the Vice-Chancellor of Mumbai University and host Dr. Suhas Pednekar. About a hundred eager participants along with NSS



volunteers, logged in to witness the webinar live to gain some insights about the everyday difficulties faced by the students and to help them bridge the university-student gap. The webinar started with a brief Q&A session in introductory



then began with explaining one of the most important topics about student life i.e., reduction in fees. He said that the Mumbai University would be implementing a reduction in fees and facilitate payment of the fee in four installments to reduce the parent's load. He also explained how the exam department minimizes mass copying or similar situations which had flattered a major issue during the pandemic and the proctor system is being used so that the students don't engage in these kinds of deeds. The speaker highlighted that to facilitate a greater number of students, textbooks furnished in document form are more helpful in the fact that the pandemic has given the students a chance to explore different fields. The speaker remarked that alarmingly, the students do not take studies seriously in an online fashion. Students are missing a certain part of college, but Mumbai University will see to it that once everything becomes normal, they'll try and take them to as many visits as possible. He talked about several courses, internships, and training programs that can benefit the students for future goals. It was a very informative session that helped everyone imbibe knowledge. After the webinar, students were confident about the stance.

OB anz Rakesh Vasal

Signature of the Programme Officers



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A. J. Joshi

Signature of the Principal



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Report on 'Prevention of Sexual Harassment and Gender Equality'

The volunteers of the NSS Unit of Dwarkadas J. Sanghvi College of Engineering attended a webinar on Prevention of Sexual Harassment and Gender Equality organised by the NSS unit of Ramanand Arya D. A. V. College on 19th April 2021, from 4 pm to 6 pm via Microsoft Teams. The speaker for the event was Ms.Snehal Velkar. The event was attended by about 300 volunteers from all across Maharashtra.



The event focused on gender discrimination and harassment faced by women at workplace or at home. The speaker went through the history of the different laws that have been implemented to safeguard women in difficult circumstances and the steps that can be taken to seek justice. She accentuated the need to create awareness about the harassment women face in their day to day life and how one can help them in tough situations. She also mentioned the various organizations which assist the victims and also the committees at workplaces to review such cases in case of false complaints.

The speaker elaborated on the root causes of gender discrimination and its impact on the workspace and the need to create a friendly environment. The latter half of the webinar included an interactive question and answer session, where she mentioned the various helplines, the importance of consent and how women should raise their voice and not be afraid of society.

What is Sexual Harassment?

Any unwelcome sexually determined behavior (whether directly or by implication)

- as physical contact and advances,
- a demand or request for sexual favors,
- sexually colored remarks, or
- showing pornography;
- any other unwelcome physical, verbal or non-verbal conduct of sexual nature.

The webinar concluded with the speaker giving



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out a strong message of women empowerment and how it can be achieved by a holistic approach towards the upliftment of women. Overall, the session provided us with deep insights on such sensitive but vital issues.

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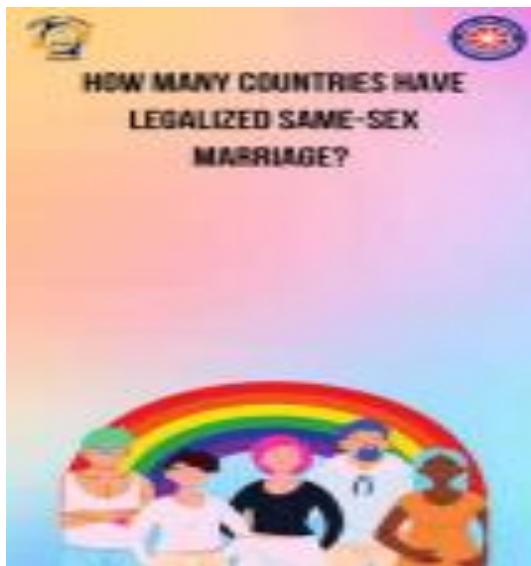
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**Report on 'Love knows no gender'**

The NSS unit of Dwarkadas J. Sanghvi College of Engineering successfully held a campaign from the 23th to 25th June 2021. The entire campaign was done virtually on its official Instagram handle. It featured an interactive three question quiz on 23rd and 24th June via Instagram stories, followed by an IGTV video on 25th June.



The quiz, released on the story included the question and four options and after choosing an option, it would reveal the right answer. The quiz covered a wide range of questions including how many countries have legalized same sex marriage, who were the lawyers who fought against Section 377 in India, when was Section 377 decriminalized in India, which was the first country to legalize same sex marriage and who is known as the “mother of pride”. The reason for using the digital platform was to maximize awareness by leveraging the advancement in virtual connectivity platforms.

The quiz received a good number of 60 responses.

The IGTV video aimed at clearing doubts in the minds of people, spreading awareness amongst the public and also providing them with lesser known information about the LGBTQ+ community. It was a continuation to the former stories as it explained the topics touched in the quiz.



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This campaign provided valuable and insightful information on the LGBTQ+ community. It also shed light on the hardships and discrimination faced by them. It was in the form of trivia so that even new people could connect and understand the underlying message of why society should support and help people of the LGBTQ+ community.



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Signature of the Programme Officers



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Report on 'River Rejuvenation'

"A river is more than an amenity, it's a treasure!"

Rivers are important surface water resources for households, agriculture and industries. However, the urban rivers are widely disregarded in recent times, and are off limits to the citizens' eyes. This multi-interactive online session was held on 21st November, 2021 and started 3 p.m. onwards via Microsoft Teams application; which was joined by over 80 volunteers.



