

Eileen Murphy-Sinclair FNP-C NPI# 1598536906 Soul Housing 145 S. Fairfax Ave, Suite 200, Los Angeles, CA 90036

Name: Usama Akhtar Date DOB H.T W.T
Chief Complaint:
History:
Medical History:
Surgical History:
Family History:
Social History:
Allergies:
Medications:
Review of Systems:
General: No fever, chills, or weight changes. No fatigue, malaise, or weakness.
Skin: No rashes, lumps, itching, dryness, color changes, or lesions.
Head: No headaches, dizziness, or head injury.

Eyes: Vision is normal without blurring or double vision. No pain, redness, discharge, or recent changes in

Neck: No lumps, pain, or stiffness.

Ears: No hearing loss, ringing, or pain. No discharge.

Nose: No nasal congestion, discharge, nosebleeds, or sinus pain.

Mouth/Throat: No sore throat, bleeding gums, or hoarseness. No dental issues.

vision.

Breasts: No lumps, pain, or nipple discharge.

Respiratory: No cough, shortness of breath, wheezing, or chest pain.

cardiovascular: No chest pain, palpitations, or irregular heartbeat. No swelling in extremities.

gastrointestinal: No nausea, vomiting, diarrhea, or constipation. No abdominal pain, heartburn, or blood in

stool.

Musculoskeletal: No muscle or joint pain, stiffness, swelling, or weakness.

Neurological: No seizures, fainting, or dizziness. No weakness, numbness, or tingling.

Psychiatric: No anxiety, depression, mood changes, or sleep disturbances.

Endocrine: No excessive thirst or urination. No heat or cold intolerance.

Hematologic/Lymphatic: No easy bruising or bleeding. No enlarged lymph nodes.

Allergic/Immunologic: No known allergies. No recurrent infections.

Vital Sign:

Weight Lbs: 20

Height In: 10

Bmi In: 40

Systolic: 50

Body Temp Result F: 48

Pulse Beats In: 23

Resp Rate: 389

Head In: 3

Physical Exam:

General Appearance: Patient is alert, oriented, and appears well-nourished and well-developed. No apparent distress.

Skin: Skin is warm, dry, and intact with normal color and turgor. No rashes, lesions, or abnormalities noted.

Head: Normocephalic and atraumatic. No tenderness or deformities.

Eyes: Pupils equal, round, and reactive to light and accommodation (PERRLA). Extraocular movements intact. Sclerae are white, conjunctivae are pink, and no discharge or abnormalities noted. Visual acuity normal.

Ears: Ears are symmetrical with no discharge or lesions. Tympanic membranes are intact and pearly gray with good light reflex. Hearing is normal.

Nose: Nasal mucosa is pink and moist. No septal deviation or polyps. No sinus tenderness.

Mouth/Throat: Oral mucosa is pink and moist. Teeth are in good repair. Pharynx is non-erythematous and tonsils are not enlarged. No lesions or abnormalities noted.

Neck: Neck is supple with full range of motion. No lymphadenopathy or masses. Thyroid is non-palpable and without enlargement.

Chest/Lungs: Chest is symmetrical with normal respiratory effort. Breath sounds are clear to auscultation bilaterally. No wheezes, rales, or rhonchi.

Cardiovascular: Heart sounds are normal with regular rate and rhythm. No murmurs, rubs, or gallops.

Peripheral pulses are 2+ and equal bilaterally. No edema noted.

Abdomen: Abdomen is flat and non-tender with active bowel sounds in all quadrants. No masses or organomegaly. No signs of hepatosplenomegaly.

Genitourinary: External genitalia are normal in appearance. No hernias or masses. No tenderness on palpation.

Musculoskeletal: Full range of motion in all joints. No deformities, swelling, or tenderness. Muscle strength is 5/5 bilaterally in all extremities.

Neurological: Alert and oriented to person, place, and time. Cranial nerves II-XII intact. Motor and sensory functions are normal. Reflexes are 2+ and symmetric. Gait is steady.

Psychiatric: Patient has normal mood and affect. Appropriate behavior. Speech is clear and coherent. No signs of anxiety or depression.

Endocrine: No thyroid enlargement or tenderness. No signs of hormonal imbalance.

Hematologic/Lymphatic: No palpable lymphadenopathy. No signs of bruising or bleeding.

Allergic/Immunologic: No signs of allergic reactions. Skin tests, if performed, are negative.

ASSESSMENTS/CARE PLAN:

Follow Up:

Follow Up:

- Follow Up with PCP for Further Medical Management
- Follow Up with Psychiatrist

VISIT CODES:

99345; Home/res Visit New Patient 99349 Home Visit Established