حفظ اللسان/ Protection Of Tongue

There is another important act of Ibadah or worship, which most of us do not know. And some of us know it, but we do not take any notice of it; which is the protection of our lisaan/tongue. Allah خلاف says in Surah Al-Isra ayah number 36 And do not pursue that of which you have no knowledge. Indeed, the hearing, the sight and the heart - about all those [one] will be questioned. From the ayah above, we understand that we have to use our tongue only when we have full and correct information about something. And we have to only say what needs to be said.

Our beloved Rasool Muhammad صلى الله عليه وسلم advised us to use our tongue precisely. Keeping quiet ourselves will bring benefits most of the time in our lives.

Abu Hurairah (radiallahu anhu) reported: The Prophet (salallahu 'alayhi wa sallam) said, "He who believes in Allah and the Last Day must either speak good or remain silent." [Muslim] People have problems with each other because of the wrong use of their tongue. If you ever put yourself in a heated conversation, and if you think that's not going to benefit anyone, then you should leave it. We can only raise our voices when we are giving sermons or naseeha/islamic advice to people. But that has to be within a limit. We can not attack an individual in a sermon or naseeha. Rasool Muhammad صلى الله عليه وسلم used to give sermon with a little raised voice mubarak.

When we speak to people we should select our words first. If we ever said anything without thinking correctly, then we should immediately say sorry to them. Allah جل وعلى advised us to speak nicely with people. In Surah Al-Baqarah ayah 83 Allah mentioned "And speak to people good [words]". Good words are like magic. The way magnet attracts iron, good words attract people's hearts. If you want to make people listen to you, you need to use good words.