To address this issue and spread awareness about it, the NSS Unit of Dwarkadas J. Sanghvi College of Engineering organized an online session - 'River Rejuvenation: A Webinar', by Mr. Gopal Jhaveri. Widely referred to as 'The River Man of Mumbai', Mr. Jhaveri is the founder of Mumbai March, an organization which has undertaken the responsibility of coining an ideal Mumbai city by working upon its aspects like rivers, roads, slums

and economy. The speaker gave us all a reality check of the current situation of the water bodies in our city before delving further into the particulars. The session further highlighted the pivotal role of the four main rivers of Mumbai and how we, as citizens can rejuvenate them to a healthier state. The speaker also emphasized on the factors affecting the urban sustainable development with respect to infrastructure, society and what role can the youth of tomorrow play in cleaning the clogged drains to beautify the locality. This event motivated and urged the volunteers to come forward and take action towards uplifting the condition of our rivers.



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Report on “Save the Soil”

“There can be no doubt that a society rooted in the soil is more stable than one rooted in pavements.”

The NSS unit of Dwarkadas J. Sanghvi College of Engineering published a carousel post on our official social media handles, on 21st June 2022, addressing the “Save Soil Movement” initiative by Sadhguru and how raising our voice will help the movement.



The post also aimed on what is expected from everyone and how raising our voices will help in the Save Soil Movement. The aim was to reach at least 4 billion people in order to send the message across the globe. Around 2.8 billion people had responded and supported in some way towards this movement. Writing letters about their concerns to the Environment or Agriculture Minister of India, using social media to spread awareness and showcase our support, were some of the ways highlighted by the post to take the movement a step forward.

The post focused on informing everyone about the global initiative by Sadhguru to address the soil crisis by bringing together people from around the world to stand up for soil health. It focused on different aspects to inform every individual about what the problem is, how one can save soil, how many people responded to Sadhguru's Save Soil Movement and whether or not we are going into a disaster if we continue to ignore our soil. Many people were hence properly able to identify the depth of the problem and warned about the same.





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The post was successful in achieving its aim to educate more and more people about the Save Soil Movement. People were able to identify how their voices and a little support can help with the movement. We hope that our echo to Sadhguru's initiative inspires everyone around us to look after our soil and consciously make efforts to prevent its degradation.

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Report on 'Stop and Destress'

"The greatest weapon against stress is your ability to choose one thought over another."

The NSS unit of Dwarkadas J. Sanghvi College of Engineering organized a webinar on stress management titled "Stop and Destress" on 30th July 2022, from 4 pm to 5 pm via MS Teams. The speaker for the event was Dr. Preeti Chawla, a counselor with great experience and knowledge of medical sciences, homeopathy, human psychology, mindfulness, philosophy, and emotional intelligence. More than 50 attendees actively participated in the webinar.



The event focused on teaching how stress is avoidable and what are the various sources of stress. The session mainly highlighted how one can manage and deal with stress. Along with it, the other key points mentioned were what the various deteriorating effects of stress are on our mental & physical health, and how can someone avoid those effects. Overall it was an interactive session between the speaker and volunteers.

The speaker also enlightened the listeners by throwing some light on coping strategies like certain breathing techniques and how to maintain a balanced lifestyle. She kept the session quite interactive by asking the audience to answer questions she asked in the session. The Q and A session towards the end cleared most of the participant's doubts.





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The event concluded with a vote of thanks by one of our volunteers, wherein we also handed the speaker an e-memento, as a token of gratitude for guiding the participants on the ways to destress and also sharing some valuable information on the same. It will surely be of great benefit to the students to help them deal with stress in their daily lives as they prepare for their future endeavours.

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Signature of the Programme Officers



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A. J. Gangji

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Report on 'Swipe Right GenZ'

"Seeking validation from others for your self worth is your approval to let them judge you."

The NSS unit of Dwarkadas J. Sanghvi College of Engineering in collaboration with NMIMS's Sunandan Divatia School of Science organized a seminar based camp about body image, self-esteem, and its effect on mental health, titled "Swipe right GenZ" on 08th April 2022, from 2 pm onwards in the Seminar Hall of our college. Many of the attendees actively participated in the webinar.



The speakers for the event were students from Sunandan Divatia School of Science which made the attendees feel at ease to discuss and express opinions from the beginning. The event focused on addressing various topics concerning the GenZ like the issues affecting the mental health of the youth, how to deal with it, the various deteriorating effects of these issues on our mental health and how can someone avoid those effects.

It also guided the listeners on effective decision making, primarily about relationship trends. The speakers also enlightened the listeners by throwing some light on ways to cope with other's opinions and negative comments and also kept the session quite interactive by asking the listeners to answer questions that were asked in the session. Several activities took place during the event. The Q and A session cleared the participant's doubts. The participants also filled out a questionnaire to understand their emotional intelligence and provide feedback.



The attendees learned how to have a positive approach towards life and be confident in who they are. A balanced lifestyle and coping strategies can help to have a stable mental health,



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which help us prepare for our future in the best manner. The event concluded with a vote of thanks by one of our volunteers to all of the participants for sharing their valuable time with us and to the speakers for conducting an enriching seminar.

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Report on “Thanksgiving Event”

“Heroes don’t ask for praise, they earn it”

The volunteers of NSS Unit of Dwarkadas J. Sanghvi College of Engineering organised a Thanksgiving Event on 26th November, 2021 with a motive to felicitate the unsung warriors for their selfless service during the Covid-19 pandemic.

Around 15 volunteers visited Kandivali (W) and DN Nagar Police Stations and felicitated the police officers and BMC workers with scrolls mentioning a heartfelt gratitude note towards their efforts. The volunteers conveyed their feelings through shayaris, poems, and short speeches. The unit also conferred both the police stations with a plant and a memento as a token of appreciation.

The volunteers were delighted to see the smiles on their faces and were motivated by the words of wisdom as they shared their experiences and made it a momentous occasion.





