

Hangover Kit Instructions

The best way to avoid a hangover is to avoid excessive alcohol and adequate hydration

*Please read information included with your kit

	ID-	

Electrolyte drink mix for rehydration

Mix 1 packet with a glass of water and drink as needed

Famotidine tablets

Provides quick relief of reflux by reducing acid production in the stomach for up to 12 hours

Take 1 tablet up to twice a day orally as needed

Ondansetron oral dissolvable tablets

An effective Anti-nausea medication that dissolves under the tongue for quick relief

Take 1 tablet up to 3 times a day orally for nausea