Book : *The Magic of Thinking Big*

Chapter 1: “Believe You Can Succeed and You Will”

After reading the chapter “Believe you can succeed and you will”, I learned about the importance of believing in myself. I can be successful only if I strongly believe that I can do that and I will do that. There is a quote “It’s nonsense to think you can make a mountain move away just by saying ‘Mountain, move away.’ It’s simply impossible”. From this quote, I learned I can’t wish to move a mountain but with a strong belief can even move a mountain. I learned the importance of an “I’m-going-to-the-top" attitude. I read about a young woman who decided to establish a sales agency to sell mobile homes. She was demotivated by many. But with less than $3,000 in savings, and belief in herself, she sold over $1,000,000 worth of trailers and did the unexpected. I read about a small company with only 3 engineers, who not only took part in a program and stood against a big company but also submitted the best proposal and got the job. The “Okay I’ll give it a try but I don’t think it will work” attitude produces failures. I have read about a man who changed his life just by the sentence “I harnessed the power of belief". Believe in yourself and good things do start happening. Our mind is a thought factory and there are Mr. Triumph and Mr. Defeat. Mr. Triumph motivates us that we can and Mr. Defeat stops us from doing what we are capable of. I learned the 3 guidelines to develop the power of belief- “Think success, don't think failure”, “remind yourself that you are better than you think” and “Believe Big”. There is a quote by Mr. Ralph J. Cordiner, chairman “We need from every man who aspires leadership-for him-self and his company-a determination to undertake a personal program of self-development. Nobody is going to order a man to develop...whether a man lags behind or moves ahead in his specialty is a matter of his own personal application. This is something that takes time, work, and sacrifice. Nobody does it for you.” I learned that a personal training program is the best to know ourselves in a better way. I have a laboratory where I can work and study and that is my atmosphere and have examples i.e. human actions to learn. I am the scientist of my library and I can learn, observe and experiment.

I remember an event that took place in my life where I could have given up and loose or I could have risen up and won. I chose to be a winner. I was interested in medical line and I gave exam in 11th for the same and was among top 5. After 3 months of study, since I was not able to give much time, I couldn’t do well. So, my parents suggested to do a diploma and move forward in the IT sector. I chose that line but couldn’t do good. I tried and tried but again faced failure but still, I didn’t give up and I continue to work hard and graduated with good marks and got placed in a very good company In Time Tec. My career started well and I want to do very well to be more successful and I don’t want to stop.

Reading this chapter, I came to the conclusion that everything is possible all I have to do is have belief in myself, and whatever the situation is don’t leave that belief. Believing in yourself is the key to success. To be successful I have to look at myself and work upon my actions and always keep be positive towards what I do and what I want to do.