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Report OnThe Positive Herald

"Everything has beauty, but not everyone sees it"

The NSS unit of Dwarkadas J. Sanghvi College of Engineering introduced a series 'The Positive Herald' with an aim to surround oneself with positivity and informative news that can help increase hope and optimism of every individual that comes across it. This Herald is published on the various social media handles of NSS. The bulletin that was published on 29th October 2021 provided a tinge of sunlight for all the readers and increased the hope of individuals who came across it.

The Positive Herald
29th October 2021

- ▶ Techie-turned-farmer promises higher yield using new aqua technology.
- ▶ A progressive Karnataka farmer uses a pond to generate electricity.
- ▶ Contributing to society: A Mumbai man and his daughters run educational programmes for the children of Konkan labourers.
- ▶ Project Diya: Hyderabad's 'Bicycle Mayor' is refurbishing obsolete bicycles for better use.
- ▶ Football's Super 30: This Jharkhand footballer's students play in national tournaments.

»

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Making a difference starts from all the small steps and actions we take in daily life and this herald aspires the readers to observe the same. The herald that was released during the end of October observed the celebration of the festival of lights and brought a ray of hope in one's life. The topics covered in this herald were the inspiring tales of technology enthusiastic

farmers, the father daughter duo managing educational programmes, and some of the recognised projects and awards.

This initiative helps us spread knowledge, awareness as well as the motivation to focus on the good happenings around and stay positive.

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NATIONAL SERVICE SCHEME (UNIT B-16)

A.Y. 2021-2022



Report OnThe Positive Herald

"Of all things, it's better to hope than to give up"

The NSS unit of Dwarkadas J. Sanghvi College of Engineering introduced a series 'The Positive Herald' with an aim to surround oneself with positivity and informative news that can

help increase hope and optimism of every individual that comes across it. This Herald is published on our various social media handles. The bulletin that was published on 30th September 2021 created a lasting energising effect on the society and provided mental peace and calmness to our conscience.

The Positive Herald
30th September 2021

- Chennai college project ends tribals' warfare for potable water.
- Sanjay Kachhap is the 'Library Man' for the poor in Jharkhand's hinterland.
- Jharkhand start-up to empower elderly, offer them sustainable earnings with zero worries.
- Bihar rains: In flood-hit Katihar, three youths educate children on a boat.
- Kurnool 8-year-old creates history by becoming the youngest person to climb Mount Elbrus.

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Making a difference starts from all the small steps and actions we take in daily life and this herald aspires the readers to

observe the same. The herald that was released during the end of September month witnessed a hailstorm of socio-political upheavals across all the sources of media.

The news which were covered in this series were, the Jharkhand start-up to empower elderly offering them sustainable earnings with zero worries, 8 year-old kurnool who created history by becoming the youngest person to climb Mount Elbrus. An inspiring initiative undertaken by three youngsters of educating childrens in flood affected districts of Bihar's katihar district was one of the most inspiring tales of the month and the water tank project built by the students of Madras Christian College helped the tribal community with access to drinking water was one of the topics covered in the herald. The story of Sanjay Kachhap, the 'Library Man' for the poor in Jharkhand's hinterland, who established 18 libraries and converted existing libraries to fully digital to make government school student computer literate was truly a story to learn





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from. This initiative has helped us to spread knowledge, awareness as well as the motivation to focus on the good happenings around and stay positive.

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SHRI VILE PARLE KELAVANI MANDAL'S
DWARKADAS J. SANGHVI COLLEGE OF ENGINEERING

Kurnool 8-year-old creates history by becoming the youngest person to climb Mount Elbrus.
Vishakapatnam

Gandham Bhuvan Jai has become the youngest to scale Mount Elbrus, Europe's highest mountain and one of the seven summits. Eight years old Bhuvan, along with two other mountaineers, reached the peak of Mt Elbrus (5642 mtrs). Bhuvan is a third-grade student from the Kurnool area. Anmish Varma of Vizag and K Sankaraiah of Anantapur were the other two members of the expedition.

Source: The New Indian Express

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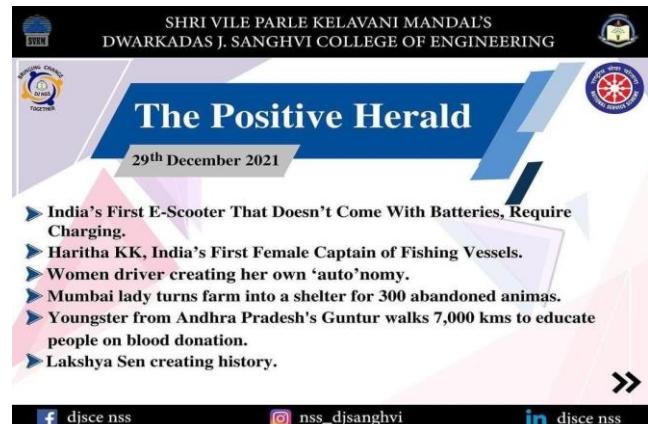
A.Y. 2021-2022



Report on The Positive Herald

"Positive anything is better than negative nothing"

The NSS unit of Dwarkadas J Sanghvi college of engineering published its weekly news bulletin on 29 th December 2021. The news bulletin which is entitled as 'The positive herald' is launched at the end of every month through the various social media handles of NSS. The objective behind this monthly post is to spread the inspiring events that occurred in the country throughout the month.



The positive herald of December month was filled with motivating events from various spectrums. The news covered in this herald were the remarkable mark set by the Indian automobile sector by introducing its first ever e-scooter functioning on charging, the inspiring tale of a girl setting new barriers in the fishing vessels sector, a women driving auto rickshaw without caring about the criticism,a female citizen turned farm into shelter home for 300 dogs other than this the zest of a youngster from andhra pradesh to educate people about blood donation by walking 7,000 km was the most applaudable news in our post.

