

| Item | Content | Male | Female | Explanation |
|---|---|------|--------|--|
| Physical Examination | Physical examination | ★ | ★ | Examination of body for symptoms and histories by physician via inquiry, palpation and auscultation. |
| Basic Health Check-up | Height, weight, blood pressure | ★ | ★ | General physical examinations |
| Painless Gastrointestinal Endoscopy - Narrow band imaging | Upper gastrointestinal endoscopy - Narrow band imaging | ★ | ★ | Narrow-band imaging can enhance the detail of certain aspects of the surface of the mucosa. Screening for gastric and duodenal ulcer, inflammation, or tumor. |
| | Colonoscopy - Narrow band imaging | ★ | ★ | Narrow-band imaging can enhance the detail of certain aspects of the surface of the mucosa. Screening for inflamed mucous, abnormal growths and bleeding. |
| | Clear diet (1 day before endoscopy) | ★ | ★ | Can easy control diet before endoscopy, complete endoscopy smoothly. |
| Ankle-brachial Index | Ankle-brachial Index | ★ | ★ | To check arteriosclerosis. |
| Blood Test | Complete blood count | ★ | ★ | To detect blood cell count, clotting function, anemia, leukocyte, platelet dysfunction and bacterial infection |
| Fasting blood sugar | Glucose(Sugar AC) | ★ | ★ | Screening for glucose tolerance and diabetic mellitus ° |
| Renal Function Screening | Blood urea nitrogen Blood Creatinine Uric acid | ★ | ★ | Screening for renal function, uremia, and nephritis |
| Blood Lipid Test | Cholesterol Triglyceride HDL LDL CPK | ★ | ★ | Understanding the risk of coronary heart disease by checking up the level of fats, cholesterol and triglyceride in the blood |
| Liver and Gallbladder Function Screening | T-Bil D-Bil GOT GPT r-GT Alk-P ALB , TP, GLO, LDH | ★ | ★ | Checkup for acute/chronic hepatitis, liver cirrhosis, liver tumor, hepatic and biliary function, bile duct obstruction and metabolism status. |
| Hepatitis Screening | Hepatitis B surface antigen Hepatitis B surface | ★ | ★ | To diagnose hepatitis B and hepatitis C infections and to detect if possessing antibody. |

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| | antibody Hepatitis C surface antibody | | | |
| Thyroxin Function Tests | TSH | ★ | ★ | Evaluating thyroid function. |
| Tumor Markers | AFP | ★ | ★ | Screening for liver tumor. |
| | CEA | ★ | ★ | Screening for gastric, colon and rectal cancer. |
| | CA125 | | ★ | Screening for ovary cancer |
| | CA153 | | ★ | Screening for breast cancer |
| | CA-199 | ★ | ★ | Screening for pancreas cancer |
| | PSA | ★ | | Screening for prostate cancer |
| Urine Routine | Urine Routine | ★ | ★ | Screening for renal and urine tract infection |
| Electrocardiogram | Resting EKG | ★ | ★ | To evaluate arrhythmia and heart disease risks |
| Ultrasound Screening | Echocardiography | ★ | ★ | Assessment of cardiac structure and function, screening for cardiac size and motion |
| | Abdominal ultrasound | ★ | ★ | Screening for liver, gallbladder, spleen, pancreas, and kidneys / detecting the stone, cancer, or other abnormalities |
| | Urinary system ultrasound | ★ | | Screening for kidneys, ureters and bladder / detecting the prostate gland enlargement and prostate cancer |
| | Breast ultrasound | | ★ | To detect abnormalities of breast . |
| | Thyroid ultrasound | ★ | ★ | To examine the thyroid for tumors and abnormalities |
| X-Ray | Chest x-ray | ★ | ★ | Screening for Tuberculosis, pneumonia, lung cancer, transudative pleural effusion, cardiac hypertrophy. |
| | Abd x-ray | ★ | ★ | Screening for kidney, ureteral, bladder stone or tumor |
| Lung Function | Lung function | ★ | ★ | To detect the vital capacity, forced expiratory volume |
| Lohas Relaxing Center | Far infrared therapy Accommodation (1 night) Dinner | ★ | ★ | |
| | Price | NTD 27200 | | |