

Psychological Aspects

A lot of training activities improve the psychological dispositions of the trainees. A trainee is put through many phases to overcome basic instincts of fear of darkness, height and water etcetera. Assault course is primarily meant to increase confidence and improve mind body coordination. Waterman ship aims at enhancing swimming skills and giving a lot of confidence by covering large distances. Mountain training eliminates individuals with height phobia and fear. Navigation at night and Lone Ranger exercise boosts confidence.

Professional Training

In all the events, professional aspects are never neglected and tactics, administration and miscellaneous aspects of profession are emphasized. Training encompasses elements of adventure, basic skills and advanced skills depending upon the type of course. Professional training is imparted in the following categories during induction courses and advance courses.

Basic Skills

- Minor Tactics
- First Aid
- Communications
- Weapon Handling
- Mountain Craft and Rope Work
- Map Reading
- Field Craft



Advance Skills

- Advance Commando Tactics
- Navigation
- Explosive and Demolition
- Insurgency & Counter Insurgency
- Survival, Escape and Evasion
- Fighting in Built-up Areas
- Unarmed Combat
- Sniper Course

Specialist Training

This training is carried out to select and induct manpower for specialist units of Special Service Group. Only SSG qualified individuals can undergo these courses. Troops of special forces of sister services as well as allied countries can also avail vacancies subject to allotment and availability.



How to contact us?

Contact us through

- Your Defence Attachés in Pakistan
- Defence Attachés of Pakistan in your country
- Joint Staff Headquarter Rawalpindi, Pakistan
- Staff Duties Directorate General Headquarters, Rawalpindi, Pakistan.

or visit our website

www.pakistanarmy.gov.pk/foreign_training

TRAIN TO WIN



General Headquarters, Rawalpindi
Pakistan

SPECIAL OPERATIONS SCHOOL

SPECIAL SERVICES GROUP



SPECIAL OPERATIONS SCHOOL, CHERAT

History of Cherat

Cherat is traditionally associated with **Special Service Group** being its first home and still remains as the foremost breeding ground of the elite of Pakistan Army.

It stands tall rising almost **3000 Feet** in a sharp ascent, relative to its immediate surroundings on northern as well as southern sides. Its continuously challenges and entices the onlookers during day by its crest and at night because of its glowing lights.

Cherat has a reputation and a name of a very high and uncompromising standard of training in Pakistan Army. The rough and rugged terrain, fierce winds and tough winters add to the mythical aura of ruthless and merciless treatment it offers to the trainees along its slopes. Eventually the trainees come to respect this ridge line and cherish the memories of brutal times they managed to wade through to buy the best at the cost of great pain. The **SSG WING**, to be worn on right side of chest, the rightful reward of a long enduring spree.

Location and Climate

Special Operations School is located at Cherat (37 kilometers from Pabbi) in Khyber Pukhtun Khawa (KPK) of Pakistan. Cherat is located on Khattak Range at an altitude of 4447 feet AMSL. The Khattak range runs East to West as single ridge line making Cherat higher than the immediate surroundings to a relative height of 2500 - 3000 feet above ground level (AGL). It offers a panoramic view; of the adjacent valleys to a distance of 40-60 kilometers of crow flight, depending upon visibility. Climate of Cherat is very pleasant in summers with tough winters and strong winds as permanent feature.

The altitude and weather makes it an ideal training and breeding ground for commandos in an environment of rough terrain.

Emblem of Special Service Group

The emblem of SSG is a reflection of its operational concept. The concept of operations behind enemy lines is indicated as two lightning marks for surprise and sudden action, with dagger for stealth in execution and a star on the dagger blade to represent success. Background of black indicates the use of darkness and unfavorable terrain, for achieving the assigned task.

Emblem of Special Operations School

The emblem of Special Operations School also derives its inspiration from the emblem of SSG. The burning torch represents the guidance offered by this institution to attain the requisite standards to perform with surprise (Lightning) and stealth (Dagger). The successful accomplishment is represented by star, in overall back ground of black representing night, darkness and unfavorable terrain.

Training Concept

Driving a trainee to the limits of physical endurance helps in assessing the mental endurance in an environment of uncertainty and extended time duration. The trainee must enter a realm of self discovery which instills confidence, pride, sense of responsibility and self respect. The whole effort is

to prepare an officer and soldier to deliver in the face of challenges of a battlefield in isolation as well as in a group while retaining mental/physical capabilities against heaviest odds. The hallmark is **"Once mind orders, body obey.....come what may"**.

Aim

To arrange and conduct courses for training in commando operations and special to arms courses for all three Services and Special Service Group.

Objectives

1. Training of selected officers of Three Services in Advance Commando Course.
2. Training of selected soldiers of all Arms and Services in Basic Commando Course prior to induction in Special Service Group.
3. Basic and Advance Commando Course for Allied students beside other courses on demand.
4. Impart special to arms training to Special Service Group personal in advance techniques of commando operations
5. To impart specialized training to personnel of Special Service Group.
6. Carryout evaluation and research pertaining to Special Service Group in tactics, weapons and equipment.

Training MethodologyCourses

Special Operations School offers a variety of courses for basic induction training, advance courses in selected skills

and specialist courses. A course covers all the aspects related to that particular field along with physical and professional requirements. In a calendar year almost 11-12 types of courses are run with different frequencies.

Intake

The intake of induction courses is approximately 120 officers and 3500 other ranks. Each year usually 20-35% of intake finally qualifies to join the ranks of Special Service Group. The standards are kept very high and tough which results into high dropouts throughout the routine of courses till end. The intake of advance courses is between 150-200 and almost 80% qualify. This percentage is same for specialist courses as well.

System of Study

Emphasis is laid on demonstrative skills acquired by the students and every lecture is followed by outdoor practical training, revision, practice and exercises. Almost 70% of the curriculum of all the courses is outdoor practical training in field conditions. Theoretical aspects are covered in lectures, class discussions and movies on the subjects.

Physical Training

Physical training warrants special attention in the training for commando operations. The trainees are driven to the limits of their physical capabilities for a protracted time so as to enhance physical as well as mental endurance. This training includes morning exercise, running, games, martial arts, route marches, and endurance marches/runs. Stamina and endurance increases a lot as a trainee passes through vari-