Youngster from Andhra Pradesh's Guntur walks 7,000 kms to educate people on blood donation.

Gandu Siva was recognised by the India Book of Records for his commitment to educate the society to promote the importance of blood donation. He undertook a 7,000-km walkathon across the country. He started the walkathon from Kanyakumari on April 1 and completed it in Delhi last week. He interacted with people and educated them in 22 states.

This initiative helps us spread knowledge, awareness as well as the motivation to focus the good around you and stay positive in these challenging times.

Source:New Indian Express

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The Positive Herald

"If you are positive, you'll see opportunities instead of obstacles"

The NSS unit of Dwarkadas J. Sanghvi College of Engineering launched a news bulletin that was published on 30th August 2021. This news bulletin is entitled as 'The Positive Herald' and is started with an aim to bring propitious and informative news that can help increase hope and optimism of every individuals that came across it. This Herald is published on our various social media handles. Making a difference starts from all the small steps and actions we take in

**SHRI VILE PARLE KELAVANI MANDAL'S
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The Positive Herald

30th August 2021

- Women can take NDA Exam, says Supreme court.
- Wayanad becomes first district in country to vaccinate nearly 100 percent of eligible population.
- Project Akansha is motivating and helping out PVTG children to take up education.
- Two young tribal doctors from Irula community make Kerala proud Kerala.
- Aisha Nazia got selected for FIFA Master programme.

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**SHRI VILE PARLE KELAVANI MANDAL'S
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Women can take NDA Exam, says Supreme court.

India

Source: NDTV

Women can appear for the NDA (National Defence Academy) admission exam - which has been rescheduled for November 14 - the Supreme Court said Wednesday afternoon in a landmark interim order that would allow more women to serve in India's armed forces. The court slammed a "mindset problem" when it comes to equal service opportunities for men and women in the country's armed forces, and warned the government "you better change".

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wayanad district by vaccinating 100% of their population with COVID vaccine, the inspiring initiative undertaken by Akansha project of educating PVTG childrens, the tale of two passionate doctors from kerala, and the encouraging journey of a girl selected for the FIFA world cup. This initiative helps us spread knowledge, awareness as well as the motivation to focus on the good happenings around and stay positive.

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The Positive Herald

"Selfless service alone gives the need strength and courage to awaken the sleeping humanity in ones heart"

The NSS unit of Dwarkadas J Sanghvi college of engineering published its weekly news bulletin on 29th July 2021. The news bulletin which is entitled as 'The positive herald' is launched at the end of every month through the various social media handles of NSS. The objective behind this monthly post is to spread the inspiring events that occurred in the country throughout the month.

The positive herald for the month of July covered the charitable and influential acts done by the uniform officers as well as the

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Indian Railways sends 200 tonnes of liquid medical oxygen to Bangladesh.

Delhi



On July 25, the Railways delivered a consignment of 200 tonnes of liquid medical oxygen to Bangladesh through the Oxygen Express train. During the peak of the second wave of the coronavirus crisis in India, when states were grappling with shortage of oxygen, the Railways began operating the Oxygen Express trains. The railways ran around 480 such trains and carried 36,841 tonnes of liquid medical oxygen across the country since it started operations on April 24, 2021.
Source: New Indian Express

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liquid oxygen to Bangladesh.

Making a difference starts from us as an individual and this positive herald is filling up the optimistic spirit of making a difference.

SHRI VILE PARLE KELAVANI MANDAL'S
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The Positive Herald

29thJuly 2021

- Mother Teresa of Mumbai: This policewoman adopted tribal children and saved lives during the COVID crisis.
- No barrier is too high for differently-abled Jharkhand teen teaching village children.
- In a global competition, a Coimbatore girl shines.
- A UK prize has been awarded to Hyderabad's hunger fighter.
- Indian Railways sends 200 tonnes of liquid medical oxygen to Bangladesh.

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civilians. The topics displayed in this herald were the story of courageous policewoman who adopted tribal children, the initiative undertaken by a teen from jharkhand of educating the disabled, and the global achievements secured by people from our country. This bulletin also gave away a beautiful message of how irrespective of our differences we can help other beings and make this world a better place. This message was clearly indicated in the selfless act done by our Indian railways by sending 200 tons of



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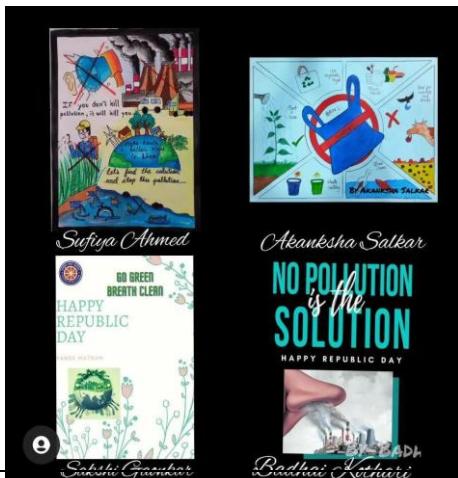
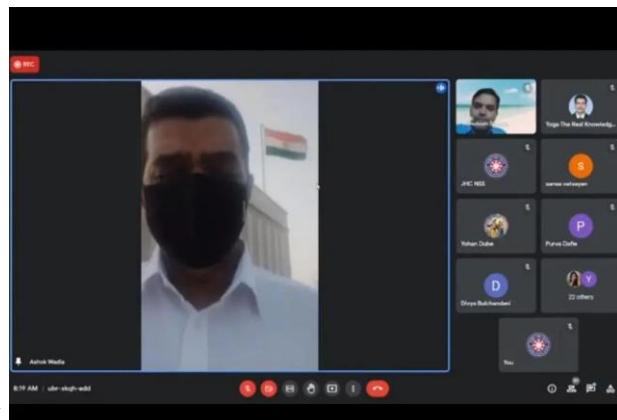
Report on 73rd Republic Day celebration

"There can be no success, no achievement without sacrifice"

The NSS unit of Dwarkadas J Sanghvi College of Engineering attended the online event organised by the NSS unit of Jai Hind

College to celebrate the 73rd Republic Day on 26th January 2022. This event was conducted through youtube live streaming and was initiated at 8 a.m. The event witnessed a huge number of participation from the students of Jai hind college. The introductory session and flag hoisting was done by the principal of the college, Dr.

