

UpHeave - User Stories & Backlogs

The following example user stories were written to describe the functionality in an early version of **UpHeave** - an app for journaling. Some stories are good, some aren't. I'm providing the full set of them, though, as an indication of what I considered a suitable starting point product backlog for this app. In a couple of places I've added notes in brackets.

PREPARED BY

Hasibullah Hasib

1811451042

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CSE 327
07

User Stories

As a user of the app, I want to describe myself on the app in a semi constructed way so that I can have my own profile page.

As a user I want to be able to track the activities and conditions of my mental health overtime so that I can look back and get feedback on changes over time. (Note: Each entry will be considered a story for that day)

As a user I want to be able to tell the app how I am feeling at any point I want so that I can keep track of my Mood and how it changes over time.

As a user I want to add the following metrics (Activities)

- Work
- Study
- Travelling
- Exercise
- Food
- Sleep etc.

So that I can determine if they have any impact on my mood.

As a user I want to note how I am feeling about the overall activities that I have taken part in today so that I can validate what activities make me happy and what gets me down.

As a user I want to track the description of my mood and activities, so that I feel like I am building a solid dataset.

As a user I want to track the following mental factors

- Happiness
- Stress Level

So that I can determine if they have any impact on my day.

As a user I want to be able to add my own metrics into the tracking system so that I can feel like this is a robust tracking tool that will work for personal conditions.

As a user I want to be able to add photographs to the story with descriptions so that I can look back and get visual feedback of changes over time.

As a user I want a timeline of my day where all the stories I add that day will appear there only, so that I can scroll through the notes and activities that I took part in that day.

As a user I want to be able to add, edit, delete the stories so that I can ensure I am building a correct dataset of my progress. (Note: add, edit, delete functionalities will be disabled once that day is over).

As a user I want to be able to sort the stories by a certain date, so that I can time travel back in time to relive the moment.

As a user I want to have a dashboard with all my dataset collected from my entries so that I can have a visual representation of my progress overtime.

As a user I want to see the following metrics in my dashboard page:

- Average mood per week
- Negative / Positive days per week
- What makes me feel better
- What gets me down

So that I can make changes in my life accordingly.

As a user I want to be able to sort the dataset and update my dashboard for any given date so that I can see if I am making any progress or if it's going downhill.

As a user I want to be able to backup my dataset in a cloud storage and be able to retrieve the backup so that I don't lose my data if I delete the app.

Product Backlog

ID	As a	I want to be able to ..	So that	Priority	Sprint	Status
Date: 12/07/2020						
1	User	I want to describe myself on the app in a semi constructed way	so that I can have my own profile page.	1	1	In Progress
2	User	I want to be able to track the activities and conditions of my mental health overtime	so that I can look back and get feedback on changes over time.	1	2	To be started
3	User	I want to be able to tell the app how I am feeling at any point I want	so that I can keep track of my Mood and how it changes over time.	1	2	To be started
4	User	I want to add the following metrics (Activities) Work Study Travelling Exercise Food Sleep etc.	So that I can determine if they have any impact on my mood.	1	2	To be started
5	User	I want to note how I am feeling about the overall activities that I have taken part in today	so that I can validate what activities make me happy and what gets me down.	1	2	To be started
6	User	I want to track the description of my mood and activities	so that I feel like I am building a solid dataset.	1	2	To be started
7	User	I want to be able to add photographs to the story with descriptions	so that I can look back and get visual feedback of changes over time.	1	3	To be started

8	User	I want a timeline of my day where all the stories I add that day will appear there only,	so that I can scroll through the notes and activities that I took part in that day.	1	3	To be started
9	User	I want to be able to add, edit, delete the stories	so that I can ensure I am building a correct dataset of my progress.	1	3	To be started
10	User	I want to be able to sort the stories by a certain date	so that I can time travel back in time to relive the moment.	2	3	To be started
11	User	I want to have a dashboard with all my dataset collected from my entries	so that I can have a visual representation of my progress overtime.	2	4	To be started
12	User	I want to see the following metrics in my dashboard page: Average mood per week Negative / Positive days per week What makes me feel better What gets me down	So that I can make changes in my life accordingly.	3	4	To be started
13	User	I want to be able to sort the dataset and update my dashboard for any given date	so that I can see If I am making any progress or if it's going downhill.	3	4	To be started
14	User	I want to be able to backup my dataset in a cloud storage and be able to retrieve the backup	so that I don't lose my data if I delete the app.	4	4	To be started