Ashok Wadia. This was carried on by various individual dance performances done by the volunteers, these performances specifically portrayed the sacrifices of the great leaders and the civilians part of the freedom fight.



Furthermore, to make the environment melodious, a live instrumental concert was done. These songs added a patriotic charm to the event. The whole event was filled with frolic activities which kept the audience engaged. After this a monologue was presented by a student which made the hearts swell with pride. The whole event went on with more such amazing performances consisting of speech, some poem recitation and dance performances. To encourage the volunteers to think for the benefit of others they had prompted them to make posters considering the theme of environment and its impact on the world. And the results of this turned out to be very innovative as many volunteers came up with very thoughtful impact and also gave the message regarding how they could curb them. The event was insightful and fun-filled at the same time. It made every attendee realise the importance of freedom they have and what struggles our countrymen have taken to



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achieve it. The event also gave out some beautiful messages of conserving nature.

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Unit J College association with Mahatma Gandhi Seva Mandir Charitable Hospital for all necessary requirements.

Blood Donation Drive

The donation drive was from 9 a.m. to 4 p.m. A fully facilitated bus was provided by Mahatma Gandhi Seva Mandir Charitable Hospital for all necessary requirements. They had an adequate number of doctors, nurses and other staff members who conducted the drive very smoothly and successfully. All the donors were provided with biscuits after the donation. There were 14 volunteers who assisted the donors and made sure that all the safety precautions were taken care of. The society cooperated and ensured the smooth functioning of the



The main agenda of the drive was to fulfill the needs of the Thalassemia Major patients. There has been a shortage of blood because people are scared to donate and feel unsafe in this covid crisis. This drive helped in publicizing the importance of donating blood among the citizens residing with all the necessary safety measures. In Total 34 people participated in this drive, making it a successful one.

event.



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A majority of the donors were willing to be regular donors. The donors showed positive effects like a sense of satisfaction after the donation. Creating an opportunity for blood donation by conducting such blood donation camps may increase the voluntary blood donations. The dedication by the volunteers and donors has been certainly essential towards this noble cause.

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Report on Food Donation drive: 'Cater for Care'

"The greater good is what we do for one another"

The NSS Unit of Dwarkadas J. Sanghvi College of Engineering organized a fundraiser for food donation drive for their adopted villages Narpad and Ambewadi, aptly named 'Cater for Care'. The food donation drive was held on 1st July 2021 and was accompanied by the members of 'Yaari Dosti', a charity group based in Virar.



As the COVID 19 crisis continued to loom over us, the government of India had taken a strict combat measure by directing a lockdown of the entire nation. At this great hour of need, the DJNSS unit in close coordination with members of 'Yaari Dosti' had stepped in to provide relief to the adopted villages by organizing a fundraiser for food donation drive.

The highlight of the fundraiser was the significance of exercising our awareness to counter hunger and at the same time, to improve harmony, friendliness and trust among the society. The fundraiser was aimed to provide basic necessities to the tribal families of Narpad and Ambewadi, who were left unemployed due to the pandemic. By adhering to all the safety and hygiene measures, the DJNSS Unit began its relief service through the donations received from the volunteers by providing grocery

kits. The donations received from the volunteers were utilized to buy groceries like rice, potatoes, onions, wheat flour, spices, etc. The DJNSS Unit along with the members of Yaari Dosti, helped in delivering the groceries and accommodations on behalf of 50+ families. This initiative helped us acknowledge that donating to needy is a great way to improve the conditions in our



community and society. The charitable donations promote increased levels of prosperity, and boost health happiness, cooperation, goodwill and strong nation all together.

The food donation drive ended on a high note, with harmony and gratitude. And with the support received in bringing solace to the families the passion towards such great social cause has certainly multiplied.

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Report on 'It's okay to have a दाग'

"Menstruation is not a problem, poor menstrual hygiene is"

The NSS unit of Dwarkadas J Sanghvi college of engineering organised a menstrual hygiene awareness drive on 20th March 2022 at Aarey Village in Goregaon(w). The event was also accompanied by sanitary napkin distribution which were donated by Kushiya Foundation, a NGO. The awareness drive which was entitled as "It's okay to have a दाग", was initiated at 11:00 a.m. and lasted up to 1:00 p.m.

About 20 volunteers participated in this event and distributed around 500 sanitary napkins among 100 female citizens from aarey village. The event was initiated by volunteers by performing a play on the importance of menstrual hygiene and sanitary napkins. The play depicted the scenario of a female having her monthly menses and how the things revolve around her.



With this play various myths and taboos prevailing in the society were addressed. A good number of people residing in the village were present for this play and were cooperative during the performance. A demo regarding how to use sanitary napkins during menstruation was also shown. After the performance the volunteers visited every female resident individually at their house and distributed 5 packets of sanitary napkins to each female. Their doubts and queries regarding sanitary napkins and

menstrual hygiene were also answered during the visit. All the people from the locality were supportive towards this initiative by the NSS unit and responded positively towards it.



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A social awareness regarding the importance of menstrual hygiene was laid out through this drive. This event also educated the citizens regarding the usage of sanitary napkins. Volunteers were glad that they could reach out to those in need and be a part of a positive movement.

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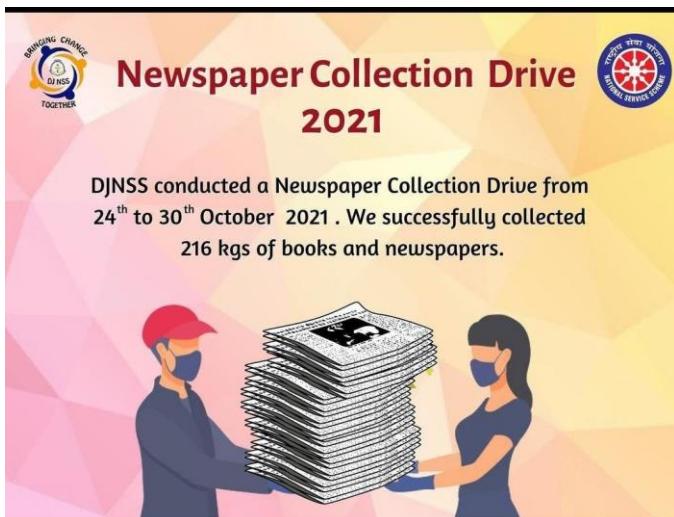
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NEWSPAPER COLLECTION DRIVE

"The noblest pleasure in life is the satisfaction which is attained by giving a part of yourself for a good cause."

The NSS Unit of D.J. Sanghvi College of Engineering, organized a Newspaper Collection Drive from 24th to 30th of October, 2021. The motto of this drive was to collect old newspapers, magazines, books etc. from various locations, recycle them and create a fund out of it. This drive was conducted over a period of one week in different areas of Versova and Kandivali at the same time. According to the area, the volunteers were divided into various locations. The unit received an overwhelming response from the volunteers who had carried bags full of enthusiasm and willingness with them.



This event was a wonderful experience for each and everyone who were a part of it including the residents. As the residents were optimistic and helpful towards our motto being accomplished. The unit was highly motivated and satisfied by the response given by the residents who acknowledged us regarparticipation towards the society.

By the end of the collection week, our volunteers had successfully collected over 216 kilograms of recyclable material in the form of newspapers and magazines, which is a huge feat in itself!

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The Positive Herald

"Once you replace negative thoughts with positive ones, you'll start having positive results"

The NSS unit of Dwarkadas J sanghvi college of engineering published its monthly news bulletin on 27th May 2021. This news bulletin is entitled as "The positive herald" and is published through the various social media handles of DJNSS. The aim behind this news bulletin is to bring propitious and informative news that can help increase hope and optimism of every individual that comes across it.

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The Positive Herald

27th May 2021

- Kerala school takes up vegetable cultivation to feed villagers.
- Bengaluru Class 10 students raise Rs 2 lakh to provide oximeters for underprivileged.
- Walk-in 'oxygen cafes' by Delhi school for Covid-19 patients.
- 23 yr old Telangana girl builds low-cost O-Pod homes from sewage pipes.
- Railways deploys Covid care coaches: 70,000 beds to serve Covid patients.

» SWIPE TO READ MORE »

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SHRI VILE PARLE KELAVANI MANDAL'S
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Railways deploys Covid care coaches: 70,000 beds to serve Covid patients India

The Indian Railway has always been referred to as the backbone of India and yet this time it has proven its title amidst the pandemic. With the shortage in availability of enough beds for treating the covid patients in these past two weeks, the railway has lent it's hand in overcoming this crucial period.

The Railways has prepared 4,400 coaches with 70,000 beds as isolation wards for Covid patients adding that these coaches have oxygen cylinders, charging units and refurbished toilets and all other amenities to make patients reasonably comfortable.

Source: India Today

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Like it is said When the going gets tough, the tough gets going and this herald strongly reflects the same. It portrays the stories of guardians who saved us when the COVID virus made the nation helpless. The topics covered in this month's herald covered the various scenarios in the country regarding oxygen shortage for hospitalisation and how brave saviours stepped in to take the shield and lead forward. Right from a young kid from Bangalore to the Indian railways extending their

helping hand to offer care to the covid patients, this herald displays the zest of civilians to look at the brighter side in a true manner. With this herald a hope of experiencing more such selfless deeds by our citizens is awaited.

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Report on 'Rush Hour'

"The greatest threat to our planet is the belief that someone else will save it"

The NSS unit of Dwarkadas J Sanghvi college of engineering attended the talk show "Rush Hour" organised by the NSS unit of SVKM's Usha Pravin Gandhi College. This Event took place online on 7th August 2021. The event which was aired on YouTube live, witnessed about 100 participants. The objective behind this talk was to make awareness regarding the drastic changes that human activities are causing on nature and have an open discussion regarding the same.

The talk show started at 4p.m. with a quick introduction to the event and its purpose. The host further introduced the first speaker Miss.Rajvi Sethia to the attendees. The speaker, who is the founder of Pawsome life Foundation, then went on to explain the harsh reality behind the Indian livestock market, and how our wants and consumption is leading to the killing of various animals. She also described the poultry market and the driving force that is keeping the market at such a rate.

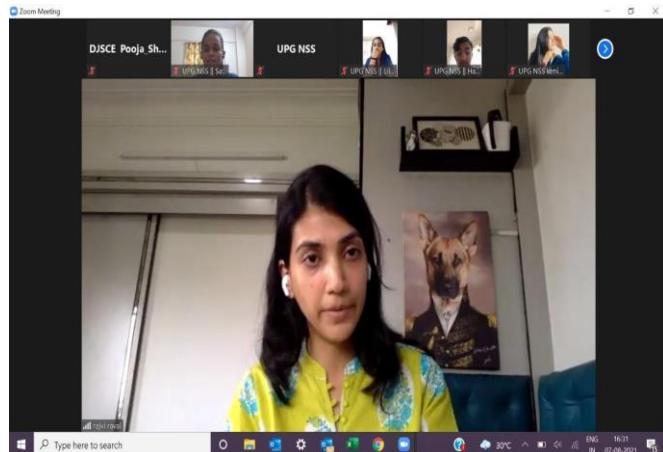
The bitter truth explained by the speaker developed a sense of grief among every attendees. Later on a Q&A session was conducted, this session cleared most of the doubts of the attendees. The Q&A session marked the end of the first half of the session.

After this the host invited the second speaker, Mr. Vivek Gurav and gave a short introduction about his achievements and contributions to the nation. The later half of the session was then carried out by Mr. Vivek, a Global Youth Ambassador for Theirworld. The speaker walked us through his journey of being an Environmentalist. He then briefed about practising sustainable methods in daily life.





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He then brought the topic of reducing plastic consumption to limelight and explained its drastic impact on the environment. At the end a Q&A session was conducted where he answered the doubts of attendees and also gave out practices that could help us curb the extensive plastic production.

The talk show was an insightful event and raised awareness regarding saving nature and benefiting the world.

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NATIONAL SERVICE SCHEME (UNIT B-16) A.Y. 2021-2022



Report on 'Swachata and Prevention of single used plastic'

"Let us wipe out plastic before it wipes us out"

The NSS unit of Dwarkadas J Sanghvi college of engineering participated in an event organised by the Mumbai University on 24th November 2021. The event was a one day camp on Swachata and Prevention of single used plastic. There were about 60 volunteers present for this camp which was held in Kalina. The event was initiated at 11:00 a.m. with a brief introduction about the camp and the purpose behind this event. For this camp all the NSS units were told to depute five volunteers from their individual unit for this camp.

For the camp all the attendees were distributed randomly in a group of 5 and every group was allotted a specific area within the Kalina campus. Every group was told to conduct swachata abhiyan in their allotted area. Due to this the volunteers were



able to interact with volunteers from other colleges and display their leadership qualities. This swachata abhiyan lasted till 1:00 p.m. After this a short break was given to the volunteers.

The next half of the camp included a poster making competition. For this the volunteers were given a topic around which they were supposed to make posters. The topic for the poster making competition was 'Azadi ka Amrit Mahotsav'. All the volunteers willingly participated in this and came up with creative posters which showcased various phases of the

country's freedom struggle. The camp was an insightful event and gave out a beautiful message of protecting the environment and reducing plastic consumption.

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**Report on 'Tide Turners Plastic Challenge'**

The NSS unit of Dwarkadas J. Sanghvi College of Engineering collaborated with the United Nations Environment Program (UNEP) for conducting an online event “Tide Turners Plastic Challenge” on 18th June 2021 via Microsoft teams. This event was organized as a part of UNEP’s ‘Turn the tide, Save the planet’ initiative aimed to create awareness regarding the extensive pollution generated and suppress the pollution to a greater level. Around 60 volunteers attended the event.



At 4 p.m, the session was flagged off by our Principal, Dr. Hari Vasudevan sir by introducing the initiative undertaken by UNEP and highlighted the perks of being a part of the event. Motivating us to take up this challenge, he also suggested some of the contributions that can be made by the students to make this event worthwhile. Later on, the spokesperson of the event Mr. Rajat Gupta, a manager at Amazon Web Services Mumbai branch, took over the session. He gave us an insight into the whole event and plotted a map of how the event will proceed further.

To justify the session, the speaker shared some of his past experiences of being part of the event and gave testimony of how the initiative changed his perspective towards every action. He was successful in striking a chord with the students and making the event more coherent. The speaker turned the limelight towards few of the acts that are commonly neglected by the human eye and end up creating a catastrophe in nature. The orator’s deeply thought provoking words, brought all the attendees together as a unit.



However the event didn't proceed further as planned, some technical glitches faced by the remaining speakers refrained them from presenting their talk; and so Rajat sir took the charge and shared some of



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his inspirational experiences from earlier years which granted guidance and direction to the attendees. Mr. Rajat concluded his talk by giving a warm invitation for the 'Goal setting with success roadmap design'



event, a mega webinar organized to elaborate the role of goal setting in life, which was to be held during the following weekend by Dr. Vivek Bindra, a motivational speaker.

The webinar came to an end with the committee members expressing their gratitude to the speaker and presenting him with an e-memento. All together the session strengthened the sense of responsibility towards the planet and imbued a sense of self awareness among the attendees.

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Report On Self Defence training and Nirbhaya Squad Awareness

"Self-Defence Is Not Only Our Right; It Is Our Duty."

The NSS unit of Dwarkadas J sanghvi college of engineering attended the NSS Leadership program on Women Self defence training and nirbhaya squad awareness on 8th March 2022, which was jointly organised by National Service scheme cell, University of Mumbai and R.D. National College, Bandra (west) and Akshara Centre, Mumbai at R.D. National College Auditorium. About 150 people attended the event.

The event began at 3:30 p.m. by lighting a lamp and unveiling the banner of the event, which was then followed by a felicitation ceremony. Then a brief story and reason behind celebrating International women's day was presented. Along with this some of the strengths of female power like flexible and adaptive nature were applauded in the introductory speech.



The event

was later on handed over to the first speaker of the day Netra Mule sub-inspector of Nirbhaya squad- An initiative undertaken by the Mumbai Police to ensure safety of women in the city. Netra ma'am briefed the female attendees about the rights that they are entitled to by the constitution as a citizen. Her talk brought a limelight on the importance of consent. She guided the attendees on topics of molestation, sexual assault, voyeurism, eve teasing, acid attack, cyber crime and dowry

demand. Ensuring a quick response on their helpline number she also described how the squads protocol of patrolling in plain clothes and not in their usual khaki uniform while on duty has helped women to report crimes. Later on the second speaker continued the session by stating the importance of communicating and making your own choices. The speaker made it a point to make all the attendees realise the impact of having a rightful approach and leadership. The



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third speaker of the event Sushmita Bose then continued the talk by elaborating the importance of leadership skills.

This event educated the female attendees with the rights they are assigned to by the constitution and also ensured a safer environment to all the citizens on the behalf of Mumbai Police.

AB anz. Phoebe Vargel

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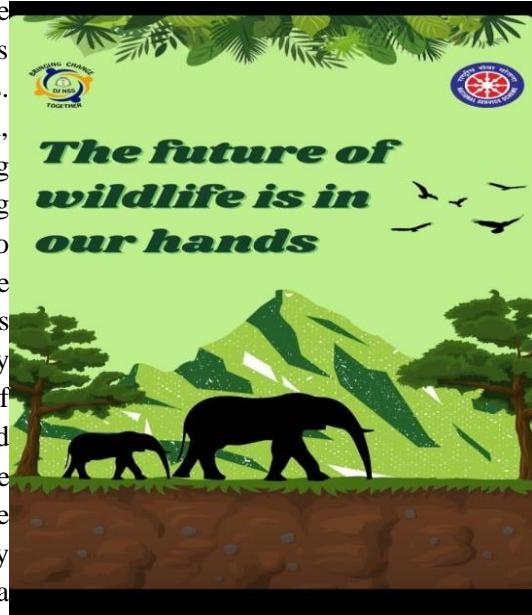
Report on 'World Wildlife Heritage'

"We don't own the planet earth, we belong to it. And we must share it with our wildlife"

The NSS unit of Dwarkadas J sanghvi college of engineering organised an online campaign, world wildlife heritage on 3rd March 2022 to celebrate the world wildlife day. The online campaign was released to the various social media handles of DJNSS. The campaign consisted of 8 stories. The aim behind this campaign was to spread awareness regarding wildlife conservation. The stories gave an introduction to what wildlife is and what comes under it and a detailed tour of what flora and fauna includes. After this the benefits of wildlife were described in detail, some of the benefits described were food security, combating



climatic changes and promoting pollination. This campaign also addressed the problems which have made some of the species endangered. And gave a very beautiful message that the fate of wildlife relies on just one species and that is us. Wildlife and tribals are closely related factors in the ecosystem and tribals are the only link who takes us closer to the flora



and fauna. Lastly the campaign gave out message how the government could take measures to preserve these fragile system and how we ordinary people could give our contribution towards enriching and nourishing the whole ecosystem. At the end we are the ones who need them.

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Report on “Thanksgiving Event”

“Heroes don't ask for praise, they earn it”

The volunteers of NSS Unit of Dwarkadas J. Sanghvi College of Engineering organised a Thanksgiving Event on 26th November, 2021 with a motive to felicitate the unsung warriors for their selfless service during the Covid-19 pandemic.

Around 15 volunteers visited Kandivali (W) and DN Nagar Police Stations and felicitated the police officers and BMC workers with scrolls mentioning a heartfelt gratitude note towards their efforts. The volunteers conveyed their feelings through shayaris, poems, and short speeches. The unit also conferred both the police stations with a plant and a memento as a token of appreciation.

The volunteers were delighted to see the smiles on their faces and were motivated by the words of wisdom as they shared their experiences and made it a momentous occasion.



DRB anu Prathee Vasal

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Report on 'Stem Cell Donation Awareness Drive'

"An effort made for the happiness of others lifts us above ourselves."



The NSS unit of Dwarkadas J. Sanghvi College of Engineering organized a Stem Cell Donor Registration Drive in collaboration with Marrow Donor Registry India (MDR(I)) from 26th to 27th April, 2022. The MDR(I) is India's first NGO which maintains a computerised database of voluntary, unrelated stem cell donors and facilitates blood stem cell transplants for patients with life-threatening blood diseases. It encourages and fosters research in the study of HLA types in the Indian ethnic groups and helps in raising awareness in the general population

regarding the need to donate stem cells.

An orientation programme was conducted on 26th April, 2022 by Dr. Praveen Clement where he explained why one should donate their stem-cells, and what role the MDR(I) plays in connecting donors to the patients with blood diseases. He also explained the process that would be followed once a match was made with the patient. He enlightened the students about how their small donation could save a life and motivated them to register.

In response to this enlightening orientation, almost 270 beneficent volunteers registered themselves for stem cell donation. The next day i.e., on 27th April, 2022 a blood donation set-up was made with the help of NSS volunteers, doctors and nurses from MDR(I) where a blood sample of each registered volunteer was collected, which would be added to the Marrow Donor Registry India Database. All the medical procedures were followed thoroughly where a form was circulated to the donors to fill in their details and proper medical care was given post the blood donation.





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It was a successful event where we were elated to have been able to help the MDR(I) in expanding their database which would help in saving many lives. It would benefit several cancer patients hoping for a new replacement for their damaged cells.

It also encouraged the students to actively participate in such drives where a small donation could make a big difference. A sense of awareness has been sparked which will definitely help the students in becoming responsible citizens and would help in giving back to the society in any tiniest way possible.

AB anz Praveen Vasal

Signature of the Programme Officers



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H. J. Janey

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